ALL I ASK...

IS THAT...

YOU TREAT ME...

WITH RESPECT.

A Celebration of Gender Diversity
The Philadelphia Center for Transgender Surgery
Bala Cynwyd, Pennsylvania

Dr. Sherman Leis, Board Certified in General Surgery and Plastic and Reconstructive Surgery, is a medical school professor of surgery, director of residency training in plastic surgery, and has over 30 years surgical experience.

OFFERING THE FULL COMPLIMENT OF SURGICAL AND NON-SURGICAL PROCEDURES FOR TRANSGENDER INDIVIDUALS. SPECIALIZING IN THE MOST ADVANCED REASSIGNMENT PROCEDURES.

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- Chin, jaw or cheek augmentation or reduction
- Upper lip shortening, lip augmentation
- Thyroid cartilage (Adam’s Apple reduction)
- Blepharoplasty (eyelid surgery)
- Rhytidoplasty (face lift)

Top Surgery (Chest Reconstruction)
- Breast augmentation or lift
- Breast reduction or removal

Bottom Surgery and Body Contouring
- Male-to-Female reassignment (labiaplasty, vaginoplasty)
- Female-to-Male reassignment (phalloplasty, scrotoplasty, testicular and penile implants)
- Buttock augmentation
- Liposuction (neck, abdomen, hips, thighs)
- Abdominoplasty (tummy tuck)
- Revision of previous surgery problems
- On-site overnight accommodations

Financing Available

Make your dreams come true with personalized and highly customized treatment plans for your special needs. For more information and to schedule a private consultation call 610-667-1888.
Welcome!

Welcome to the Seventh Annual Keystone Conference, "A Celebration of Gender Diversity," hosted by TransCentralPA in the capitol city of Harrisburg, Pennsylvania! You are in store for an informative, inspirational and joyous time among members and supporters of the Transgender community at the lovely Sheraton Harrisburg-Hershey Hotel.

As the keystone bridges and holds together associated entities, Trans-identifying people do the same, and the Keystone Conference is a celebration of the unique diversity of gender and our central and unifying place in society. Pennsylvania is known as the Keystone State because of its significance in unifying the early colonies, and it is quite relevant that we hold this conference here in the state’s capital, ideally located within an easy drive from six major east coast cities.

Thank you to the thousands of people who have attended Keystone in the past and have made it such an overwhelming success! From your suggestions, we have expanded the 2015 Keystone Conference by increasing the number of social and educational programs, broadening the range of Transgender topics and expanding the schedule to provide more opportunity to attend the seminars and workshops you want to see and hear.

Thank you for deciding to join us this weekend—we truly hope you will enjoy your visit and find comfort and meaningful experiences while you are here in Central Pennsylvania with your community. On behalf of the members of TransCentralPA and the Keystone Staff, welcome!

With warm wishes,

Jeanine Ruhsam & Kristy Snow
Co-Chairs, Keystone Conference 2015
Thank You to our Conference Sponsors

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Philadelphia Center for Transgender Surgery

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Dr. Michele Angello
Clinical Sexologist and Gender Specialist

www.MicheleAngello.com
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See ad on page 38

Dr. Keelee J. MacPhee
Plastic & Reconstructive Surgeon

www.RenaissanceNC.com
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Conference Notes & Etiquette

Conference Admission
Your name badge is required for admittance to all seminars, meals and events during the Keystone Conference. You will be asked to retrieve your Name Badge if you forgot it. It is also a great way to introduce yourself to others and get to know as many people as you can.

Keystone Conference Registration Desk Hours:

- Wednesday  1:00 pm - 7:00 pm
- Thursday   8:00 am - 5:30 pm
- Friday     8:00 am - 5:30 pm
- Saturday   8:00 am - 6:30 pm

Hungry?
Don’t lose your meal tickets! They are required to gain access to the lunch and dinner events—no exceptions! If you have special dietary restrictions, special meals must be ordered in advance. Special dietary arrangements require a special ticket. Any questions or concerns please contact the Keystone registration desk.

*All meals are located in the Commonwealth Ballroom.*

Evening Activity Tickets
For those of you who have signed up for our off-site evening activities, please keep these tickets with you. To ensure we have a seat reserved for you on the bus (and at the restaurant) please have your tickets with you before leaving the hotel on Wednesday, Thursday and/or Friday night. Space is limited on the bus and at the restaurants so you must have a ticket.

*Special Note for Friday Night Restaurant Patrons: There are two departure times depending upon which restaurant you are dining at. Please be prompt for your restaurant!*

Cover designed by Lisa
Donate Your Unused Tickets
If you are not planning on using one of your meal or evening activity tickets, please drop it off at the registration desk so someone else can benefit from it. There are several members of our community who could use a little extra help.

Evening Receptions
The Wednesday & Thursday receptions will be in the Dog & Pony Lounge. Friday’s reception is in the Vendor Area (Pennsylvania Ballroom). The Saturday reception is in the Assembly Area outside the Commonwealth Ballroom.

Buses
Buses leave promptly from the front of the hotel at the time advertised. We will announce the departure in the hotel foyer as well as in the Dog & Pony Lounge. Please help us present a positive image by tipping the bus drivers to our destination as well as back to the hotel.

**Wednesday’s bus for the Dinner at .note Bistro & Wine Bar and Café Fresco leaves at 6:00 pm. The bus for the Dinner at Carrabba’s leaves at 7:00 pm.**

**Thursday’s busses for Hollywood Casino & Penn National Race-track leave at 6:00 pm. PHOTO ID IS REQUIRED TO ENTER THE CASINO.**

**Friday’s busses for dinner in downtown Harrisburg leave at either 6:15 pm or 6:45 pm depending upon which restaurant you are dining at. Please ensure you know which time you are leaving.**

Keystone Vendor Area
Don’t forget to visit our vendor area across from the hotel lobby in the Pennsylvania Ballroom. The vendor area is open Thursday and Saturday from 8:30 am to 4:30 pm. On Friday, the vendor area is open until 6:30 pm and the location of the Friday Reception. Need Caffeine? The sponsors and vendors are offering complimentary coffee in the Vendor Area during the morning. We also have a raffle. Look in your registration envelopes for details on how to win a free registration to the 2016 Keystone Conference.
**Conference Notes & Etiquette**

**Restrooms**
Please use the restroom appropriate to the gender you are presenting AND use it as a person of that birth gender would (Hint: Women always sit down...if you present as a woman, you will, too). Do your business, freshen up and leave—no loitering in the restrooms. DO NOT change clothing in the restrooms—use your hotel room for that, please.

**Provider Rooms**
Several of our sponsors have their own individual rooms that are open throughout the day. These ‘Provider Rooms’ are located on the first floor of the hotel, just down the hall from the conference workshop rooms. Please see their ads throughout the book for their specific room assignment.

**Continuing Education Workshops**
This program is co-sponsored by Bryn Mawr College Graduate School of Social Work and Social Research. As a CSWE accredited program, the Graduate School of Social Work and Social Research at Bryn Mawr College is a pre-approved provider of continuing education for social workers in Pennsylvania and many other states. You must attend a minimum of two workshops to qualify for credit. Announce at the registration desk that you are a CE Registrant. You are required to complete and turn in a Participant Workshop Evaluation form for each qualifying workshop that you attend.

**Smoking**
The hotel is a non-smoking facility. All smoking must be done outdoors in designated areas. The hotel can impose fines for infractions.

**Lost & Found**
Please check the hotel’s front desk for lost & found. All items turned into us at the Keystone registration desk are subsequently turned in to the hotel.

**Personal Conduct & Appearance**
Participants are expected to dress appropriately for public gathering. Please use discretion and remember that you are representing our community. Formal, semi-formal and business attire are appropriate for Saturday’s Keystone Gala. Individuals who are disruptive, disorderly or display negative images of transgender people at Keystone organized or populated public outings may be asked to leave by the conference management team or the hotel staff, no refunds forthcoming. Anyone asked to leave by the hotel security will also be banned from the conference. Please be mindful of the effects of alcohol and drink wisely. Above all, remember: you are a representative of the Trans community, so be a kind, polite and respectful one. Please be courteous of other guests in the hotel.

**Photo Policy**
Before taking any photos, you must get the permission of anyone you may capture on film or video tape including those in the background. Please respect those that do not desire to have their picture taken. Please no photos during the presentations without the consent of the workshop leader.

**ATM**
An ATM is located in the hotel gift shop which is next to the hotel’s registration desk.

**Any Problems?**
If you have any problems with another conference attendee, hotel guest, hotel staff or anyone on the property or any other problem at all, contact the conference management staff—they wear the red name badges so you can find them easily. Please be mindful of others in the hotel and show them the respect and courtesy we expect even if they may not treat us with the respect we deserve. Let the hotel staff resolve any problems.
Hotel Layout

Lobby (Main) Level—Registration, Receptions, Meals & Vendor Area

Assembly Area

Salon A  Salon B  Salon C  Salon D  Salon E

Day Room

Elevators

To Vendor Area & Registration Desk

Lower Level (First Floor)—Conference Workshop Rooms & Provider Rooms

Ash  Birch  Chestnut  Dogwood

Provider Rooms

Elevators

Hemlock  Fir  Elm

Restroom  Restroom

“A Celebration of Gender Diversity”
Please join Transgender Surgical Specialist Dr. Rumer at her Workshops, where she will discuss new and exciting surgical and nonsurgical procedures.

Kathy L. Rumer, DO, FACOS
Board Certified Plastic Surgeon

**Dr. Rumer** practices in her state-of-the-art medical and recovery facility in the Greater Philadelphia Area.

Our out-of-town guests are welcome to stay in our beautiful Recovery Care

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FTM: Chest Masculinization, Body Contouring, GRS
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## Schedule at Keystone

### Friday, March 20th

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00a - 10:30a</td>
<td><strong>FREE Personal Consultations</strong> Call (267) 303-3144 or visit our table in the vendor area to set up an appointment. Consultations will be conducted in Provider Room 101.</td>
</tr>
<tr>
<td>10:30p - 12:00p</td>
<td><strong>Workshop “FTM Gender Confirming Surgeries - What’s New and Exciting?”</strong> See description below. Located in Provider Room 101.</td>
</tr>
<tr>
<td>12:00p - 5:00p</td>
<td><strong>FREE Personal Consultations</strong> Call (267) 303-3144 or visit our table in the vendor area to set up an appointment. Consultations will be conducted in Provider Room 101.</td>
</tr>
</tbody>
</table>

### Saturday, March 21st

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00a - 2:00p</td>
<td><strong>FREE Personal Consultations</strong> Call (267) 303-3144 or visit our table in the vendor area to set up an appointment. Consultations will be conducted in Provider Room 101.</td>
</tr>
<tr>
<td>2:00p - 3:30p</td>
<td><strong>Workshop “FTM Gender Confirming Surgeries - What’s New and Exciting?”</strong> See description below. Located in Workshop Room Dogwood.</td>
</tr>
<tr>
<td>3:30p - 5:00p</td>
<td><strong>FREE Personal Consultations</strong> Call (267) 303-3144 or visit our table in the vendor area to set up an appointment. Consultations will be conducted in Provider Room 101.</td>
</tr>
</tbody>
</table>

### Workshop Descriptions

**MTF Gender Confirming Surgeries - What’s New and Exciting?**
This workshop provides the opportunity to hear Dr. Kathy Rumor discuss her refined approach in performing traditional MTF Gender Confirming Surgical procedures including Facial Feminization, Breast Augmentation, Body Contouring, and Gender Reassignment Surgery. Additionally, she will also unveil a number of innovative surgical and non-surgical procedures which aesthetically enhance the traditional confirmation model. For each procedure she will explain pre-op considerations and requirements, the actual surgical procedure, and post-op and recovery considerations/requirements.

**FTM Gender Confirming Surgeries - What’s New and Exciting?**
This workshop provides the opportunity to hear Dr. Kathy Rumor discuss her refined approach in performing traditional FTM Gender Confirming Surgical procedures including Chest Masculinization, Body Contouring, and Bottom Surgery. Additionally, Dr. Rumor will also unveil a number of innovative surgical and non-surgical procedures which aesthetically enhance the traditional confirmation model. For each procedure she will explain pre-op considerations and requirements, the actual surgical procedure, and post-op and recovery considerations/requirements.
**Wednesday Overview**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Presenter</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00 AM</td>
<td>Tea Time with Jenny</td>
<td>Jenny Jensen</td>
<td>Restaurant</td>
</tr>
<tr>
<td>3:30 PM</td>
<td>Spouse &amp; Significant Other Sanctuary</td>
<td>Sara Edwards, Karen Lehman</td>
<td>Suite 543</td>
</tr>
<tr>
<td>5:00 PM</td>
<td>Early Dinner Meet &amp; Greet</td>
<td></td>
<td>Dog &amp; Pony</td>
</tr>
<tr>
<td>6:00 PM</td>
<td>Early Kick-off Dinner at note. Bisto &amp; Wine Bar</td>
<td>Kristy Snow</td>
<td>Front Lobby</td>
</tr>
<tr>
<td></td>
<td>Early Kick-off Dinner at Café Fresco</td>
<td>Jenny Jensen</td>
<td>Front Lobby</td>
</tr>
<tr>
<td></td>
<td>Late Dinner Meet &amp; Greet</td>
<td></td>
<td>Dog &amp; Pony</td>
</tr>
<tr>
<td>7:00 PM</td>
<td>Late Kick-off Dinner at Carrabba's Italian Grill</td>
<td>Suzane Oliva</td>
<td>Front Lobby</td>
</tr>
<tr>
<td></td>
<td>Couple's Kick-off Dinner at Carrabba's Italian Grill</td>
<td>Sara &amp; Kendra Edwards</td>
<td>Front Lobby</td>
</tr>
<tr>
<td>9:00 PM</td>
<td>Musical Entertainment with Indian Summer Jars</td>
<td>Indian Summer Jars</td>
<td>Dog &amp; Pony</td>
</tr>
</tbody>
</table>
**Wednesday 10:00 am**

**Tea Time with Jenny**  
in the Dog & Pony Restaurant

For those of you that are attending the Keystone Conference for the first time or feel you need a little moral support, join Jenny Jensen as she hosts TEA TIME WITH JENNY. It's an informal gathering of first timers, newcomers and anxious attendees in a comfortable and discreet setting. It's an opportunity for those that are unsure of themselves and want to start off their Keystone experience on a good footing, learn a little more about the conference and how it can help them.  
We can also provide you with a Big Sister or Big Brother to help you get through the apprehension, worry and nervousness you might be feeling attending the Conference. For more information and to sign up for TEA TIME WITH JENNY contact Jenny at HelpingHand@Keystone-Conference.org to start your Keystone Conference off on a positive and enjoyable note.

**Wednesday 3:30 pm**

**Spouse & Significant Other Sanctuary**  
*Open to all spouses of Trans individuals*  
Hosted by Sara Edwards and Karen Lehman

The "Spouse & Significant Other Sanctuary" is for the spouses and significant others of transgender partners ONLY. It is a place where you, the partner of a transgender person, can relax and speak freely, from any point of view, to other spouses and significant others. Our sanctuary leaders are here to support you, offer their shoulder, encourage you and to stand with you. Please join us in supporting each other. There is hope and help as a group. For more information, or to contact our Spouse/Significant Other program directors Sara and Karen, please call (717) 508-7292.

**Wednesday 5:00 pm**

**Early Dinner Meet and Greet**  
in the Dog & Pony Lounge

Gather in the Sheraton's Dog & Pony Lounge for some social time before we head out to note Bistro & Wine Bar and Café Fresco. **Don't forget your bus ticket!**

**Wednesday 6:00 pm**

**Early Kick-off Dinner at note. Bistro & Wine Bar**  
Bus leaves promptly from the hotel lobby at 6:00 pm

note. Bistro & Winebar, located in the heart of midtown Harrisburg, is a 1910 Victorian home that has been repurposed into a warm and inviting establishment. Owners Ruth Prall and Michael Giblin strive to make note, a comfortable “neighborhood” gathering place for local residents. note, features a menu that pairs European inspired cuisine with a modern flair with an interesting and eclectic (and growing!) wine list. Chef Emi Starr oversees a seasonal menu that spotlights local ingredients for her signature menu dishes, as well as inspired and creative daily specials. Bus leaves the hotel lobby promptly at 6:00 pm. Dinner is at the individual's expense. **Don't forget your bus ticket!**
Wednesday 6:00 pm (continued)

Early Kick-off Dinner at Café Fresco
Bus leaves promptly from the hotel lobby at 6:00 pm

Take part in the Café Fresco experience! Located in the center of downtown Harrisburg’s restaurant row, Café Fresco offers a variety of Asian American features such as Honey-Miso Sea Scallops, Tea-Smoked Breast of Duck, and Pad Tai (an amazing sweet noodle dish from Thailand). These award-winning dishes and others are all carefully prepared by Chef Travis Mumma. The service and atmosphere of Café Fresco are sure to please even the most discerning patron. Entree prices range from $19 to $38 with an average price of around $24. Don’t forget your bus ticket!

Wednesday 6:30 pm

Late Dinner Meet and Greet in the Dog & Pony Lounge

Gather in the Sheraton’s Dog & Pony Lounge for some social time before we head out to Carrabba’s Italian Grill. Don’t forget your bus ticket!

Wednesday 7:00 pm

Late Kick-off Dinner at Carrabba’s Italian Grill
Bus leaves promptly from the hotel lobby at 7:00 pm

Need to eat a little later? Join us for our late kick-off dinner at Carrabba’s in Mechanicsburg. Carrabba’s offers flavorful, handmade Italian dishes prepared to order in a lively exhibition kitchen. Guests enjoy Carrabba family recipes handed down for generations including crispy calamari, homemade lasagna and a variety of fresh fish, seafood and meats cooked over our wood-fired grill. Transportation provided by the conference to and from the restaurant. Bus leaves the hotel lobby promptly at 7:00 pm. Dinner is at the individual’s expense. Entrees priced $15 to $28. Don’t forget your bus ticket!

Late Kick-off Dinner at Carrabba’s Italian Grill
Bus leaves promptly from the hotel lobby at 7:00 pm

Has your spouse or significant other joined you at Keystone? Then join other couples for our Couples Kick-off Dinner at Carrabba’s in Mechanicsburg! Carrabba’s offers flavorful, handmade Italian dishes prepared to order in a lively exhibition kitchen. Guests enjoy Carrabba family recipes handed down for generations including crispy calamari, homemade lasagna and a variety of fresh fish, seafood and meats cooked over our wood-fired grill. Transportation provided by the conference to and from the restaurant. Dinner is at the individual’s expense. Entrees priced $15 to $28. Don’t forget your bus ticket!

Wednesday 9:00 pm

Musical Entertainment with Indian Summer Jars in the Dog & Pony Lounge

Indian Summer Jars is energetic and authentic. “Stirring and earnest without ever straying into the melodramatic,” says Jeff Royer, chief editor of Fly Magazine. Their original music is folksinger/songwriter driven lyrically, but has its roots in blues, bluegrass, and pop rock. A duo formed in 2006, the two Sarah’s “… set off a fireworks display of harmonies over-top of rootsy, often Celtic, undertones.” Since they formed, the duo has recorded two full length albums. The first was an independent release in 2008, “Similar,” and the second project called “Catalyst,” released in 2011, produced under folk/indie label Radio Vibe Records. ISJ has done countless interviews with local and distant press. Worth noting is a radio interview spotlight with Virginia Tech’s ‘Buffalo Bill’ and local podcast with renowned Lancaster promoter and musician, Jason Mundock. Opening up for the Irish band, Altan, at the Carlisle Theatre was a highlight of their 2011 schedule. These women hold their own on a large stage working with a full band as well as in the corner of a local bar. The song “Runaway Train” from Similar received recognition from the Susquehanna Folk Society for the 2008 Singer/Songwriter Showcase.
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## Thursday Overview

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Presenter</th>
<th>Location</th>
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<tbody>
<tr>
<td>9:00 AM</td>
<td>Walking Gracefully and Other Feminine Movements</td>
<td>Lady Ellen</td>
<td>Elm</td>
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<tr>
<td></td>
<td>Personal Protection and Confrontation Avoidance</td>
<td>Amanda Porter</td>
<td>Hemlock</td>
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<tr>
<td></td>
<td>Where Are You Going and How Will You Know When You Get There?</td>
<td>Alexis Lake</td>
<td>Birch</td>
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<td></td>
<td>Thai Transgender Women: Behind the Smile</td>
<td>Dr. Ken Dollarhide</td>
<td>Dogwood</td>
</tr>
<tr>
<td></td>
<td>Spouse &amp; Significant Other Sanctuary Coffee &amp; Donuts</td>
<td>Sara Edwards, Karen Lehman</td>
<td>Suite 543</td>
</tr>
<tr>
<td>10:00 AM</td>
<td>Tea Time with Jenny</td>
<td>Jenny Jensen</td>
<td>Restaurant</td>
</tr>
<tr>
<td>10:30 AM</td>
<td>Expectations (For Significant Others Only)</td>
<td>Alexis Lake</td>
<td>Suite 543</td>
</tr>
<tr>
<td></td>
<td>Gender, Projected: A Hands-On Workshop Exploring Gender and Identity Through Photography</td>
<td>Am Norgen, Reese Ramponi</td>
<td>Hemlock</td>
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<tr>
<td></td>
<td>On Being Feminine: An Exploration of Historical, Spiritual and Societal Concepts with Fashion as the Focus</td>
<td>Gwen Watson</td>
<td>Birch</td>
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<tr>
<td></td>
<td>Why All the Upset about Gender?</td>
<td>Dr. Timothy Herley</td>
<td>Chestnut</td>
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<tr>
<td></td>
<td>Trans-Faith; a Guided Discussion of How to Blend Faith with the Transgender Experience</td>
<td>Joanne Carroll</td>
<td>Dogwood</td>
</tr>
<tr>
<td>11:30 AM</td>
<td>Introduction To Being Professionally Photographed</td>
<td>Cassandra Storm</td>
<td>Day Room</td>
</tr>
<tr>
<td>11:45 AM</td>
<td>Significant Other (only) Luncheon at Lancaster Brewery</td>
<td>Sara Edwards, Karen Lehman</td>
<td>Front Lobby</td>
</tr>
<tr>
<td>12:00 PM</td>
<td>Thursday Luncheon with Guest Speaker Kristin Beck</td>
<td>Monica Prata</td>
<td>Commonwealth Ballroom</td>
</tr>
<tr>
<td></td>
<td>Feminine Dining Deportment</td>
<td></td>
<td>Dog &amp; Pony Private Room</td>
</tr>
<tr>
<td>2:00 PM</td>
<td>The Steps of Transitioning From A to Z</td>
<td>Polly Kahl</td>
<td>Elm</td>
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<td></td>
<td>Transgender in Cuba, Reflections of a Changing World</td>
<td>Mariette Pathy Allen</td>
<td>Hemlock</td>
</tr>
<tr>
<td></td>
<td>How To Get Read in 10 Seconds Flat: A Genetic Woman’s Perspectives on Enhancing the MTF Image</td>
<td>Michelle Popkov, Ann Grogan</td>
<td>Birch</td>
</tr>
<tr>
<td></td>
<td>Telling. Should You and How to Go about It</td>
<td>Sandra Stewart</td>
<td>Chestnut</td>
</tr>
<tr>
<td></td>
<td>Writing TG topics as Therapy</td>
<td>Sophie Lynne</td>
<td>Dogwood</td>
</tr>
</tbody>
</table>
## Thursday Overview

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Presenter</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:30 PM</td>
<td>Who's Life Are You Living?</td>
<td>Grace Stevens</td>
<td>Chestnut</td>
</tr>
<tr>
<td></td>
<td>Guilt, Shame and Fear: Overcoming the Emotional Legacy of Internalized Transphobia</td>
<td>Dr. Maureen Osborne</td>
<td>Elm</td>
</tr>
<tr>
<td></td>
<td>Gender Pluralism; An Anthropological Historiography</td>
<td>Dr. Tessa Layne</td>
<td>Hemlock</td>
</tr>
<tr>
<td></td>
<td>Relationship Priorities – Languaging, Negotiation, and Compassionate Assertiveness</td>
<td>Jude &amp; Susan Bienvenu</td>
<td>Birch</td>
</tr>
<tr>
<td></td>
<td>Comportment</td>
<td>Monica Prata</td>
<td>Dogwood</td>
</tr>
<tr>
<td></td>
<td>What Trans Women Need to Know about Facial Feminization Surgery</td>
<td>Alexandra Hamer</td>
<td>Room 105</td>
</tr>
</tbody>
</table>

### 5:00 PM

<table>
<thead>
<tr>
<th>Event</th>
<th>Presenter</th>
<th>Location</th>
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<tbody>
<tr>
<td>Chair Yoga</td>
<td>Ann Stillwater</td>
<td>Chestnut</td>
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<tr>
<td>Thursday Reception</td>
<td></td>
<td>Dog &amp; Pony</td>
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<tr>
<td>Buses Leave for Hollywood Casino &amp; Penn National Race Track</td>
<td></td>
<td>Front Lobby</td>
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<tr>
<td>Keystone Bingo!</td>
<td></td>
<td>Salon C, D, E</td>
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### 6:30 PM

<table>
<thead>
<tr>
<th>Event</th>
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<tbody>
<tr>
<td>Charity Dinner &amp; Comedy Night</td>
<td>Salon A</td>
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### 8:30 PM

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<tr>
<th>Event</th>
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<tbody>
<tr>
<td>Karaoke with Nikki Ames</td>
<td>Dog &amp; Pony</td>
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**First Event**

*It's a Family Affair*

**2016**

*Save the Date*

January 20th thru 24th

“*A Celebration of Gender Diversity*”
Our presentations and free personal informational sessions are dedicated to each and every human being who has initiated the arduous journey to discover their true identity.

