How often do you think about your health?

We think about it every day.

Alder Health Services

Health Services and Programs dedicated to the unique needs of South Central Pennsylvania's LGBT Community.

Mental Health Services
Primary Care
HIV/AIDS Services
Screenings and Testing
Health Education

For more information call 1.800.867.1550
or visit www.ALDERHEALTH.org

Alder Health Services (formerly AIDS Community Alliance) is dedicated to improving the health of individuals living with HIV/AIDS, members of the lesbian, gay, bisexual and transgender community and those struggling with addiction in the South Central Pennsylvania region. The organization provides residents of the community with: • HIV/AIDS Services and Prevention Programming • Primary Medical Care - Starting in the summer of 2011 • Mental Health Counseling Services • STD Screening and Treatment • HIV Testing • Community Health Education Forums and Workshops

All HIV-related services are provided at no-cost to the participant. Primary medical care and mental health counseling services are available on a sliding fee scale. While many insurance plans are accepted, insurance is not necessary to access the services of Alder Health.
Welcome!

Welcome to the Third Annual Keystone Conference, "A Celebration of Gender Diversity," hosted by TransCentralPA in the capitol city of Harrisburg, Pennsylvania! You are in store for an informative, inspirational and joyous time among members and supporters of the Transgender community at the lovely Sheraton Harrisburg-Hershey Hotel.

Attendees will find three full days of varied and meaningful workshops and seminars and four nights of social functions, the finale being Saturday night’s gala dinner and dance in the Sheraton’s resplendent ballroom. For those desiring more social activities, we have arranged activities for every day and night of the event, and our extraordinary special room rate for this bright and luxurious hotel is extended for those desiring a longer stay in the clean, lovely and historic riverside city of Harrisburg.

Thank you to the two hundred fifty people who attended last year’s Keystone Conference and made it such an overwhelming success! From your suggestions, we have expanded the 2011 Conference by increasing the number of social and educational programs, broadening the range of Transgender topics and expanding the schedule to provide more opportunity to attend the seminars and workshops you want to see and hear. This larger program also includes significantly expanded Transmasculine, Youth and spousal programs.

TransCentralPA has been serving the Transgender community in Central Pennsylvania since 1989. We are active socially and educationally here in the northern/mid Atlantic region and have earned a reputation as one of the nation’s more active, fun and “with it” Transgender organizations.

As the keystone bridges and holds together associated entities, Trans-identifying people do the same, and the Keystone Conference is a celebration of the unique diversity of gender and our central and unifying place in it. Pennsylvania is known as the Keystone State because of its significance in unifying the early colonies, and it is quite relevant that we hold this conference here at our home in the state’s capitol.

Thank you for deciding to join us this week—we truly hope you will enjoy your visit and find comfort and meaningful experiences while you are here in Central Pennsylvania with your community.

With warm wishes,

Jeanine Ruhsam & Kristy Snow

Keystone Conference Co-Chairs
Thank You to our Conference Sponsors

Executive Clearance Electrolysis
www.ExecutiveClearance.com
(716) 8-X-S-HAIR

Dr. Sherman Leis
Philadelphia Center for Transgender Surgery
www.TheTransgenderCenter.com
(610) 667-1888 (office)
(610) 506-4645 (during conference only)

Alexis Lake
Alexis Lake Therapy
www.ALakeTherapy.com
(717) 575-3757 (office)

Dr. Joel Beck
Feminization Surgery
www.FeminizationSurgery.com
(650) 570-6066 (office)

Dr. Toby Meltzer
Plastic and Reconstructive Surgery
www.TMeltzer.com
(866) 876-6329 (office)

Dr. Douglas Ousterhout
Plastic Surgeon, Facial Feminization Surgery
www.DrDouglasOusterhout.com
(415) 626-2888 (office)
Feminization Surgery

Personal, Customized
Face & Body Transformations

Joel B. Beck MD., FACS
http://www.feminizationsurgery.com
Tel: 650-570-6066

Procedure Choices

1. Facelift
   Tracheoplasty
   Chin Contouring
2. Breast Enhancement
3. Nose Refinement
   Lip Enhancement
   Chin Implant
4. Tummy Tuck
5. Brow Lift
   Frontal Bone Contouring
   Cheek Enhancement
6. Liposuction
   Fat Grafting for
   Body Contouring

Please visit Dr. Beck’s booth in the vendor area to meet with him personally and have a complimentary consultation.

Dr. Beck welcomes the addition of
Dr. Marci Bowers - Gender Reassignment Surgeon
And
Dr. John O’Dea - Endocrinologist, specializing in transgender hormone care.

Please call the office for combined holistic transgender surgery and care.
66 Bovet Road, Suite 101, San Mateo, CA 94402 Tel: 650-570-6066
http://www.feminizationsurgery.com

“A Celebration of Gender Diversity!”
Conference Etiquette

Conference Admittance
Your name badge is required for admittance to all seminars, meals and events during the Keystone Conference. You will be asked to retrieve your Name Badge if you forgot it. It is also a great way to introduce yourself to others and get to know as many people as you can.

Hungry?
Don’t lose your meal tickets! They are required to gain access to the lunch and dinner events—no exceptions! If you have special dietary restrictions, special meals must be ordered in advance. Special dietary arrangements require a special ticket. Any questions or concerns please contact the registration desk.

Thursday Casino & Friday Dinner Tickets
Don’t lose these tickets either! To ensure we have a seat reserved for you on the bus (and at the restaurant) please have your tickets with you before leaving on Thursday or Friday night. Space is limited on the bus and at the restaurants.

Restrooms
Always use the restroom appropriate to the gender you are presenting AND use it as a person of that birth gender would (Hint: Women always sit down...if you present as a woman, you will, too). Do your business, freshen up and leave—no loitering in the restrooms. DO NOT change clothing in the restrooms—use your hotel room for that, please.

Smoking
The hotel is a non-smoking facility. All smoking must be done outdoors in designated areas. The hotel can impose fines for infractions.

Personal Conduct & Appearance
Participants are expected to dress appropriately for public gathering. Please use common sense and remember that you are representing our community. Formal, semi-formal and business attire are appropriate for Saturday’s Keystone Gala. Those individuals who are disruptive or disorderly may be asked to leave by the conference management team or the hotel staff, no refunds forthcoming. Anyone asked to leave by the hotel security will also be banned from the conference. Please be mindful of the effects of alcohol and drink wisely. Above all, remember: you are a representative of the Trans community, so be a kind, polite and respectful one. Please be courteous of other guests in the hotel.

Photo Policy
Before taking any photos, you must get the permission of anyone you may capture on film or video tape including those in the background. Please respect those that do not desire to have their picture taken. Please no photos during the presentations without the consent of the seminar leader.

Any Problems?
If you have any problems with another conference attendee, hotel guest, hotel staff or anyone on the property or any other problem at all, contact the conference management staff- they’ll have a red ribbon attached to their badges so you can find them easily. Please be mindful of others in the hotel and show them the respect and courtesy we expect even if they may not treat us with the respect we deserve. Let the hotel staff resolve any problems.

TransCentralPA
Transgender Education Association of Central Pennsylvania

www.TransCentralPA.org
Because of social myths about gender, transgender people face many issues, from unemployment to homelessness to acts of violence. By educating ourselves and others, Equality Pennsylvania fights for the right to live openly without fear of abuse or discrimination. Equality Pennsylvania is devoted to ending discrimination and violence against transgender people through education and advocacy on state and local issues of importance to transgender people. By empowering transgender individuals and rallying our allies to educate and influence policymakers and others, Equality Pennsylvania offers a strong and clear voice for transgender equality.

Visit our website: www.EqualityPA.org
Global Transgender Program

Satori
WorldMedical

Excellence in Global Health Networks™

Empowering YOU to take the final steps

The Satori Difference™
- High Quality Network of International Hospitals and Surgeons
- Significant Savings of 30-50% Over U.S. Cost on Transgender Procedures
- VIP Concierge Medical and Travel Services
- Gender Transition Advocates

We understand that gender transition surgery is a life changing experience. Our staff is here to help you. All you need to do is make one phone call to Satori and your Gender Transition Advocate (GTA) will guide you through every step in completing your transition.

Our Newest Network Additions:
Centre Metropolitain de Chirurgie
Preecha Aesthetic Institute

Call Today to Speak to Your Gender Transition Advocate
(866) 613-9686

Visit Us on the Web: satoriworldmedical.com/transgender

Procedures

Male to Female
- Penile Skin Inversion
- Sigmoid Colon

Female to Male
- Metoidioplasty
- With Phalloplasty
- Mastectomy

Additional Procedures
- Body Contouring
- Breast Augmentation
- Breast Reconstruction
- Facial Feminization Surgery
- Penile Reconstruction
- Silicon Testicle Implants
- Silicon Penis Implant
- Tracheal Shaving
- Uterus Removal

Others Available Upon Request
Newbie Kaffee Klatsch

Newcomers and returning attendees are cordially invited to attend the Keystone Kaffee Klatsch each morning at 8:30 am near the registration desk. It's an informal gathering to help those who may be a bit uneasy about attending a conference or being out in public for the first time. Come and meet new friends, get help deciding which workshops & activities to attend and find out what the Keystone Conference is all about. So stop by and ask those all important questions and help set a course for a most enjoyable time at the Keystone Conference!
Permanent Hair Removal for MTF Transition  
by James W. Walker, VII, Director of Executive Clearance Electrolysis

Topics of discussion will include full beard clearance, and the fastest plan of action to get to the fully clear skin that will allow one to present in public with no makeup and appear to be just another girl walking around with nothing but eye-liner and lipstick. Additional topics will be hair growth cycles, hair removal options, and skin care during hair removal treatment.

The Woman You Always Were – Finding your Feminine Style  
by Kate Cartmell, Be Image Consulting

Just like any girl growing up, whether you know it or not your sense of self was formed by watching the women around you. Years of watching, learning and emulating made some of those women your role models. It may be your mother, an aunt, a sister, a boss, a friend, or even a movie character. Your role models hold keys to your personal style – that person you’re trying to reflect through what you wear. Finding that fundamental style will help you build a chic, workable wardrobe that gives you confidence – because it truly reflects you.

In this interactive workshop, we’ll help you discover those influences which, when distilled and applied, communicate to the world who you really are.

Then, we’ll demystify the art of dressing well – focusing on dressing for our real age. Many of us come into our own in our “second act,” and we want – and need -- to look chic, vibrant and always appropriate. At the same time, by dressing well we can actually appear younger! Finally, we can truly embrace being the age we are, beautifully.

Considering Both Sides: A Guide to a Successful Workplace Gender Transition  
Erica Deoso

One of the biggest concerns with many people undergoing a gender transition is maintaining their current careers. As we all know, normally the biggest barriers to anyone transitioning is their income, whether it is not enough, divided to an ex-spouse and/or child, or none at all. In these tough economic times, no one can afford to be without a job, and that is no different for the transgender community. The last thing some one wants to do is lose their job because they approached their transition in a selfish way, such as attempting to force their employer to accept the changes. This session will approach different aspects of the transition process in regards to your employer, your co-workers and how one can approach their transition in a compassionate and caring manner so that all parties are properly informed, thus increasing the odds for a successful workplace transition. Those people who have no intentions of fully transitioning may benefit from this workshop in discussing ways that companies can protect from “accidental exposure,” where as those who intend to move towards full time might benefit from knowing the steps to go though when introducing your company to this change.

Feminizing the Male Face without Surgery  
by Amanda Richards of True Colors Make-Up Artistry

I will cover makeup application techniques to bring out the female in any male. This will include, foundation application, enhancing the shape of your face with contouring and highlighting, eye shadow application, including how to do a smoky eye, and how to get that pouty looking lip. Attendees should bring their pad and paper to take notes, and I will answer any questions throughout the presentation.

The Woman You Always Were – Dressing Well for Who You Are Now  
by Kate Cartmell, Be Image Consulting

By now, you’ve probably learned to dress in a consistent and age-appropriate style that makes you feel comfortable. In this workshop, we will explore the details that truly make your clothing fit well, present you at your very best and support your individual sense of style. One special focus will be looking current and
Thursday 1:45 pm

Gender Reassignment Surgery - Why Satori World Medical
by Kevin Poling, Director of Travel & Patient Services for Satori World Medical

You now have access to International Centers of Excellence where high quality surgical procedures are performed in hospitals designed to cater to U.S. patients. All surgeons are U.S./U.K. or equivalently trained and Board Certified and fluent in English. You can be confident that you will receive the highest quality care available anywhere in the world.