Thursday, March 19th

3:30PM
Facial Feminisation Surgery
The Things You Need To Know.
by Alexandra Hamer of VirtualFFS.co.uk

Facial Feminisation Surgery (FFS) can be an overwhelming and complex subject. Alexandra Hamer of Virtual FFS will help guide you through some of the main things you need to know if you are considering FFS.

Lilia Koss, patient relations manager will also briefly talk of the importance of Preop, Periop and Postop patient care.

Saturday, March 21st

9:00 – 10:00AM
Dr. Daniel Simon, specialist in FFS.
Presentation Hall TBA

10:30AM - 3:00PM
Free Consultations & Digital Simulations
Live in Provider Room #105.
Visit our vendor table for information.

Please collect our literature at the Sponsors Table at the evening reception!

Friday, March 20th - PROVIDER ROOM 105

10:30 – 12:00PM
Advancements and New Approaches to Facial Feminization Surgery
by Dr. Daniel Simon of FACIAL TEAM

Lilia Koss will highlight the importance of patient care at all stages. Alexandra Hamer also will talk about common misconceptions regarding facial gender.

12:00 – 1:00PM
Open House Reception

FACIAL TEAM invites all Keystone Conference attendees interested in FFS to join us for “lunchtime cocktail”. The opportunity to speak with our team in a casual setting and meet other FFS patients.

1:30 – 6:00PM
Free FFS Consultations with Dr. Simon & onscreen digital simulation Live by Gender Analyst, Alexandra Hamer.

By appointment, visit our vendor table for details. Meetings are about 30 minutes, no obligation whatsoever.

It is an important opportunity for anyone considering FFS to widen understanding of the subject and learn more about your personal treatment options.

Thank you Keystone 2015 for a wonderful experience!

UPCOMING CONSULTATIONS
visit our International Consultation Calendar

www.facialteam.com
World Leader in Facial Feminization Surgery
Thursday 9:00 am

Walking Gracefully and Other Feminine Movements
Lady Ellen

You will learn good posture and how to change your center of gravity for a more feminine appearance and walk. Participants will have the opportunity to practice walking and to be valuated and corrected. Walking on stairs, entering and exiting a car, sitting and standing gracefully as well as hand gestures are also included. Lady Ellen has tips about shoes, heel height and shoe styles.

Personal Protection and Confrontation Avoidance
Amanda Porter

Transgender people are often targeted for hate violence based on their non-conformity with gender norms and/or their perceived sexual orientation. Hate crimes against transgender people tend to be particularly violent. The Human Rights Campaign makes clear that Transgender people face a disproportionate amount of violence and hate, even when compared to other non-trans LGBT people. By this count, they estimate that at least 15 transgender people are killed each year in hate-based attacks.

In this seminar you will learn how to recognize and avoid situations that could possibly put you at risk. You will be shown how to not present yourself as a victim and how to recognize an attacker. If you are confronted, learn what to do and how to respond. Simple self-defense release moves will be demonstrated. Audience participation in practicing these moves is encouraged but not mandatory.

Where Are You Going and How Will You Know When You Get There?
Alexis Lake

An interactive workshop that will explore the range of answers to the question "What is your destination? Male? Female? Trans? Other? How and why did you decide that? Do you have a course laid out? How fast or slow will you go? When will you arrive, and how will you know you are there? Who have been your role models both positive and negative? Will you enjoy the journey? What is right for YOU?" Let's talk!

This session is designed for anyone who wonders how others think about these questions, including helping professionals. I hope to help people better understand the many different ways of thinking about gender, and presentation, and perhaps to better understand their own travel plans.

Thai Transgender Women: Behind the Smile
Dr. Kenneth Dollarhide

In this workshop we will examine some of the history, the problems, issues and life of a number of transgender women in Thailand. Many Western people think Thailand is an ideal place for transgender people; however, the reality is very different. While there is a certain kind of tolerance there is very little acceptance of transgender people. There are laws prohibiting the changing of any birth gender marker, employment is very difficult except in a few select fields. Many transgender women are abandoned by their families, abused, etc....and many turn to the sex trade in order to survive. In spite of all of this there is relatively little violence against transgender women and a tolerance that comes out of both Thai traditional folk religions and out of Theravada Buddhist teachings.

Spouse & Significant Other Coffee, Donuts & Sanctuary
Open to all spouses of Trans individuals
Hosted by Sara Edwards and Karen Lehman

Come meet other spouses and significant others for coffee and donuts as we begin the Keystone weekend. This is open ONLY to spouses and significant others of transgender partners. It is a place where you, the partner of a transgender person, can relax and speak freely, from any point of view, to other spouses and significant others. Our sanctuary leaders are here to support you, offer their shoulder, encourage you and to stand with you. Please join us in supporting each other. There is hope and help as a group. For more information, or to contact our Spouse/Significant Other program directors Sara and Karen, please call (717) 508-7292.
MAKEOVERS WITH
Elizabeth Taylor
Washington, DC
Plan your DC makeover experience at
http://makeoverswithelizabethtaylor.com

Photography
Makeup Artistry
MtF Transformations
Tea Time with Jenny
in the Dog & Pony Restaurant

For those of you that are attending the Keystone Conference for the first time or feel you need a little moral support, join Jenny Jensen as she hosts TEA TIME WITH JENNY. It’s an informal gathering of first timers, newcomers and anxious attendees in a comfortable and discreet setting. It’s an opportunity for those that are unsure of themselves and want to start off their Keystone experience on a good footing, learn a little more about the conference and how it can help them.

We can also provide you with a Big Sister or Big Brother to help you get through the apprehension, worry and nervousness you might be feeling attending the Conference. For more information and to sign up for TEA TIME WITH JENNY contact Jenny at HelpingHand@Keystone-Conference.org to start your Keystone Conference off on a positive and enjoyable note.

Therapist Letters For Hormones: What, Why and How?
Polly Kahl

Why should you get a letter of recommendation for hormones? What is WPATH and what does it recommend? How can you find someone to write one for you? What should the letter contain? This workshop will prepare you for deciding whether or not you want a therapist's letter and how to go about making sure you get good letter writing services from a qualified therapist.

Gender, Projected: A Hands-On Workshop Exploring Gender and Identity Through Photography
Am Norgren & Reese Ramponi

Gender, Projected is an ongoing photography project exploring gender expression and identity, started by Am Norgren and their partner Reese Ramponi as way to ask questions of themselves and others about gender: What is gender to you, and how do you show it? How can we document gender without erasing race, class, nationality, and other identity markers? Are we pushing boundaries, expanding comfort zones, and increasing understanding or playing dress up, trivializing the gender-nonconforming experience, and perpetuating stereotypes? Based on collaboration rather than presentation, the workshop aims to generate tools for navigating delicate conversations around gender. In the workshop, we will offer a safe space for participants to explore their own gender and give feedback on Gender, Projected to make it as human, complex, and critical as it can be.

On Being Feminine: An Exploration of Historical, Spiritual and Societal Concepts with Fashion as the Focus
Gwen Watson

The Focus is a lively presentation discussing how the items that identify the feminine have changed over time and defined what it is to be feminine in today’s culture. Imagery from the Paleolithic era to the present will chart how definitions of the feminine ideal have changed, what impacts there have been on societies and where we might be going in the future. Current fashion trends and how to successfully adapt them to your personal style will cap the presentation.
Dr. Herley will provide a presentation to help better understand the world of Gender. Why is it such a powerful force in everyday life? It’s not about you or them...it’s about all of society! How did it come to be? Has it changed? Looking at all the aspects of life through a “Gendered Lens”. A discussion on how we can all make a difference in the world by making our contribution to society by helping them understand that “Gender Equality should not be feared it should be embraced. All are encouraged to come the Workshop to hear all about “Why all the Upset about Gender.”

Trans-Faith: a Guided Discussion of How to Blend Faith with the Transgender Experience
Joanne Carroll

Members of the transgender community often feel ostracized by faith groups. This seminar will be a guided discussion that would attempt to help conferees strike a balance between living honestly and maintaining a deep personal faith in God.

Expectations (For Significant Others Only)
Alexis Lake

This workshop will discuss how to develop and set expectations not only for the conference, but also in your relationships. It’s an opportunity to bounce your ideas off of others with similar circumstances. Come share your concerns and ideas in the privacy of other spouses and SOs with therapist Alexis Lake. This workshop is open only to SOs.

Amy is the Owner and Transformation Artist at the JUST YOU Boutique in Las Vegas, Nevada. She will be here at Keystone to provide her expertise in male to female transformations. Let her help you become the person you always wanted to be. Have fun and look your best.

It’s a great day to be JUST YOU

www.JUSTYOUULV.com
(702) 697-1800
Thursday 11:30 am
Introduction To Being Professionally Photographed
Cassandra Storm

Are you interested in being professionally photographed but nervous to enter the studio for the first time? Not sure what to wear or how to dress or pose? Do not fear, we are hosting a light and informal Meet and Greet with Keystone’s photographer, Cassandra Storm. Our studio is located in the Day Room, across from the Commonwealth Ballroom, where lunch is served. Stop in to meet us before you head into lunch.

Let us calm your nerves and answer any questions that you have about being photographed. We will help you with how to style your clothes and how you should wear your make-up. We will even show you a couple quick posing techniques that work everywhere from the fun conference candid to the professional studio.

Allow us to show you just how fun, easy and quick a portrait sitting can be. We will also be sharing before and after photographs of our clients and the wonders of our airbrushing technology. Come visit with us – we are super friendly and would love to welcome you to the Keystone family! We look forward to meeting you.

Thursday 11:45 am
SO Luncheon at Lancaster Brewing Company
This event is open only to spouses and significant others please

Spouses and significant others are invited to join others for an offsite luncheon at the Lancaster Brewing Company. Please meet in the hotel lobby at 11:45 am and call (717) 508-7292 to RSVP.

Thursday 12:00 pm
Thursday Luncheon Speaker: Kristin Beck
Former US Navy Seal and Author of "Warrior Princess"

Kristin Beck, born Christopher Beck in 1966 in Long Island New York is known to be the first transgender US Navy SEAL. Kristin grew up in rural Pennsylvania and western New York, graduating from Wellsville High School in New York. She was a cadet at the Virginia Military Institute from 1984-1987, majoring in Electrical Engineering; then graduated from Alfred University in 1989 with a BA in Political Science. She distinguished herself in her 20 years of exceptionally meritorious service with Special Operations Forces at SEAL Team One, SEAL Team Five, Naval Special Warfare Development Group (SEAL TEAM Six/JSOC) and the Headquarters at SOCOM. Her achievements in the military and are many with awards including the Bronze star with Valor, Purple Heart, Defense Meritorious Service Medal and many others.

Feminine Dining Deportment
Monica Prata

Dining while expressing feminine poise, posture and mannerisms can be a difficult feat. Join the table to dine “en-femme” with Monica Prata as she hosts her interactive “Feminine Dining Deportment” seminar. Put your skills to test while learning through live models as Monica Prata demonstrates the innate difference between male and female dining mannerisms and shares with you, her simple secrets to being more feminine while dining. Participants will dine in the Dog & Pony Private Dining Room rather than the Commonwealth Ballroom and therefore will not be present for the luncheon guest speaker.

You must pre-register for this workshop
Cost is $5. Class size limited. Sign up at the Keystone Registration Desk.
### Thursday 2:00 pm

**The Steps of Transitioning From A to Z**  
Polly Kahl  
*Elm*  
Continuing Ed

You know you’re trans but where to start? Transitioning can be overwhelming and it can be difficult to find simple, clear and concise information online. This presentation will offer everything you need to know about the steps of transitioning from A to Z. A comprehensive check-off list with which you can tailor your own transition will be provided.

**Transgender in Cuba, Reflections of a Changing World**  
Mariette Pathy Allen  
*Hemlock*

This workshop presents photographs from my new book, “TransCuba”. I will narrate experiences and stories based on my four trips to Cuba, and interviews with some of the women in the book. This is an amazing time in the evolution of the treatment of gender variant people all over Cuba. You’ll be surprised and moved and come to a new understanding of the lives of these remarkable, resilient women, and one man).

**How To Get Read in 10 Seconds Flat: A Genetic Woman’s Perspectives on Enhancing the MTF Image**  
Michelle Popkov & Ann Grogan  
*Birch*

You think it’s only clothes? Hair? Makeup? Voice? Yes, these are important factors to manage in developing your feminine image. But an intense survey reveals the Top 10 ways that you can goof regardless of how well you think you look. This seminar is aimed at the novice crossdresser or anyone who needs a little bit of confidence. The objective is to teach how to step up in fashion and deportment.

**Telling. Should You and How to Go about It**  
Sandra Stewart  
*Chestnut*  
Continuing Ed

We will discuss telling significant others, family, and our children. This is based on original research that grew out my questions on how to or should I tell my children. Should you tell and how might you go about it. Hint: do not do it in the car, with them driving.

**Writing TG Topics as Therapy**  
Sophie Lynne  
*Dogwood*

Can writing really be a release? Find out in this fun, cooperative seminar with published author Sophie Lynne! Together we will learn about simple writing tools that can unleash your emotions and help you express them on paper.

*Sponsored by Amanda Richards True Colors TG Makeup Artistry  
Thursday at 6:00 pm in Salon A*
Premium silicone shapewear that looks, feels and moves like you.

Thin, blendable edges.

Mesh-reinforced and guaranteed to last.

Beautiful technology for the crossdressing and transgender community.
### Thursday 3:30 pm

#### Who's Life Are You Living?
**Grace Stevens**

This workshop will discuss how your personality type as a
- people pleaser
- non committer
- avoider

impacts both all your internal and external relationships, and perhaps blocks you from living your authentic life. Grace will share examples of her journey to illustrate this. In addition we will discuss how we communicate our being transgender to others, and what we may want from them.

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#### Guilt, Shame and Fear: Overcoming the Emotional Legacy of Internalized Transphobia
**Dr. Maureen Osborne**

In this workshop, we will examine the emotional triad of guilt, fear and shame that many transgender folks experience as a result of living in a transphobic society. We will talk about ways to manage these negative emotions without abandoning consideration for loved ones as they adjust to the reality of your transgender journey. All are welcome to join in this interactive conversation.

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#### Gender Pluralism; An Anthropological Historiography
**Dr. Tessa Layne**

Anthropologists only began systematically documenting gender diversity among ‘non-Western’ human populations they engaged in the later part of the 20th century, however more anecdotal accounts occur much earlier. This presentation takes a historiographic approach in reviewing three phases of this intellectual sweep, reviewing ethnographic accounts of Native American “berdaches” (now termed two-spirits) living predominantly in Western North America, South Asian hijras, and finally a travesti community in Brazil. The contemporary theoretical lens and methodological approach that characterizes each of these select phases are critically assessed. As anthropologists continue to interrogate the place of individuals who exist outside of prevailing gender norms, the presentation concludes by considering how 21st century anthropology can make a meaningful contribution to the burgeoning discourse surrounding gender pluralism, particularly focusing on queer identity.

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#### Relationship Priorities – Languaging, Negotiation, and Compassionate Assertiveness
**Jude & Susan Bienvenu**

Discussions often focus on the needs of the transitioning transgender individual, somewhat exclusive to the needs of the relationship with a partner. This course will turn the focus to the relationship between the transgender person and their spouse. Transition is a very difficult time for a couple, and frequently leads to the loss of the relationship. We do not believe this has to be the inevitable outcome, and hope to offer our experiences in the hope that others can find them useful. We discuss aspects such as “couples transition,” and skills in languaging and negotiation. These approaches are proven techniques in couples counseling, and have helped us tremendously in our journey through Jude’s transition and after. A new topic this year is Compassionate Assertiveness – techniques for constructively bringing up difficult topics with compassion for both parties. Come join us for discussions and exercises that can help bring a new understanding to the power of language and negotiation. This is an updated version of the presentation we have presented at past Keystone Conferences.

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#### Comportment
**Monica Prata**

In this workshop you will learn how to conduct and move yourself in a more feminine and dignified way. Monica will explain the proper ways to act and behave in a variety of different settings. Following these steps will help you to appear more feminine and beautiful. These are the things your mother would have taught you if you were raised as a girl.

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#### What Trans Women Need to Know about Facial Feminisation Surgery
**Alexandra Hamer**

Facial Feminisation Surgery (FFS) can be an overwhelming and complex subject. Alexandra Hamer of Virtual FFS will help guide you through some of the main things you need to know if you are considering FFS.
Thursday 5:00 pm

Chair Yoga
Ann Stillwater

Experience the benefits of relaxing chair yoga and guided meditation. Simple stretches will increase your awareness of your body and how it interacts with your mind, emotions, and spirit. Breathing exercises will help you to center and focus. An extended guided relaxation at the end of class will leave you feeling refreshed and renewed. The class is specifically tailored towards self-acceptance and healing, no matter what your gender identification--come as you are. No previous yoga experience necessary and we will NOT be twisting ourselves into pretzels. Experience the healing power of gentle yoga!

Thursday Keystone Reception
in the Dog & Pony Lounge

Gather in the Sheraton's Dog & Pony Lounge for some social time!

Thursday 6:00 pm

Dinner & Entertainment at Hollywood Casino
Bus leaves promptly at 6:00 pm from the Hotel Lobby

Dining at Hollywood is always a special experience. They offer a variety of choices, each with its own special flair, unique flavors, and the kind of red-carpet service you deserve. Take a look at the following page to see what they've got and get a taste of Hollywood. Hollywood Casino features over 2,450 reel, video slot and video poker machines ranging from one penny to $100, with all the hottest games currently available. And with over 50 table games and 16 poker tables, Hollywood Casino has a game for everyone.

**Don't forget your bus ticket and a photo ID!**
The casino will check to see that you have an ID--not what the picture looks like

Keystone Bingo/Trivia Contest
Sponsored by Amanda Richards of True Colors TG Make-Up Artistry

KEYSTONE BINGO IS BACK AND GOING OLD SCHOOL! Keystone's Annual Bingo Night Is returning to its roots and will be held Thursday night, March 19th during the Keystone Conference. Come spend time playing Bingo. This is your opportunity to win some great prizes, have fun playing trivia, enjoy some pizza, soft drinks and have a great time with everyone in attendance. Bingo Gals and Guys from far and wide have been eagerly waiting the anticipation for that thrilling moment when they can call out BINGO! Keystone Bingo is again sponsored by the renowned Bingo Queen herself, Amanda Richards of True Colors TG Make-up Artistry and ably assisted by that Bingo Babe, Jenny Jensen with her crew of Bingo Bunnies. Set in the casual atmosphere of the Sheraton Hotel, you'll be among friends, supporters and Bingo aficionados from all over the country.

Past prizes have included makeup kits, gift cards, makeup brushes, gift baskets, wig care kits, a full Amanda Richard Makeover and much, much more. Winners of the Trivia contest can anticipate a chance to win one of many major prizes from Jenny's toy box. It's not dressy so slip into something cute and comfortable, grab your purse and attend Keystone Bingo during the number one Transgender Conference in America. Guys don't be shy, you can play too! You never know, you might get lucky at Keystone Bingo.

Join us Thursday evening during the Keystone Conference. Doors open at 6:00 pm and the first game is scheduled to start at 6:30 pm. There will be plenty of fun and pizza for all and great, new friendships will be made. You'll be talking about Keystone Bingo long after the conference is over. Bingo cards will be available for $1 or 6 for $5. Mark it on your calendar, there will be plenty of fun for everyone. All Keystone Bingo proceeds go to the Trans-Youth Program
Photo Identification is Required to Enter the Casino!!

The law requires the casino to ensure everyone is of the legal age. The casino is well aware that you may be presenting a different image than the one on your driver’s license. Nevertheless, a photo ID is required to enter the casino. There are individual restrooms throughout the casino for those wondering.

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Please Be Gracious
It is customary to tip the shuttle bus driver $1 there and $1 back

Thursday Night Casino Shuttle Schedule
The Shuttle buses will leave the hotel at 6:00 pm and make 1 trip to the Casino. A shuttle bus will leave the Casino at 10:30 pm and then at 11:30 pm. Note: the last shuttle bus leaves the casino at 11:30 pm.

<table>
<thead>
<tr>
<th>Sheraton (Outside Hotel Lobby)</th>
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Final Cut Steak House
High class dining with entrees priced between $25 and $45. Open until 10:00 pm.

Mountainview Dining & Terrace Lounge
Enjoy dinner from a menu ranging from grilled steaks to seafood while overlooking Penn National Race Track. Prices from $10 to 24. Open til 11:00 pm.

Epic Buffet
A buffet of epic proportions! They have an all you can eat for $19.99. Open until 8:00 pm

Celebrity Grille
Contemporary American favorites. Open until 11:00 pm. Prices between $10 to $25.

Skybox Sports Bar
Standard sports bar menu priced $8 to $14. Open until midnight.

Hollywood Casino & Penn National Track
Thursday Night Dinning & Entertainment at Hollywood Casino & Penn National Race Track. Dinner and Casino entertainment are at the individual's expense.

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Please Be Gracious
It is customary to tip the shuttle bus driver $1 there and $1 back
Thursday 6:30 pm

**Thursday Dinner & Comedy Night**
with Transman & Internationally Renowned Stand-up Comedian Ian Harvie and Jaye McBride

Join us in the Commonwealth Ballroom at the Sheraton for dinner and a night of laughs with both Jaye McBride and Ian Harvie, America's premier transgender stand-up comedian! Ian’s comedy encompasses his personal journey of being born a girl and becoming a 'self-made man.' His humor spans all boundaries, from gender to politics, cutting directly to the core of the human condition, in all its infinite strangeness. To purchase last minute tickets, please check in at the Keystone registration desk.

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He could be your brother, your best friend’s boyfriend or a merely a clean-cut preppy trying his hand at stand-up, but he’s not. “I was born female; there is no question that I understand this. I believe that ‘female’ is a biological sex and legal term; while my gender is something else entirely, that is something I get to create myself and modify as I see fit. I do not consider myself or identify as ‘male’, however I do identify as a ‘man’ of sorts, these two words are not necessarily connected for me. I don’t feel like I was robbed of the correct biological sex; I believe I was born in the right body, and that I just may want to change it a little bit.”

Ian’s comedy encompasses his personal journey of being born a girl and becoming a ‘self-made man.’ His humor spans all boundaries, from gender to politics, cutting directly to the core of the human condition, in all its infinite strangeness. Touted as “the most unique stand-up comic in the country” by Frontiers magazine, Ian has been part of Margaret Cho’s smash show “The Sensuous Woman” and tours with them nationally and internationally constantly. He also landed a spot on One Night Stand Up and OutLaugh Comedy Festival on the LOGO Network, Comics Unleashed on ABC and The Trisha Show on CW.

Jaye McBride is an upstate New York comedian who’s been featured all across the state and city as well as the west coast in San Diego and Los Angeles. Being transgender doesn’t just mean she’s a great target at roasts; it has also given her a uniquely dry and disturbing sense of humor that will leave the audience laughing and feeling bad about it.