Typically a procedure in our network cost 30-50% less when compared to the same procedure performed in the U.S. That savings enables you to make the final step in your transition. A phone call to Satori World

Full Lace Wig Demonstration
by Terri Stewart & Tia Jackson, Founders of Lace Me Up Wigs

A tutorial on the benefits of Customizable Full Lace Wigs vs. Traditional Wigs, Application and Removal Demonstration, Custom Measurements instruction, Professional Consultations provided on hair color, texture, length, highlight vs. blended color and cap construction options.

The Transgender Continuum
by Cerise Richards, MD, FACS, Former Chief of Urology at the DC VA Medical Center

Continuum (theory) is anything that goes through a gradual transition from one condition, to a different condition, without any abrupt changes. Dr. Richards postulates that a Transgender Continuum of Gender Identity from very male to very female does exist with Transgenders, both MTF and FTM, positioned "in between" what was previously a dichotomy of just Male or Female. She will show that Transgenders are genetically unique individuals each possessing a commonality of having both male and female gender identities at the same time with a predominance of attributes of the opposite gender to which they were assigned at birth. They are not simply an extension of the Male and Female dichotomy called bi-gendered, but a complex of multiple genders woven into a unique Transgender individual.

"For the most part we sit at a single point on the TG road of life and view the world from our personal experience and perspective. How far we can see ahead down the Transgender Road is individual and varies from person to person. We each occupy our place on the TG Continuum separated by our TIME on this path, but connected by our DIRECTION OR GRAVITATION towards the opposite gender of that assigned to us at birth. Transgender Identity, present at birth, progresses to TV, CD, TG, and TS. They are all behavioral stages experienced by the same person, just at different points on the Continuum of Time." Dr. Richards will discuss the scientific basis for what she says.

“A Celebration of Gender Diversity!”
**Thursday 3:15 pm**

**Feminizing Your Voice Through Song**  
by Lynn Skinner, Professional Transgendered Voice Coach and Owner of Vocal Eyes Music

Singing is a wonderful, creative, and effective way to explore voice feminization. By using your voice as a musical instrument, we will experiment with:

- Breathing
- Pitch Range
- Voice Placement
- Resonance
- Tone Color
- Expression

**How to Have a Girl's Figure: Cleavage, Waist Cinchers & Pads, both Buying & Making Your Own**  
by Candy Church, Retired Clergy and Inventor of the CandyTarts

Candy will discuss how to have a girl's figure from hips to waist to cleavage. With the right garments, shading and push pads, you'll be able to get very showy cleavage with the fat and muscle on your chest. She will show you how to make your own hip and butt pads as well as explore waist cinchers and offer advice on where to get them.

**Accepting Yourself**  
by Alexis Lake, MSS, LSW of Alexis Lake Therapy

e.e. cummings said, “It takes courage to grow up and become who you really are.” While that is true for all humans it is especially true for those who have had to grow up questioning something as basic as their gender. Feelings of shame, embarrassment, guilt, and fear are common. This presentation will try to balance those feelings with the too infrequently expressed joy that can come from simply acknowledging and owning the truth of who you are.

Sometimes we try to deny or bury who we are because of conflicting feelings about living up to promises made to others or fear of how we will be able to get on with our lives. Accepting that transgender feelings are normal and, in fact, relatively common is one of the first steps towards finding the joy in expressing your true self. We will briefly examine the historical perspective and discuss where cross-gender feelings come from. We can't eliminate conflicting feelings but we can recognize and admit them, bring them out into the open, and accept that there is a unique answer for each individual as they try to fairly balance their needs and desires with those of their loved ones.

I am always very interested in hearing how others have dealt with and overcome the toxic shame that is too common, so I will provide time for those who are comfortable sharing and want to contribute. It is especially helpful for people just starting on this journey to hear that others have felt the way they do and how they found their path. I hope new and experienced will join in this presentation.

---

**Thursday 5:00 pm**

**Staying Strong**  
with Alexis Bruno

Staying Strong is a safe space for individuals of all ages who are or have dealt with addictions of various forms, including, but not limited to: substance abuse, gambling, food and sex. This is not a Twelve Step meeting, but rather an opportunity to meet friends, share stories and offer support to each other so we can be strong and lead healthy, positive lives. A professional counselor will be present if you have questions and information about addiction as well as steps to take to begin to deal with it.

---

**Enjoy Your Stay**
It is an honor to help someone become their true self, to help them discover, or rediscover, the joy of life.

It is a pleasure to help a family overcome difficult times and once again look forward to a future together.

I look forward to working with you.

Keystone Bingo
sponsored by Amanda Richards of True Colors TG Make-Up Artistry

Hey Bingo Bunnies are you looking for something to do at the Keystone Conference that doesn’t entail getting out in the inclement weather, riding in a bus, maybe getting that favorite dress of yours soiled, wet or worse? Do you want to avoid those annoying admirers that are sure to be hanging on your every pull of that One Armed Bandit? Do you want to stay in the cozy confines of the hotel Thursday night rather than chase that illusive Blackjack or Eight the Hard Way? Does baby REALLY need a new pair of shoes?

It’s Keystone Bingo with Amanda Richards and it’s the answer to your prayers. Come join us for the first-ever Keystone Bingo Contest, Thursday night, March 11th. It’s a casual setting at the hotel--just a few steps out the door of that femme fortress you call your room--with the opportunity to win some prizes, meet new and exciting people and enjoy delicious pizza and soft drinks (alcohol is available at the hotel bar).

Bingo will be hosted by the Heavenly Candy Church, the Impish Cherub Jenny Jensen and the Legendary Amanda Richards of True Colors TG Makeup Artistry fame. Your three hostesses will guide you through the games; offer some helpful hints, funny repartee and maybe even some useless but entertaining trivia that’ll have you laughing and enjoying yourself.

Don’t worry if you have a run in your stocking, broken heel, or not sure of your outfit; come by and enjoy the merriment with the three Bingo Queens. Here’s your chance to have some fun and maybe walk away with a valuable prize. You’re always a big winner at Keystone Bingo! Doors open at 6:30 pm and the first game is scheduled to start at 7 pm. Smiles and friendships will last forever. Bingo cards will be available for $1 or 6 for $5. All proceeds go to the Youth Program.
Hate Excess Hair? Call (716) 8-X-S-HAIR Today!
Or Visit www.executiveclearance.com
Thursday Night Dining & Entertainment at Hollywood Casino & Penn National Race Track

*Dinner and Casino entertainment are at the individual's expense.*

**Final Cut Steak House**

High class dining with entrees priced between $35 and $40. Open until 10:00 pm. Prices are $25 to 42.

**Mountainview Dining & Terrace Lounge**

Unfortunately, the casino cancelled racing on Thursday night and therefore, this restaurant is not open.

**Epic Buffet**

A buffet of epic proportions! They have an all you can eat for $19.99. Open until 8:00 pm.

**Celebrity Grille**

Contemporary American favorites. Open until 11:00 pm.

**Skybox Sports Bar**

Standard sports bar menu priced $8 to $14. Open until midnight.

Thursday Night Casino Shuttle Schedule

The Shuttle bus will leave the hotel at 6:00 pm and make 1 trip to the Casino. The shuttle bus will leave the Casino at 10:30 pm and 11:30 pm. Note: the last shuttle bus leaves the casino at 11:30 pm.

<table>
<thead>
<tr>
<th>Sheraton (Outside Hotel Lobby)</th>
<th>Hollywood Casino (Outside Main Entrance)</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:00 pm</td>
<td>10:30 pm</td>
</tr>
<tr>
<td>11:00 pm</td>
<td>11:30 pm</td>
</tr>
</tbody>
</table>

Please Be Gracious

*It is customary to tip the shuttle bus driver $1 there and $1 back.*

**Photo Identification is Required to Enter the Casino!!**

“A Celebration of Gender Diversity!”
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00a</td>
<td><strong>Friday Registration (open until 4:30 pm)</strong></td>
<td>Dogwood, Chestnut, Elm</td>
</tr>
<tr>
<td>9:00a</td>
<td><strong>Intimate Partner Violence in the Transgender Community</strong> by Katie Taylor, Heidi Notario-Smull</td>
<td>Dogwood</td>
</tr>
<tr>
<td></td>
<td><strong>Internet Dating</strong> by Dr. S. Kristine James</td>
<td>Chestnut</td>
</tr>
<tr>
<td></td>
<td><strong>The Middle Path: How to Live Happy, Safe &amp; Healthy in Both Genders</strong> by Kelly Ann Dennis, Denise Steale</td>
<td>Elm</td>
</tr>
<tr>
<td>10:30a</td>
<td><strong>Facial Feminization Surgery</strong> by Dr. Doug Ousterhout</td>
<td>Dogwood</td>
</tr>
<tr>
<td></td>
<td><strong>Male-To-Female Voice Feminization</strong> by Renee Blaker</td>
<td>Chestnut</td>
</tr>
<tr>
<td></td>
<td><strong>Relationship Priorities—Languaging, &amp; Negotiation</strong> by J &amp; S Bienvenu</td>
<td>Elm</td>
</tr>
<tr>
<td>12:00p</td>
<td><strong>Friday Luncheon with Keynote Speaker Donna Rose</strong></td>
<td>Commonwealth Ballroom</td>
</tr>
<tr>
<td>1:45p</td>
<td><strong>Neurobiological Evidence for Transgenderism—Updated</strong> by Dr. Cerise Richards</td>
<td>Dogwood</td>
</tr>
<tr>
<td></td>
<td><strong>Transgender Therapy: Where We Are, Where We’ve Been</strong> by Sherri Tancyus</td>
<td>Chestnut</td>
</tr>
<tr>
<td></td>
<td><strong>MTF Top &amp; Bottom Surgery</strong> by Dr. Sherman Leis</td>
<td>Elm</td>
</tr>
<tr>
<td>3:15p</td>
<td><strong>Addiction in the Transgender Community</strong> by Alexis Bruno</td>
<td>Dogwood</td>
</tr>
<tr>
<td></td>
<td><strong>Surgical Refinements for Transgender Patients</strong> by Dr. Joel Beck</td>
<td>Chestnut</td>
</tr>
<tr>
<td></td>
<td><strong>FTM Top &amp; Bottom Surgery</strong> by Dr. Sherman Leis</td>
<td>Elm</td>
</tr>
<tr>
<td>4:30p to</td>
<td><strong>Keystone Reception &amp; Charity Auction (see page 16 for details)</strong></td>
<td>Dogwood, Chestnut, Elm</td>
</tr>
<tr>
<td>6:30p</td>
<td><strong>Shuttle Buses Leave for All Restaurants in Downtown Harrisburg</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td><em>(In Front of Hotel Main Lobby)</em></td>
<td></td>
</tr>
<tr>
<td></td>
<td><em>Please remember to bring your restaurant ticket and name tag</em></td>
<td></td>
</tr>
<tr>
<td>6:30p</td>
<td><strong>Dinner in Downtown Harrisburg</strong></td>
<td></td>
</tr>
<tr>
<td>7:00p to</td>
<td><strong>Clubbing at Stallions Nightclub</strong></td>
<td></td>
</tr>
<tr>
<td>9:00p</td>
<td><em>(Shuttle Busses Run Continuously All Night Back to the Hotel)</em></td>
<td></td>
</tr>
</tbody>
</table>

**Genetic Female Spouses and SOs! Please come join us in the Susquehanna Suite on the 10th Floor for the Significant Other Sanctuary on Friday, from 1:45 to 3:15 pm and Saturday, from 1:45 to 4:30 pm. See page 25 for information.**
## Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Fir</th>
<th>Birch</th>
<th>Ash</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00a</td>
<td><strong>Yin/Yang—Finding Balance in Your T-ness</strong></td>
<td>Practical Self-Defense for the Transgender Community</td>
<td>9:00a</td>
</tr>
<tr>
<td></td>
<td>Donna Rose</td>
<td>Nate Wolfe</td>
<td></td>
</tr>
<tr>
<td>9:00a</td>
<td><strong>Gender Concepts &amp; Spiritual Traditions of South &amp; Eas Asia</strong></td>
<td>Writing Transgender Fiction: Styles &amp; Form</td>
<td>10:30a</td>
</tr>
<tr>
<td></td>
<td>Dr. Ken Dollarhide</td>
<td>Sophie Lynne</td>
<td></td>
</tr>
<tr>
<td>10:30a</td>
<td><strong>It's Not All About You</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Dr. Maureen Osborne</td>
<td>Skin Care Truths, Myths &amp; Tips</td>
<td>1:45p</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Laura Clair</td>
<td></td>
</tr>
<tr>
<td>1:45p</td>
<td><strong>Let's Talk About Sex… (Age 23 and under only)</strong></td>
<td>Keystone Yoga</td>
<td>3:15p</td>
</tr>
<tr>
<td></td>
<td>Erica Rich</td>
<td>Nate Wolfe</td>
<td></td>
</tr>
<tr>
<td>3:15p</td>
<td><strong>Friday Night Activities in the Hotel</strong></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Looking for an alternative activity to dinner and clubbing in downtown Harrisburg? Join us at these activities...

### Friday Night Activities in the Hotel

<table>
<thead>
<tr>
<th>Room:</th>
<th>Dogwood</th>
<th>Chestnut</th>
<th>Elm</th>
</tr>
</thead>
<tbody>
<tr>
<td>5:00p to 6:00p</td>
<td></td>
<td></td>
<td>Staying Strong</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Alexis Bruno</td>
</tr>
<tr>
<td>6:30p to 8:00p</td>
<td></td>
<td></td>
<td>Amongst Friends</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Alexis Lake</td>
</tr>
<tr>
<td>8:15p to 9:30p</td>
<td>Movie: “Two Spirits”</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Casey S.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

“A Celebration of Gender Diversity!”
The Keystone Conference—with the help of TransCentralPA & the LGBT Center of Central PA—is delighted to present the **Date of Your Dreams** event for your pleasure, and to raise funds to benefit the Butterfly Ball for LGBT youth here during the Conference.

So many of us have attended so many glam dinner dances at gender conferences and formal dress charity balls, dressed to impress, and dined & spent the evening alone. That’s not going to happen at the Keystone Conference 2011! You’ll be sure to be on time to the cocktail reception Friday night prior to our dining out on Restaurant Row, because you won’t want to miss your chance to bid on the **Date of Your Dreams**! At 5:00PM in the midst of the Keystone Reception our emcee & auctioneer Cheryl will be presenting for live bid a selection of handsome and beautiful (remember- this is a gender conference!) gentlemen & ladies that will be the date for the formal dinner dance on Saturday night to their highest bidder. Your date will arrive at your door, in elegant attire, to escort you to dinner and will be your companion for the evening’s festivities. How sweet can it be!

Our volunteers are board members of the LGBT Center of Central PA and other Central PA LGBT organizations, and are delighted to take part in this enjoyable affair. All profits from **Date of Your Dreams** will be considered donations to the LGBT Center, and are fully tax deductible to the extent of IRS tax law.

---

Planned Parenthood of Central Pennsylvania has started a social and educational support program for the queer youth community in the York area. We have created a safe environment for young gay, lesbian, bisexual, transgender, queer, and questioning people and their allies who are between the ages of 14 and 21. THE CURVE meets every other Thursday evening at the Planned Parenthood facility from 6:30-9:00 pm (come around back to door C). See you there!

http://www.myspace.com/glbtyork
2nd Annual Butterfly Ball

A Celebration of Transformation

High school and college are times of personal growth and change. They are both periods in the lives of people dedicated to personal exploration and discovery. Everyone changes during these times, sometimes just a bit, sometimes a lot, and some of us truly transform.

The Second Annual Butterfly Ball, held at the Sheraton Harrisburg-Hershey Hotel, is a celebration of those transformations and the people brave enough, smart enough, and strong enough to make them. This ball gives LGBTQIA youth a chance to celebrate who they are without fear of judgment or discrimination. As part of their event, the youth award one, very special individual with the Absolem Award, recognizing their exceptional personal transformation and involvement in the youth community.

March 11, 2011

The LGBT Community Center Coalition of Central Pennsylvania in conjunction with TransCentralPA, Allies at Millersville University & Common Roads are working together to provide the LGBTQIA youth this opportunity. Last year’s Butterfly Ball was a great success, and this year’s event can be even greater with your support. If you or your organization would like more information about this very special opportunity for the LGBTQIA youth in our area, then please contact us at info@centralpalgbtcenter.org
Supporting and Partnering with All Communities To End Sexual Violence

PCAR
PENNSYLVANIA COALITION AGAINST RAPE

1-888-772-PCAR
www.pcar.org
### Friday 8:30 am

**Newbie Kaffee Klatsch**  
with Jenny Jensen, Welcome Program Director  

Newcomers and returning attendees are cordially invited to attend the Keystone Kaffee Klatsch each morning at 8:30 am near the registration desk. It's an informal gathering to help those who may be a bit uneasy about attending a conference or being out in public for the first time. Come and meet new friends, get help deciding which workshops & activities to attend and find out what the Keystone Conference is all about. So stop by and ask those all important questions and help set a course for a most enjoyable time at the Keystone Conference!

### Friday 9:00 am

**Intimate Partner Violence in the Transgender Community**  
Heidi Notario-Smull  
Katie Taylor  

Victim/survivors of sexual and domestic violence in the transgender community often face barriers to seeking services that others do not encounter. This workshop will discuss domestic and sexual violence in the transgender community as well as how to navigate existing barriers and access relevant services. The presenters will talk about these issues from an introductory level and will engage participants to share ways we can further improve services and build community collaborations.

**Internet Dating**  
Dr. S. Kristine James  

"From long term relationships to one night stands; from the cyber creep factor and cyber snags to meaningful relationships; new friends are waiting to meet you – but where are they? Let’s start our discussion by identifying what you are seeking in a long term or short term relationship, then develop a dynamic profile that will get the results that you desire and weed out the phonies. We will share together our desires, success and failure stories and identify the pitfalls of internet dating."

**The Middle Path: How to Live Happy, Safe & Healthy in Both Genders**  
Kelly Ann Dennis & Denise Steale  

Presented by two professional ladies who spend more than half their lives as successful business and family men. Keeping two separate identities alive and well is a challenge in the modern post-911 era, as well being a necessity to protect more conservative family and career relationships. We focus on: successful presentation of male and female identities, fashion and makeup, ID's and the law, socialization keys in mainstream company, some well proven "tricks" of our craft, medical health tips, and developing your confidence in either persona.

**Yin/Yang - Finding Balance in your T-Ness**  
Donna Rose  

A key concept in finding fulfillment in life is balance. Finding it is difficult. Keeping it seems almost impossible. How can you prevent your "T-ness" from becoming an all-consuming poison pill in your life? In your relationships? In your career? This unique workshop will provide some healthy thoughts and strategies to consider.

**Practical Self Defense for the Trans-Community--When Running Isn’t an Option**  
Nathaniel Wolfe  

"The transgendered community is often the target of violent hate crimes. This workshop will give you some ideas of how to handle yourself in the event that you or your loved ones are targeted for brutality. There are simple moves and states of awareness that can help you stack the deck in your favor in the threat of immanent violence. A little bit of knowledge can mean the difference between life and death."
### Facial Feminization Surgery
**Dr. Douglas Ousterhout**

Dr Ousterhout will present his philosophy regarding facial feminization based on the anatomical differences between the male and female skulls. There will be discussions also about soft tissue surgery such as facelifts, breast augmentations, etc. Photographic results of pre and post surgery patients will be shown. Dr Ousterhout will be available after the presentation for private consultations.

### Male to Female Voice Feminization: Stretch! Breathe! Resonate! Hydrate! and Other Important Aspects of Achieving and Maintaining a Healthy Vocal Mechanism
**by Renee Blaker**

Your voice tells your story; it is the music that accompanies your words...Healthy voice feminization is as important, or more so, as dress, make-up, non-verbal feminine language and all the other things male to female transition entails. You owe it to yourself to find your unique voice in a healthy, safe environment. This workshop will help guide you on that journey. Learn basic speaking voice exercises and ways to try to keep your vocal mechanism healthy while finding your feminine voice.

### Relationship Priorities – Language
ing and Negotiation: An Approach to Keeping the Relationship Together while Transitioning
**by Jude Bienvenu & Susan Bienvenu**

Discussions often focus on the needs of the transitioning transgender individual, somewhat exclusive to the needs of the relationship with a partner. This course will turn the focus to the relationship between the transgender person and their spouse. Transition is a very difficult time for a couple, and frequently leads to the loss of the relationship. We do not believe this has to be the inevitable outcome, and hope to offer our experiences in the hope that others can find them useful. We discuss aspects such as "couples transition," and skills in language and negotiation. These approaches are proven techniques in couples counseling, and have helped us tremendously in our journey through Jude’s transition. Come join us for discussions and exercises that can help bring a new understanding to the power of language and negotiation.

### Gender Concepts & Spiritual Traditions of South & East Asia
**by Dr. Ken Dollarhide, Dean & Professor of Philosophy at Kean University**

Within the religious and spiritual traditions of Asia there are many interesting and unique concepts of gender. For example among the Bugis people in Indonesia there are five different genders. The Kathoey of Thailand are well known but less known are the Buddhist foundation of this tradition. The Hijra of India and the Mak Nyah of Malaya have been studied but less well known is the bodhisattva Kuan-shih-yin, the Bodhisattva of Compassion sometimes mistakenly called the "goddess of mercy" who as a male descends from Tushita Heaven taking female form out of compassion for the world. By looking at these non-western notions of gender it may be possible to understand gender beyond the Western concept of a binary world.
Facial Feminization Surgery
A Guide for the Transgendered Woman

DOUGLAS K. OUSTERHOUT, M.D.

"It tells it all about FFS"

Available for purchase at:
Amazon.com
In Office, with Autograph*

Soft Bound $55.00
Hard Bound $50.00

*To order a copy from our office, please call #415-626-2888
Shipping available in USA and Canada

"A Celebration of Gender Diversity!"
When you reach a point of no return in your need to express your transgender self, it is both terrifying and exhilarating. Few of us exist in a social vacuum, and your need to express your inner gender is often confusing if not downright alarming for family, friends, colleagues, and significant others. Your journey of self-discovery can also crowd out the ho-hum details and responsibilities of everyday life, making you look and sometimes feel like that selfish jerk you have spent so many years trying not to be. How do you balance a growing inner drive to be more authentic and whole with an empathic awareness of the “shock and awe” being experienced by those in your social support network? If you have opted to keep your transgender nature and expression a secret, what are the costs vs. the benefits of that decision? What do we mean when we talk about the “transition” of others as they learn to wrap their minds around this emerging reality in their lives? Can you be sensitive to the complex feelings of your friends and loved ones without giving up your own right be the person you really are? These are some of the questions we will address in an interactive dialogue.
Senza Pelo Med Spa
formerly Arizona Laser Electrolysis and Skin Care

Full Clearings with Multiple Technicians

98% Painless Permanent Hair Removal - Lidocaine Injections $35/hour

Electrolysis per Technician is $75/hour

One Free Night Accommodation for Out-of-State Patients when Patient books Double Technicians Minimum 8 Hours for Two Full Days

Bring in Your Receipt From Your Flight & Book Two Full Days to Receive up to $300 in Free Laser

Appointments 602.246.1966

5702 N. 19th Avenue Phoenix, Arizona 85015
www.senzapelo.com

“A Celebration of Gender Diversity!”
My name is Jacqueline Marchwinski. I am a 59 year-old, post-operative, male-to-female transsexual. I am recently retired from Johnson & Johnson where I went to work as John for 25 years, and Jackie for the last three.

My workplace gender transition was flawless. What I came away with from this experience is; YES, you can do this with a little bit of planning and the right amount of management support.

This is not to say that what worked for me at Johnson & Johnson will work for everyone. In fact, the other thing I am convinced of is that every workplace gender transition is unique. Unique both in terms of the person transitioning AND the organization in which they are transitioning.

While each workplace transition is unique, there are aspects which all workplace transitions have in common. The need for an overall transition plan, a detailed communication strategy, a training approach, etc., are common to all workplace transitions.

This is where I believe I can help. Based on my own experience, as well as that of others I have advised, I believe I can provide a framework of the components of a detailed transition plan. The specific details of each component can then be tailored to meet the unique needs of the transitioning employee and organization, thus providing a customized approach, and increasing the likelihood of success.

Please contact me at:
jackietg56@aol.com
Addiction in the Transgender Community
by Alexis Bruno

This presentation will identify Trans specific substance abuse issues. Focusing on stressors that are specific to Trans individuals and the transitioning process which may link to and trigger substance. Other issues included will be indentifying ways to make your agency and your practice trans inclusive as well as providing information on ways to provide services and resource information for Trans clients who are living in a non-inclusive society.

Friday 3:15 pm

Surgical Refinements for Transgender Patients
Dr. Joel Beck

During Dr. Beck’s lecture, you will be introduced to key points in his philosophy and care of the transgender patient. By knowing the typical differences between the male and female bony structures of the face, you will learn and become more familiar with surgical procedures that will soften, feminize and enhance your natural beauty. Taking advantage of one’s facial assets, allows the patient to retain a sense of self while femininity is obtained. Dr. Beck understands that each individual has different aesthetic desires and is able to work with the patient to develop a personalized individual surgical plan that fits the patient’s lifestyle. Because of Dr. Beck’s complex surgical training, more advanced surgical manipulation can also be obtained in those who need more aggressive changes to the face and body. Our Bay Area facility is an international hub for Feminization and Masculinization surgery. With Dr. Marci Bowers, the two surgeons are at the forefront of holistic care for the transgender individuals. This will be touched on in addition to presenting before and after photos.