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Thursday 8:30 pm

**Karaoke with Nikki Ames**
In the Dog & Pony Lounge

Come and join us for Karaoke with Nikki Ames! You’ve shown us your inner woman, now bring out your inner Diva! Belt out a ballad! Croon your tune! Raise the roof on some rock and roll! And even if you don’t want to sing, you won’t want to miss Nikki Ames’ special brand of transgender parodies, bringing humor and heart to this wonderful journey we are all on together.
Turn your dreams into reality
release your femininity

Feminizing Wardrobe & Makeup Artistry
Comportment and Life Coaching
with Feminine Image Expert

MONICA PRATA

nouveaux.com
847 404 8194
## Friday Overview

### 9:00 AM

<table>
<thead>
<tr>
<th>Topic</th>
<th>Presenter</th>
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<tbody>
<tr>
<td>Feminizing the Male Face without Surgery</td>
<td>Amanda Richards</td>
<td>Elm</td>
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<tr>
<td>Transitioning Your Marriage</td>
<td>Jennifer Lehman, Karen Lehman</td>
<td>Fir</td>
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<tr>
<td>Finding a Therapist</td>
<td>Sandra Stewart</td>
<td>Hemlock</td>
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<tr>
<td>Transgender Advocacy: What Can &quot;I&quot; Do?</td>
<td>Kelly Metzgar</td>
<td>Birch</td>
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<tr>
<td>Functionality &amp; Physiology of the Human Body as it pertains to FTM's &amp; MTF's</td>
<td>Dr. Heather Gansel</td>
<td>Dogwood</td>
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### 10:00 AM

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<tbody>
<tr>
<td>Tea Time with Jenny</td>
<td>Jenny Jenen</td>
<td>Restaurant</td>
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<tbody>
<tr>
<td>Wig Selection, Style &amp; Care</td>
<td>Donna Miller, Jenn Nestor</td>
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</tr>
<tr>
<td>Trans Youth Policy Briefing</td>
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<td>Amy Keisling</td>
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<td>Ashley Brunbadge</td>
<td>Ash</td>
</tr>
<tr>
<td>Rethinking (that other) Binary: Gender &amp; Sex</td>
<td>Richelle Hunt</td>
<td>Birch</td>
</tr>
<tr>
<td>Couples Therapy</td>
<td>Dr. Michele Angello</td>
<td>Chestnut</td>
</tr>
<tr>
<td>Prioritizing Feminization Procedures: Perspective of a Craniofacial Surgeon</td>
<td>Dr. Jeffrey Weinzweig</td>
<td>Dogwood</td>
</tr>
<tr>
<td>FTM Gender Confirming Surgeries - Where the Body Finally Touches the Soul!</td>
<td>Dr. Kathy Rumer</td>
<td>Room 101</td>
</tr>
<tr>
<td>Facial Feminization Surgery in the 21st Century: Philosophy and Techniques for Natural Results</td>
<td>Dr. Daniel Simon</td>
<td>Room 105</td>
</tr>
</tbody>
</table>

### 12:00 PM

<table>
<thead>
<tr>
<th>Topic</th>
<th>Presenter</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday Luncheon with Speaker Dr. Rachel Levine</td>
<td>Dr. Rachel Levine</td>
<td>Commonwealth Ballroom</td>
</tr>
<tr>
<td>Open House Reception with the Facial Team</td>
<td>Dr. Daniel Simon</td>
<td>Room 105</td>
</tr>
<tr>
<td>Ladies Who Lunch: Eating en Femme</td>
<td>Gwen Watson</td>
<td>Dog &amp; Pony Private Room</td>
</tr>
</tbody>
</table>

### 1:30 PM

<table>
<thead>
<tr>
<th>Topic</th>
<th>Presenter</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Meet the Authors</td>
<td>Various</td>
<td>Assembly Area</td>
</tr>
</tbody>
</table>

### 2:00 PM

<table>
<thead>
<tr>
<th>Topic</th>
<th>Presenter</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Transgender Personalities in History, Part I</td>
<td>Melissa Morton</td>
<td>Fir</td>
</tr>
<tr>
<td>Successful Shopping for Your Most Feminine Silhouette</td>
<td>Monica Prata</td>
<td>Hemlock</td>
</tr>
<tr>
<td>My Life Is Not My Own</td>
<td>Karen Holmes</td>
<td>Ash</td>
</tr>
<tr>
<td>Finding a Primary Care Provider</td>
<td>Dr. Jarrett Sell, Liz Leen</td>
<td>Birch</td>
</tr>
<tr>
<td>Coping: Going Back Home</td>
<td>Tyler Davies</td>
<td>Chestnut</td>
</tr>
</tbody>
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### Friday Overview

#### 2:00 PM (continued)

<table>
<thead>
<tr>
<th>Event</th>
<th>Presenter</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advanced Individualized Surgical Techniques for Global Face, Body, and Hair Feminization in both the Transgendered and Crossdressing Patient</td>
<td>Dr. Mark Zukowski</td>
<td>Elm</td>
</tr>
<tr>
<td>For Significant Others Only</td>
<td>Amy Keisling</td>
<td>Suite 543</td>
</tr>
<tr>
<td>A Positive Body Image with FTM Top and Bottom Surgery: Superior Aesthetic Results in a One-Stage Procedure – Keeping it Simple and Safe</td>
<td>Dr. Sherman Leis</td>
<td>Room 102</td>
</tr>
</tbody>
</table>

#### 2:30 PM

<table>
<thead>
<tr>
<th>Event</th>
<th>Presenter</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Live Photo Shoot</td>
<td>Cassandra Storm</td>
<td>Day Room</td>
</tr>
</tbody>
</table>

#### 3:30 PM

<table>
<thead>
<tr>
<th>Event</th>
<th>Presenter</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Facial Feminization Surgery</td>
<td>Dr. Deschamps-Braly</td>
<td>Dogwood</td>
</tr>
<tr>
<td></td>
<td>Dr. Doug Ousterhout</td>
<td></td>
</tr>
<tr>
<td>Building a Support System to Aide in a Successful Transition</td>
<td>Gabrielle Spierer</td>
<td>Hemlock</td>
</tr>
<tr>
<td>Writing Across Gender: Creative Nonfiction for Our Community and Beyond</td>
<td>Richelle Hunt</td>
<td>Ash</td>
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<tr>
<td></td>
<td>Quince Mountain</td>
<td></td>
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<tr>
<td></td>
<td>Blair Braverman</td>
<td></td>
</tr>
<tr>
<td>Anatomy Is Not Destiny</td>
<td>Liz Leen</td>
<td>Birch</td>
</tr>
<tr>
<td>Art of Feminine: The Goddess Lives in the Details</td>
<td>Gwen Watson</td>
<td>Chestnut</td>
</tr>
<tr>
<td>Transitioning in Faith</td>
<td>Jennifer Lehman</td>
<td>Elm</td>
</tr>
<tr>
<td>Spouse &amp; Significant Other Sanctuary</td>
<td>Sara Edwards</td>
<td>Suite 543</td>
</tr>
<tr>
<td></td>
<td>Karen Lehman</td>
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#### 5:00 PM

<table>
<thead>
<tr>
<th>Event</th>
<th>Presenter</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday Keystone Reception</td>
<td></td>
<td>Vendor Area</td>
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</tbody>
</table>

#### 6:15 PM

<table>
<thead>
<tr>
<th>Event</th>
<th>Presenter</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dinner at Ad Lib &amp; Theater at Open Stage</td>
<td>Sara Edwards Kendra Edwards</td>
<td>Front Lobby</td>
</tr>
<tr>
<td>Buses Leave for Early Dinner Departure for the Following Restaurants: Bricco, El Sol, Café Fresco, Carley's Ristorante, and Passage to India</td>
<td></td>
<td>Front Lobby</td>
</tr>
</tbody>
</table>

#### 6:30 PM

<table>
<thead>
<tr>
<th>Event</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Advanced Individualized Surgical Techniques for Global Face, Body &amp; Hair Feminization in Both the Transgendered &amp; Crossdressing Patient</td>
<td>Dr. Mark Zukowski</td>
<td>Room 103</td>
</tr>
</tbody>
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#### 6:45 PM

<table>
<thead>
<tr>
<th>Event</th>
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<th>Location</th>
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</thead>
<tbody>
<tr>
<td>Buses Leave for Later Dinner Departure for the Following Restaurants: Stock’s on Second, Char’s at Tracy Mansion and FireHouse</td>
<td></td>
<td>Front Lobby</td>
</tr>
</tbody>
</table>

#### 9:30 PM

<table>
<thead>
<tr>
<th>Event</th>
<th></th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dancing &amp; Drinks at Stock’s on Second in Downtown Harrisburg</td>
<td></td>
<td>Downtown</td>
</tr>
<tr>
<td>Musical Entertainment by Beggars Ride at the Sheraton Hotel</td>
<td></td>
<td>Dog &amp; Pony</td>
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</tbody>
</table>

#### 12:00 AM

<table>
<thead>
<tr>
<th>Event</th>
<th></th>
<th>Location</th>
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<tbody>
<tr>
<td>Last Bus Leaves Stock’s on Second for the Hotel</td>
<td></td>
<td>Downtown</td>
</tr>
</tbody>
</table>
Dr. Jeffrey Weinzweig is a board certified plastic surgeon with subspecialty training and expertise as a craniofacial surgeon. He is considered one of the foremost international experts in plastic surgery. In fact, he is one of the only leading craniofacial surgeons in the United States with a special interest in performing FFS.

Dr. Weinzweig is one of the most prolific authors and researchers in the field with 5 textbooks and more than 200 peer-reviewed articles and chapters to his credit.
Schedule at KEYSTONE CONFERENCE 2015

Please join Dr. Jeffrey Weinzweig in Provider Room #106

FRIDAY MARCH 20, 2015

10:30am-12pm WORKSHOP: Prioritizing Feminization Procedures: 
Perspective of a Craniofacial Surgeon  
Located in the Dogwood Workshop Room

1PM-5PM FREE Personal Consultations  
Please call 413-362-4777 to set up an appointment. 
Consultations will be conducted in Provider Room #106

SATURDAY MARCH 21, 2015

8AM-12:30PM FREE Personal Consultations  
Please call 413-362-4777 to set up an appointment. 
Consultations will be conducted in Provider Room #106

1PM-2:30PM WORKSHOP: Open Forum Round Table: Prioritizing 
Feminization Procedures: Perspective of a Craniofacial 
Surgeon  
Have all of your questions answered by Dr. Weinzweig, one 
of the only Craniofacial Surgeons in the country performing 
FFS. Located in Provider Room #106

WORKSHOP DESCRIPTION

Prioritizing Feminization Procedures: Perspective of a Craniofacial Surgeon

In the transitioning process, patients often prioritize feminization procedures. Whether the reason for prioritization is cost, the desire to gradually transition, or medical safety (complete feminization is often unsafe due to prolonged surgical time) a discussion of prioritizing feminization surgeries is an important part of the consultation process. Dr. Weinzweig will provide a rationale for his prioritization recommendations as well as a detailed facial feature analysis which is critical to understanding how modifying a specific feature will impact the overall feminization process and lead to achieving one’s specific goals.
True Colors Makeup Artistry
www.truecolorstg.com

The Best In Makeovers, Photography,
Wigs & Learning
Since 2004

Keystone Conference Special!!!
Show your conference badge and receive 10% off
your next in studio appointment!!!
### Friday 9:00 am

<table>
<thead>
<tr>
<th>Event Title</th>
<th>Location</th>
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<tbody>
<tr>
<td><strong>Feminizing the Male Face without Surgery</strong></td>
<td>Elm</td>
</tr>
<tr>
<td>Amanda Richards</td>
<td></td>
</tr>
<tr>
<td>I will cover makeup application techniques to bring out the female in any male. This will include, foundation application, enhancing the shape of your face with contouring and highlighting, eye shadow application, including how to do a smoky eye, and how to get that pouty looking lip. Attendees should bring their pad and paper to take notes, and I will answer any questions throughout the presentation.</td>
<td></td>
</tr>
</tbody>
</table>

| **Transitioning Your Marriage**                 | Fir        |
| Jennifer & Karen Lehman                         |            |
| Jennifer and Karen Lehman will discuss success strategies they used for transition in their marriage. The workshop will provide time for Q&A and participants to share their relationship success stories. |            |

| **Finding a Therapist**                         | Hemlock    |
| Sandra Stewart                                  |            |
| Why people seek out counseling is varied, we are part of a group that has experienced systematic marginalization and oppression by the dominant culture and that tends to have an effect. Transitioning requirements for counseling, dealing with marriage, children, to a mental health tune up. Each type of therapist, counselor, psychologist, MSW (master of social work) has a particular counseling paradigm, what are the differences? How do you find one that meets your needs and what should you expect? What are your rights as a consumer? |            |

| **Transgender Advocacy: What Can ”I” Do?**      | Birch      |
| Kelly Metzgar                                    |            |
| This workshop will look at what Transgender Advocacy is and the barriers to living an authentic life entail. We will discuss: |            |
|  • Laws and Policies - What types of policies and laws are or are not in place which are a barrier to Trans* living. | |
|  • Power – Who is in control and where? What are the authority figures we need to work with in order to achieve our desired goals and outcomes? How do we deal effectively with people in authority? | |
|  • Service – What services can we provide to assist Trans* people to live their lives more fully and with greater ease? | |
|  • Consciousness – How do we positively raise awareness of Trans* issues and people? | |
|  • How do develop and cultivate effective allies and supports. What are the roles these people fulfill? | |
|  • What types of oppression do Trans* people face and how do we deal with/resolve this? | |
|  • What can an individual person do at the state and local levels to bring awareness to Trans* issues. | |
|  • Seeking needed remedy to problems and issues facing Trans* people, families and parents. | |
|  • How to advocate for our children within the school systems. | |
|  • Creating company based cultural / sensitivity training for Trans* people in the workplace. | |
|  • Working with health care facilities to obtain needed medical care and behavioral health providers. | |

| **Functionality & Physiology of the Human Body as it pertains to FTM's & MTF's** | Dogwood    |
| Dr. Heather Gansel                             |            |
| The 3 main objectives attendees can expect to walk away with are understanding: |            |
|  • The importance of maintaining a healthy body while transitioning by looking at how your bodies work and how they were designed | |
|  • The physiology and functionality of the human body and how hormones affect our bodies | |
|  • How exercise can help prevent injuries, conditions and disease while transitioning. | |

Following the presentation, Dr. Gansel will answer questions and be available for private consultations on Friday and Saturday.
### Friday 10:00 am

**Tea Time with Jenny**  
In the Dog & Pony Restaurant  
Dog & Pony Restaurant

For those of you that are attending the Keystone Conference for the first time or feel you need a little moral support, join Jenny Jensen as she hosts TEA TIME WITH JENNY. It’s an informal gathering of first timers, newcomers and anxious attendees in a comfortable and discreet setting. It’s an opportunity for those that are unsure of themselves and want to start off their Keystone experience on a good footing, learn a little more about the conference and how it can help them.

We can also provide you with a Big Sister or Big Brother to help you get through the apprehension, worry and nervousness you might be feeling attending the Conference.

### Friday 10:30 am

<table>
<thead>
<tr>
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<tbody>
<tr>
<td><strong>Wig Selection, Style &amp; Care</strong></td>
<td>Elm</td>
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<tr>
<td>Donna Miller</td>
<td></td>
</tr>
<tr>
<td>Complete analysis on proper wig selection for the CD/TG/TS community.</td>
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<tr>
<td>Advice on style selection, color, size and care for your wig.</td>
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<tr>
<td>Show the world the woman you know you can be!</td>
<td></td>
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<tr>
<td><strong>Trans Youth Policy Briefing</strong></td>
<td>Fir</td>
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<tr>
<td>Turner Stulting &amp; Victoria Martin</td>
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</tr>
<tr>
<td>Transgender and gender-variant youth have unique and often challenging experiences in affirming their gender under the law. Adopting effective policies, as well as ensuring their successful implementation, can be crucial for trans* youth to have a positive social development. This session will educate participants on the local, state, and federal laws that have direct impact on trans* youth. Participants will gain valuable skills to use in their home communities in the push toward trans* justice. We will also examine several case studies of anti-trans* discrimination involving youth in Southeastern Pennsylvania.</td>
<td></td>
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<tr>
<td><strong>Transition and Recovery: The Balancing Act</strong></td>
<td>Hemlock</td>
</tr>
<tr>
<td>Amy Keisling</td>
<td></td>
</tr>
<tr>
<td>Are you in recovery from alcohol or drug abuse? Having a social and support group during transition can be challenging if working your program prevents you from working the available social activities. Going out publicly as who you are can be an anxiety-producing experience: lots of social events can be alcohol-centered. How can someone in recovery find support and connection without risking relapse? The goal of this workshop is to provide a place of safety and understanding for attendees in recovery. Come share and build support for yourself and others.</td>
<td></td>
</tr>
<tr>
<td><strong>Networking and Career Services for Transgender Community</strong></td>
<td>Ash</td>
</tr>
<tr>
<td>Ashley Brundage</td>
<td></td>
</tr>
<tr>
<td>This seminar will cover everything you need to know to obtain, retain, and excel in your current or new job as a transgender person. The information will include resume building and interviewing tips, networking do's and dont's for furthering your career and positive success stories in the transgender community. The transgender business world is growing and big companies are reaching out to the transgender community more than ever.</td>
<td></td>
</tr>
<tr>
<td><strong>Rethinking (that other) Binary: Gender &amp; Sex</strong></td>
<td>Birch</td>
</tr>
<tr>
<td>Richelle Hunt</td>
<td></td>
</tr>
<tr>
<td>There is a growing recognition that gender expression is hard to contain in two distinct categories of man and woman. The term &quot;gender non-conforming&quot; is now a part of our lexicon. Does it follow, then, that sexual expression has also been too rigorously divided along male and female lines? And if both of these two central dimensions of life, as well as sexual orientation, are more complex, and variable, and even more fluid than expected, how do they interact? What do these possibilities mean for us?</td>
<td></td>
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<tr>
<td><strong>Couple’s Therapy</strong></td>
<td>Chestnut</td>
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<tr>
<td>Dr. Michele Angello</td>
<td></td>
</tr>
<tr>
<td>Dr. Michele Angello devotes much of her practice to counseling couples with a transgender or transitioning partner. In this workshop—open to all who are in a committed relationship that contains a transgender or gender non-conforming person—she will engage the audience in discussing typical problems and will suggest methods for their resolution. She will also serve as moderator so participants can share their own experiences and issues in a collective and supporting setting.</td>
<td></td>
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</tbody>
</table>
Prioritizing Feminization Procedures: Perspective of a Craniofacial Surgeon
Dr. Jeffrey Weinzweig

In the transitioning process, patients often prioritize feminization procedures. Whether the reason for prioritization is cost, the desire to gradually transition, or medical safety (complete feminization is often unsafe due to prolonged surgical time) a discussion of prioritizing feminization surgeries is an important part of the consultation process. Dr. Weinzweig will provide a rationale for his prioritization recommendations as well as a detailed facial feature analysis which is critical to understanding how modifying a specific feature will impact the overall feminization process and lead to achieving one’s specific goals.

FTM Gender Confirming Surgeries - Where the Body Finally Touches the Soul!
Dr. Kathy Rumer

This workshop provides the opportunity to hear Dr. Kathy Rumer discuss her refined approach in performing traditional FTM Gender Confirming Surgical procedures including Chest Masculinization, Body Contouring, and Bottom Surgery. Additionally, Dr. Rumer will also unveil a number of innovative surgical and non-surgical procedures which aesthetically enhance the traditional confirmation model. For each procedure she will explain pre-op considerations and requirements, the actual surgical procedure, and post-op and recovery considerations/requirements. Rumer Cosmetic Surgery is where "the Body finally touches the Soul”.

Facial Feminization Surgery in the 21st Century: Philosophy and Techniques for Natural Results
Dr. Daniel Simon

Facial Team’s persistent impetus for excellence in results fuels an evolution in treatment approaches and surgical techniques, with the patient’s global well-being always at the core of every innovation. Dr. Simon, co-director and founder of FACIAL TEAM, a multidisciplinary group focused exclusively on FFS, will highlight important advancements in facial feminization surgery, revealing numerous examples of new clinical cases not available for viewing on our website.
Friday Luncheon Guest Speaker: Dr. Rachel Levine
Acting Physician General for the Commonwealth of Pennsylvania & Professor of Pediatrics and Psychiatry at Penn State College of Medicine

Dr. Levine graduated from Harvard College in 1979 and the Tulane University School of Medicine in 1983. She completed her training in Pediatrics at the Mt. Sinai Medical Center in New York City in 1987 and then did a Fellowship in Adolescent Medicine at Mt. Sinai from 1987-88. She was in the practice of pediatrics and adolescent medicine at the office of Edward A Davies, MD from 1988-1993 as well as on the faculty of the Mt Sinai School of Medicine. She came to Central Pa. in 1993 as Director of Ambulatory Pediatrics and Adolescent Medicine at the Polyclinic Medical Center. She joined the staff at the Penn State Hershey Medical Center in 1996 as the Director of Pediatric Ambulatory Services and Adolescent Medicine. Her accomplishments at the Penn State Hershey Medical Center include the initiation of a Division of Adolescent Medicine for the care of complex teens with medical and psychological problems. In addition, she started the Penn State Hershey Eating Disorders Program which offers multidisciplinary treatment for children, adolescents and adults with eating disorders such as anorexia nervosa and bulimia nervosa. Her previous posts included: Vice -Chair for Clinical Affairs for the Department of Pediatrics and Chief of the Division of Adolescent Medicine and Eating Disorders at the Penn State Hershey Children’s Hospital-Milton S. Hershey Medical Center. She is the Liaison for the LGBT community for the Office of Diversity at the Penn State College of Medicine. In that role, she has established a LGBT faculty and staff affinity group and is the facilitator for the LGBT student group. Dr. Levine taught at the Penn State College of Medicine on topics in adolescent medicine, eating disorders and transgender medicine. In addition, she has lectured nationally and internationally on these topics and has published articles and chapters on the medical management of eating disorders.

Open House Reception with the Facial Team
With Dr. Daniel Simon

After our welcome presentation, we invite you to join us for hors d’oeuvres and refreshments and the opportunity to chat more informally with Dr. Daniel Simon, founder and director, and Lilia Koss, Client Relations Manager. Alexandra Hamer of VirtualFFS will also be available to chat on a more personal level about her work in facial gender analysis and digital simulations. We look forward to meeting you there!
**Friday 12:00 pm**

**Ladies Who Lunch: Eating en Femme**  
Gwen Watson  

Dining while expressing feminine poise, posture and mannerisms can be a difficult feat. Join the table to dine “en-femme” with Gwen Watson as she hosts her interactive “Ladies Who Lunch: Eating en Femme” seminar. Put your skills to test while learning through live models as Gwen demonstrates the innate difference between male and female dining mannerisms and shares with you, her simple secrets to being more feminine while dining. Participants will dine in the Dog & Pony Private Dining Room rather than the Commonwealth Ballroom and therefore will not be present for the luncheon guest speaker.

**You must pre-register for this workshop**  
Cost is $5. Class size limited. Sign up at the Keystone Registration Desk.

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**Friday 1:30 pm**

**Meet the Authors**  
Mariette Pathy Allen, Dr. Michele Angello & Grace Stevens  

Come meet several of our authors and get your very own copy signed. They will be just outside the main dining room following lunch.

**TransCuba**  
by Mariette Pathy Allen  
For more than 30 years, New York-based photographer and painter Mariette Pathy Allen has been documenting transgender culture worldwide; in 2004 she won the Lambda Literary Award for her monograph The Gender Frontier. In her new publication, TransCuba, Allen focuses on the transgender community of Cuba, especially its growing visibility and acceptance in a country whose government is transitioning into a more relaxed model of communism under Raúl Castro's presidency. This publication therefore records a cultural watershed within Cuba. In addition to color photographs and interviews by Allen, the book also includes a contribution from Raúl Castro's daughter, Mariela Castro, who is the director of the Cuban National Center for Sex Education in Havana. In 2005, Castro proposed a project, which became law three years later, to allow transgender individuals to receive sex reassignment surgery and change their legal gender.

**On The Couch With Dr. Angello: A Guide To Raising & Supporting Transgender Youth**  
by Dr. Michele Angello. Michele Angelo.  
When a single child comes out, their entire family will transition, along with their community. On the Couch with Dr. Angello is an eye-opening guide to navigating social spaces when most don't quite understand the process of changing genders. Dr. Angello offers emotional help and unwavering support as parents with trans identified children ride the waves of grief, acceptance and eventual healing. After years of televised appearances this book comes at a time when the sensationalism of transgender identity has calmed—a time when hearts and ears across the nation are daringly sympathetic and finally able to aid and uplift the transgender experience. In this fascinating examination of budding identity all audiences have something to gain as Dr. Michele Angello uncovers the behind the scenes journey parents, teachers, pastors, children and medical professionals will take in order to support gender variant youth. On The Couch With Dr. Angello might very well be an undercover Trans 101 course. Camouflaged by its diligent storytelling, this would-be self-help book is a reassuring response to youth who are yearning for guidance as they angle to step into their right skins. Skillfully and uniquely Dr. Angello addresses the tender experience of discovering who our best allies are. As she has in practice with many teenagers she addresses the angst in developing crushes, dating and sex; the hope in fostering relationships with the ever-important cheerleaders; and provides action steps to seek out and create safe space in school, in church and the doctor's office. Regardless of your place on the gender spectrum On the Couch with Dr. Angello is a book you won't want to put down.

**No! Maybe? Yes! Living My Truth**  
by Grace Anne Stevens  
It’s hard to live authentically when you’re trying to meet the expectations of everyone around you and denying the inner voices that know your truth. Grace Anne Stevens spent over sixty years hiding and denying her inner truth. In No! Maybe? Yes! Living My Truth, she shares not only her voice but many of her internal voices, as she journeyed from denying, to questioning, and finally accepting her truth, which led to transitioning her gender at the age of sixty-four. More than just a transgender memoir, this book is about relationships, both internal and external, about change and authenticity, and is uniquely informational, inspirational, and transformational to all who may question their own journey.
Dr. Douglas Ousterhout is the world’s foremost expert in Facial Feminization Surgery (FFS). He wrote the definitive book on the subject, *Facial Feminization Surgery: A Guide for the Transgendered Woman*.

Dr. Ousterhout has formed an association with Dr. Jordan Deschamps-Braly, a talented craniofacial and plastic surgeon, and the only doctor to be trained by Dr. Ousterhout in the art of FFS. See the results of their technique and aesthetic vision through photographs of many pre and post surgery patients.

Their team is dedicated to providing comprehensive care from start to finish, and will be available for questions during the conference.
KEYSTONE CONFERENCE

Facial Feminization Surgery

DATE
FRIDAY, MARCH 20TH / 3:30 TO 4:45 PM
Workshop “Facial Feminization Surgery”
Dogwood Room

5:00 TO 6:30 PM
Vendor reception
Please stop by our table

SATURDAY, MARCH 21ST / 10:30 TO 11:45 AM
Workshop “Facial Feminization Surgery”
Presenter Room 104

4:30 TO 5:30 PM
Wine reception
Presenter Room 104
Introduction to Dr. Ousterhout’s successor,
Dr. Jordan Deschamps-Braly

WWW.DESCHAMPS-BRALY.COM INFO@DESCHAMPS-BRALY.COM
450 SUTTER ST., STE 1520, SAN FRANCISCO, CA 94108 415.624.3922
Transgender Personalities in History, Part I
Melissa Morton

Since humankind began to define the boundaries of gender behavior, there have been people who have defied or crossed over those boundaries. Hear about some of these individuals, from the 15th to the 21st centuries. Some of them were male to female, others of them were female to male. Some of them were transgender for most of their lives, others for only brief but significant periods in their lives. The deeds of some of these people have inspired books, plays, and even operas. All of them left a legacy of some sort. A brief biography of each individual profiled is available upon request.

Successful Shopping for Your Most Feminine Silhouette
Monica Prata

Let’s make shopping fun, and not stressful! Learn how to accentuate your most feminine features while skillfully disguising the masculine. Professional stylist Monica Prata teaches you the tricks of the trade; where to shop and what to look for using live models and lots of audience participation. Learn about the proportional differences in the male vs. female body and just what you can do to make your shape look it’s absolutely most feminine! Discover which blouse shape best disguises broad shoulders, to which shoe styles will actually make your feet appear smaller. Monica Prata answers your questions and shares her secrets!

My Life Is Not My Own
Karen Holmes

I want to talk about my transition and how I prepared myself for it. How I approached it to make it successful with my family, friends, job, and my volunteer organizations I serve with. I know that everyone’s transition is different, but I hope to help someone in making their own choice or pick and choose from mine, because it has gone well and still. Talk about the things that I am involved with that when and if I tell someone I am a transsexual they will except me for me and the good things I do for my community, state, and country.

Finding a Primary Care Provider
Dr. Jarrett Sell & Liz Leen

Dr. Jarrett Sell will discuss the critical importance of having a Primary Care Provider (PCP) and why it is of even higher priority for transgender people. Recognizing that most transgender people face less than welcoming treatment if not outright rejection at many health care facilities, Dr. Sell will offer suggestions and guidelines to help transgender people find and gain access to a PCP, regardless of where they might live. He will also discuss and offer advice on how to be prepared to handle those unforeseen and unexpected medical emergencies when, as a trans person, you may be circumstantially “outed.”

Coping: Going Back Home
Tyler Davies

Each and every one of us knows what it's like to feel isolated. Some of us, it may be at home. For others, it may be at school or work. We come to gender conferences to learn about everything within the complex world of our gender identities. Going home can be stressful, because we're not able to reveal our true selves, but here we will learn ways to retain our identities and sanity in a world that doesn't see us as who we are.

Advanced Individualized Surgical Techniques for Global Face, Body, and Hair Feminization in both the Transgendered and Crossdressing Patient
Dr. Mark Zukowski

Dr. Zukowski will be presenting his state-of-the-art 21st century individualized surgical options for global one-step face, breast and body feminization including advanced endoscopic techniques of forehead feminization, with exclusive 3-D bone sculpting, ultrasonic body sculpting with large volume fat augmentation to the buttocks (Brazilian buttock lift), as well as micrograft hair restoration to create the perfectly feminine hairline. These techniques are applicable for the transgendered patient looking to transition or the cross-dressing patient looking to present their best in both male and female personas. The Zukowski Center exclusively performs complimentary lymphatic massage postoperatively and has a face and body skin care protocol and cosmeceutical line of skin products to further enhance your surgical results. Past patients will be available for you to talk. To arrange to speak to the doctor or one of his past patients either at the conference or afterwards in a phone consultation, call his office at 847-853-8869 in advance and speak to Michelle as time slots fill up fast. Check the schedule to see when the doctor will be talking and seeing patients. Don’t miss this opportunity to learn more about our comprehensive full face and body approach for your transition, or to look the best you can in both of your personas and to reverse any aging changes so as to insure a lifetime of youthful, refreshed, and naturally feminine beauty.
Whether this is your first trans* event or you are a conference veteran, having the chance to talk with other significant others can be a rare and meaningful experience. This workshop will focus on sharing some of the questions, challenges and opportunities faced by anyone who is in a relationship with someone who is transgender. It is open only to SOs.

This workshop is only for spouses and significant others of trans*persons

A Positive Body Image with FTM Top and Bottom Surgery: Superior Aesthetic Results in a One-Stage Procedure – Keeping it Simple and Safe
Dr. Sherman Leis

Options for FTM Top Surgery will be presented and variety of cases will demonstrate excellent results in masculinization of the chest. Options for Phalloplasty will also be discussed. Dr. Leis will utilize multiple case presentations to demonstrate superior aesthetic results obtainable utilizing abdominal or groin flaps for Phalloplasty, labial deconstruction for Scrotoplasty and the options of testicular and penis implants. This surgery is done in one stage and results in a sensate penis via clitoral transposition, no grossly deformed donor site and the ability to have sexual intercourse with erotic sensation.

Live Photo Shoot
Cassandra Storm

Witness a live photo shoot in action! Watch Cassandra work with a live subject, how she poses and works the subject with lighting and the set. Become a part of the fun and learn the right and wrong way to pose in the most flattering way for you as an individual. Bring your own camera and learn some of Cassandra’s secrets to being a great photographer as you try your hand at photographing a model. Sometimes the best way to learn how to be the subject in front of the camera is by taking part in the process from behind the camera. This workshop will teach you how to improve every picture that you are in and every picture that you take.

“Keelee MacPhee is an amazing transgender surgeon! She doesn’t make any judgements.”
– A.C.

Dr. Keelee MacPhee is a Duke-affiliated, board-certified plastic and reconstructive surgeon specializing in breast surgery, transgender reconstruction, cosmetic enhancements and general cosmetic surgery. She has been performing gender reassignment procedures since 2005 and finds working with transgender and non-binary gender patients to be the most rewarding aspect of her practice. Dr. MacPhee has seen first-hand the positive and profound effects that surgical reconstruction can have on a person’s life.

Office Location: 4414 Lake Boone Trail, Suite 407
Rex Medical Plaza, Raleigh
COMING SOON TO DURHAM!
www.keeleemacphee.md | 919.341.0915

“A Celebration of Gender Diversity” 43
Dr. Ousterhout and Dr. Deschamps-Braly will present their bases for completing the various procedures they feel are necessary for appropriate facial feminization surgery, obtaining the best aesthetic and functional results possible. This is based on Dr. Ousterhout's long experience operating on more than 1300 MTF patients over 30 years. They will show the results of many long term cases.

Many studies on trans* identity focus on trans women who state that they are attracted only to men and exclude those with other sexualities or those who do not identify as exclusively male or female. We examined how results differ when all identities are included and subjects can describe themselves using their own words and scales rather than selecting from a set of labels. We found no effect of gender identity on finger ratio (thought to be a measure of prenatal androgens) or spatial rotation test scores; instead, both measures reflected sex assigned at birth. Sexual orientation affected spatial rotation test scores in some gender identities. We also found that 1/3 of trans women and 1/2 of trans men shifted their sexual orientation with transition. There was a correlation between shifting sexuality and taking hormones for trans women and, perhaps, trans men. Our data also suggested an effect of race and/or ethnicity on how sexuality is experienced and/or reported. These results suggest that diversity in gender, sexuality, race & ethnicity must be considered, that there are more nuanced ways to interpret widely used cognitive tests, and that the language of science is not inclusive of everyone’s lived experience.

Gabrielle will share her experiences building a support system. They will include getting support from family or developing a chosen family and friendships, going to counseling and joining support groups. Gabrielle will share her experiences building a support system. They will include getting support from family or developing a chosen family and friendships, going to counseling and joining support groups.

Three writers with three very different perspectives (MTF, FTM, and partner) will share their explorations. You may want to laugh or even cry as you hear of adventures and misadventures in Alaska, Washington, Wisconsin, and other gender frontiers. Afterward, you'll have a chance to share a bit of your own story, and to discuss writing itself. Whether you're a published author or someone who has just begun to think about bringing your journey to the page, please join this discussion. Anyone who wants to sit back and simply listen to a lively and diverse set of readings is especially welcome.

Gender is all around us. Expectations and messaging on gender are taught from the moment we are born. Practically everything in society is assigned a gender- toys, colors, clothing, behaviors, etc. Gender is a socially constructed concept that influences how we shape our understanding of the core aspects of our identity. Society assumes that gender is predetermined, that being a man or woman is determined by the genitalia we are born with, and this makes us one or the other. Individuals who are transgender, genderqueer, gender fluid, or androgyneous are met with intense invalidation, rejection and discrimination for by a society which cannot appreciate the fluidity of gender expression. Beyond anatomy, how is gender defined? Male and female are overwhelmingly accepted and expected by Western culture, because of this it becomes difficult for people to imagine any other way to present and/or understand gender. How else can one define (or not define) their gender identity? Are there more than two genders in our society? If not, should there be? How can we all be seen as individuals if we’re all forced into the gender binary from the moment we are born? How can the gender spectrum encompass one’s true identity?
<table>
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<tr>
<th>Event Description</th>
<th>Venue</th>
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<tr>
<td><strong>Art of Feminine: The Goddess Lives in the Details</strong>&lt;br&gt;Gwen Watson&lt;br&gt;This is an interactive workshop on the art of sitting, standing, walking and eating in a feminine manner. Polish your femme presentation with detailed observations and humor on what it means to be femme. Audience participation is hoped for!</td>
<td>Chestnut</td>
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<td><strong>Transitioning in Faith</strong>&lt;br&gt;Jennifer Lehman&lt;br&gt;In 2013, Ms. Jennifer Lehman transitioned her entire life from male to female with the goal of not losing anything - not losing her marriage, family, employment, church and her bowling leagues! In this presentation, Ms. Lehman will discuss the role that her faith played in the transition and how she transitioned at her church. She will describe how she, her spouse, and her church pastor, Julie DeWerth, implemented a successful transition at the ELCA Lutheran Church where she has been a member for the last 25 years. The workshop will provide time for participants to share their faith based success stories.</td>
<td>Elm</td>
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<td><strong>Spouse &amp; Significant Other Sanctuary</strong>&lt;br&gt;Open to all spouses of Trans individuals&lt;br&gt;Hosted by Sara Edwards and Karen Lehman&lt;br&gt;The &quot;Spouse &amp; Significant Other Sanctuary&quot; is for the spouses and significant others of transgender partners ONLY. It is a place where you, the partner of a transgender person, can relax and speak freely, from any point of view, to other spouses and significant others. Our sanctuary leaders are here to support you, offer their shoulder, encourage you and to stand with you. Please join us in supporting each other. There is hope and help as a group. For more information, or to contact our Spouse/Significant Other program directors Sara and Karen, please call (717) 508-7292.</td>
<td>Suite 543</td>
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For being proud of who you are.

At PNC Bank, diversity is one of our core values. From our hiring practices and employee programs to the communities and sponsorships we invest in, we've developed a keen appreciation for our collective strengths. That's why we are proud to support 2015 Keystone Conference. See how we're helping communities across the country achieve great things at pnc.com/lgbt.

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“A Celebration of Gender Diversity”
FREE Consultations
are available during the conference. Please drop by our table in the Vendor Area to schedule your consultation.
Where the body finally meets the soul...

From the moment you schedule your first consultation to your final post-procedure visit, our focus is on YOU. We partner with you to make your transition dreams come true.

Any surgical procedure scheduled with us at the conference will receive $500 off.

FTM Surgical Procedures
- Chest Masculinization
- FTM Gender Reassignment Surgery (GRS)
- Body Contouring (tummy tuck/liposuction/ buttock and hip enhancement)

MTF Surgical Procedures
- Facial Feminization
- Breast Augmentation
- MTF Gender Reassignment Surgery (GRS)
- Body Contouring (tummy tuck/liposuction/ buttock and hip enhancement)
- Brachioplasty (arm lift)

FTM Non-Surgical Procedures
- Neograft™ Hair Transplantation
- Permanent Make-up for Nipple Tattooing
- Laser - Skin Resurfacing/Tightening/Hair Removal/Tattoo Removal
- Acne Resurfacing
- ThermiTight™ Neck Lift
- Dermabrasion/Microdermabrasion/Dermaplaning
- Botox™/Facial Fillers/Chemical Peels

MTF Non-Surgical Procedures
- Neograft™ Hair Transplantation
- Permanent Make-up (including eyebrows, eyeliner, lips, labia and nipple tattooing)
- Laser - Skin Resurfacing/Tightening/Hair Removal/Tattoo Removal
- Acne Resurfacing
- ThermiTight™ Neck Lift
- Dermabrasion/Microdermabrasion/Dermaplaning
- Botox™/Facial Fillers/Chemical Peels

DR. KATHY RUMER
BOARD CERTIFIED PLASTIC SURGEON
105 ARDMORE AVE., ARDMORE, PA 19003
RUMERCOSMETICS.COM
855.782.5665
Friday 5:00 pm

**Friday Keystone Reception**
Hosted by our vendors

Vendor Area

Come join us for Friday's cocktail reception held in in the Vendor Area (Pennsylvania Ballroom) across from the hotel lobby. Hosted by our wonderful conference vendors and service providers, come enjoy some social time prior to departing for our dining out in downtown Harrisburg.

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Friday 6:15 pm & 6:45 pm

**Dinner at Ad Lib & Theater at Open Stage**

Bus leaves promptly from the hotel lobby at 6:15 pm

Hotel Lobby

Come join us for the Keystone Conference Dinner & Theater Combo Pack! First, we take you to Ad Lib Kitchen at the Harrisburg Hilton Hotel for a casual dining experience. Then, over to Open Stage of Harrisburg, a professional regional theatre located right next to the Hilton Hotel. The Friday Theater Upgrade option costs $10 and is ONLY available to those who choose to join us at Ad Lib Kitchen for dinner Friday Night.

Open Stage of Harrisburg is bringing back a favorite for a sixth go-around: this rousing rendition of COURT STREET CABARET brings you the best of Broadway and beyond and is sure to please your ears and leave your toes tapping. Audiences can expect old and new showtune favorites from composers like Stephen Schwartz, Billy Joel, Andrew Lloyd Webber, William Finn, Craig Carnelia, and Jerry Herman. "Every year, we try to expand COURT STREET CABARET and every year we try to present unexpected tunes from all kinds of genres," says Landon, who not only performs in COURT STREET CABARET but has produced the variety show every season at Open Stage of Harrisburg since 2010. "We have everything from Sondheim to Leiber & Stoller, Paul Simon to Carole King."

"Since its founding in 1983, Open Stage of Harrisburg has earned a reputation for presenting thought-provoking shows written by award-winning playwrights aided by stellar casts and visionary direction," states the Harrisburg Patriot-News. WARNING: Attending Open Stage may cause boosts in intelligence, sophistication, and mental capacity. The taking in of thought-provoking theatre may lead to an open heart and mind and a greater understanding of our world. Your artistic soul may feel full and your understanding expanded. Your mind may never return to its original size. MAY NOT BE SUITABLE FOR SMALL OR NARROW MINDS.

After the theater, buses will shuttle to Stock's on Second and then back to the hotel.

**The Theater Option is ONLY available to those who dine at Ad Lib Kitchen**

**Your Conference ID is required for admission to the theater.**

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**Dinner, Dancing & Fun in Downtown Harrisburg**

Busses leave promptly at their assigned times from the hotel lobby

Hotel Lobby

Come join us in downtown Harrisburg to dine at several wonderful restaurants on and around Second Street--the center of activity in Harrisburg. Afterwards you can choose to stay downtown to enjoy live dance music at Stock's on Second or return to the hotel early and enjoy the musical entertainment in the Sheraton's Dog & Pony Lounge.

Buses will run continuously between the hotel, restaurants & bars until midnight so stay as long as you want. Dinner is at the individual's expense.

Please see the page to the left for information and departure times for each of the restaurants.

---

**Please Be Gracious**

It is customary to tip the shuttle bus driver $1 there and $1 back
Friday Evening Downtown

Friday Night Downtown Harrisburg Shuttle Schedule

Buses leave promptly at their assigned times for each of the restaurants. Please double check what time your bus leaves and please do not be late. Please ensure that you have your dinner ticket and conference name badge. Each restaurant has a host or hostess who will introduce themselves on the bus and accompany you to the restaurant, so please feel free to ask them any questions. After dinner, the buses will pick up from the restaurants, then drop off at Stock’s on Second and then continue back to the Sheraton hotel starting at approximately 9:00 pm. Buses will run on a continuous hourly loop between Stock’s and the Sheraton Hotel. The last bus leaves Stock’s at midnight.

We have made reservations for 15-30 people at each of the following restaurants. If you signed up to dine in downtown Harrisburg on Friday night, a restaurant ticket will be in your registration packet for the restaurant you chose. If you did not sign up and would like to join us, you can check at the registration desk to see if there are any tickets still available. A transportation fee may apply.

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<tr>
<th>Early Dinner Departure 6:15 pm</th>
<th>Later Dinner Departure 6:45 pm</th>
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<td>Ad Lib</td>
<td>Stock’s on Second</td>
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<td>Bricco</td>
<td>Char’s at Tracy Mansion</td>
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<td>El Sol</td>
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<td>Café Fresco</td>
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<td>Carley’s Ristorante</td>
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<td>Passage to India</td>
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Buses begin shuttling from the restaurants back to the hotel at approximately 9:00 pm. Each Host or Hostess will coordinate the pick-up.

Friday 6:30 pm

Advanced Individualized Surgical Techniques for Global Face, Body, and Hair Feminization in both the Transgendered and Crossdressing Patient

Dr. Mark Zukowski

Dr. Zukowski will be presenting his state-of-the-art 21st century individualized surgical options for global one-step face, breast and body feminization including advanced endoscopic techniques of forehead feminization, with exclusive 3-D bone sculpting, ultrasonic body sculpting with large volume fat augmentation to the buttocks (Brazilian buttock lift), as well as micrograft hair restoration to create the perfectly feminine hairline. These techniques are applicable for the transgendered patient looking to transition or the cross-dressing patient looking to present their best in both male and female personas. The Zukowski Center exclusively performs complimentary lymphatic massage postoperatively and has a face and body skin care protocol and cosmeceutical line of skin products to further enhance your surgical results. Past patients will be available for you to talk. To arrange to speak to the doctor or one of his past patients either at the conference or afterwards in a phone consultation, call his office at 847-853-8869 in advance and speak to Michelle as time slots fill up fast. Check the schedule to see when the doctor will be talking and seeing patients. Don’t miss this opportunity to learn more about our comprehensive full face and body approach for your transition, or to look the best you can in both of your personas and to reverse any aging changes so as to insure a lifetime of youthful, refreshed, and naturally feminine beauty.

Friday 9:30 pm

Musical Entertainment by Beggars Ride

Relax after dinner in the Dog & Pony Lounge with musical entertainment provided by Beggars Ride. Baltimore based Beggars Ride is the contemporary folk duo of award winning songwriters Claudia SanSoucie and Kate Maguire. Formed in 2010, their combined talents leave you feeling they’ve performed together for a lifetime. In sync harmonies, intricate guitar arrangements, melancholy yet hopeful lyrics beg the listener to take a smooth ride on sweet melody.

“A Celebration of Gender Diversity”
Downtown Harrisburg Restaurants

Ad Lib (Open Stage Theater)
1 North Second Street
6:15 pm Early Dinner Departure
Hostess: Sara & Kendra Edwards
Ad Lib is a “new take” on a traditional American Tavern. Food and Drink offerings are old favorites “turned on their side” and full of surprises. Our food and beverage chefs combine classic preparations with contemporary creativity. Ad lib specials, the “Ad Lib Lunch” and Ad lib social hours celebrate spontaneity. Our service team is trained to be fun and informed; casual yet not overly familiar. This will be a place for hotel guests and locals to share food and share stories. There’s no script, just a stage set for you to wing it!

Bricco
31 South Third Street
6:15 pm Early Dinner Departure
Hostess: Jeanine Ruhsam
An award winning restaurant offering a Mediterranean and Tuscan styled menu prepared by Chef Jason Viscount and a talented kitchen staff. Choose from entrees that include scrumptious wood-stove fired pizzas, braised beef short ribs, or Lamb “Due Sensi.” Bricco offers decadent desserts to accompany your dinner and the restaurant hails an extensive wine list. Bricco is one of Harrisburg’s finest restaurants and its a taste treat you should be certain not to miss. Bricco is associated with the Olewine School of Culinary Arts at Harrisburg Area Community College. Entree prices range from $12 to $40 with an average price of around $24.

El Sol Mexican Restaurant
18 South Third Street
6:15 pm Early Dinner Departure
Hostess: Jenny Jensen
If you like Mexican style food then you'll love El Sol! But don't think this is the kind of food you'll find at a typical Mexican food chain because at El Sol the fare is decidedly more refined. From dishes like Ceviche, Spicy Camarones a la Diabla, or Crab Enchiladas Verdes, the owners of El Sol create authentic Mexican dishes that excite and satisfy the palette. The El Sol kitchen staff will ensure each dish is carefully prepared and whether you like it mild or with a spicy edge, they'll be certain to accommodate your individual taste. To compliment your dining experience, El Sol offers a full-service bar so order a Jamaica Flavored Margarita or a Blue Hibiscus to complement those awesome Lobster Enchiladas. Bienvenidos! Entree prices range from $14 to $25 with an average price of around $18.

Cafe' Fresco
215 North 2nd Street
6:15 pm Early Dinner Departure
Hostess: Katie Ward
Take part in the Cafe' Fresco experience! Located in the center of downtown Harrisburg's restaurant row, Cafe' Fresco offers a variety of Asian American features such as Honey-Miso Sea Scallops, Tea-Smoked Breast of Duck, and Pad Tai (an amazing sweet noodle dish from Thailand). These award winning dishes and others are all carefully prepared by Chef Travis Mumma. The service and atmosphere of Cafe' Fresco are sure to please even the most discerning patron. Entree prices range from $19 to $38 with an average price of around $24.

Carley's Ristorante
204 Locust Street
6:15 pm Early Dinner Departure
Host: Haiden Denton
A ristorante and piano bar featuring rustic Italian dishes that include Grilled Portabella with Lump Crab, Tuna Palermo, Mascarpone Lasagna Bolognese, as well other traditional pasta dishes. Many of Carley's entrees are available “Family-Style,” a perfect option for those who want to share differ-
ent meal choices. With walls fashioned from 100 year old bricks, rich wood furnishings, and the inviting glow of hundreds of candles, Carley's offers a truly enticing atmosphere perfect for relaxing and enjoying a dining experience that guaranteed to warm your heart. Entree prices range from $15 to $35 with an average price of around $25 with Family-Style options costing around 1/3rd more.

Passage to India
6:15 pm Early Dinner Departure
525 South Front Street
Hostesses: Jude & Susan Bienvenu
Let Passage to India take you on a flavor-filled journey in an authentic Indian atmosphere! With diverse recipes and culinary techniques passed down from generation to generation, Passage to India offers a wonderful dining experience. Dishes range from mild to very spicy but they will accommodate your individual preference so be sure to discuss preparation options with your server. Some of the more popular dishes include Mango Chicken, Vegetable Xaccutti (pronounced “sha-ku-tee”), Baigan Bhutta and Tandoori Chicken. Jude and Susan Bienvenu are your co-hostesses. So if you are dining with your significant other, this may be a wonderful opportunity to compare couples experiences. Dinner at Passage to India isn't just for couples, singles are welcome as well! Entree prices range from $12 to $28 with an average price of around $20.

Stock's on Second
211 North Second Street
6:45 pm Later Dinner Departure
Hostess: Suzane Oliva
The cuisine at Stock's is American with a lean towards Asian and Southwestern flare. The menu offers delectable entrees such as Seafood Alfredo, Risotto Cakes, or Prosciutto-wrapped Trout. Stock's also offers a wide variety of interesting appetizers like Pulled-pork French Fries, Lump Crab Fritters, or Pork Wings. In addition to its great food, Stocks offers a great atmosphere that includes an exhibition kitchen and an awesome martini bar for the most amazing cocktails. With an amazing wait staff offering the most attentive and personalized service, Stock's on Second is a great place for dinner. Entree prices range from $18 to $33 with an average price of around $25.