FTM Top & Bottom Surgery
Dr. Sherman Leis

Various options for FTM Top Surgery will be discussed and several cases will demonstrate the excellent results possible in masculinization of the chest. Options for Phalloplasty will also be discussed. Dr. Leis will utilize multiple case presentations to demonstrate the superior aesthetic results obtainable with his preferred technique of utilizing abdominal or groin flaps for Phalloplasty, labial deconstruction for Scrotoplasty and the options of testicular and penile implants. This surgery is done in one stage and results in a sensate penis, no grossly deformed donor site and the ability to have sexual intercourse with erotic sensation.

Let’s Talk about Sex (for 23 years-old and younger only!)
Erica Rich

Did the Sex-Ed lessons at your high school or college leave you thinking, ”What does this have to do with me and my relationships?” Unfortunately, most lessons about safer sex practices are geared (continued)
towards straight, cis-gender youth. Come to this workshop to learn about the best ways to reduce your risk of HIV and other sexually transmitted infections, regardless of your sexual orientation or gender identity. This workshop will be fun and informative, but most of all it will be inclusive!

Keystone Yoga
with Nate Wolfe

Come meditate, stretch and embrace your inner self through yoga.

Friday Night Activities in the Hotel

Friday 5:00 pm

Staying Strong
with Alexis Bruno

Staying Strong is a safe space for individuals of all ages who are or have dealt with addictions of various forms, including, but not limited to: substance abuse, gambling, food and sex. This is not a Twelve Step meeting, but rather an opportunity to meet friends, share stories and offer support to each other so we can be strong and lead healthy, positive lives. A professional counselor will be present if you have questions and information about addiction as well as steps to take to begin to deal with it.

Friday 6:30 pm

Amongst Friends
with Alexis Lake

"Would you like a chance to relax right here at the hotel instead of going out? "Amongst Friends" features a semi-structured conversation exploring why we decided to come, what we hope to get out of the conference, what we have already learned and enjoyed as well as sharing our personal challenges to being here. Bring your friends and meet new ones. This is a safe space where we can be ourselves, reflect and talk about what is important on this journey of discovery. This session is open to anyone, so come as you are and share.

Friday 8:15 pm

Movie "Two Spirits"

Two Spirits interweaves the tragic story of a mother's loss of her son with a revealing look at a time when the world wasn't simply divided into male and female and many Native American cultures held places of honor for people of integrated genders. Fred Martinez was na'dleehi', a male-bodied person with a feminine nature, a special gift according to his ancient Navajo culture. But the place where two discriminations meet is a dangerous place to live, and Fred became one of the youngest hate-crime victims in modern history when he was brutally murdered at sixteen. Between tradition and controversy, sex and spirit, and freedom and fear, lives the truth—the bravest choice you can make is to be yourself.

Glamour Boutique 2/Just You

Make-up Artist Amy E. Hoaeae from Las Vegas' Glamour Boutique 2 will be at the Keystone Conference offering personal transformations for $75 Please contact her at (702) 697-1800 to book your appointment now!

Visit: www.CrossdressLasVegas.com
CONGRATULATIONS

To

TransCentralPA
Transgender Education Association of Central Pennsylvania

and

The

KEYSTONE CONFERENCE
A Celebration of Gender Diversity

COMMON ROADS
Working to support lesbian, gay, bisexual, transgender and questioning youth in central Pennsylvania

LGBT center coalition

Save the Date

NOV 12 2011
For the spectacular
BOLLYWOOD

AT THE MARRIOTT AT PENN SQUARE LANCASTER PA

"A Celebration of Gender Diversity!"
Friday Evening Downtown

Friday Night Downtown Harrisburg Shuttle Schedule

Buses leave promptly for all restaurants at 6:30 pm. **Please ensure that you have your dinner ticket and conference name badge** (name badge needed for free admission into Stallions nightclub. Each restaurant has a hostess who will introduce herself on the bus and accompany you to the restaurant, so please feel free to ask them any questions. After dinner, the buses will pick up from the restaurants, then drop off at Stallions night club and then continue back to the Sheraton hotel. Buses will run on a continuous hourly loop between the nightclub and the Sheraton Hotel.

<table>
<thead>
<tr>
<th>Sheraton (outside hotel lobby)</th>
<th>Restaurants</th>
<th>Stallions (outside main entrance)</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:30p</td>
<td>7:00pm</td>
<td>9:45 pm</td>
</tr>
</tbody>
</table>

Please Be Gracious

*It is customary to tip the shuttle bus driver $1 there and $1 back*

Downtown Harrisburg’s Restaurant Row

We have made reservations for 15-30 people at each of the following restaurants at 7:00 pm. If you signed up to dine in downtown Harrisburg on Friday night, a restaurant ticket will be in your registration packet for the restaurant you chose. If you did not sign up and would like to join us, you can check at the registration desk to see if there are any tickets still available.

**Café Fresco** (215 North 2nd Street)

Asian American flavors alongside wine and drink specialties. Prices range from $10 for specialty pizzas and sandwiches to $30 entrées. Avg is $20’s

**Stock's on Second** (211 North 2nd Street)

The cuisine is American with an eclectic flair that includes Asian and Southeastern influences. Price $20-$30. Jazz music begins at 8:30 pm.

**Bricco** (31 South 3rd Street)

A Mediterranean and Tuscan styled restaurant. Pizzas and Primis are $11 to $22 with full entrees priced $24 to $38. Bricco is associated with the Olewine School of Culinary Arts at Harrisburg Area Community College.

**El Sol** (18 South 3rd Street)

Tucked away from the hustle and bustle of downtown and the newly expanding area of South 3rd Street, is authentic Mexican cuisine at it's best--El Sol Mexican Restaurant. Prices range from $10 to $22. Average price for entrees is about $15.

**Carley's Ristorante & Piano Bar** (204 Locust Street)

Traditional rustic Italian specialties, including homemade pastas, pizzas, veal and whole fish dishes. Priced $10 to $24. Musical entertainment.
Welcome Keystone Conference!
Free Admission
Friday Night
March 11, 2011
with Conference Name Badge

Harrisburg’s HOTTEST Night Spot!

Harrisburg Magazine’s “Simply the Best” Alternative Bar Eight Years in a Row!

706 North 3rd Street, Harrisburg, PA 17102 Phone 717-232-3060

“A Celebration of Gender Diversity!”
Hate Excess Hair? Call (716) 8-X-S-HAIR Today!

http://www.executiveclearance.com
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Room</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00a</td>
<td><strong>Saturday Registration (open until 5:30 pm)</strong></td>
<td></td>
</tr>
<tr>
<td>9:00a</td>
<td><strong>My First Year on Testosterone</strong></td>
<td>Dogwood</td>
</tr>
<tr>
<td></td>
<td>Nick Camp</td>
<td></td>
</tr>
<tr>
<td>9:00a</td>
<td><strong>Hormonal Treatment for Transgender People</strong></td>
<td>Chestnut</td>
</tr>
<tr>
<td></td>
<td>Dr. R. Levine</td>
<td></td>
</tr>
<tr>
<td>9:00a</td>
<td><strong>TRANSforming Our Praise...</strong></td>
<td>Elm</td>
</tr>
<tr>
<td></td>
<td>Rev Mykal Slack, Faith Goodwin</td>
<td></td>
</tr>
<tr>
<td>10:30a</td>
<td><strong>Strong Hearts, Strong Bodies, Strong Lives: Finding the Support...</strong></td>
<td>Dogwood</td>
</tr>
<tr>
<td></td>
<td>Amy Keisling, Lorraine Bock</td>
<td></td>
</tr>
<tr>
<td>10:30a</td>
<td><strong>Options for Medical Treatment of Trans-Youth</strong></td>
<td>Chestnut</td>
</tr>
<tr>
<td></td>
<td>Dr. R. Levine</td>
<td></td>
</tr>
<tr>
<td>10:30a</td>
<td><strong>Facial Feminization Surgery (FFS): Options &amp; Results</strong></td>
<td>Elm</td>
</tr>
<tr>
<td></td>
<td>Dr. Sherman Leis</td>
<td></td>
</tr>
<tr>
<td>12:00p</td>
<td><strong>Saturday Luncheon with Keynote Speaker Mara Keisling</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>(Pennsylvania Ballroom)</td>
<td></td>
</tr>
<tr>
<td>1:45p</td>
<td><strong>Masculinization of the Face in the FTM</strong></td>
<td>Dogwood</td>
</tr>
<tr>
<td></td>
<td>Dr. Douglas Ousterhout</td>
<td></td>
</tr>
<tr>
<td>1:45p</td>
<td><strong>Surgical Refinements for Transgender Patients</strong></td>
<td>Chestnut</td>
</tr>
<tr>
<td></td>
<td>Dr. Joel Beck</td>
<td></td>
</tr>
<tr>
<td>1:45p</td>
<td><strong>Dual Gendered</strong></td>
<td>Elm</td>
</tr>
<tr>
<td></td>
<td>Jeanine Ruhsam</td>
<td></td>
</tr>
<tr>
<td>3:15p</td>
<td><strong>Verbal Communication Issues for the Transgendered Individual</strong></td>
<td>Dogwood</td>
</tr>
<tr>
<td></td>
<td>Dr. Reinhardt Heuer</td>
<td></td>
</tr>
<tr>
<td>3:15p</td>
<td><strong>The Man You Always Were—Dressing Well for Who You Are Now</strong></td>
<td>Chestnut</td>
</tr>
<tr>
<td></td>
<td>Kate Cartmell</td>
<td></td>
</tr>
<tr>
<td>3:15p</td>
<td><strong>Finding Faith in a Most Unusual Place</strong></td>
<td>Elm</td>
</tr>
<tr>
<td></td>
<td>Joanne Bennett</td>
<td></td>
</tr>
<tr>
<td>4:30p</td>
<td><strong>Transmen Reception</strong></td>
<td></td>
</tr>
<tr>
<td>5:00p</td>
<td><strong>Staying Strong</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Alexis Bruno</td>
<td></td>
</tr>
</tbody>
</table>
## Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Fir</th>
<th>Birch</th>
<th>Ash</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00a</td>
<td><strong>MTF Genital Reconstruction, Breast Augmentation, Body Contouring &amp; FFS</strong>&lt;br&gt;Dr. Toby Meltzer</td>
<td><strong>Parenting a Trans Child</strong>&lt;br&gt;Dr. Michele Angello</td>
<td><strong>Trans Legal Workshop</strong>&lt;br&gt;Mara Keisling</td>
</tr>
<tr>
<td>9:00a</td>
<td><strong>FTM Genital Reconstruction &amp; Chest Surgery</strong>&lt;br&gt;Dr. Toby Meltzer</td>
<td><strong>Wig Selection, Styling &amp; Care</strong>&lt;br&gt;Donna Miller</td>
<td><strong>My SO is Trans!</strong>&lt;br&gt;Panel Discussion</td>
</tr>
<tr>
<td>10:30a</td>
<td><strong>Transgender Parenting</strong>&lt;br&gt;Sharon Brackett</td>
<td><strong>Unique Issues for Trans-Youth</strong>&lt;br&gt;Dr. Michele Angello</td>
<td><strong>The Movement vs. Me: Self-Care for Activists &amp; Advocates</strong>&lt;br&gt;Allyson Robinson</td>
</tr>
<tr>
<td>12:00p</td>
<td><strong>Trans on Campus</strong>&lt;br&gt;Dr. Blaise Liffick</td>
<td><strong>Sex, Love and Changing Bodies</strong>&lt;br&gt;Dr. Michele Angello</td>
<td><strong>Telling Your Children</strong>&lt;br&gt;Dr. Maureen Osborne&lt;br&gt;Alexis Lake</td>
</tr>
<tr>
<td>1:45p</td>
<td><strong>Trans on Campus</strong>&lt;br&gt;Dr. Blaise Liffick</td>
<td><strong>Sex, Love and Changing Bodies</strong>&lt;br&gt;Dr. Michele Angello</td>
<td><strong>Telling Your Children</strong>&lt;br&gt;Dr. Maureen Osborne&lt;br&gt;Alexis Lake</td>
</tr>
<tr>
<td>3:15p</td>
<td><strong>Trans on Campus</strong>&lt;br&gt;Dr. Blaise Liffick</td>
<td><strong>Sex, Love and Changing Bodies</strong>&lt;br&gt;Dr. Michele Angello</td>
<td><strong>Telling Your Children</strong>&lt;br&gt;Dr. Maureen Osborne&lt;br&gt;Alexis Lake</td>
</tr>
<tr>
<td>4:30p</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5:00p</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5:30p</td>
<td>Spring Fling Gala Reception with Crystal Thorne, Classical Guitarist&lt;br&gt;(Assembly Area)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7:00p</td>
<td>Spring Fling Gala Dinner with Keynote Speaker Allyson Robinson&lt;br&gt;(Salon A &amp; B)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:00p</td>
<td>Keystone Gala Dance with Musical Entertainment by Burning House&lt;br&gt;(Salon A &amp; B)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

“A Celebration of Gender Diversity!”
**Newbie Kaffee Klatsch**  
with Jenny Jensen, Welcome Program Director

Newcomers and returning attendees are cordially invited to attend the Keystone Kaffee Klatsch each morning at 8:30 am near the registration desk. It’s an informal gathering to help those who may be a bit uneasy about attending a conference or being out in public for the first time. Come and meet new friends, get help deciding which workshops & activities to attend and find out what the Keystone Conference is all about. So stop by and ask those all important questions and help set a course for a most enjoyable time at the Keystone Conference!

**Saturday 8:30 am**

**My First Year on Testosterone**  
Nick Camp

Deciding to begin hormones is an important step for most transgender people. Some may find the process new and scary, or simply exciting! The first year on Testosterone brings about many changes for the FTM, physically, mentally, and emotionally. This workshop will focus on my journey, how I discovered myself, how I got HRT, and the entire first year experience. There will be a multimedia presentation with audio and visual examples of changes within the first year, as well as advice to ease the process with friends, family, and significant others. I hope that attendees will leave the workshop feeling more at ease about HRT and transitioning in today's society.

**Hormonal Treatment for Transgender People**  
Dr. Richard Levine

The workshop will explore the issues in transgender medicine. It will include a didactic presentation with numerous case examples and a discussion of the medical evaluation and hormonal treatment for both male to female and female to male individuals. At the completion of this session the participant should be able to:

- Describe medical evaluation for transgender individuals
- Discuss the hormonal treatment options and protocols

**TRANS/forming Our Praise: A Time of Spiritual Enrichment and Truth Tellin’**  
Rev. Mykal Slack  
Faith Goodwin

Not just another theoretical discussion of transgendered spirituality, this is an opportunity to participate! Transgendered people have been told they are unnatural, they are rebelling against God, they are sinning, they are not worthy of God's love, that they are an abomination. These wrong and hurtful messages seep into our very souls, and simply debunking them does not release us from their insidious grip. Faith Goodwin says "I knew in my head that God loved me and my gender was OK with God. But I did not feel it in my heart until I came into God’s presence to worship honestly, without all the pretenses and walls I had put up as a man.”

Unfortunately many transgendered people feel that they can’t go to church, so they miss out on the healing that worshiping God as ourselves can bring. Our presentation (OK, you got us, it’s really a worship service) brings church to transgendered people, their families, and their allies. We will have high energy praise with contemporary music, when we sing and clap and dance for the Lord as we feel led. Then there will be a more contemplative time of reflective worship, with songs that direct us to look inward and upward. Mykal Slack, Director of Worship and clergy candidate, will lead an interactive message, and then we will offer communion to all who wish to receive, along with a personal blessing.

**MTF Genital Reconstruction, Breast Augmentation, Body Contouring & FFS**  
Dr. Toby Meltzer

MTF GRS and Breast Augmentation, Facial Feminization and Body Contouring via a PowerPoint Presentation presenting current techniques and before and after photos. He will be available for questions and answers directly after his lecture and will be available for private visits at other times during the conference.

**Saturday 9:00 am**

*Newbie Kaffee Klatsch*  
with Jenny Jensen, Welcome Program Director

Newcomers and returning attendees are cordially invited to attend the Keystone Kaffee Klatsch each morning at 8:30 am near the registration desk. It’s an informal gathering to help those who may be a bit uneasy about attending a conference or being out in public for the first time. Come and meet new friends, get help deciding which workshops & activities to attend and find out what the Keystone Conference is all about. So stop by and ask those all important questions and help set a course for a most enjoyable time at the Keystone Conference!
50%+ of transgender individuals are survivors of sexual violence.

42% of survivors believed gender was a contributing factor in their abuse.

20% of survivors were victims of dating violence.

29% of survivors were victims of partner violence.

29% of survivors had at least one female perpetrator.

12% of survivors were assaulted by another transgender person.

47% of survivors first sought help 5 or more years after the abuse/assault.

You don’t have to wait any longer to get help.

Support is available. Contact FORGE for details of how we can help empower your healing process.

Support Is Available.
Contact FORGE
PO Box 1272
Milwaukee, WI 53201
AskFORGE@forge-forward.org
414.559.2123
### Parenting a Trans-Child
by Dr. Michele Angello, Transgender Therapist and Certified Clinical Sexologist

One of the most challenging aspects of parenting a gender variant child is finding support for the whole family. If your child has almost any other medical condition, there are support groups, online forums, and compassionate healthcare providers willing to walk you through the steps of parenting your differently-abled child. Unfortunately for many parents of gender variant kids, this isn’t the case. You might find yourself struggling with your own understanding (i.e. “Why is my child like this?” or even, “Did I cause this?”). After accepting the fact that your child is a wonderful, lovable gift regardless of gender identity, you still need to deal with a multitude of details like coming out to family, primary care doctor, school, religious organization, and community. This workshop is meant to be a “give and take” and is set up for your support. Dr. Angello will present the issues that she typically deals with when working with families who have a gender variant child, and the floor will then be open to your experience and questions.

### Trans Legal Workshop
by Mara Keisling, Executive Director of the National Center for Transgender Equality

Transgender people face a myriad of legal issues, from changing their names and getting their gender marker changed on their driver’s licenses to dealing with campus and workplace discrimination. The laws regarding these and many other important matters are constantly in flux. Which states prohibit employment discrimination against trans people? Which states require a court order to change the gender marker on your birth certificate? What is the status of your marriage once you have changed your legal gender? In this workshop you will be brought up to date with these and other issues that are often critical to transgender people.

### Saturday 10:30 am

#### Strong Hearts, Strong Bodies, Strong Lives: Finding the Support You Need
Amy Keisling & Lorraine Bock

As human beings, each and every one of us needs to feel supported and appreciated. How we go about finding that support depends upon our environment, personality and life circumstances. Whether you are just starting to address gender issues, are in the thick of transitioning, or are adjusting to life post-transition, facing any of these challenges without support can be like walking a tightrope without a net. This program will address the importance of creating a supportive network to address your physical and emotional needs when life hands you events both routine and unexpected.

#### Options for Medical Treatment of Trans-Youth
Dr. Richard Levine

The workshop will explore the medical care for transgender youth- including children teens and young adults. We will start with a didactic presentation with numerous case examples. We will then proceed to a discussion of the many complex medical, psychological and social issues that are involved. At the completion of this session the participant should be able to:

- Review the theories about the biological causes of transgender feelings and the controversies regarding the psychiatric criteria and diagnosis
- Describe evaluation of children, teens and young adults with transgender feelings
- Discuss the treatment options and protocols

#### Facial Feminization Surgery (FFS): Options & Results
Dr. Sherman Leis

Utilizing power point, Dr. Leis will demonstrate and explain classic prototypes of masculine and feminine facial features. He will discuss a variety of options for feminizing facial features and demonstrate that in the majority of cases, excellent results can be obtained without extensive, expensive, and high risk cranio-facial surgery. Several cases are shown demonstrating excellent natural results from selective and customized facial feminization procedures.

#### Wig Selection, Styling & Care
by Donna of Donna’s Hair Studio

Complete analysis on proper wig selection for the CD/TG/TS community. Advice on style selection, color, size and care for your wig. Show the world the woman you know you can be!
November 16-20, 2011

www.ErieSisters.org

“A Celebration of Gender Diversity!”
**Transgender Parenting**
Sharon Brackett

A reflection on the personal experiences of a late transitioning transwoman with two teenage sons. We will address the fears and concerns expressed by adults with respect to the impact felt on a children of transgender parents. The presenter will draw on her own experiences with the court system and her recent custody battle in which she obtained a shared visitation settlement. She will also reflect on her interaction with youth in the groups she supports and mentors. This presentation is a "food for thought" perspective and should not be considered professional advice. The format will be open and participants will be encouraged to share their own stories.

---

**"My Significant Other is Trans...!"**
Panel Discussion

This participatory workshop will explore issues faced by couples—married or otherwise—that contain one transgender partner. We’ll try to learn what techniques and methods can help committed relationships survive the "T storm".

---

**Saturday 1:45 pm**

**Masculinization of the Face in the FTM**
Dr. Douglas Ousterhout

Your desires for being recognized without question as a male can be assisted by looking more masculine. Perhaps you would like to appear masculine without the need for a mustache or beard. I will be presenting my experience in improving the facial masculine appearance in over 80 males. I will be addressing those areas that differentiate a female skull and face from that of a male. Pre and postoperative results will be shown of representative surgeries as well as a few who have had several areas addressed to further their masculinity. Private consultation will be available after the presentation for those possibly interested in such surgery.

---

**Surgical Refinements for Transgender Patients**
Dr. Joel Beck

During Dr. Beck’s lecture, you will be introduced to key points in his philosophy and care of the transgender patient. By knowing the typical differences between the male and female bony structures of the face, you will learn and become more familiar with surgical procedures that will soften, feminize and enhance your natural beauty. Taking advantage of one’s facial assets, allows the patient to retain a sense of self while femininity is obtained. Dr. Beck understands that each individual has different aesthetic desires and is able to work with the patient to develop a personalized individual surgical plan that fits the patient’s lifestyle. Because of Dr. Beck’s complex surgical training, more advanced surgical manipulation can also be obtained in those who need more aggressive changes to the face and body. Our Bay Area facility is an international hub for Feminization and Masculinization surgery. With Dr. Marci Bowers, the two surgeons are at the forefront of holistic care for the transgender individuals. This will be touched on in addition to presenting before and after photos.

---

**Dual Gendered**
Jeanine Ruhsam

This participatory workshop explores the philosophical, historical and spiritual reality of those of us who are neither men, nor women…but both. While we usually refer to ourselves as Transgender, and while we conform to the gender binary in our need to survive financially and socially, we truly are both/and, not either/or.

---

**Transgender Parenting**
Sharon Brackett

A reflection on the personal experiences of a late transitioning transwoman with two teenage sons. We will address the fears and concerns expressed by adults with respect to the impact felt on a children of transgender parents. The presenter will draw on her own experiences with the court system and her recent custody battle in which she obtained a shared visitation settlement. She will also reflect on her interaction with youth in the groups she supports and mentors. This presentation is a "food for thought" perspective and should not be considered professional advice. The format will be open and participants will be encouraged to share their own stories.
Pick Your New Style and Attitude... We have you Covered!

No matter what your Feminine Fantasy: Sassy, Dynamic, Demure, Bold or Sexy, the Suddenly Fem brand at CrossDresser.com has you covered! We have been providing cutting edge fashions for the Crossdressing and Drag Queen Community for 20 years, so you are assured a perfect fit and a satisfying experience. Become feminine quickly and easily under the guidance of the transgender clothing industry leader. All of our clothing, lingerie, wigs, jewelry and accessories are specially designed and manufactured for the M2F transgendered shopper. Come experience the difference in fit and feel of clothing made just for you!

As opposed to every other online store selling to crossdressers, Suddenly Fem, stands alone with the knowledge and experience so that your garments and accessories FIT RIGHT THE FIRST TIME - saving you the time and hassle of buying & returning at other shops that simply sell plus size women's clothing styles. Step outside yourself and live out your fantasy. We look forward to appointing you with the most enticing fashions along your exciting journey into femininity. Trust the designers at Suddenly Fem To Help You Look Your Best.

(Orders 11a – 5p Monday – Friday EST - Order a free catalog anytime)

www.SuddenlyFem.com

“A Celebration of Gender Diversity!”
Save the Date!
April 6, 2011

CENTRAL PENNSYLVANIA
GAY AND LESBIAN
CHAMBER OF COMMERCE

The Central PA Gay & Lesbian Chamber of Commerce is excited to partner with the Lancaster Arts Hotel to host a workshop on networking in conjunction with their mixer on April 6, 2011 6:00 PM - 7:00 PM.

Making Connections that Make a Difference

will be presented by Myles D. Miller, CEO & Founder of LEADUP & MILO Service Enterprises LLC.

Please go to www.cpglcc.org for registration details.