Char's at Tracy Mansion
1829 North Front Street
6:45 pm Later Dinner Departure
Hostess: Dr. Cerise Richards
Char’s – Tracy Mansion is the only restaurant in Harrisburg situated on the lovely Susquehanna River. Built in 1913, the mansion has regained its long-lost elegance as this American Brasserie. Overlooking the river, The Dining Room serves as the perfect showcase for Chef Ron Canady’s celebrated menu. The warm, convivial Bar features Sal Pantano's spirited creations, as well as our Small Plate Menu, while the McKee Library is the perfect spot for a cocktail or to relax with after dinner drinks. In The Gallery, our private room, we display a rotating exhibit of blown glass and sculptures by artists Ona Magaro and Glenn Zwiegardt. Whether it is a formal meal for a special occasion or a casual light-bite, Char's has the menu, the atmosphere and the welcoming service to make you and your guests feel special and satisfied. Entree prices range from $26 to $40 with an average price of around $30.
CELEBRATING OUR 11th ANNIVERSARY
of advanced micrograft hair restoration to create a dense and beautifully feminine hairline. We cater to the FEMALE gender hairline!!

Your surgery to create a feminine hairline is directed by Dr. Mark Zukowski who is internationally recognized in the field of face and body feminization and micrograft hair restoration. We treat woman exclusively with our state of the art cutting edge micrograft hair graft program and understand the essence of the delicate female hairline.

Your procedure is comfortably performed under both local anesthesia with nerve block and intravenous twilight sedation, utilizing antibiotic and anti-swelling therapy.

We Do State of the Art STRIP PROCEDURES AND ULTRAFINE FOLLICULAR UNIT GRAFTS (FUE) using the ARTAS robotic unit

Contact us for more details about our discounted Pricing and testimonials from patients having Mi Hair Procedures.

Expertly performed by Tatiana Maya and her transplant team with a combined experience of over 35 years.

For more information: www.mizukowskiffs.com  michelleanewyou@elnet.com
The Zukowski Center 3612 W. Lake Ave. Wilmette, IL 60091  847-853-8869
You can also arrange for a complementary consultation with Dr. Zukowski for your face and body feminization needs.
Face & Body Feminization Lectures
Mark L. Zukowski M.D., F.A.C.S.
Internationally Recognized Face & Body Feminization Surgeon from Chicago

KEYSTONE SCHEDULE 2015

When: Friday, March 20th and Saturday March 21st
Main conference lecture at 2:00 pm on Friday.
Check the schedule for room details.

Stop by to our provider room #103 to arrange to speak to Dr. Zukowski. Dr. Zukowski will talk additionally in the provider room at 6:30pm Friday and noon on Saturday.

One Stage Pure Endoscopic and Biplaner Brow Lifts with removal of orbital rim bossing, preservation of sensation and sinus function with scalp advancement
Chin Reduction, Advancement, Reshaping, Lip Lifts
Multiplane Face & Neck Lifts
Feminizing Rhinoplasty, Septoplasty
Jaw Angle - Masseter Muscle Reduction
Breast Augmentation
Tracheal Shave
Brazilian “Butt Lift”
Ultrasonic Liposuction & Liposculpting
Medpor & Silicone Implants to all Body Locations
Facial Fat Grafting, Buttock Enhancement
Perioperative Lymphatic Drainage
Skin Care products for the face & body
Micrograft Hair Restoration

Dr. Zukowski is available to talk to you on Friday March 20th from 11:00 am and on Saturday March 21st from 7:00am

847.853.8869

3612 W. Lake Ave., Wilmette, IL • www.mlzukowskiffs.com • email: michelleanewyou@elnets.com

Meet with Dr. Zukowski with advanced booking. Please contact us now to RSVP your attendance and/or if you desire to talk with him.
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<th>Time</th>
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<td>9:00 AM</td>
<td>Transgender Personalities in History, Part II</td>
<td>Melissa Morton</td>
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<td>The Gender Continuum?</td>
<td>Richelle Hunt</td>
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<td>Writing to Heal, Writing to Express Yourself, Writing to Tell Your Story, YOUR Way</td>
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<td>Coming Out to Family &amp; Friends</td>
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<td>Facial Feminization Surgery in the 21st Century: Philosophy and Techniques for Natural Results</td>
<td>Dr. Daniel Simon</td>
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<td>10:00 AM</td>
<td>Tea Time with Jenny</td>
<td>Jenny Jensen</td>
<td>Restaurant</td>
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<tr>
<td>10:30 AM</td>
<td>A Positive Body Image with MTF Top and Bottom Surgery: Obtaining Aesthetically Natural and Functional Results in a One-Stage Procedure</td>
<td>Dr. Sherman Leis</td>
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<td>Adolescent Youth: Unique Variables for Successful Transition</td>
<td>Dr. Michele Angello</td>
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<td>Every Woman's Struggle: Self Esteem, Self Image and Our Concept of Beauty</td>
<td>Lady Ellen</td>
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<td>TRANS-Lation of Holy Scripture</td>
<td>Rev. MC Johnson</td>
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<td>A Family Transition</td>
<td>Jennifer Lehman</td>
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<td>Honestly, What Does It Mean to Be Out? The Post-Transition Closet</td>
<td>Dr. Annika Miller</td>
<td>Chestnut</td>
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<td>Voices: What Colors Your Perception?</td>
<td>Tish Moody</td>
<td>Dogwood</td>
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<td>What Makes Us Men? Owning and Dismantling Stereotypes of Masculinity</td>
<td>Aiden Kosciesza</td>
<td>Suite 533</td>
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<td>Facial Feminization Surgery</td>
<td>Dr. Deschamps-Braly</td>
<td>Room 104</td>
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<td>Dr. Doug Ousterhout</td>
<td>Room 104</td>
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<tr>
<td>12:00 PM</td>
<td>Saturday Luncheon with Guest Speaker Michael Silverman</td>
<td>Commonwealth</td>
<td>Ballroom</td>
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<tr>
<td>1:00 PM</td>
<td>Open Forum Table Discussion: Prioritizing Feminization Procedures: Perspective of a Craniofacial Surgeon</td>
<td>Dr. Jeffrey Weinzweig</td>
<td>Room 106</td>
</tr>
<tr>
<td>1:30 PM</td>
<td>Meet the Authors</td>
<td>Various</td>
<td>Assembly Area</td>
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## Saturday Overview

### 2:00 PM

<table>
<thead>
<tr>
<th>Event</th>
<th>Presenter</th>
<th>Location</th>
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<tbody>
<tr>
<td>The Woman Within - Finding your Feminine Style</td>
<td>Kate Cartmell</td>
<td>Elm</td>
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<tr>
<td>Love Conquers All, Raising a Transgender Child</td>
<td>Dr. Wayne Maines</td>
<td>Fir</td>
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<tr>
<td>Overcoming Transgender Discrimination in the Workplace: My Personal-</td>
<td>Marla Krolikowski</td>
<td>Hemlock</td>
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<tr>
<td>al Story of Triumph Against All Odds</td>
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<tr>
<td>Hormone Management</td>
<td>Dr. Jarrett Sells</td>
<td>Ash</td>
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<tr>
<td>Who Needs Therapy? Getting the Most Out of Therapy for Gender Issues</td>
<td>Dr. Maureen Osborne</td>
<td>Birch</td>
</tr>
<tr>
<td>My Significant Other is Trans!</td>
<td>Panel Discussion</td>
<td>Chestnut</td>
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<tr>
<td>MTF Gender Confirming Surgeries - Where the Body Finally Touches the</td>
<td>Dr. Kathy Rumer</td>
<td>Dogwood</td>
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<tr>
<td>Soul!</td>
<td></td>
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<tr>
<td>Transmen Experiences</td>
<td>James Halleman</td>
<td>Suite 533</td>
</tr>
<tr>
<td>Facial Feminization: How We Evaluate Your Facial Features and Custo-</td>
<td>Dr. Sherman Leis</td>
<td>Room 102</td>
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<td>mize Treatment for Optimal Results</td>
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### 3:00 PM

<table>
<thead>
<tr>
<th>Event</th>
<th>Presenter</th>
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<tbody>
<tr>
<td>How To Perfect Your Identity In Front Of The Camera</td>
<td>Cassandra Storm</td>
<td>Day Room</td>
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### 3:30 PM

<table>
<thead>
<tr>
<th>Event</th>
<th>Presenter</th>
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<tbody>
<tr>
<td>The Woman Within – Dressing Well for Who You Are Now</td>
<td>Kate Cartmell</td>
<td>Elm</td>
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<tr>
<td>Legal Development in Trans Rights</td>
<td>Michael Silverman</td>
<td>Fir</td>
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<tr>
<td>How Do I Take Care of Me Without Forgetting About You?</td>
<td>Amy Keisling</td>
<td>Hemlock</td>
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<tr>
<td>Why Your Voice Sounds Like It Does and How Surgery Can Feminize The</td>
<td>Dr. James Thomas</td>
<td>Ash</td>
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<tr>
<td>Voice</td>
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<tr>
<td>Embracing My Bi-Gender Life!</td>
<td>Sally Stone</td>
<td>Birch</td>
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<tr>
<td>How Do You Explain That to a Kid? Transitioning with Children</td>
<td>Dr. Annika Miller</td>
<td>Chestnut</td>
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<tr>
<td>Parental Support Group</td>
<td>Dr. Michele Angello</td>
<td>Dog &amp; Pony</td>
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<tr>
<td>Spouse &amp; Significant Other Sanctuary</td>
<td>Sara Edwards</td>
<td>Suite 543</td>
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<tr>
<td>Transmen Reception</td>
<td>Karen Lehman</td>
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<td>Suite 533</td>
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### 4:30 PM

<table>
<thead>
<tr>
<th>Event</th>
<th>Presenter</th>
<th>Location</th>
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<tbody>
<tr>
<td>Wine Reception with Dr. Deschamps-Braly &amp; Dr. Ousterhout</td>
<td>Dr. Deschamps-Braly</td>
<td>Room 104</td>
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<td>Dr. Doug Ousterhout</td>
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### 6:00 PM

<table>
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<tr>
<th>Event</th>
<th>Hosted by</th>
<th>Assembly</th>
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<tbody>
<tr>
<td>Keystone Reception</td>
<td>Our Sponsors</td>
<td>Area</td>
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### 7:00 PM

<table>
<thead>
<tr>
<th>Event</th>
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<th>Commonwealth</th>
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<tr>
<td>Keystone Gala Dinner with Keynote Nichole Maines</td>
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<td>Ballroom</td>
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### 9:00 PM

<table>
<thead>
<tr>
<th>Event</th>
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<th>Commonwealth</th>
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<tbody>
<tr>
<td>Musical Entertainment by Wicked Jezabel</td>
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<td>Ballroom</td>
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“A Celebration of Gender Diversity”
NO MATTER WHO...

YOU KISS

YOU TOUCH

YOU HOLD

YOU DESERVE QUALITY HEALTHCARE.

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“A Celebration of Gender Diversity”
Saturday 9:00 am

**Transgender Personalities in History, Part II**
Melissa Morton

Since humankind began to define the boundaries of gender behavior, there have been people who have defied or crossed over those boundaries. Hear about some of these individuals, from the 15th to the 21st centuries. Some of them were male to female, others of them were female to male. Some of them were transgender for most of their lives, others for only brief but significant periods in their lives. The deeds of some of these people have inspired books, plays, and even operas. All of them left a legacy of some sort. A brief biography of each individual profiled is available upon request.

**The Gender Continuum?**
Richelle Hunt

The session will allow participants to collectively reflect on personal journeys and relative positions along, within, and possibly outside the traditionally defined gender spectrum. It will start with a brief introduction of different gender frameworks ranging from classical studies to queer theory and follow with observations on recent research in neuropsychology as a way to set the stage for group conversation. The purpose is to consider and celebrate a variety of gender expressions.

**Writing to Heal, Writing to Express Yourself, Writing to Tell Your Story, YOUR Way**
Louise Bruderle

Extensive research going back three decades suggests writing can be a way to experience better self-awareness, cope with stress and life changes, create a life plan for the future and so much more! In this interactive workshop, you'll be shown how expressive writing has been used with people of all backgrounds and issues, to how it can be applied to your life. The workshop includes writing exercises designed to get you in touch with your thoughts and feelings and can help you identify and process potential conflicts and move on to an affirmative life story that you will write. No writing skills necessary. Sharing is optional but a group dynamic can be quite valuable, meaningful and inspiring. This workshop is based, in part, on the groundbreaking research of Dr. James Pennebaker. We are the authors of our life, after all, and need not accept the "script" written for us.

**Coming Out to Family & Friends**
Dr. Maureen Osborne

Coming out to others as one's true gender can be a fear-filled and challenging prospect. In this workshop, facilitated by a psychologist with over 20 years' experience working with transgender clients, we'll discuss the whys of this, and learn a step-by-step approach for handling a successful disclosure, beginning with coming out to oneself! Following this, participants will be encouraged to share their own or their clients' or loved ones' coming out challenges, triumphs, and disasters.

**Along the Masculine Spectrum**
James Halleman

This workshop is designed for conference attendees to talk about being masculine. What masculinity means to you as an individual or among others. Subjects can include how you feel about expressing your masculine self, what are the triumphs? what was something? that happened to you that were unexpected? Along the Masculine Spectrum Workshop is designed for you to talk about the subject of masculinity and how you like to express it. This workshop is open for all conference attendees.

**Facial Feminization Surgery in the 21st Century: Philosophy and Techniques for Natural Results**
Dr. Daniel Simon

Facial Team’s persistent impetus for excellence in results fuels an evolution in treatment approaches and surgical techniques, with the patient’s global well-being always at the core of every innovation. Dr. Simon, co-director and founder of FACIAL TEAM, a multidisciplinary group focused exclusively on FFS, will highlight important advancements in facial feminization surgery, revealing numerous examples of new clinical cases not available for viewing on our website.
Saturday 10:00 am

Tea Time with Jenny
In the Dog & Pony Restaurant

For those of you that are attending the Keystone Conference for the first time or feel you need a little moral support, join Jenny Jensen as she hosts TEA TIME WITH JENNY. It’s an informal gathering of first timers, newcomers and anxious attendees in a comfortable and discreet setting. It’s an opportunity for those that are unsure of themselves and want to start off their Keystone experience on a good footing, learn a little more about the conference and how it can help them.

We can also provide you with a Big Sister or Big Brother to help you get through the apprehension, worry and nervousness you might be feeling attending the Conference. For those of you that are attending the Keystone Conference for the first time or feel you need a little moral support, join Jenny Jensen as she hosts TEA TIME WITH JENNY. It’s an informal gathering of first timers, newcomers and anxious attendees in a comfortable and discreet setting. It’s an opportunity for those that are unsure of themselves and want to start off their Keystone experience on a good footing, learn a little more about the conference and how it can help them.

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Saturday 10:30 am

A Positive Body Image with MTF Top and Bottom Surgery: Obtaining Aesthetically Natural and Functional Results in a One-Stage Procedure
Dr. Sherman Leis

Options for breast augmentation will be discussed and demonstrated including choice of incisions, shape and size of implant, saline versus silicone, placement of implants above or below the muscle, etc. Dr. Leis will also discuss his technique of one-stage vaginoplasty utilizing the penile inversion technique, neo-clitoris construction, and scrotal skin graft to increase vaginal depth. Recent cases will be demonstrated to show the natural results obtained with these techniques.

Adolescent Youth: Unique Variables for Successful Transition
Dr. Michele Angello

Adolescence is tough enough without dealing with gender variance! Youth and the parents of gender non-conforming young people are invited to participate in this dynamic discussion about some of the systemic variables to consider when dealing with being trans and being a minor. Issues regarding dealing with doctors, schools, places of worship, relationships and extended family will be discussed during this workshop. You are invited to bring your own experiences as well as your questions.

Every Woman’s Struggle: Self Esteem, Self Image and Our Concept of Beauty
Lady Ellen

We will discuss our ideas about beauty and how it builds or destroys our self esteem. We will discuss improving our self image to increase our self esteem, confidence and overall happiness. We will each decide what we should change, what we must accept and how to start the process of self improvement as well as self acceptance. There will be health and beauty tips along the journey.
TRANS-Lation of Holy Scripture  
Rev. MC Johnson  
Ash
Will share about the spiritual practice and benefits of reading the trans-experience into the scriptures allowing the scriptures to speak to your soul. Participants will be encouraged to give themselves the freedom to use their imaginations when they read the text. The hope is that participants will find for themselves and fresh and healing reading of God's word.

A Family Transition  
Jennifer Lehman & Christy Lehman  
Birch
In 2013, Ms. Jennifer Lehman transitioned her entire life from male to female with the goal of not losing anything - not losing her marriage, family, employment, church and her bowling leagues! In this workshop, Ms. Lehman will discuss the steps she took to make this transition happen successfully at home and with her two children. She will be joined by her 22-year-old daughter who will provide her perspective on how the transition affected her life and how she adapted to the change. The workshop will provide time for Q&A.

Honestly, What Does It Mean to Be Out? The Post-Transition Closet  
Dr. Annika Miller  
Chestnut
During transition we are often so focused on the nuts and bolts of our process that it is difficult to consider what life afterward will be like. We so look forward to the freedom of coming out, that we don't realize that often on the other side of the closet door is...another closet. Along with the rich rewards of actualizing your identity, there are on-going challenges of identity to be negotiated. This workshop features performance, storytelling, and discussion that explore the fact that transition is not a process with a fixed endpoint, and other realities of the post-transition world. Anybody who has questioned what it means to live as one's authentic self is welcome to the discussion.

Voices: What Colors Your Perception?  
Tish Moody  
Dogwood
In this workshop we will explore some of the characteristics which contribute to masculine and feminine identification: in particular: language usage, voice attributes and production. We are influenced in our interpersonal perceptions by our interpretation of cues: both obvious cues and subliminal cues often found in speech. With time and practice, we can change our language-use to contribute to the perception of femininity and complete feminization of your voice to support your place as a female in the world. We'll also discuss the dangers and potential damage of hyper-feminine pitchy voice, lifting the larynx in an unhealthy manner, tightening the clavicular area (the vocal tract) or adjusting the tongue to odd positions. Please bring your questions, experiences and observations!

What Makes Us Men? Owning and Dismantling Stereotypes of Masculinity  
Aiden Kosciesza  
Suite 533
Have you ever been told that you’re “not man enough” for your gender identity, or worried that your idea of masculinity is not “progressive” enough for a trans* person? Whether you’ve tried to suppress your love of clothes shopping or have felt a guilty pleasure in holding a door, this is the place for you. This highly participatory workshop will explore stereotypes of masculinity and trans* men's engagement with these stereotypes. What makes us men? What traits, stereotypical or unconventional, do transmasculine people embrace in order to empower our sense of identity? Attendees are encouraged to share the things that make them feel masculine and to discuss the extent to which these things either subvert or conform to gender stereotypes. There are no right or wrong answers. Our goal is to acknowledge the role of stereotypes in gender expression and to celebrate the spectrum of trans* identities. Participants of all genders are welcome, but the discussion will focus on masculinity.

Facial Feminization Surgery  
Dr. Jordan Deschamps-Braly & Dr. Douglas Ousterhout  
Room 104
Dr. Ousterhout and Dr. Deschamps-Braly will present their bases for completing the various procedures they feel are necessary for appropriate facial feminization surgery, obtaining the best aesthetic and functional results possible. This is based on Dr. Ousterhout's long experience operating on more than 1300 MTF patients over 30 years. They will show the results of many long term cases.
Michael has been TLDEF’s Executive Director since it was founded. He has worked as an attorney in the LGBT civil rights movement since 1994. In addition to his work at TLDEF, Michael is Adjunct Professor of Law at Fordham University School of Law, where he teaches courses on gender, sexuality and the law. As a cooperating attorney with Lambda Legal, Michael worked on a number of groundbreaking cases, including Baehr v. Miike, one of the earliest challenges to restrictions on the freedom to marry, and Boy Scouts of America v. Dale. In that case, Michael represented a coalition of religious organizations opposed to the Scouts’ exclusionary policy, and his brief submitted to the United States Supreme Court on their behalf was cited in the opinion of the dissenting justices. While on a Georgetown University Law Center Women’s Law and Public Policy Fellowship, Michael taught in the law school’s domestic violence clinic and worked in the legal department at NARAL Pro-Choice America. Michael is a graduate of Vassar College and The University of Michigan Law School.

Dr. Zukowski will be presenting his state-of-the-art 21st century individualized surgical options for global one-step face, breast and body feminization including advanced endoscopic techniques of forehead feminization, with exclusive 3-D bone sculpting, ultrasonic body sculpting with large volume fat augmentation to the buttocks (Brazilian buttock lift), as well as micrograft hair restoration to create the perfectly feminine hairline. These techniques are applicable for the transgendered patient looking to transition or the cross-dressing patient looking to present their best in both male and female personas. The Zukowski Center exclusively performs complimentary lymphatic massage postoperatively and has a face and body skin care protocol and cosmeceutical line of skin products to further enhance your surgical results. Past patients will be available for you to talk. To arrange to speak to the doctor or one of his past patients either at the conference or afterwards in a phone consultation, call his office at 847-853-8869 in advance and speak to Michelle as time slots fill up fast. Check the schedule to see when the doctor will be talking and seeing patients. Don’t miss this opportunity to learn more about our comprehensive full face and body approach for your transition, or to look the best you can in both of your personas and to reverse any aging changes so as to insure a lifetime of youthful, refreshed, and naturally feminine beauty.

Have all of your questions answered by Dr. Weinzweig, one of the only Craniofacial Surgeons in the country performing FFS.

In the transitioning process, patients often prioritize feminization procedures. Whether the reason for prioritization is cost, the desire to gradually transition, or medical safety (complete feminization is often unsafe due to prolonged surgical time) a discussion of prioritizing feminization surgeries is an important part of the consultation process. Dr. Weinzweig will provide a rationale for his prioritization recommendations as well as a detailed facial feature analysis which is critical to understanding how modifying a specific feature will impact the overall feminization process and lead to achieving one’s specific goals.
Are you confused about who you are?
Where you are going?
How or when you will get there?
Do you worry about how to tell others about your dreams and plans?
Are you dealing with guilt, shame, or fear?
I can help.

**Now offering on-line sessions**
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Lititz, PA
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Malvern, PA

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The Philadelphia Center for Transgender Surgery
Bala Cynwyd, Pennsylvania

Dr. Sherman Leis, Board Certified in General Surgery and Plastic and Reconstructive Surgery, is a medical school professor of surgery, director of residency training in plastic surgery, and has over 30 years surgical experience.

OFFERING THE FULL COMPLIMENT OF SURGICAL AND NON-SURGICAL PROCEDURES FOR TRANSGENDER INDIVIDUALS. SPECIALIZING IN THE MOST ADVANCED REASSIGNMENT PROCEDURES.

Surgical Procedures:

Facial Feminization Surgery (FFS)
• Forehead/Brow lift, bone contouring
• Rhinoplasty (nasal contouring)
• Chin, jaw or cheek augmentation or reduction
• Upper lip shortening, lip augmentation
• Thyroid cartilage (Adam’s Apple reduction)
• Blepharoplasty (eyelid surgery)
• Rhytidoplasty (face lift)

Top Surgery (Chest Reconstruction)
• Breast augmentation or lift
• Breast reduction or removal

Bottom Surgery and Body Contouring
• Male-to-Female reassignment (labiaplasty, vaginoplasty)
• Female-to-Male reassignment (phalloplasty, scrotoplasty, testicular and penile implants)
• Buttock augmentation
• Liposuction (neck, abdomen, hips, thighs)
• Abdominoplasty (tummy tuck)
• Revision of previous surgery problems
• On-site overnight accommodations

Financing Available

www.thetransgendercenter.com drshermanleis@drshermanleis.com

Make your dreams come true with personalized and highly customized treatment plans for your special needs. For more information and to schedule a private consultation call 610-667-1888.
Schedule at Keystone
Join Dr. Leis in Room 102

**FRIDAY**

10:00a to 12:00p  **Personal Consultations**  
Located in Room 102

2:00p to 3:30p  **Workshop “A Positive Body Image with FTM Top and Bottom Surgery: Superior Aesthetic Results in a One-Stage Procedure – Keeping it Simple and Safe”**  
Located in Room 102

3:30p to 6:00p  **Personal Consultations**  
Located in Room 102

**SATURDAY**

9:00a to 10:30a  **Personal Consultations**  
Located in Room 102

10:30a to 11:45a  **Workshop “A Positive Body Image with MTF Top and Bottom Surgery: Obtaining Aesthetically Natural and Functional Results in a One-Stage Procedure.”**  
Located in Elm

2:00 pm to 3:30p  **Workshop “Facial Feminization: How We Evaluate Your Facial Features and Customize Treatment for Optimal Results”**  
Located in Room 102

**SUNDAY**

9:00a to 12:00p  **Personal Consultations**  
Located in Room 102

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**Workshop Descriptions**

**Facial Feminization: How We Evaluate Your Facial Features and Customize Treatment for Optimal Results**
Dr. Leis will demonstrate and explain classic prototypes of masculine and feminine facial features. He will discuss a variety of options for feminizing facial features and demonstrate that in the majority of cases, excellent results can be obtained without extensive and expensive cranio-facial surgery. Cases are shown demonstrating excellent and natural results from selective and customized facial feminization procedures.