Building Business,
Creating Community.
<table>
<thead>
<tr>
<th>Event Description</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adolescence is tough enough without dealing with gender variance! Youth and the parents of gender non-conforming young people are invited to participate in this dynamic discussion about some of the systemic variables to consider when dealing with being trans and being a minor. Issues regarding dealing with doctors, schools, places of worship, relationships and extended family will be discussed during this workshop. You are invited to bring your own experiences as well as your questions.</td>
<td><strong>Unique Issues for Trans-Youth</strong>&lt;br&gt;Dr. Michele Angello</td>
</tr>
<tr>
<td>Activism and advocacy draw passionate, others-focused people and our trans communities demand greatness from our front-line fighters, but these internal and external demands carry a high cost. This workshop explores challenges trans activists face in prioritizing personal well-being, costs of neglecting self-care and benefits of making it a priority. Participants will learn strategies for coping with the unique stressors associated with activism and will leave empowered to develop a simple, long-term, sustainable self-care plan.</td>
<td><strong>The Movement vs. Me: Self-Care for Activists and Advocates</strong>&lt;br&gt;Allyson Robinson</td>
</tr>
<tr>
<td>A workshop discussing the differences in communication patterns between biological males and females. Discussion and hands-on practice with modification techniques for the transitioning individual.</td>
<td><strong>Verbal Communication Issues for the Transgendered Individual</strong>&lt;br&gt;Dr. Reinhardt Heuer</td>
</tr>
<tr>
<td>By now, you’ve probably learned to dress in a consistent style that makes you feel comfortable. In this workshop, we will explore the details that truly make your clothing fit well, present you at your very best and support your individual sense of masculine style. One special focus will be looking groomed and pulled together, whether your dressed casually or the occasion calls for a jacket and tie. What you’ll learn: Balance and Line ~ For many men, the body has unique proportions that will never align with standard measurements. So, you’ll learn to create your own rules, ones that work for your own body ~ from head to toe ~ to create balance and masculine proportion in your clothes. Fit ~ Dressing to fit your real body requires a few tricks, using tools that are readily available. Learn them and look great -- toned and fit. Details ~ You’ll learn how to assess your best assets ~ and what you want to play down. Learn to shop in any men’s store with confidence. Putting it Together ~ You’ll learn how to feel truly confident in any setting, knowing that you fit in, yet stand out with confidence, with a style that is true you.</td>
<td><strong>The Man You Always Were – Dressing Well for Who You Are Now</strong>&lt;br&gt;by Kate Cartmell, Be Image Consulting</td>
</tr>
<tr>
<td>In prior Keystone Conferences Ms Bennett shared a personal journey of reconciling her gender identity to the Bible. Those prior seminars provided a Biblical challenge to a world view that ultimately condemns the transgendered. For Keystone 2011 her seminar moves beyond the original premise and examines the essential elements empowering a life of faith.</td>
<td><strong>Finding Faith in a Most Unusual Place!</strong>&lt;br&gt;by Joanne Bennett</td>
</tr>
<tr>
<td>The struggles faced by transgender college students every day are numerous and complicated. Join us in a discussion of the issues that a transgender person must deal with on a college campus including bathrooms, dorms, name usage and even transphobic groups on campus.</td>
<td><strong>Trans on Campus</strong>&lt;br&gt;moderated by Dr. Blaise Liffick</td>
</tr>
</tbody>
</table>
Telling Your Children
Dr. Maureen Osborne & Alexis Lake

There are many factors to consider in coming out to your children as a transgender parent. First, do they need to know at all, if you are not publicly transitioning? Of course, there are the how, when and where issues, not to mention the developmental level of the kids in question, and the knowledge/support of their other parent. These factors will all be addressed in this workshop. The more elusive aspects we want to challenge you to think about are your own level of comfort with yourself and your existing relationships with your children. What are your goals? What do you want them to feel and to understand about this part of you? How can you help them to feel safe and loved through this transition in your family? We will go over some basic recommendations to keep in mind, but also invite you to ask your own questions and share your personal experiences with telling your children - your successes, disasters, and everything in between.

Sex, Love and Changing Bodies
Dr. Michele Angello

We like to talk about it, but for some trans-people, talking about sex can also be a difficult topic. So, let’s create a safe environment to have an open, vulnerable discussion on everything from kink to embarrassing moments in the boudoir (or wherever you do it)! The intention of this session is to be a no holds barred talk about masturbation, sex with a partner(s) as transgender person, and how a transitioning body responds differently than it did originally. Bring your questions, experiences, helpful hints, and leave your embarrassment at the door!

Staying Strong
with Alexis Bruno

Staying Strong is a safe space for individuals of all ages who are or have dealt with addictions of various forms, including, but not limited to: substance abuse, gambling, food and sex. This is not a Twelve Step meeting, but rather an opportunity to meet friends, share stories and offer support to each other so we can be strong and lead healthy, positive lives. A professional counselor will be present if you have questions and information about addiction as well as steps to take to begin to deal with it.

Come join us for worship and friendship!

Metropolitan Community Church of the Spirit
2973 Jefferson Street
Harrisburg, PA 17110
www.MCCoftheSpirit.org
The Vagina Monologues
By Eve Ensler  V-Day Until the Violence Stops

Thursday,
March 24
6:30pm

Saturday,
March 26
2:00pm

Stage on Herr
268 Herr Street
corner of Herr &
Susquehanna Streets,
downtown Harrisburg

Tickets: $10 Cash
at the door

Accessible location / ASL Interpreters will be provided

Sponsored by the National Resource Center on Domestic Violence, Pennsylvania Coalition Against Domestic Violence, Disability Rights Network, National Sexual Violence Resource Center, and Pennsylvania Coalition Against Rape

For more information about this production, please contact
Heidi Notario-Smull or Kenya Fairley at 1-800-537-2238, ext. 5, or nrdv@pcadv.org.

Proceeds benefit TransCentralPA. For information about The Vagina Monologues and V-Day Initiatives, please visit VDay.org.

“A Celebration of Gender Diversity!”
Dr. Michele Angello  
Transgender Therapist and Certified Clinical Sexologist  
Dr. Michele Angello works with gender variant youth and adults. She offers individual, group and family therapy, as well as corporate education and training on a variety of issues of sexuality and has presented internationally on her work with trans-youth and working with children of transitioning parents. She facilitates several monthly support groups for transgender adults, youth and parents. Dr. Angello is often called on to speak as an expert on transgender issues to universities, corporations and the media. She has appeared on Larry King Live, the Tyra Banks Show, and various documentaries. She bases her practice in Paoli, PA.

Dr. Joel Beck  
Board Certified Plastic Surgeon of the Bay Area Aesthetic Surgery Center  
Dr. Joel Beck is Board Certified in Plastic Surgery and brings the highest standards of medical excellence to procedures of breast, body, and face. His technical skill, artistic sense, and sound judgment have earned him a reputation for providing his clients with fresh, natural appearing results. Dr. Beck's extensive training includes research and clinical experience in Burn Surgery, a Fellowship in Craniofacial Surgery, and intensive Plastic Surgery and Reconstructive training. While Bay Area Aesthetic Surgery is almost entirely dedicated to aesthetic procedures, Dr. Beck's background in Microsurgery and Reconstructive Surgery give him a powerful aspect on anatomy, spatial relationships, and healing - all critical components of a great cosmetic result. Dr. Beck has developed empathy, compassion, and a gentle approach as a result of treating those with devastating malformations and trauma. His ability to form connections with aesthetic patients puts them at ease and allows a comfortable exchange of ideas and information throughout the course of treatment.

Joanne Bennett  
Officially she is considered retired but Joanne continues to manage the day to day operations as the President and CEO of a Multimedia/Internet services company. She oversees and supervises a team of subcontractors specialized in Graphic Design, Art Design, Media Relations, and Copy Writing. Joanne transitioned in 2001 and lives in stealth. She is active in her church and is directly involved in an outreach ministry and has been accepted for enrollment for the 2011 fall term to complete course work for a Masters of Divinity. Upon successful completion of her MDiv she hopes to pursue a PhD degree in Christian Apologetics.

Jude & Susan Bienvenu  
Jude has a PhD in engineering, and transitioned at her workplace in 2009. Susan completed her Masters of Social Work in 2006, and her Masters of Acupuncture in 2010. They were married in 2002, and they took 5 years to complete Jude's transition. Susan has been a practicing acupuncturist this past year. Jude has been President of the Transgender Education Association of Washington DC (TGEA) since July of 2008.

Renee Blaker  
Speech-Language Pathologist  
Renee G. Blaker, M.A., C.C.C.,SLP, Speech-Language Pathologist has worked in hospital and clinical settings for over 40 years. Her passion throughout her career has been to help adults and children find their voices no matter what the individual concern, problem or disorder. Renee has a bachelor's degree from The George Washington University in Washington, D.C. and did graduate studies at Temple University and Trenton State College where she earned her Master's degree also in speech-language pathology. She is currently in private practice in Doylestown, PA, Bucks County. She can be found at the Papillon Center web site.

Lorraine Bock  
Bock Family Healthcare  
Lorraine Bock is a Family Nurse Practitioner in Primary Care. She is a 1994 graduate of the University of Pennsylvania School of Nursing and has a Masters Degree in Nursing. She is currently working on her doctorate at Waynesburg University in Pittsburgh. Her practice, Bock Family Healthcare, is located in Carlisle, PA. She treats patients of all ages with a holistic focus. Additionally, she provides acute and primary healthcare at Roxbury Treatment Center - a private hospital specializing in psychiatric and substance abuse care. She also works part-time in the Emergency Department at York Hospital. She has spoken nationally on issues related to health care in the transgendered population and has been caring
for transgendered individuals in the Harrisburg area since 2002.

**Sharon Brackett**  
Co-Founder of TransParent Day
Sharon Brackett is the parent of two accepting and supportive teenage boys, the President/CEO of her engineering services company, and the co-founder of TransParent Day. This self proclaimed Geek Girl, is a serial entrepreneur. In 2010 she was selected by Washington SmartCEO Magazine as one of the Smart100 CEOs for 2010. In her spare time she works with youth groups with technical interests such as rocketry and robotics and is a person you want on your team for Trivial Pursuit.

**Alexis Bruno**  
LSW
Alexis LaReine Bruno is a Licensed Masters Level Social Worker and a Certified Addiction Counselor in the State of Pennsylvania. She currently works as a Mental Health Therapist at the Pennsylvania Psychiatric Institute and she works per diem as a Substance Abuse Counselor at White Deer Run of Harrisburg. Alexis has been an LGBT advocate since her time at Shippensburg University, serving as the Treasurer and Vice President of S.A.L.E., the Students Advocating LGBTA Equality. While attending Shippensburg and working on her Bachelors Degree in Social Work she attended seven college level LGBT specific conferences and the Midwest Bisexual Lesbian Gay Transgender Ally College Conference in 2003. While completing her Masters Degree in Social Work at Syracuse University, she had the opportunity to attend the Gay and Lesbian Task Force’s Creating Change Conference in 2005. Alexis Continued her involvement in the LGBT community by volunteering for two years at the Q Center, the LGBT Youth Center in Syracuse, New York. She currently continues to volunteer with youth at Common Roads, an LGBT youth program in Harrisburg, Pennsylvania. In addition to her LGBT advocacy, Alexis has experience in specialized areas including: Domestic Violence and Sexual Assault counseling, Substance Abuse treatment and Inpatient Mental Health.

---

**Help science think OUT of the box.**

**Gender Identity, Sexuality and Navigation Project**

**How** would research change if science acknowledged that gender identity doesn’t have to be binary?  

**What** if identity and sexual orientation were viewed as fluid?  

**Help us** bring science into the 21st century!

**Stop by our table in the vendor area!**  
Participation takes only 20 minutes. Everyone welcome!

For more information, email Rachel.Levin@Pomona.edu

“A Celebration of Gender Diversity!”
Zynski

Massage Company
Donna Opuszynski CMT AAS BA

Specializing in:
Deep Tissue, Swedish,
Reflexology, Relaxation, Chair,
Aromatherapy

Chronic Pain and Athletes

www.zmassagetherapy.com  610 909-0097

Hotel * Office * Home Visits

Stop by the booth, get a Massage or Reflexology session and receive a FREE GIFT!

Male to Female, Facial Feminization, Hair Transplantation
Female to Male: Methidoplasty, Phalloplasty

Preecha Aesthetic Institute is operated by Dr. Preecha Tiewtranon, MD
and his colleagues.

Dr. Preecha has over 30 years experience in gender reassignment and facial feminization surgeries and has trained most qualified surgeons in Thailand.
Preecha Aesthetic Institute (PAI) is the first multidisciplinary aesthetic surgery institute. The PAI offers a full range of cosmetics and plastic surgery in modern hospital facilities with highly qualified cosmetic surgeons, Diplomat American Board of Surgery, Certified Plastic and Reconstructive Surgery (USA, Australia, Thailand).

http://www.pai.co.th   Consult@pai.co.th   Attention Peera
Local Referral: Pamela Hershome 717 933-0222  pamh00@yahoo.com
Presenter Bios

**Nick Camp**  
Nick Camp is a young adult originally from right here in Central PA. After High School Nick attended Hampshire College in Amherst, MA. Unfortunately, Nick was unable to finish his degree and after 2 years returned to Pennsylvania, where he is currently working at a local restaurant and looking into furthering his education and activism for the Trans Community.

**Kate Cartmell**  
**Be Image Consulting**  
Kate Cartmell began her fashion and beauty career with Macy’s as a sales associate and personal shopper, creating looks for hundreds of women over more than a decade. Her last role with Macy’s was as an executive for women’s ready to wear fashion, where she remained the source for clients’ personal style. She left Macy’s to join DHC Skincare, a luxury, Japanese beauty and holistic wellness company based in San Francisco. There, she is responsible for managing exceptional customer service provided to an international clientele. In 2010, she created Be Image Consulting, offering personal style and image counseling to women and men. Her specialty is translating current trends into modern, age-appropriate and wearable looks that enhance her clients’ self image. This, in turn, helps them to reach the personal and professional goals they aspire to. Be Image Consulting strives to teach transgender people to radiate the strength, confidence and beauty only we possess.

**Scarlett Cassidy**  
**Scarlett’s Makeovers**  
No bio provided.

**Candy Church**  
**Retired Clergy and Inventor of the CandyTarts**  
Church is the inventor of the CandyTarts, sold by Classic Curves International. CandyTarts are one of the more effective and dramatic ways of creating cleavage. She was on the cover of and featured in LadyLike and The Beautiful People magazines and has spoken at many Transgender venues including Espirit, Beauty at the Beach and SCC on how to create the female figure. She has helped girls all over the world. Candy is retired after 40 years as an ordained clergy. She continues to offer guidance concerning Transgender issues, spirituality and marriage counseling via her online presence.

**Laura Clair**  
**Certified Life Coach and Esthetician**  
Laura Clair is a certified life coach with an extensive medical aesthetics background. She has owned and operated many medi-spas. She has trained many physicians and other skin care professionals on different laser and aesthetic treatments. I have extensive training in skin care, makeup, and skin issues. Laura also specializes in working with men, transgenders and others to help them understand sexual issues, fantasies and fetishes. She can help you find who you are and be happy about it.

**Kelly Ann Dennis**  
**Kelly Ann Dennis is a retired tennis pro, former TV show host, and marketing consultant, specializing in non profits. As the former CEO of a major foundation, and married father, she (he) has spent years developing, and nurturing a dual and separate gender life. An athlete and outdoor adventurer, she is an active roller blader, hang glider, racing sailor, and kayaker.**

**Erica Deuso**  
**Gender Transition Liaison, Johnson & Johnson Family of Companies**  
Erica Deuso is currently employed by Johnson & Johnson where she currently serves as the Gender Transition Liaison in conjunction with the Human Resources department and the Gay and Lesbian Organization for Business and Leadership (GLOBAL) affinity group, in addition to her scientific role as a Research Biochemist and member of NOGLSTP. She has authored a comprehensive set of Gender Transition Guidelines for use in industry, which has been adopted by multiple Fortune 500 companies, and is currently consulting with others to aid in introducing their own guidelines specific to their workplace culture. She is also awaiting publication of these guidelines in the Journal of Human Resources. She works closely with local schools and universities to speak about acceptance and tolerance, and increase understanding among the young people who will some day run our country. She is also currently in the process of transitioning herself which makes the guidelines formed all the more relevant for her going forward.
Presenter Bios

Dr. Ken Dollarhide  
Dean & Professor of Philosophy at Kean University  
Ken Dollarhide was born on the Pine Ridge Indian Reservation in South Dakota and grew up on the reservation and surrounding towns in South Dakota and Nebraska. He holds a Ph.D. in Religious Studies and is currently Dean and Professor of Philosophy at Kean University in New Jersey.

Faith Goodwin  
Vision of Hope MCC  
Since walking through the doors of Vision of Hope MCC, Faith has been an outgoing and active addition to ministry. She brought with her many gifts, including a welcoming spirit that makes newcomers feel at home, vocal prowess that she brings not only to special music opportunities, but also to the Joyful Noise Choir, and an open heart for worship. Faith is also a member of our prayer team ministry, as well as a Sunday School teacher for Children's Church. She is deeply caring and can often be found offering assistance after worship during our time of hospitality, sitting with someone new and sharing stories or tinkering under the hood of someone’s car.

Dr. Reinhardt Heuer  
Professor at Temple University's Department of Communication Sciences and Disorders  
Dr. Heuer has had extensive experience in the modification of communication patterns in MTF and FTM transgendered individuals. He has been working with this population since 1972. He is currently on the faculties of Temple University and Otolaryngology Department of Drexel University.

Dr. S. Kristine James  
Executive Director of TransEvents USA, Inc.  
Dr. S. Kristine James is a noted lecturer, educator, publisher and management consultant. She received her Bachelor of Science degree in Business Management, with a minor in Marketing and Economics from the University of Rochester, Rochester, N.Y., She holds a Master of Science degree in Management Information and a Doctorate in Business Administration. Dr. James spent many years employed by public and privately owned business in finance, banking and manufacturing, before forming her own consulting business. She has presented business and financial seminars to over 175,000 people throughout the world as well as being an adjunct professor at community colleges. Kristine started a publishing company in 1983 which eventually grew to a major multi-division, multi-national business over a sixteen year span. It was sold in 2002 and still is in business. She is semi-retired, but still operates her event planning and management company. Kristine has been active in the trans Community since 1986 when she formed Cross Dressers International and the Greater New York Gender Alliance which is an organization representing all of the various groups in the Greater New York City community. She has been on the board of directors, and on the executive committee of IFGE for a number of years where she served as Treasurer. She is the Executive Director of TransEvents USA, Inc.

Tia Jackson  
Co-Founder of Lace Me Up Wigs  
Terri Stewart & Tia Jackson; Founder & Co-Founder of Lace Me Up Wigs LLC. A mother and daughter team, they are passionate about offering the Highest Quality, Fully Customizable, Human Hair, Full Lace Wigs available in the industry. In business since 2008, they are no strangers to servicing the transgendered community. Passionate about striving for equality, Tia has worked as a volunteer for the Philadelphia Equality Forum and regularly participates in Human Rights Campaign Events. Terri's college years at Temple University allowed her to make life long friends with those who live alternative lifestyles and in turn, raise her children to be tolerant and accepting of other people and their differences. Lace Me Up Wigs LLC allows Tia & Terri to give back, as well as benefit in many ways by helping women from all walks of life feel beautiful inside and out.

Amy Keisling  
ACSW, LCSW, BCD at Riegler, Shienvold & Associates  
Ms. Keisling is a Licensed Clinical Social Worker with over 20 years experience working with individuals, couples and families. She has been in practice with Riegler • Shienvold and Associates since 1993. Ms. Keisling earned a Bachelor's Degree from Dickinson College, and received a Master's Degree in Social Work from the University of Pennsylvania. Ms. Keisling's professional focus is on adolescent and adult
IT'S A CRIME TO EVER HAVE TO SHAVE AGAIN
populations. She works with individuals, couples, parents and teens to address areas of concern such as depression, anxiety or adjustment. In addition to her experience with women's health issues, pregnancy-related concerns, and postpartum depression, she is also interested in gender identity and the many factors that lead to healthy and satisfying relationships.

Mara Keisling  
**Executive Director of the National Center for Transgender Equality**  
Mara is the founding Executive Director of NCTE. A Harrisburg, Pennsylvania native, Mara came to Washington after co-chairing the Pennsylvania Gender Rights Coalition. Mara is a transgender-identified woman who also identifies as a parent and a Pennsylvanian. She is a graduate of Penn State University and did her graduate work at Harvard University in American Government. She has served on the board of Directors of Common Roads, an LGBTQ Youth Group, and on the steering committee of the Statewide Pennsylvania Rights Coalition. Mara has almost twenty-five years of professional experience in social marketing and opinion research.

Alexis Lake  
**MSS, LSW of Alexis Lake Therapy**  
Alexis Lake is a Licensed Social Worker specializing in individual, couples, partners, and family therapy. She works in private practice in Malvern and in Lititz, PA. As a graduate of Bryn Mawr College's School of Social Work and Social Research specializing in Clinical Social Work she is currently working with a broad spectrum of clients. Among her areas of expertise are loss, grief, depression, anxiety, relationship difficulties, sexual orientation and sexual identity as they relate to the individual, as well as his or her friends and loved ones. She has had experience working with acute mental illness in a hospital setting and has interned as a therapist for a center city Philadelphia clinic that specialized in serving the LGBTQ population.

Dr. Sherman Leis  
**Director of the Philadelphia Center for Transgender Surgery**  
Sherman N. Leis, D.O., F.A.C.O.S. is Professor and Chairman of Plastic and Reconstructive Surgery and Residency Program Director in Plastic Surgery at the Philadelphia College of Osteopathic Medicine. He is also Director and Chief Surgeon of the Philadelphia Center for Transgender Surgery. The Center represents a team of more than thirty professionals who have expertise in servicing the surgical and nonsurgical needs of transgender individuals. It is one of the few comprehensive centers of its type in the United States. He is a founding member and Past President of the ACOS Section of Plastic and Reconstructive Surgery and a member of the Board of Governors of the American College of Osteopathic Surgeons.

Dr. Richard Levine  
**Chief of Adolescent Medicine and Eating Disorders, Hershey Medical Center**  
Dr. Richard Levine is the Chief of the Division of Adolescent Medicine and Eating Disorders at Penn State - Hershey Medical Center. He is experienced in Trans-medicine and sees a number of children, adolescents and young adults for HRT and medical follow-up. He is pleased to accept any pediatric patients and patients in their teens and twenties for this medical care. He also see adults through age 50 for the medical management of an eating disorder such as anorexia or bulimia which can sometimes be present in Trans patients. His practice is located in a private office building across the street from the medical center in Hershey with easy access and privacy.

Dr. Blaise Liffick  
**Professor at Millersville University**  
Dr. Blaise Liffick is a computer scientist at Millersville University, where he has been on the faculty for 30 years. His office is a designated "Safe Zone" for LGBTQIA students, and he is the faculty advisor for MU's gay-straight alliance student organization MUAllies. He has been involved with the LGBTQIA community (with his wife Alanna Berger) as Operations Director of Silent Witness Peacekeepers Alliance for the past 5 years. He has been on the advisory committee for the Lancaster chapter of Common Roads and assisted with the planning of the Pride celebration in Lancaster, PA in 2008. Currently he is on the Executive Committee of the PASSHE LGBTQIA Consortium, an organization of the 14 universities of the PA State System of Higher Education offering support, education, and advocacy related to issues of sexual orientation, gender identity, and gender expression. He is also the chairperson of the Millersville University LGBTQIA Committee, chairs the Safe Zone Committee, and is a Safe Zone program trainer.
Presenter Bios

Sophie Lynne  
English Teacher and Author  
Sophie Lynne is a former English teacher and published author. Her work has appeared in international magazines. She holds Bachelors and Master degrees in Education. Currently she is creates training for corporate clients and is trying to sell her first book. She lives in suburban Philadelphia.

Dr. Toby Meltzer  
Plastic and Reconstructive Surgeon  
Dr. Toby Meltzer graduated from LSU Medical School in 1983 and is board certified in both General and Plastic Surgery. He is an active member of the American Society of Plastic and Reconstructive Surgeons. He started practicing at Oregon Health Sciences University in 1990 and began private practice in 1996 in Portland, Oregon. He moved to Scottsdale, Arizona in 1993. He has privileges at Scottsdale Healthcare Osborn Campus at the Greenbaum Surgery Center and Scottsdale Healthcare Shea Campus. Dr. Meltzer performs approximately 200 Genital Reconstruction Surgery (GRS) cases per year. He performs both MTF and FTM genital reconstruction surgery. In addition, Dr. Meltzer performs surgery to feminize the face and body, breast augmentation and chest reconstruction, body contouring and standard cosmetic procedures.

Donna Miller  
Donna's Hair Studio  
Donna Miller has been the owner/operator of Donna's Hair Studio and Spa for over 30 years. The salon is conveniently located in Ewing, New Jersey about an hour from both Philadelphia and New York City. The salon offers full hair care services as well as nail care, pedicures, facials, waxing, makeup application and lessons, and a wig boutique. The salon is transgender friendly and has serviced the community for over 25 years. Donna has traveled to various workshops and group meetings and has appeared on national talk shows on behalf of the community. Visit their website at www.donnashair.com or friend their Facebook page!