**A Positive Body Image with MTF Top and Bottom Surgery: Obtaining Aesthetically Natural and Functional Results in a One-Stage Procedure.**
Options for breast augmentation will be discussed and demonstrated including choice of incisions, shape and size of implant, saline versus silicone, placement of implants above or below the muscle, etc. Dr. Leis will also discuss his technique of one-stage vaginoplasty utilizing the penile inversion technique, neo-clitoris construction, and scrotal skin graft to increase vaginal depth. Recent cases will be demonstrated to show the natural results obtained with these techniques.

**Workshop “A Positive Body Image with FTM Top and Bottom Surgery: Superior Aesthetic Results in a One-Stage Procedure – Keeping it Simple and Safe”**
Options for FTM Top Surgery will be presented and variety of cases will demonstrate excellent results in masculinization of the chest. Options for phalloplasty will also be discussed. Dr. Leis will utilize multiple case presentations to demonstrate superior aesthetic results obtainable utilizing abdominal or groin flaps for phalloplasty, labial deconstruction for scrotoplasty and the options of testicular and penile implants. This surgery is done in one stage and results in a sensate penis, no grossly deformed donor site, and the ability to have sexual intercourse.
Meet the Authors
Mariette Pathy Allen, Dr. Michele Angello & Grace Stevens
Assembly Area

Come meet several of our authors and get your very own copy signed. They will be just outside the main dining room following lunch.

TransCuba
by Mariette Pathy Allen
For more than 30 years, New York-based photographer and painter Mariette Pathy Allen has been documenting transgender culture worldwide; in 2004 she won the Lambda Literary Award for her monograph The Gender Frontier. In her new publication, TransCuba, Allen focuses on the transgender community of Cuba, especially its growing visibility and acceptance in a country whose government is transitioning into a more relaxed model of communism under Raúl Castro's presidency. This publication therefore records a cultural watershed within Cuba. In addition to color photographs and interviews by Allen, the book also includes a contribution from Raúl Castro's daughter, Mariela Castro, who is the director of the Cuban National Center for Sex Education in Havana. In 2005, Castro proposed a project, which became law three years later, to allow transgender individuals to receive sex reassignment surgery and change their legal gender.

On The Couch With Dr. Angello: A Guide To Raising & Supporting Transgender Youth
by Dr. Michele Angello. Michele Angelo
When a single child comes out, their entire family will transition, along with their community. On the Couch with Dr. Angello is an eye-opening guide to navigating social spaces when most don’t quite understand the process of changing genders. Dr. Angello offers emotional help and unwavering support as parents with trans identified children ride the waves of grief, acceptance and eventual healing. After years of televised appearances this book comes at a time when the sensationalism of transgender identity has calmed—a time when hearts and ears across the nation are daringly sympathetic and finally able to aid and uplift the transgender experience. In this fascinating examination of budding identity all audiences have something to gain as Dr. Michele Angello uncovers the behind the scenes journey parents, teachers, pastors, children and medical professionals will take in order to support gender variant youth. Grappling with the real life situations of transitioning in public, coming out to school principals and dealing with family dynamics, Dr. Angello leaves no topic unturned from faith and spirituality to hormone therapy. On the Couch With Dr. Angello might very well be an undercover Trans 101 course. Skillfully and uniquely Dr. Angello addresses the tender experience of discovering who our best allies are. As she has in practice with many teenagers she addresses the angst in developing crushes, dating and sex; the hope in fostering relationships with the ever-important cheerleaders; and provides action steps to seek out and create safe space in school, in church and the doctor's office. As a source identifying the true complexities of human anatomy this book is a powerful testament to where the limitless destinations a heartfelt pursuit for authenticity can lead. Chronicling a 14-year practice, Dr. Angello inspires hope, challenges boundaries and demonstrates just how powerful unconditional love can be. Regardless of your place on the gender spectrum On the Couch with Dr. Angello is a book you won't want to put down.

No! Maybe? Yes! Living My Truth
by Grace Anne Stevens
It's hard to live authentically when you're trying to meet the expectations of everyone around you and denying the inner voices that know your truth. Grace Anne Stevens spent over sixty years hiding and denying her inner truth. In No! Maybe? Yes! Living My Truth, she shares not only her voice but many of her internal voices, as she journeyed from denying, to questioning, and finally accepting her truth, which led to transitioning her gender at the age of sixty-four. More than just a transgender memoir, this book is about relationships, both internal and external, about change and authenticity, and is uniquely informational, inspirational, and transformational to all who may question their own journey.
**Saturday 2:00 pm**

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<td><strong>The Woman Within - Finding your Feminine Style</strong>&lt;br&gt;Kate Cartmell</td>
<td>Elm</td>
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<td><strong>Love Conquers All, Raising a Transgender Child</strong>&lt;br&gt;Dr. Wayne Maines</td>
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<tr>
<td><strong>Overcoming Transgender Discrimination in the Workplace: My Personal Story of Triumph Against All Odds</strong>&lt;br&gt;Marla Krolikowski</td>
<td>Hemlock</td>
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Just like any girl growing up, whether you know it or not your sense of self was formed by watching the women around you. Years of watching, learning and emulating made some of those women your role models. It may be your mother, an aunt, a sister, a boss, a friend, or even a movie character. Your role models hold keys to your personal style – that person you’re trying to reflect through what you wear. Finding that fundamental style will help you build a chic, workable wardrobe that gives you confidence – because it truly reflects you.

In this interactive workshop, we’ll help you discover those influences which, when distilled and applied, communicate to the world who you really are. Then, we’ll demystify the art of dressing well – focusing on dressing for our real age. Many of us come into our own in our “second act,” and we want – and need – to look chic, vibrant and always appropriate. At the same time, by dressing well we can actually appear younger! Finally, we can truly embrace being the age we are, beautifully.

The Maines family has learned that bullying; harassment, discrimination and the fear of the unknown can cause people to close their minds. At a young age their daughter Nicole proudly told her classmates and soon after the world that she is transgender. From that point on she has been teaching us all to accept a change, starting with her father.

This presentation will consist of a detailed description of Marla’s harassment and ultimate dismissal from her teaching position of 32 years after the revelation of her transgender orientation and subsequent transition from male to female became public. She will detail the process of her legal fight and my ultimate victory. This is the first time in legal history in the United States that a transgender individual was able to successfully sue and win a settlement against a discriminating catholic school on the issue of transgender orientation. Video excerpts from the court proceedings and interviews that can be found at [http://abc.go.com/wabc/story?section=news/investigators&id=9241977](http://abc.go.com/wabc/story?section=news/investigators&id=9241977) conducted by Ms. Sarah Wallace and Ms. Diana Williams of ABC TV New York. There will be time for Q&A from the group as to the procedures to follow if they are found in a similar situation in the workplace.

**My Partner just told me they are Transgender**

How do I cope with what I am feeling?

I can’t tell my best friend… they will never understand  
What is the family going to say?  
And what about the kids?  
What does this mean for our relationship?  
I love my partner, but… How could they do this?  
What did I do wrong?

[http://www.SignificantOtherPA.org](http://www.SignificantOtherPA.org)  
contact us at: info@significantotherpa.org

“**A Celebration of Gender Diversity**”
<table>
<thead>
<tr>
<th>Event Title</th>
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<th>Speaker(s)</th>
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<tr>
<td><strong>Hormone Management</strong></td>
<td>Ash</td>
<td>Dr. Jarrett Sell &amp; Liz Leen</td>
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<td><strong>Who Needs Therapy? Getting the Most Out of Therapy for Gender Issues</strong></td>
<td>Birch</td>
<td>Dr. Maureen Osborne</td>
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<td><strong>My Significant Other is Trans!</strong></td>
<td>Chestnut</td>
<td>Panel Discussion</td>
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<td><strong>MTF Gender Confirming Surgeries - Where the Body Finally Touches the Soul!</strong></td>
<td>Dogwood</td>
<td>Dr. Kathy Rumer</td>
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<tr>
<td><strong>Transmen Experiences</strong></td>
<td>Suite 533</td>
<td>James Halleman</td>
</tr>
<tr>
<td><strong>Facial Feminization: How We Evaluate Your Facial Features and Customize Treatment for Optimal Results</strong></td>
<td>Room 102</td>
<td>Dr. Sherman Leis</td>
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</table>

The workshop will explore the issues in hormone management, explain options and protocols with use. Attendees will get a better understanding of expectations as well as understand potential side-effects.

The WPATH Standards of Care specify that psychotherapy is no longer an absolute requirement for hormones or surgery. However, many people with gender dysphoria or gender nonconformity seek to understand and address these issues through professional help. How do you find the right therapist for you? What can you happen in the therapy office? How can a competent gender therapist help you in your gender journey? What are your responsibilities as the client? This presentation by a psychologist working in the field for over 20 years will address these issues and will engage an interactive dialogue about your highs and lows as a therapy consumer.

This participatory workshop will explore issues faced by couples--married or otherwise--that contain one transgender partner. We'll try to learn what techniques and methods can help committed relationships survive the “T storm”.

This workshop provides the opportunity to hear Dr. Rumer discuss her refined approach in performing traditional MTF Gender Confirming Surgical procedures such as Facial Feminization, Breast Augmentation, Body Contouring, and Gender Reassignment Surgery. Additionally, she will also unveil a number of innovative surgical and non-surgical procedures which aesthetically enhance the traditional confirmation model. For each procedure she will explain pre-op considerations and requirements, the actual surgical procedure, and post-op and recovery considerations/requirements. Please call her office at 855.782.5665 or visit www.rumer.com to schedule a complimentary consultation while you're at the conference. Rumer Cosmetics Surgery is where "the Body finally touches the Soul".

The Transmen Experiences workshop is a space for guys and those who are curious about Transmen to ask questions and share experiences. Topics can include hormones, surgeries, would you like to show and tell about a recent surgery? Would you like to talk about physical or emotional changes? This workshop is the place to ask questions or if you just want to share your stories. You may even want to sit in and just listen this is the workshop for you. Transmen Experiences workshop is open to all conferences attendees.

Dr. Leis will demonstrate and explain classic prototypes of masculine and feminine facial features. He will discuss a variety of options for feminizing facial features and demonstrate that in the majority of cases, excellent results can be obtained without extensive and expensive cranio-facial surgery. Cases are shown demonstrating excellent and natural results from selective and customized facial feminization procedures.
at any crossroads...

your perspective matters. At Hershey Entertainment & Resorts®, your unique background gives us the perspective we need to help 6 million guests navigate to the corner of Cocoa and Chocolate Avenue, where we promise they’ll find Hershey The Sweetest Place On Earth®!

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As the photographer for the Keystone Conference since 2012, Cassandra has worked first hand with Keystone attendees on how to pose and present themselves to best fit their identity. Through photographing candids around the conference, our team has witnessed several common mistakes in posing and presentation.

Learn how to side step these common and unknown blunders and how to present yourself in the most masculine and feminine persona. Tips and tricks will be shared with make-up, hair, clothing and style, body form, movement, etiquette, conversation and presentation.

Feeling your best and truest self translates 100% into your photographs. Learn how to pull the full package together to present your best self from in front of the camera to your adventures about town. This workshop is open to all who wish to improve their perception and presentation in person and in film.
By now, you’ve probably learned to dress in a consistent and age-appropriate style that makes you feel comfortable. In this workshop, we will explore the details that truly make your clothing fit well, present you at your very best and support your individual sense of style. One special focus will be looking current and on trend. Being -- and looking -- youthful in spirit is not a luxury. Today’s job market and workplace require a hip, flexible outlook -- and a hip, age-appropriate wardrobe that communicates your spirit. What you’ll learn:

Balance and Line ~ For many, our bodies have unique proportions that will never align with standard measurements. So, you’ll learn to create your own rules, ones that work for your body ~ from head to toe ~ to create balance and flattering proportion in your clothes.

Fit ~ Dressing to fit your real body requires a few tricks, using tools that are many women’s best kept secrets. Learn them to look great, current and more youthful, too.

Details ~ You’ll learn how to assess your assets ~ and what you want to play down. Learn to shop with confidence knowing what colors, fabrics, necklines, sleeves, lengths and accessories work for you.

Putting it Together ~ You’ll learn how to feel truly confident in any setting, knowing that you fit in, yet stand out with vibrancy, with a style that is uniquely you.

Legal Development in Trans Rights
Michael Silverman

This interactive session will cover legal developments in transgender rights, including in access to health care, public accommodations, education, employment and identity documents. To the extent possible, the discussion will be tailored to address legal questions or concerns of those attending the session.

How Do I Take Care of Me Without Forgetting About You?
Amy Keisling

The trans journey requires a tremendous amount of self-focus in order to navigate its twists and turns. Your relationships with friends and loved ones can ease the pain of traveling this path alone, but sometimes it can be hard to remember to nurture these connections. This workshop will focus on exploring the challenges participants have faced in navigating relationships during the trans journey.

Why Your Voice Sounds Like It Does and How Surgery Can Feminize The Voice
Dr. James Thomas

Dr. Thomas will demonstrate how vocal cords function using video recordings of male, female and surgically altered vocal cords. Pitch and resonance are affected by the anatomy as well as how the anatomy is used. Surgical modification of the voice box will be discussed, including Feminization Laryngoplasty (FemLar), one type of vocal cord (laryngeal) surgery designed to obtain a more feminine sounding voice in male to female transgender patients. Several other types of procedures target the frequency or pitch of the resting speaking voice to various degrees. CricoThyroid Approximation (CTA) and vocal cord webbing procedures will be discussed and compared. For smaller changes, vocal cord tuning performed with laser will be reviewed. At the conclusion of this lecture, the listener should better understanding the concepts that can help in decision-making about voice therapy as well as when, if and what type of surgeries to consider.

How Do You Explain That to a Kid? Transitioning with Children
Dr. Annika Miller

One of the greatest concerns for transitioning parents is the impact our transition will have on our children. We struggle with accusations of selfishness and charges that children can't understand and should be protected from topics of gender and sexuality. The issues that lead us to transition seem so complex to adults, and yet in many cases a child's uncluttered outlook on the world can make these issues more straightforward than we realize, especially if we don't overcomplicate the message. This workshop features storytelling that depicts one transitioned parent's experience, along with discussion that generally explores ways to talk to kids about transsexualism and transition. While acknowledging what children stand to lose, we also discuss the ways in which children can benefit from a parent's transition.
Embracing My Bi-Gender Life!
Sally Stone

This seminar will explore the concept of living with two distinctive genders (male and female) residing inside the same person. This is probably a new concept for many but it may help those of us whose desire goes deeper than just crossdressing but doesn't go so far as to be considered a single gender trapped in the body of another. We will discuss why being bi-gender makes us similar, and at the same time, why it makes us different from our trans sisters. I will reinforce the idea that being bi-gender is okay and that to be taken seriously as trans, one doesn't have to pursue, or feign to pursue, transition. I will discuss why some of us may feel compelled to go farther down the transgender path then we really should; perhaps as a way of trying to legitimize our behavior or our thoughts. I will explore the idea that it is alright to embrace both the male and the female halves of our personality and that we should never have to choose one over the other if we don't really want to. Finally, we will delve into some of the challenges associated with part-time womanhood and discuss some of the practical solutions. Some of those challenges include: achieving a feminine appearance, living as a part-time woman in the public eye, to pass or not to pass – should it be important to us, and effective ways of giving both gender halves the time they need to be happy and fulfilled.

Parental Support Group
Hosted by Dr. Michele Angello

If you are a family member, this is a time to meet others like yourself, network and express your feelings in an environment of friendship. Come and share your successes and challenges that both you and your loved one have faced so others may learn and grow. So please stop by and visit, take part in the discussion and meet some new friends. There is no cost and is open to everyone!

Spouse & Significant Other Sanctuary
Open to all spouses of Trans individuals
Hosted by Sara Edwards and Karen Lehman

The “Spouse & Significant Other Sanctuary” is for the spouses and significant others of transgender partners ONLY. It is a place where you, the partner of a transgender person, can relax and speak freely, from any point of view, to other spouses and significant others. Our sanctuary leaders are here to support you, offer their shoulder, encourage you and to stand with you. Please join us in supporting each other. There is hope and help as a group.

Transmen Reception
Transmen and their significant others & family-only

This is a Transmen-only (and their significant others and family) reception with refreshments. Come meet some of the other guys at the conference and share your stories, humor, challenges and successes.

Wine Reception
Hosted by Dr. Jordan Deschamps-Braly & Dr. Douglas Ousterhout

Come meet the team of Dr. Jordan Deschamps-Braly & Dr. Douglas Ousterhout while sampling some of Dr. Ousterhout's very own wines from his boutique California winery imported specifically for Keystone attendees. His wine making team specializes in Pinot Noir Rosé, Sauvignon Blanc, and Zinfandel.
The ESPAVO Project

A photographic and narrative project designed to increase personal healing and empowerment for trans* and gender non-conforming individuals and loved ones who have experienced sexual violence.

Want to participate? Visit our booth in the vendor area!

FORGE
www.forge-forward.org/espavo

This project was supported by Grant No. 2012-KS-AX-0006 awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed in this program are those of the author(s) and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.
Saturday 6:00 pm

Keystone Gala Reception
Hosted by our Sponsors with musical entertainment

Assembly Area

Come join us for Saturday's cocktail reception held in the Assembly Area overlooking the beautiful city of Harrisburg and hosted by our conference sponsors. We'll have classical jazz with musical guests Sarah & Danni.

Saturday 7:00 pm

Keystone Gala Dinner with Keynote Speaker: Nicole Maines

Commonwealth Ballroom

History-Making Transgender Teen Nicole Maines is seventeen years old and a senior in high school. She made history in January of 2014 by winning a landmark transgender rights case in Maine. This is the first time that a state court has ruled that transgender students must be allowed to use the bathrooms that matches their identity. Nicole has a strong voice, that reaches beyond the State of Maine to promote change and equality for all. At the young age of thirteen she was a keynote speaker at the 2011 GLAD banquet held in Boston, MA. In 2012 Nicole and her family received the Roger Baldwin Award, the Maine ACLU’s highest award for civil right advocacy. In November of 2014 Nicole was named one of Glamour Magazine’s 50 Inspiring Women of the Year when she was chosen to represent the state of Maine in the series "Hometown Heroes: 50 Phenomenal Women of the Year Who Are Making a Difference". Besides being an advocate, Nicole is a talented artist and actress. She enjoys dance and sitting in bed drawing or binging Netflix while her cat silently judges her.

Saturday 9:00 pm

Musical Entertainment by Wicked Jezabel

Commonwealth Ballroom

Keystone's Hallmark event, the Gala Dance Saturday night will be the highpoint of the entire conference and bring to a close another successful celebration of gender diversity. The most shy and demur wallflower will spend hours looking for the perfect gown, classy dancing shoes and an amazing hairdo for the final night of fun and celebration. Even the guys will spend time at local haberdashery’s finding ideal apparel for that dapper look and to dress to impress. Try some new moves on the dance floor while enjoying the company of new found friends, old acquaintances and leave with great memories. The night will be electric and one you will never forget.

This year will feature the Wicked Jezabel band, DC’s award winning all girl band. Wicked Jezabel is Washington DC's 2007 & 2008 WAMA award winning all female party band (est. Oct 2004). Also 2013 "Best of Gay DC" according to the Washington Blade Newspaper. Dynamically delivers hits from all of the partying decades to the whole Mid Atlantic! 60's Motown, 70's Disco, classic rock, the wicked 80's, to the grungy/techno 90's with a "tad" of today, Wicked Jezabel delivers the best party atmosphere anywhere. At the same time, they show they are more than 'just a band' by supporting the local animal rescue community as well as other important causes!
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- high blood pressure
- earache
- sinusitis
- hay fever
- irritable bowel syndrome
- side effects of radiation and chemotherapy

Susan Bienvenu, MSW, L.Ac.
Licensed Clinical Acupuncturist

My goal is to help you live better. I aim to improve your wellbeing by reducing pain, boosting energy, reducing stress and bringing harmony to the whole body. Each holistic treatment plan is customized to your individual needs. Treatment modalities include traditional acupuncture, laser acupuncture, cupping and scraping, all administered in a relaxing and serene environment.

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**Dr. Michele Angello**

Dr. Michele Angello works with gender variant youth and adults. She offers individual, group and family therapy, as well as corporate education and training on a variety of issues of sexuality and has presented internationally on her work with trans-youth and working with children of transitioning parents. She facilitates several monthly support groups for transgender adults, youth and parents. Dr. Angello is often called on to speak as an expert on transgender issues to universities, corporations and the media. She has appeared on Larry King Live, the Tyra Banks Show, and various documentaries. She base her practice in Paoli, PA.

**Kristin Beck**

Kristin Beck, born Christopher Beck in 1966 in Long Island New York is known to be the first transgender US Navy SEAL. Kristin grew up in rural Pennsylvania and western New York, graduating from Wellsville High School in New York. She was a cadet at the Virginia Military Institute from 1984-1987, majoring in Electrical Engineering; then graduated from Alfred University in 1989 with a BA in Political Science. She distinguished herself in her 20 years of exceptionally meritorious service with Special Operations Forces at SEAL Team One, SEAL Team Five, Naval Special Warfare Development Group (SEAL Team Six/JSOC) and the Headquarters at SOCOM. Her achievements in the military and are many with awards including the Bronze star with Valor, Purple Heart, Defense Meritorious Service Medal and many others.

**Jude Bienvenu**

Judith (Jude) Bienvenu is a board member and past president of the Transgender Education Association (TGEA) in the metro DC area. She successfully transitioned at work 2 years ago and has continued to be recognized as a leader in her profession since then.

**Susan Bienvenu**

Susan Bienvenu has a Masters in Social Work, and a Masters in Acupuncture, and is a practicing acupuncturist in Maryland. She is also a board member of TGEA. Both Susan and Jude have been active in the community, and have strong interests in helping relationships deal with transgender issues.

**Blair Braverman**

Blair Braverman is a nonfiction writer and sled dog racer currently based in northern Wisconsin. Her work has appeared in Orion, High Country News, Waging Nonviolence, and elsewhere. Her memoir, Welcome to the Goddamn Ice Cube, is forthcoming from Ecco/HarperCollins this year.

**Louise Bruderle**

Louise has been a professional writer for over 27 years. She runs a regional publication in Florida, but grew up outside of Philadelphia and attended Villanova University, earning a BFA (Fine Art) degree. In addition to professionally having written over 1,000 articles and features, Louise volunteers at a Sarasota women’s crisis center (where she went on to become president of the board 3 times). In 2013 Louise earned CEUs at Duke University in “Writing to Heal” which inspired her to use her writing skills to help people. She’s taught creative writing to adults and lectures on expressive writing. She now offers expressive writing to incarcerated women in the local jail. The program is one of the best attended and most liked by the women. Louise believes strongly in the value of writing as a way to self-awareness and discovery as well as its power to help individuals deal with stress and conflict.

**Ashley Brundage**

Ashley Brundage is a highly regarded Personal and Business Relationship Banker for PNC Bank in the Tampa Bay area. She was hired into her current position as a male to female transgender person. Ashley recently celebrated 12 years of marriage to Whitney and together they have two sons; Bryce, 8, and Blake, 7. Ashley is very active within the LGBT community. She transitioned in 2010 and had since worked tirelessly to promote awareness and acceptance of gender identity within the entire community. Ms. Brundage is involved in many local and national Non-Profit Organizations, holding a board member position with The Tampa Bay Gay and Lesbian Chamber of Commerce, the Tampa International Gay and Lesbian Film Festival, The Ybor Youth Clinic, and Chess for Florida, Inc. She is also involved with many other events, including, the Equality Florida Gala for St. Petersburg, Florida, the Equality Florida Tampa Gala, and The Tampa Bay Diamond Award Dinner. In 2013, Ashley was named One of Tampa Bay's Community Leaders Under 35 in the LGBT community. She is currently focusing on expanding her community partnership within the whole community. Ashley is involved with PFLAG, Out and Equal, The Synapse House, PNC Diversity Council, Balance Tampa Bay, Trans Support Network, and Trans*Action Florida. Ashley was recently voted into the Knights of the Krewe of the Cavaliers. Ms. Brundage speaks locally and nationally about her transition, workplace equality, diversity and inclusion, and she holds financial education trainings. Ashley has presented seminars at The Southern Comfort Conference in Atlanta, Ga., The University of South Florida Pride Alliance, MetLife Pride Day, Out N Equal Workplace Summit in St. Petersburg, Fl, The Morsani College of Medicine at The University of South Florida., Ernst & Young Coming Out Day, and the introduction speech for the 25th Anniversary of the Tampa International Gay and Lesbian Film
Presenter Bios

Festival. Ashley has also been interviewed in several publications, including Tampa Bay Times, Watermark Magazine, Creative Loafing, The Tampa Bay Business Journal, and Dishing with Mark and Carrie. Ashley has been recognized in many areas and has received numerous awards including: 2014 PNC Bank Circle of Excellence Award and 2014 Market All Star Award, University of South Florida 2014 Community Pride Award, 2013 Watermark Wave Award and 2014 St. Pete Pride Grand Marshal nominee. Ashley was nominated for the 2014 Tampa Bay Business Journal Business Woman of the Year 2014 and The Trans 100. Ashley was a finalist for the PNC Bank Performance Award in 2014, this award is the highest honor any PNC employee can receive. Ashley is a PNC certified Women’s Business Advocate. She knows it is a great honor to be with a company that received a score of 100 on the Human Rights Campaign Index.

Joanne Carroll
Joanne is currently the President of TransCentralPA, Coordinator of Keystone Hotel Services, and is an active member in the ministry of her church. She is twice retired; from the US Air Force with over 20 years active duty, and is a Vietnam Veteran, she is also a retired hotel executive. As a transgender woman of faith she brings a unique perspective to the process of combining a faith walk with living the truth of her own life. This will be the seventh year in a row that she has served as a presenter during the Keystone Conference.

Kate Cartmell
Kate Cartmell began her fashion and beauty career with Macy’s as a sales associate and personal shopper, creating looks for hundreds of women over more than a decade. Her last role with Macy’s was as an executive for women’s ready to wear fashion, where she remained the source for clients’ personal style. She left Macy’s to join DHC Skincare, a luxury, Japanese beauty and holistic wellness company based in San Francisco. There, she is responsible for managing exceptional customer service provided to an international clientele. In 2010, she created Be Image Consulting, offering personal style and image counseling to women and men. Her specialty is translating current trends into modern, age-appropriate and wearable looks that enhance her clients’ self image. This, in turn, helps them to reach the personal and professional goals they aspire to. Be Image Consulting strives to teach transgender people to radiate the strength, confidence and beauty only we possess.

Tyler Davies
Tyler Davies is A student and LGBT group leader at Brookdale Community college, Freelance writer and studying to find harmony within the worlds of sexual orientation, Gender Identity and Religious Faith. He currently resides in New Brunswick, New jersey with his chosen queer family and many animal companions, writing, learning and teaching younger generations about acceptance.

Dr. Jordan Deschamps-Braly
Dr. Jordan Deschamps-Braly is located in San Francisco, CA, where he’s been in private practice for three years. Originally from Oklahoma, he completed university training, medical school, and general and plastic surgery training at the University of Oklahoma. He completed fellowships from Children’s Hospital of Wisconsin in Milwaukee in craniofacial surgery, aesthetic surgery in Paris, and orthognathic surgery in Zurich, Switzerland. He operates at Children’s Hospital Oakland, and at CPMC Davies in San Francisco. He is the only FFS surgeon ever to be trained by Dr. Douglas Ousterhout.

Dr. Kenneth Dollarhide
Ken was born on the Pine Ridge Indian Reservation where he grew up and is an enrolled member of the Oglala Lakota Nation. He did his Ph.D. in Canada, McMaster University, where he specialized in the study of Buddhist texts. Since his retirement he has been traveling to Thailand to do research on the Thai transgender women collecting biographies, listening to stories, looking at Thai and Buddhist myths and legends, etc....He returned from his latest trip just this past week.

Dr. Heather Gansel
Dr. Gansel is a neuromusculoskeletal practitioner specializing in proper spinal/articular alignment, muscle imbalances and soft tissue injuries. She is the owner and sole practitioner of Head-To-Toe Chiropractic in Stamford, Connecticut. Her degrees include Doctor of Chiropractic and Athletic Training/ Sports Medicine. She has additional certifications in Personal Training, BOSU Balance Training, Ergonomics, TRX, DVRT (Dynamic Variable Resistance Training), Rip Trainer and Holistic Medicine. Upon graduation from Palmer West Chiropractic College, Dr. Gansel received the Clinical Excellence Award for outstanding achievement throughout the clinical system.

Ann Grogan
Ann Grogan is the owner and chief designer at Romantasy of San Francisco, CA. Ann designs elegant dresses and gowns for all women. She was featured on ABC’s 20/20 program on her vast corset designs and applications for fashion, good grooming, and confidence. Her web site is http://romantasyweb.com where you can see a lot of Michelle’s gowns that Ann created.

“A Celebration of Gender Diversity”
James Halleman
James is a Keystone Conference Presenter Alumni having presented workshops in the past. He is currently a senior at East Stroudsburg University majoring in Political Science with a concentration in pre-law. James has served on National and State Boards focusing on transgender equality and improving the quality of life issues for transgender individuals. He looks forward to continuing his studies and would like to pursue a career in the legal field.

Alexandra Hamer
Alexandra Hamer is a facial feminization surgery advisor. She has run the on-line service "Virtual FFS" for 13 years, advising thousands of people on their faces and simulating FFS procedures. She conducts her own research into facial gender and regularly co-consults with facial feminization specialists, Dr Simon and Dr Capitán of Facial Team. She has also presented at WPATH and Southern Comfort Conferences.

Dr. Timothy Herley
Tim Herley is a Life Coach who helps individuals develop A Better Life for Their self, with Their Partner and Their Family. He is the creator of A Better Life Counseling, LLC. He is Gender Fluid believing he offers the world the best of both worlds fluctuating between male and female fluidly. Tim has extensive experience in business having worked 30 years in small and Fortune 100 companies. He has expertise in following areas: Business, Adoption/Infertility Counseling, Individual Counseling, Couple Counseling, GBLT Counseling with a focus on the Transgender Issues and Gender issues in the workplace or at home. He is a lifelong believer in learning about others as well as himself. Mr. Herley holds a Doctorate Degree in Organizational Psychology as well as a Bachelor's Degree in Business with a minor in Marketing. He truly connects with his clients and understands their private and personal needs. His effective listing skills and strategies make for A Better Life whether it is in the Business World or Your Personal World.

Karen Holmes
Karen Kendra Holmes works for the Federal Government as a Safety Officer and is a Cadre Member with the Disaster Team. Because of her deep commitment to ensure safe and healthy environments for all people, she has decided to share her training in Life Support. In April 2014 she received the “Willis Greene Community Service Award” and the “Unsung Hero Award-Team” by the Corporation for National & Community Service. In October 2013 she received “Soldier of the Year” by the State Guard Association of the United States out of 24 states and 23 thousand soldiers. In December 2012 she received “Soldier of the Year” by the Maryland State Guard.

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Association and The Maryland Defense Force. She was selected in August 2012 by The International Women's Leadership Association, "A Woman of Outstanding Leadership in the Business Owner Division". She has been doing volunteer work with the Maryland Defense Force under the Maryland National Guards with the Chaplain's Unit as a Chaplain's Assistance, and with the Honor Guards. She has been doing volunteer work with the American Red Cross for the National Capital Region since 2009 on the Disaster Action Team (DAT) and over sees the MASS Care for Montgomery County Chapter. For several years, she has been volunteering with Community Emergency Response Team (CERTs) in Prince George's County, MD, and also with the Medical Reserve Corps. She is a board for the Retired Senior Volunteer Program (RSVP) in Prince George's County, MD. Karen now sites on the board for PFLAG DC Metro working with the Transgender Community. Karen previously volunteered with the MNCPPC Park Police Prince George's County Division for 7 years, 5 of them as their President, and received several awards for her service. She previously served on the board for Equality Maryland.

Richelle Hunt
Richelle has been actively exploring transgender matter, including his/her own, for the last 5 years. This has included academic study, writing papers, and making presentations at conferences. Author of the forthcoming essay collection, "Happy Father's Day: Gender and Other Metaphors."

Rev. M.C. Johnson
Rev. M.C. Johnson is a United Methodist pastor who is currently a spiritual director in private practice. Received an MDiv from Asbury Theological Seminary and a graduate certificate in Spiritual Direction from Moravian Theological Seminary. Has served in United Methodist Churches for thirty-six years. Is married with two children.

Polly Kahl
Polly Kahl, MA, LPC, is the owner of Kahl Counseling & Consultation and has an associates degree in business administration, a bachelors degree in psychology, and a masters degree in counseling psychology. She's been in private practice in Berks County since 1990, has been licensed since 2002, and has specialized in working with LGBT and specifically trans clients since 2010. Polly provides counseling to local clients in her office in West Lawn, PA, as well as to long distance clients through online counseling. Her website is at www.pollykahl.com.

Amy Keisling
Ms. Keisling is a Licensed Clinical Social Worker with over 25 years experience working with individuals, couples and families. She has been in practice with Riegler, Shienvold & Associates since 1993. Ms. Keisling earned a Bachelor's Degree from Dickinson College and received a Master's Degree in Social Work from the University of Pennsylvania. Ms. Keisling's professional focus is on adolescent and adult populations. She works with individuals, couples, parents and teens to address areas of concern such as depression, anxiety or adjustment. In addition to her experience with women's health issues, she is also deeply interested in gender identity, the transgender experience and the many factors that lead to healthy and satisfying relationships. Having presented at previous Keystone Conferences, Ms. Keisling is delighted to be returning this year.

Aiden Kosciesza
Aiden Kosciesza is a transgender writer, speaker, and activist who has given presentations about LGBT identity both in the US and abroad. He first spoke out about LGBT civil rights as a graduate student, and later developed a focus on transgender issues as he explored his own identity as a transgender man. Aiden earned his Master's degree at Villanova University in 2011 and now teaches English composition and literature at Montgomery County Community College in Pennsylvania. He also speaks regularly at universities and hospitals to promote awareness and acceptance of transgender identity.

Marla Krolikowski
Marla Krolikowski is a 36 year veteran teacher in both public and catholic schools in the field of both music and performing arts. She has led and conducted student concerts in the U.K. and Italy and performed for Pope Benedict when he visited N.Y.C. in 2008. She has won numerous awards as an outstanding teacher, musical conductor, composer and performer.

Alexis Lake
Alexis Lake is a Licensed Social Worker specializing in individual, couples, partners, and family therapy. She works in private practice in Malvern and in Lititz, PA. As a graduate of Bryn Mawr College’s School of Social Work and Social Research specializing in Clinical Social Work she is currently working with a broad spectrum of clients. Among her areas of expertise are loss, grief, depression, anxiety, relationship difficulties, sexual orientation and sexual identity as they relate to the individual, as well as his or her friends and loved ones. She has had experience working with acute mental illness in a hospital setting and has interned as a therapist for a center city Philadelphia clinic that specialized in serving the LGBTQ population.

“A Celebration of Gender Diversity” 77
Dr. Tessa Layne  
Tessa was born and raised in northern New Jersey, and after a brief stint as an aerospace engineer, returned to school and earned a doctorate in Anthropology at Yale University. She is currently a member of the faculty at a public university in New Jersey, and is developing a new course on Transgender Studies. While she continues her own personal gender exploration, she enjoys old movies involving ghosts, playing guitar and preparing global cuisine.

Liz Leen  
Liz earned her master’s degree in 2010 from Shippensburg University in Social Work. She began her career with AIDS Community Alliance as a case manager working directly with individuals diagnosed with HIV. In 2011, she transitioned to become Alder Health Services (formally AIDS Community Alliance) first therapist and work to create an affirming therapy environment for the LGBT community.

Christy Lehman  
Miss Christy Lehman is a senior at Bloomsburg University majoring in Psychology with a minor in Criminal Justice and a specialty in Families / Youth and Children. She is President of her sorority. She was on the Crew team and participated in the National Rowing championships in Saratoga Springs, NY, during high school. Ms. Lehman is an active member of the church where her family belongs. She attended the 2013 Philly Trans Health conference, and was co-presenter at both the 2014 Keystone and the 2014 Philly Trans Health conferences.

Jennifer Lehman  
Ms. Jennifer Lehman is a transgender woman who after a lifetime of hiding her true feelings executed a successful gender transition in 2013 to begin living her life as her authentic self. She has been married for 30 years to her college sweetheart and has a son (26) and a daughter (22). Ms. Lehman is currently employed as an engineering manager developing innovative systems for the department of defense. Ms. Lehman is very active in her local Lutheran ELCA church where she teaches Sunday school. She bowls competitively in two leagues. Ms. Lehman has presented workshops at the 2014 Keystone and Philly Transgender Health Conferences on her transition.

Karen Lehman  
Mrs. Karen Lehman is a 1982 graduate of Gettysburg College where she majored in Accounting. She has been married for 30 years to her college sweetheart and has a son (26) and a daughter (22). She currently works at the Good Shepherd Lutheran Church preschool. She is happily married to Jennifer Lehman, a transgender woman.

Dr. Sherman Leis  
Sherman N. Leis, D.O., F.A.C.O.S. is Professor and Chairman of Plastic and Reconstructive Surgery at The Philadelphia College of Osteopathic Medicine. He is Board Certified in General Surgery and Plastic and Reconstructive Surgery and specializes in all types of transgender surgery. He is Director and Chief Surgeon at The Philadelphia Center for Transgender Surgery. The Center represents a team of more than forty professionals who have expertise in servicing the surgical and non-surgical needs of transgender individuals and is one of the few comprehensive centers of its type in the United States. Dr. Leis is the Founder of a Residency Training Program in Philadelphia and over the past thirty years has trained more than eighty plastic surgeons practicing across the United States. He is also President, CEO and Principal Clarinet of the Lower Merion Symphony, a Philadelphia area community orchestra.

Dr. Rachel Levin  
Dr. Rachel Levin is an associate professor of biology and neuroscience at Pomona College. She studies reproductive behavior and its underlying neuroendocrinological mechanisms in both wild animals and humans. She is the principal investigator on a research project with over 1200 subjects that examines biological influences on human gender diversity and sexuality.

Dr. Rachel Levine  
Acting Physician General for the Commonwealth of Pennsylvania & Professor of Pediatrics and Psychiatry at Penn State College of Medicine. Dr. Levine graduated from Harvard College in 1979 and the Tulane University School of Medicine in 1983. She completed her training in Pediatrics at the Mt. Sinai Medical Center in New York City in 1987 and then did a Fellowship in Adolescent Medicine at Mt. Sinai from 1987-88. She was in the practice of pediatrics and adolescent medicine at the office of Edward A Davies, MD from 1988-1993 as well as on the faculty of the Mt Sinai School of Medicine. She came to Central Pa. in 1993 as Director of Ambulatory Pediatrics and Adolescent Medicine at the Polyclinic Medical Center. She joined the staff at the Penn State...
Hershey Medical Center in 1996 as the Director of Pediatric Ambulatory Services and Adolescent Medicine. Her accomplishments at the Penn State Hershey Medical Center include the initiation of a Division of Adolescent Medicine for the care of complex teens with medical and psychological problems. In addition, she started the Penn State Hershey Eating Disorders Program which offers multidisciplinary treatment for children, adolescents and adults with eating disorders such as anorexia nervosa and bulimia nervosa. Her previous posts included: Vice-Chair for Clinical Affairs for the Department of Pediatrics and Chief of the Division of Adolescent Medicine and Eating Disorders at the Penn State Hershey Children’s Hospital-Milton S. Hershey Medical Center. She is the Liaison for the LGBT community for the Office of Diversity at the Penn State College of Medicine. In that role, she has established a LGBT faculty and staff affinity group and is the facilitator for the LGBT student group. Dr. Levine taught at the Penn State College of Medicine on topics in adolescent medicine, eating disorders and transgender medicine. In addition, she has lectured nationally and internationally on these topics and has published articles and chapters on the medical management of eating disorders.

Sophie Lynne holds a Masters Degree in Education, and is a former English teacher, and her writing has been published in international magazines. She is from the Philadelphia suburbs. Sophie has been full time as a woman for a year, and lately that has been the focus of her new book (her second) called “Whatever You Are.” She also writes a blog, which can be found at http://sophielynne1.blogspot.com/

Victoria Martin is an LGBTQ youth activist from Central Pennsylvania. Victoria has worked in various capacities for the Pennsylvania Student Equality Coalition since 2012. She currently serves as Development Coordinator, and was State Operations Co-Chair of the coalition’s 2015 Pennsylvania Youth Action Conference: Cultivating New Possibilities for Rural LGBTQ Youth. She is a senior at West Chester University of Pennsylvania, studying Public Health Promotion. Victoria’s interests include safer schools policies, population research and healthcare access.

**LADY ELLEN** will be presenting on Saturday at 10:30 am and will be at the Keystone Conference everyday to offer you **private image consulting, lessons in make-up and feminine movement PLUS provide makeup application with wig or hair styling to help you look and feel more confident and beautiful each day! $50** 
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“A Celebration of Gender Diversity”
Nichole Maines
History-Making Transgender Teen Nicole Maines is seventeen years old and a senior in high school. She made history in January of 2014 by winning a landmark transgender rights case in Maine. This is the first time that a state court has ruled that transgender students must be allowed to use the bathrooms that matches their identity. Nicole has a strong voice, that reaches beyond the State of Maine to promote change and equality for all. At the young age of thirteen she was a keynote speaker at the 2011 GLAD banquet held in Boston, MA. In 2012 Nicole and her family received the Roger Baldwin Award, the Maine ACLU’s highest award for civil right advocacy. In November of 2014 Nicole was named one of Glamour Magazine’s 50 Inspiring Women of the Year when she was chosen to represent the state of Maine in the series "Hometown Heroes: 50 Phenomenal Women of the Year Who Are Making a Difference". Besides being an advocate, Nicole is a talented artist and actress. She enjoys dance and sitting in bed drawing or binging Netflix while her cat silently judges her.

Dr. Wayne Maines
Having the opportunity to watch his identical twins move through each developmental stage of life, Wayne learned that he never had two sons. His journey has been painful, stressful and life changing. Everything from school, doctors, civil rights and the typical issues of adolescence all became opportunities for growth at home and in our community. Today Wayne wants to help you learn a bit more about transgender children, their families and how you can support them.

Cindy Bankert
Independent Consultant for ViVi
(717) 792-4442
**Presenter Bios**

**Kelly Metzgar**
Kelly Leigh Metzgar is a transgender woman living in the Adirondack North Country of upstate New York. Kelly recently successfully transitioned to living fulltime in her preferred gender on her job where she’s been employed full time since April of 2006. Kelly has been involved in Trans* and LGBTQ advocacy for several years speaking in regional colleges & universities, as well as to various church and civic groups in her area. Kelly is a member of the New York State Transgender Rights Coalition and actively participates in events and demonstrations in Albany, NY focusing on Transgender rights and laws including the passage of GENDA (Gender Equality Non-Discrimination Act) in New York State. Kelly is an avid writer having published several Editorial Opinion articles in her local & regional newspapers and was featured in two North Country Public Radio broadcasts focusing on her life as a transgender woman. Kelly is a member of an international sorority of Transgender Women since 2003 serving as Web Mistress since 2006. Kelly’s current projects include: Working with her current employer to develop Transgender work place transitioning guidelines, procedures & corporate policies regarding Transgender employees in the work place; Bringing Trans* health care to the Adirondack North Country regional area where she lives; Working with her regional health care provider to develop and present current cultural sensitivity training for all hospital staff in terms of Transgender & LGBTQ health care; Working with a local social justice group to develop and deliver community based presentations regarding: Bullying & Harassments in schools including discussions on New York State’s Dignity for All Students Act & Creating resources for LGBTQ Youth, Families, Parents and Friends.

**Dr. Annika Miller**
Annika Miller is an Associate Professor of Mathematics and Computer Science at Susquehanna University in Selinsgrove, PA. In addition to more traditional classes, she has developed and teaches freshman seminars that focus on student transition to college life. She transitioned on the job in 2009, and continues to live with her partner and two sons in rural PA. Since transition she has taken coursework in solo performance, and is currently working on a one-woman show exploring issues of transsexualism and transition, including impact on partners and children.

**Donna Miller**
DONNA’S HAIR STUDIO & SPA was founded more than 35 years ago and has been at its current location for over 25 years. The salon is now a Paul Mitchell Focus Salon carrying the full line of John Paul Mitchell Systems hair products and styling tools, a full line of exclusive Bodyography Super Natural Cosmetics, 2 fully-equipped manicure stations, a private skin care room featuring full body waxing, facials and massage, a private pedicure room, and seven hair stations.

**Tish Moody**
Mary Elizabeth ‘Tish’ Moody has worked with transsexuals in developing their voice for over 25 years; initially, in association with Joan Regnell (one of the pioneers in feminine voice development) at George Washington University, then as supervisory head of the voice clinic at George Washington, and currently in private practice. Tish has developed a comprehensive protocol for voice feminization. Her goal is to promote healthy feminine voice production which is permanent, gender appropriate, pleasing, and comfortable both to listen to and to vocalize. She has presented on this subject several times at the Voice Symposium in Philadelphia, to private, professional and support groups, and multiple times to the American Speech and Hearing annual conventions.

**Melissa Morton**
Melissa Morton is an attorney turned accountant who has been interested in history for many years. Melissa graduated from Davidson College with a B.A. degree in history. While attending law school at William & Mary Melissa worked at Colonial Williamsburg as a costumed interpreter. Melissa occupies the narrow niche of cross-dressing historical reenactors. She has a collection of reproduction dresses from the hoop skirt era of the 1860s to the bustle era of the 1870s and 1880s.

**Quince Mountain**
Quince Mountain is a senior editor of Killing the Buddha, an online literary magazine regarding religion of all stripes. His work has been featured in several anthologies including Gender Outlaws: The Next Generation, and in magazines such as Bidoun, Huffington Post, Slate, and Waging Nonviolence. He began teaching college writing in 2009, and he has enjoyed working beyond the classroom as a personal writing coach and editor since 2010.

**Am Norgren**
Am Norgren is a secondary teacher, educational consultant, and LGBTQ activist. They present on a variety of topics including supporting LGBTQ students and teachers and creating safe spaces in schools and other professional settings. They have been seen at the True Colors Conference, Teach for America events, and other educational conferences. Am is co-creator of Gender, Projected and is excited to be presenting at Keystone Conference for the first time this year.

“A Celebration of Gender Diversity”
Kailin Oarei
Kailin is an agender-fluid Bostonian who presents on sexuality, gender, spirituality, and advocacy. Xe has been seen at the True Colors Conference, The Geeky Kink Event: New England and Classic, The Society’s Coming Out Different, and First Event and the NELA Flea 43 and 44; Kailin is also a co-organizer of the Trans* Spectrum Kinksters. When Kailin is not presenting knowledge, xe can be seen volunteering or with a cup of tea and a notebook. Kailin is also a language teacher and an advocate for LGBTQ homeless youth and young adults. Check xem out at doodleboi.com

Dr. Maureen Osborne
Dr. Maureen Osborne is a licensed psychologist with over 30 years experience as a therapist, specializing in gender identity issues for over 20 years. She earned her Ph.D. degree in Clinical Psychology at the University of Missouri-St. Louis in 1984, and is a member of the American Psychological Association, the Pennsylvania Psychological Association, the Philadelphia Society of Clinical Psychologists, and the World Professional Association for Transgender Health (WPATH). Dr. Osborne’s theoretical orientation and training in Contextual Therapy has led to an interest in relational ethics and justice dynamics as they apply to the transgender journey. She has presented talks and workshops at many different national and international gender conferences, appearing in the award-winning documentary “Trans”, as well as the just-released documentary “Just Gender”. In Dr. Osborne’s private practice in Malvern, PA, she works with transgender adults, adolescents, couples, and families, helping them to maintain and rework important relational ties in the midst of changes in gender awareness and expression.

Dr. Douglas Ousterhout
Dr. Ousterhout is the Past President of the American Society of Maxillofacial Surgeons and Pan Pacific Surgical Society. He founded one medical journal and is on the Editorial Board of four plastic surgery journals. He has presented and published scores of scientific papers and published two books: “Aesthetic Contouring of the Craniofacial Skeleton” and “Facial Feminization Surgery.”

Mariette Pathy Allen
Mariette Pathy Allen has been photographing the transgender community for over 35 years. Through her artistic practice, she has been a pioneering force in gender consciousness, contributing to numerous cultural and academic publications about gender variance and lecturing throughout the globe. Her first book “Transformations: Crossdressers and Those Who Love Them” was groundbreaking in its investigation of a misunderstood community. Her second book “The Gender Frontier” is a collection of photographs, interviews, and essays covering political activism, youth, and the range of people that identify as transgender in mainland USA. It won the 2004 Lambda Literary Award in the Transgender/Genderqueer category. She received the Pioneer Award at Fantasia Fair in 2014. Daylight books published Mariette’s new book, “TransCuba”, in April, 2014. This book is bilingual, containing several essays, interviews, and 70 color photographs. There has been a lot of online publicity for “TransCuba”. Photographs from the book are in a solo exhibition in Havana, which will travel around Cuba. Mariette’s life’s work is being archived by Duke University's Rare Book and Manuscripts Library, and the Sallie Bingham Center for Women's Studies. In addition to her work with gender, Mariette’s background as a painter frequently leads her to photographic investigations of color, space, and cultural juxtapositions such as east/west, old/new, handmade/manufactured.

Michelle Popkov
Michelle is no stranger to Keystone and other major Transgender conferences. She has presented seminars at First Event 2014, 2015, and Keystone 2014. She has been a fixture in the First Event Fashion Show for many years—always having something spectacular to exhibit. Often, she supports novice Transgender instruction sessions both in the US and the UK. Michelle is a member of the Vanity Club (VC 517), and her fashions can be seen at her Flickr site.

Amanda Porter
Amanda Porter is a retired teacher and coach who is presently Vice President of the Lehigh Valley chapter of the Renaissance Transgender Association. She is actively working to inform the public about Transgender issues by giving short presentations on Transgender Equality and Gender Dysphoria to community groups. Amanda has also been volunteering with Equality Pennsylvania to aid in the political push for equality. She has a 5th degree black belt in Taekwon-Do and has taught Personal Protection to adults, children and community groups for over 15 years.
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Monica Prata
Monica Prata is a GG who works as a Feminine Image Consultant for those who are transgendered, transitioning or integrating their genders. Services include makeup application and lessons, wardrobe consulting, styling and accessorizing and lessons in modern feminine deportment. Monica gained much of her makeup experience working as a professional artist for M.A.C Cosmetics and is certified through the company. She also worked for Nordstrom’s where because of her innate understanding and friendly disposition she acquired many clients shopping for their “girlfriends.” In addition to her wardrobe consulting and cosmetic experience, Monica worked as a model and is skilled in the art of feminine posing for photography and daily life. Monica continues her work within the community, traveling nationally and internationally to work with clients, she is dedicated in helping you to achieve your most natural

Reese Ramponi
Reese is an amateur photographer and outdoor enthusiast from a small town in Alaska. She was an active member of the LGBTQ community in her time at Dartmouth, covering queer issues for the campus newspaper and later returning to present Gender, Projected at the annual IvyQ Conference. When she is not taking photographs or discussing LGBTQ issues, you’ll find her working towards her master’s degree in Psychiatric Mental Health Nursing.

Amanda Richards
Amanda Richards is a very successful and sought after makeup artist. She is an expert in the artistry of makeup, whether it is to subtly enhance a face or completely transform it. Amanda is a master of her craft, and her exceptional talent and passion have elevated her to the top of her field. She has worked with the transgender community for over a decade. Beyond the transgender community, Amanda has had her work published in several magazines, and catalogues. She works with some of the finest photographers, and models in the northeastern U.S. on various commercial projects. She has recently been working with contestants in the Miss Teen USA pageant system. She has taught & mentored many clients, and aspiring makeup artists. She has been a guest speaker at The Keystone Conference, Southern Comfort, First Event, The Be-All Conference, and many transgender support groups. She is also on the professional support boards for several cosmetology schools in northeastern Pennsylvania.

Dr. Kathy Rumer
Dr. Kathy L. Rumer is a Board Certified Plastic and Reconstructive Surgeon who specializes in cosmetic and reconstructive surgery for Trans identified individuals. She is the founder of Rumer Cosmetic Surgery where she works with other specialists to provide the best possible healthcare for her patients. She is on staff at a number of the best hospitals in the Philadelphia area and has been named a Main Line “TOP DOC” in 2008, 2009, 2010, 2011, 2012 and 2013. She was also named a Philadelphia Magazine “TOP DOC” for 2011. She also serves as a fellowship site director for the Philadelphia College of Osteopathic Medicine, one of the only residency programs that train surgeons in the art of gender variant cosmetic and reconstructive surgery. Finally, she is an active member of WPATH and has served as an advocate for transgender individuals at a local and national level. Dr. Rumer recently opened a facility that offers state-of-the-art gender confirming surgical and non-surgical procedures. This facility also provides a soothing and calming environment for patient’s during their post-operative recovery.

Dr. Jarrett Sell
Dr. Jarrett Sell is a family medicine doctor practicing and teaching family medicine at Penn State Milton S. Hershey Medical Center and is also Medical Director at Alder Health Services where he also serves the LGBT community. He received his medical degree from University of Virginia School of Medicine and has been in practice for 14 years. Dr. Sell’s clinical interests include teaching, working with the underserved population, and providing care to those living with HIV.

Michael Silverman
Michael has been TLDEF’s Executive Director since it was founded. He has worked as an attorney in the LGBT civil rights movement since 1994. In addition to his work at TLDEF, Michael is Adjunct Professor of Law at Fordham University School of Law, where he teaches courses on gender, sexuality and the law. As a cooperating attorney with Lambda Legal, Michael worked on a number of groundbreaking cases, including Baehr v. Miike, one of the earliest challenges to restrictions on the freedom to marry, and Boy Scouts of America v. Dale. In that case, Michael represented a coalition of religious organizations opposed to the Scouts’ exclusionary policy, and his brief (cover, tables, brief) submitted to the United States Supreme Court on their behalf was cited in the opinion of the dissenting justices. While on a Georgetown University Law Center Women’s Law and Public Policy Fellowship, Michael taught in the law school’s domestic violence clinic and worked in the legal department at NARAL Pro-Choice America. Michael is a graduate of Vassar College and The University of Michigan Law School.
**Dr. Daniel Simon**

Dr. Daniel Simon is the founder, co-director and together with Dr. Luis Capitán, head surgeon of Facial Team, surgical group specialized in Facial Feminization Surgery. He began his specialization in Oral Surgery in Sao Paulo (Brazil) in 2001, then in Surgical Anatomy of the Face (University of Sao Paulo) and in 2002 began a 3-year residency in Oral and Maxillofacial Surgery. From 2005 to 2007, Dr. Simon completed a Fellowship in Belgium for the Department of Oral and Craniomaxillofacial Surgery in Antwerp. In 2007, he received his MA from the University of Gent (Belgium). Since, he has focused on Facial Feminization Surgery, completing more than 650 FFS procedures with FACIAL TEAM, developing new and pioneering techniques in this surgical field. He is a current member of WPATH and EPATH as well as founder of the TransHealth Initiative, a project bringing professionals in transgender health together to foster advancements in transgender surgery.

**Gabrielle Spierer**

Gabrielle Spierer is an advocate for transgender rights and a member of LITAC, the Long Island Transgender Advocacy Coalition. She comes from a family background of no love and no support and has built a wonderful support system which includes a chosen family and many friends. Gabby wants to share her experiences to help others who are in the same position build a support system to help aide in a successful transition. Gabby will be returning to college fulltime in the fall to get her MCSW and do counseling.

**Grace Stevens**

Grace Stevens is a transgender woman who transitioned at the age of 64. She is a father of three, grandparent of 2, athlete, advocate and author of the new book, No! Maybe? Yes! Living My Truth, an intimate memoir of her personal struggle to transition and live her authentic life as a woman. Grace holds a degree in design engineering and was married for 25 years. After four decades working as an engineer, her marriage ended and she returned to school to receive a Masters Degree in Counseling Psychology. Today she works as a counselor, trainer and teacher with individuals and corporations seeking to understand the issues and emotions related to gender variance. Her work is predicated on the belief that we all need to be defined as so much more than gender. Grace is still an active road bicyclist and remains close to her three adult children and two grandchildren who fully accept her journey. Grace resides outside Boston and can be reached via her website at: www.graceannestevens.com.

**Sandra Stewart**

Sandra holds a BA in anthropology and a BSW in Social Work which she obtained after she retired. Over the last fifteen years she has been involved extensively in the transgender movement as an author of numerous articles and doing original research. She has made numerous class presentations at the University of Michigan and the University of Toledo including her own classes. She also presented at the Council on Social Work Education. Sandra has been married for 43 years.

**Ann Stillwater**

Ann Stillwater is a certified yoga instructor who has taught in Ohio and Pennsylvania for over a decade. She has found physical, emotional and spiritual healing from yoga. Also an RN, her passion is to help others on their own pathways toward healing and self-acceptance. Ann specializes in gentle classes for special populations. Yoga is much more than a series of exercises—it helps us re-create ourselves and experience greater serenity in all areas of life.

**Sally Stone**

Sally Stone has been transgender since she was a child. She actually considers herself to be bi-gender, embracing both her male and female genders equally. She brings with her a unique set of trans perspectives as she is a retired military veteran, the father of two and happily married to a loving and supporting wife. Sally is a long time advocate always doing what she can to further transgender causes. She held office in the local Atlantic chapter of TRI-ESS for several years, has been involved in numerous TG outreach programs and she has been published numerous times by transgender periodicals and online blogs. Sally has attended every Keystone Conference since its inception and over the years she has been a regular Keystone volunteer.

**Cassandra Storm**

Cassandra Storm has been the official photographer of Keystone since 2012. Cass has a BS from the University of Pittsburgh in Business Management, minor in International Business and studied photography at Pittsburgh Filmmakers. She has lectured extensively on lighting and posing techniques with tips for being photographed candidly as well as posing professionally. Her clients have sought her out for her transformative gender posing and ability to highlight her subjects’ greatest features. As a portrait, event and commercial photographer, Cass has photographed around the world but takes up residence locally in York, PA. Portraiture by Cassandra Storm is available throughout the conference.

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**Presenter Bios**
**Turner Stulting**

Turner is a junior at Bucknell University where ze is majoring in women’s and gender studies with minors in public policy and social justice. Ze is the President of Bucknell’s Gender and Sexuality Alliance and the Assistant Director of Common Ground, a student-led diversity immersion retreat. Turner has worked in various capacities with the Pennsylvania Student Equity including the 2014 Youth Action Conference State Co-Chair, Convener of the Coordinating Committee, and the 2014 Summer Policy Fellow. Ze interned with the Triangle Project, an LGBT rights organization in Cape Town, South Africa, assisting with the monitoring of hate crimes that LGBT people experienced in the Western Cape. This summer, Turner will be doing research on the implications of socioeconomic class difference on transgender college students.

**Dr. James Thomas**

Dr. James Thomas is a laryngologist, an ENT surgeon who limits his practice to voice disorders. He trained in Pennsylvania and Illinois followed by a fellowship at Loyola University in Chicago. His laryngology practice is in Portland, Oregon. His current involvement with Vocal pitch change is as a surgical specialist of the voice. He has been developing the above procedure (FemLar) over the past 6 years and has presented preliminary results at previous meetings.

**Gwen Watson**

Gwen Watson has been a student of feminine fashion since she was old enough to dress herself. Her education includes training in art, fashion consulting, photography, psychotherapy, hypnosis and journalism with degrees or certificates from Macalester College and The Grinder/Delosier NLP Institute. As a feminine image consultant, she has done hundreds of transformations, working with any human interested in a more female style.

**Dr. Jeffrey Weinzieg**

Dr. Jeffrey Weinzieg, director of the Chicago Center for Feminization Surgery, is a board certified, world renowned plastic and craniofacial surgeon who has a special interest in facial feminization surgery (FFS), breast development and breast augmentation, and feminizing body sculpting. Our practice offers surgical and non-surgical feminization procedures and services. The Chicago Center for Feminization Surgery is committed to patience care, comfort, and privacy.

**Lady Ellen Weirich**

Lady Ellen is the founder and owner of Le Femme Finishing School, the only charm school in NJ created to serve the transgender and cross-dresser community. Le Femme has been a safe place for all to transform, explore and learn feminine arts for 10 years and has been featured in 6 news stories. Lady Ellen has spoken to transgender support groups and at conferences in NJ, PA, NY, DE, DC & VA where she has taught workshops on makeup, fashion, image, feminine movement, deportment and etiquette. Lady Ellen will be offering private lessons as well as makeup applications during this conference. Please schedule in advance. www.XdressNJ.com

**Dr. Mark Zukowski**

Mark Zukowski, M.D., F.A.C.S. is a Northwestern-trained Board Certified Plastic Surgeon who practices on the North Shore of Chicago. He has an international clientele in face and body feminization and has been working with the gender community for 16 years with 65% of his practice gender related. He performs the full range of face and body feminization procedures as well as micrograft hair transplantation in order to create a full and naturally feminine hairline. Dr. Zukowski specializes in proven state-of-the-art technology such as endoscopic minimal scar techniques, which he has been performing for 20 years and is at the forefront of this technology worldwide. His other techniques such as suspension neck contouring, high speed burring for 3-D bone sculpting and tracheal shaving, breast augmentation that centralize the implants, and large volume fat-grafting for buttock enhancement provide safe, individualized, cost-effective high-quality results that he stands behind 100%. He served in the U.S. Navy attaining the rank of Commander at the Naval Medical Center in Portsmouth, Virginia, and was in charge of the busiest plastic surgery department of any military in the world. He has an unparalleled depth of knowledge and experience in natal male cosmetic surgery of the face and body. He is the author of over 30 articles and book chapters with an international reputation in cosmetic plastic surgery of the face and body.
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The following individuals, businesses and entities are offering information and special services during the Keystone Conference. Visit them in the Vendor Area, located in the Pennsylvania Ballroom on the main floor of the hotel across from the hotel’s front desk. Please contact these individuals directly to schedule their services.

Dr. Kathy Rumer of Rumer Cosmetic Surgery
Dr. Rumer will be offering personal consultations while at the Keystone Conference. To schedule an appointment, please contact her office at (855) 782-5665 or visit Provider Room 101.

Dr. Sherman Leis of the Center for Plastic and Reconstructive Surgery in Philadelphia
Dr. Sherman Leis is offering personal consultations at the Keystone conference. Please call Dr. Leis at (610) 506-4645 or visit Provider Room 102 to schedule a personal consultation while at the Keystone Conference. After the conference, please call his office at (610) 667-1888 to schedule an appointment.

Dr. Mark Zukowski
Dr. Zukowski will be offering personal consultation while at the Keystone Conference. Please contact Dr. Zukowski’s staff at (847) 732-8246 or visit Provider Room 103 to set up an appointment.

Dr. Jordan Deschamps-Braly and Dr. Douglas Ousterhout
Dr. Deschamps-Braly will be offering personal consultations while at the Keystone Conference. Please contact Dr. Ousterhout's office at (415) 624–3922 or see him in Provider Room 104.

Dr. Daniel Simon
Dr. Daniel Simon will be offering personal consultations while at the Keystone Conference. Please visit his team in the vendor area, call 011-34-603-536-359 or Provider Room 105 to make an appointment.

Dr. Jeffrey Weinzweig
Dr. Jeffrey Weinzweig will be offering personal consultations while at the Keystone Conference. Please contact Dr. Weinzweig office at (312) 642-0400 or see him in Provider Room 106.

Alder Health Services
Information about Alder Health Services including: Primary Care/Mental Health Services available to the LGBT community; health information relevant to LGBT; HIV information and resources; safer sex material, including male and female condoms; and upcoming events of interest. Questions? Call 717 233-7190

Pennsylvania Coalition Against Rape
Working to eliminate all forms of sexual violence and to advocate for the rights and needs of victims of sexual assault. Information on sexual violence and Pennsylvania's 51 rape crisis centers is available at their table. Call 717 728-9740 for more information.

Dr. Michele Angello
Michele Angello, Ph.D. works with gender-variant and transgender youth and adults. She offers individual, group and family therapy, as well as corporate education and training on a variety of issues of sexuality and has presented internationally on her work with transgender youth and working with children of transitioning parents. Call 610 917-8561 to make an appointment.

Dr. James Thomas, the Voice Doctor
Dr. James Thomas is a laryngologist, an ENT surgeon who limits his practice to voice disorders. His current involvement with Vocal pitch change is as a surgical specialist of the voice. He has been developing the above procedure (FemLar) over the past 6 years and has presented preliminary results at previous meetings. Call 503 478-1845.

First Event 2016
FE 16 - Fun, Family, Friends, Information Galore - There is something for everyone - no matter where you are in the gender spectrum. We hope to see you next January. Call (781) 891-9325 for more information.

Amanda Richards from True Colors TG Make-up Artistry
Amanda will be offering her make-over services during the Keystone Conference. Call her at (610) 216-6394 to schedule an individual session.

Amy Horaeae from Just You
Make-up Artist Amy E. Hoaeae from Just You will be at the Keystone Conference offering personal transformations. Please contact her at (610) 216-6394 to schedule an individual session.
Cassandra Storm Photography
Cassandra and her photographers will be offering breath-taking, professional portraits and selling their detox product line from *It Works!* that aids in our customers’ looking tighter and toned for their portrait session. To make an appointment, please visit Cassandra in the Day Room or call her at (717) 877-3124.

Cookie Lee Jewelry—Cindy Bankert
Cookie Lee Jewelry is affordable fine fashion jewelry. You can shop and have your jewelry the same day. (717) 965-2251.

Donna’s Hair Studio and Spa
Donna will be selling the latest styles of Raquel Welch, Rene of Paris and Henry Margu wigs as well as doing wig maintenance and styling. Her specialty is up-dos. Please call her at (609) 540-1812 to schedule an appointment or to have your wig styled at the conference.

Equality Pennsylvania
Establishing a comprehensive network of individuals and organizations united in securing equal rights for the LGBT community in the Commonwealth of Pennsylvania.

The Finished Line

Jamie Austin of Austin Angels
Jamie Austin from Austin Angels will be offering make-over and photo services during the Keystone Conference. Reservations are highly encouraged so contact him at (508) 360-6282 to book a session.

Color Me Beautiful
Randi is the Owner and Makeup Artist at, Color Me Beautiful, located in Hagerstown, Maryland. She is a long-time member and supporter of TransCentralPA. Using Mary Kay, Eve Pearl or Kryolan cosmetic’s we will find the look that let’s your inner beauty shine through. Call (240) 625-6747 for an appointment.

Dress Tech
Judi and Diana are excited to be attending the 2015 Keystone Conference! We look forward to introducing you to our high quality line of shapewear products engineered specifically for our transgender and crossdressing customers Please visit our website at www.dresstech.net, then stop by our booth to see what beautiful developments we have in store for you!

Lee Nails
Located in the shopping mall strip behind the hotel, is offering 10% off all pedicure and manicure packages. Show them a coupon card to receive $5 off of a full set and $3 off a pedicure. Coupon cards available at the registration desk. Call (717) 564-0690.

Planned Parenthood Keystone
Planned Parenthood Keystone provides caring, confidential, essential health care and testing for all women, men and young people. Call (800) 935-0689.

Total Makeovers with Elizabeth Taylor
Elizabeth Taylor will be providing makeup makeovers, corset and shape wear fittings, and photography in her hotel room at the Sheraton. Makeup and shape wear will be available for purchase. Call her at 757-652-6656 to book your appointment.

Lady Ellen of Le Femme Finishing School
Makeup application, makeup lessons, Walking and movement lessons plus image consulting appointments available $50 per hour. Call 732 241-4174 to make an appointment.

Electrology 3000
Welcome to Electrology 3000 (E3k)! Since 1986 E3k has become the gold standard for patients seeking the permanent removal of hair. Many fly in from all over the country because our proprietary technique is faster, less painful, leaves no scars and is effective in removing excess facial and body hair. Call 972 221-7268 for more information.
A Special thanks to those individuals, businesses and organizations that donated prizes for our annual charity Bingo. All proceeds go to help LGBT youth in Central Pennsylvania.

**Vendor/Service Providers**

**TranStrong**
TranStrong is an online resource guide/membership site for those who are thinking about transitioning or who currently are in the process of transitioning. The information you and others will find on the website will be on Health (physiology and exercise programming as well as nutrition/meal planning/preparation); Wellness (different medical procedures, hormone therapy/treatment, life coaching/counseling, relationship/sex therapy); and, Lifestyle (fashion, dating, finances, insurance). Call Dr. Heather Gansel at 203 979-3142 for more information.

**Suddenly Fem**
Sassy, Sexy, Dynamic, Demure, or Bold. No matter what your Feminine Transformation Fantasy: CrossDress-er.com and the Suddenly Fem™ LINE of crossdresser clothing and accessories can make your dreams a reality! We have been providing cutting edge fashions for the Transgender Community for over 20 years, so you are assured a perfect fit and a satisfying shopping experience. Call 215 881-9470 for more information.

**PNC Bank**
PNC’s commitment to the communities in which we live and work is expressed through our corporate initiatives. PNC offers the products, services, knowledge and resources necessary for financial success.

**Carol’s Closet**
Evening Gowns and More! Visit them in the vendor area.

**Need to Contact One of the Providers?**
Visit our website www.Keystone-Conference.org for their web and email addresses

**Bingo Betty says “THANK YOU” to all Bingo Prize Providers**

A Special thanks to those individuals, businesses and organizations that donated prizes for our annual charity Bingo. All proceeds go to help LGBT youth in Central Pennsylvania.

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9th Gala Ball April 18, 2015
8pm to 12am! (then after party)
Scrumptious Dinner, Cash Bar, DJ, Dancing, Entertainment & much more!!
Evening attire. S/O’s & friends of the community welcome!
Held at: LGBT friendly Clarion Hotel—3845 Veterans Memorial Highway, Ronkonkoma, NY
FREE Shuttle service from and to Macarthur Airport (East Islip Airport) AND nearby Train Stations.
Changing Areas for those not wanting to book a room at our reduced rate.
This beautiful event welcome approx. 140 attendees who drive & fly in from all over the world!
Totally Friendly, Fun, Elegant, SAFE AND comfortable
Come & meet new friends! Everyone HAS FUN!
Tickets for this OUTSTANDING event are sold in advance

Professional Pre Ball Makeovers, See who we are & obtain TICKETS at www.femmefever.com
Email Karen@femmefever.com or call 516-520-0380

“Electrology 3000”
The Newest Generation in Medical Electrolysis

Welcome to Electrology 3000 (E3k)!
Since 1986 E3k has become the gold standard for patients seeking the permanent removal of hair. Many fly in from all over the country because our proprietary technique is faster, less painful, leaves no scars and is effective in removing excess facial and body hair. In addition to state-of-the-art electrolysis, E3k also offers microdermabrasion, infrared sauna, hormone therapy, psychiatric services and physician services for our clients.

We place a great deal of importance in supplying YOU, the customer, with the most advanced care, technology and service possible. Please explore our website and contact us with your further questions... or to get started toward the new YOU!

1-972-221-7268 | 1-972-221-7860 (fax)
105 Kathryn Dr., Suite C
Lewisville, TX 75067
Email: e3kgirls@gmail.com
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The Mission of TransCentralPA!

TransCentralPA is committed to providing advocacy and caring support for transgender individuals, their significant others, families, friends and allies. TransCentralPA also provides gender education and information to businesses, organizations, educational institutions and governmental agencies.
Face & Body Feminization Lectures
Mark L. Zukowski M.D., F.A.C.S.
Internationally Recognized Face & Body Feminization Surgeon from Chicago

KEYSTONE SCHEDULE 2015

When: Friday, March 20th and Saturday March 21st
Main conference lecture at 2:00 pm on Friday.
Check the schedule for room details.

Stop by to our provider room #103 to arrange to speak to Dr. Zukowski. Dr. Zukowski will talk additionally in the provider room at 6:30pm Friday and noon on Saturday.

One Stage Pure Endoscopic and Biplaner Brow Lifts
with removal of orbital rim bossing, preservation
of sensation and sinus function with scalp advancement
Chin Reduction, Advancement, Reshaping, Lip Lifts
Multiplane Face & Neck Lifts
Feminizing Rhinoplasty, Septoplasty
Jaw Angle - Masseter Muscle Reduction
Breast Augmentation
Tracheal Shave
Brazilian "Butt Lift"
Ultrasonic Liposuction & Liposculpting
Medpor & Silicone Implants to all Body Locations
Facial Fat Grafting, Buttock Enhancement
Perioperative Lymphatic Drainage
Skin Care products for the face & body
Micrograft Hair Restoration

Dr. Zukowski is available to talk to you on Friday March 20th from 11:00 am
and on Saturday March 21st from 7:00am

ZUKOWSKI CENTER FOR COSMETIC SURGERY 847.853.8869
3612 W. Lake Ave., Wilmette, IL • www.mlzukowskiffs.com • email: michelleanewyou@elnet.com

Meet with Dr. Zukowski with advanced booking.
Please contact us now to RSVP your attendance and/or if you desire to talk with him.
Dr. Jeffrey Weinzweig is a board certified plastic surgeon with subspecialty training and expertise as a craniofacial surgeon. He is considered one of the foremost international experts in plastic surgery. In fact, he is one of the only leading craniofacial surgeons in the United States with a special interest in performing FFS.

Dr. Weinzweig is one of the most prolific authors and researchers in the field with 5 textbooks and more than 200 peer-reviewed articles and chapters to his credit.