Heidi Notario-Smull  
Training Specialist for the National Resource Center on Domestic Violence (NRCDV)  
Heidi Notario-Smull is originally from Cuba and has resided in the U.S for the past 15 years. Heidi works at the National Resource Center on Domestic Violence as part of the Technical Assistance team as a Training Specialist. She also works as an advocate for individuals with disabilities and Deaf individuals at the Disability Rights Network of Pennsylvania (DRN) since 2004. Heidi holds a Masters Degree in Sociology from Lehigh University.

Dr. Maureen Osborne  
Gender Psychologist  
Dr. Maureen Osborne is a licensed psychologist with over 25 years experience as a therapist, specializing in gender identity issues for the last 16 years. She earned her Ph.D. degree in Clinical Psychology at the University of Missouri-St. Louis in 1984, and is a member of the American Psychological Association, the Philadelphia Society of Clinical Psychologists, the World Professional Association for Transgender Health (WPATH), and Division 44 of the APA, which deals with GLBT issues. Dr. Osborne’s theoretical orientation and training in Contextual Therapy has led to an interest in relational ethics and justice dynamics as they apply to the transgender journey. She has presented talks and workshops at many different national and international gender conferences, and appeared in the MSNBC documentary, “A Change of Gender.” She has contributed a monthly column for the online publication TG Forum called “Checking in with Osbo’s Bridge Club. Dr. Osborne maintains a private practice in Malvern, PA, and is an adjunct therapist with the Papillon Gender Wellness Center in New Hope, PA.

Dr. Douglas Ousterhout  
MD, DDS  
Dr Ousterhout's practice is located in San Francisco, California where he is a Full Clinical Professor at UC San Francisco, Board Certified Plastic Surgeon, member in at least 18 medical societies worldwide. Past President of the American Society of Maxillofacial Surgeons and Pan Pacific Surgical Society. Found one medical journal and on the Editorial Board of four plastic surgery journals. Has presented and published scores of scientific papers. Published two books: "Aesthetic Contouring of the Craniofacial Skeleton" and "Facial Feminization Surgery."
Kevin Poling
Director of Travel & Patient Services for Satori World Medical
Mr. Poling is a seasoned travel and customer service professional with over 20 years experience in the global travel industry. Kevin has undergone extensive training, specializing in the art and science of customer relationship management. Prior to joining the Satori, Mr. Poling played a vital role in developing and implementing a robust corporate travel department which focused on client service excellence. Mr. Poling has held key positions throughout his career with prestigious travel and client service management companies including American Express, Carlson Wagonlit Travel and TQ3 Navigant International. Mr. Poling obtained his degree in travel & hospitality from Hammel College in Akron, Ohio and is a member of the International Association of Travel Agents.

Erica Rich
Planned Parenthood of Central PA Youth Program Coordinator of The Curve
Erica Rich has been Youth Program Coordinator for Planned Parenthood of Central PA for the past three years. She provides training and outreach to young people on healthy sexuality and leads two youth programs—a Peer Education program, where teens learn to mentor their peers on sexual health issues, and THE CURVE, a support and social group for LGBTQQA youth ages 14-21. Erica earned a Bachelor of Sciences degree in Psychology with a minor in Women’s Studies from Western Michigan University and has received extensive training in comprehensive sexual health education.

Amanda Richards
True Colors Make-Up Artistry
Amanda, a professional makeup artist and licensed cosmetologist, runs her “True Colors Make Up Artistry” salon in Bethlehem, PA, and also travels to many transgender events nationally where she lectures on makeup and skin care for Transgender people. She is nationally known for her craft in bringing out the best of her client’s features, tastefully and stylishly.

Dr. Cerise Richards
MD, FACS, Former Chief of Urology at the DC Veterans Affairs Medical Center
Dr. Cerise Richards is a retired Urological Surgeon with a fifty-year understanding of Transgenderism. She was a former Clinical Professor of Urology and Chief of Urology at the DC VA Medical Center, where she has cared for Transgendered patients. She is the former Medical Writer for Transgender Forum, Renaissance Community News and Transgender Education Association, where she has written over 50 medical articles. In 2009 she chaired a Symposium at the American Psychiatric Association's Annual Meeting entitled "The Neurobiological Evidence for Transgenderism". Twenty years of Scientific Research in humans has lead to the inescapable conclusion that Brain Gender Identity is determined in the womb and fixed at birth. She showed in multiple studies how Transgender Brains think, smell, and hear like the opposite sex. Internationally accepted guidelines were presented and subsequently published by the Endocrine Society as a Clinical Practice Guideline for the Endocrine Treatment of Transsexuals. In 2010 Dr. Richards chaired and spoke at IFGE’s Capital Conference Provider Day and gave a Keynote Address to Fantasia Fair 2010 entitled “The Transgender Continuum”. She shall give updated presentations to Keystone on each of these subjects.

Allyson Robinson
Associate Director of Diversity, HRC
Before becoming Associate Director of Diversity at the Human Rights Campaign in 2008, Allyson Robinson attended West Point, served as an Army officer, received a Divinity degree from Baylor University, and pastored Baptist congregations on two continents. She’s proudest, though, of her “thrilling” 16-year marriage and her four "mind-bogglingly well adjusted" children. She has served on the Boards of Directors of the International Foundation for Gender Education, the Association of Welcoming and Affirming Baptists, and Knights Out.

Donna Rose
Executive Director of the Central Pennsylvania LGBT Community Center
Donna Rose is a well-known author, speaker and advocate on transgender and transsexual issues. Her website is also a well-known source of information and support for and about the transgender community.
True Colors Makeup Artistry
by Amanda Richards
610-216-6394
www.truecolorstg.com
Presenter Bios

Jeanine Ruhsam
President of TransCentralPA
Jeanine Ruhsam has conducted workshops on the concept and reality of dual genderism at major gender conferences for many years. She serves as the President of TransCentralPA www.transcentralpa.org (Transgender Education Association of Central Pennsylvania), a 501 (c)(3) support and advocacy group now in its 22nd year serving the central Pennsylvania area. Along with her good friend Kristy Snow she is the co-founder and co-chair of the annual Keystone Conference: A Celebration of Gender Diversity. Jeanine is a member of the Board of Directors of the LGBT Community Center Coalition of Central PA www.centralpalgbtcenter.org ; the President of the Vanity Club www.vanityclub.com, an international so- rority of accomplished transwomen; and has recently served as a board member of the International Foundation for Gender Education www.ifge.org. In addition she has been a member and supporter of many transgender advocacy groups over the past decade. Jeanine lives in the wooded hills of CentralPA with her loving spouse and their furry dog Ruby.

Lynn Skinner
Professional Transgendered Voice Coach and Owner of Vocal Eyes Music
Lynn Skinner has been a professional singer and voice coach for over 30 years. Through her business, Vocal Eyes Music®, Lynn offers world-class live performances, several CD releases on her own record label, and private/group vocal consultation and training techniques. Coaching TG clients is extremely rewarding for Lynn. As a performing musician, Lynn regularly encounters risk, courage, and authenticity, and she easily integrates her knowledge of these elements into each TG voice session. In a safe, playful setting, Lynn explores the rhythmic, melodic, and expressive aspects the transitioning TG voice. She has also collaborated with Kathe Perez on several internationally acclaimed voice feminization CDs, and in 2010 released two TG voice training CDs of her own at CDbaby.com.

Rev. Mykal Slack
J.D., Master of Divinity
After spending several years fighting as an attorney for civil rights protections for workers, students, and renters alike at places like the NAACP Legal Defense and Educational Fund, Lambda Legal Defense and Education Fund and the ACLU LGBT Rights & HIV/AIDS Rights Projects, Mykal felt a different calling on his life, and so left the practice of law to attend Union Theological Seminary in the City of New York, where he became a Point Foundation Scholar and graduated in May 2007 with a Master of Divinity degree in pastoral ministry and theology, and with a focus on liturgical studies and vocal/gospel music. Since graduation, he has served Vision of Hope Metropolitan Community Church, a multi-site church in Mountville, Reading and York, PA, as its Director of Worship and one of now three clergy candidates. In his work, Mykal engages all aspects of worship leading, congregational care and ministry development. And in his spare time, he produces and performs in events that raise much-needed funds for gender-confirmation surgeries for his Transgender sisters and brothers.

Terri Stewart
Co-Founder of Lace Me Up Wigs
Terri Stewart & Tia Jackson; Founder & Co- Founder of Lace Me Up Wigs LLC. A mother and daughter team, they are passionate about offering the Highest Quality, Fully Customizable, Human Hair, Full Lace Wigs available in the industry. In business since 2008, they are no strangers to servicing the transgendered community. Passionate about striving for equality, Tia has worked as a volunteer for the Philadelphia Equality Forum and regularly participates Human Rights Campaign Events. Terri's college years at Temple University allowed her to make life long friends with those who live alternative lifestyles and in turn, raise her children to be tolerant and accepting of other people and their differences. Lace Me Up Wigs LLC allows Tia & Terri to give back, as well as benefit in many ways by helping women from all walks of life feel beautiful inside and out.

Sherri Tancyus
LCSW DCSW, Diplomate in Clinical Social Work
Sherri Lynne Tancyus LCSW is an M-to-F in transition. She holds a B.S. in Psychology from Bridgewater College in Bridgewater, Virginia and the Master of Social Work with a clinical concentration from the University of Alabama. She holds the highest credential in her field, the Diplomate in Clinical Social Work and has worked with over 200 transgendered individuals over her 30 plus year career and her work has gained her a regional recognition in the mid-Atlantic. Her approach is considered to be ecological and client centered because she works with the person in the environment. She also incorporates a strong
family preservation perspective in her work.

**Katie Taylor**  
**Technical Assistance Coordinator for the Pennsylvania Coalition Against Rape (PCAR)**  
Katherine Taylor is the Technical Assistance Coordinator for the Pennsylvania Coalition Against Rape (PCAR). She has 10 years of antiviolence work that spans the range of Sexual Violence, Domestic Violence, Antinuclear Organizer, LGBTQ Activist and Women and Genders Studies Adjunct Professor. Ms. Taylor holds her Masters degree in Community Psychology and Social Change from Penn State University and has published research on long-term activist resiliency in both the LGBTQ community as well as the Three Mile Island antinuclear activist community. Currently, she is working on issues surrounding sexual violence that include environmental justice and LGBTQ victim/survivor outreach.

**James W. Walker, VII**  
**Director of Executive Clearance Electrolysis**  
James W. Walker VII has been removing hairs for the TG community for over 20 years, and has many satisfied clients to show for his work. He comes highly recommended by many TG support groups, and has worked hard to bring good work to the hair removal community world wide through education programs for hair removal practitioners, and the common folk as well. Among other things he has been associate editor of The International Hair Route Magazine, and Moderator of HairFacts.com, the leading industry magazine, and internet hair removal site respectively. Mr. Walker has clients from around the globe, and travels extensively.

**Nathaniel Wolfe**  
Nathaniel Wolfe is a black belt instructor of Bai Lung Kung Fu and Tai Chi at the Carlisle Kung Fu Center. He is also a certified yoga teacher in the Himalayan Tradition and the owner of the Carlisle Hatha Yoga Center. He has spent the better part of the last decade studying martial arts, martial strategy, movement, self-awareness, and yoga, as well as the meditative techniques and philosophical aspects of eastern traditions. Mr. Wolfe graduated with a Bachelor’s degree, double majoring in English/Writing, and History, with a minor in philosophy from Messiah College in 1994. He has lived in the mountains of Perry County with his wife since 1997. Mr. Wolfe was involved in Renaissance LSV chapter in the late 90’s and early 2000’s, where he also served on the board and edited the monthly newsletter. In the recent past, he has served on the Board of Directors of Common Roads.

***Need to Contact One of the Presenters?***  
Visit the website www.Keystone-Conference.org for their web and email addresses.

---

**LACE ME UP WIGS™**  
Human Hair, Custom & Stock Full Lace Wigs  
800.932.1779  
www.LaceMeUpWigs.com

---

“A Celebration of Gender Diversity!”
The following individuals, businesses and entities are offering information and special services during the Keystone Conference. Visit them in the Vendor Area, located in Salons C, D & E on the main floor of the hotel. Please contact these individuals directly to schedule their services.

Dr. Sherman Leis of the Center for Plastic and Reconstructive Surgery in Philadelphia
Dr. Sherman Leis is offering personal consultations at the Keystone conference. Please call Dr. Leis at (610) 506-4645 to schedule a personal consultation while at the Keystone Conference. After the conference, please call his office at (610) 667-1888 to schedule an appointment.

Dr. Joel Beck of Feminization Surgery
Dr. Beck will be offering personal consultations while at the Keystone Conference. Please visit Kathryn and Dr. Beck in the vendor area to schedule your complimentary consultation.

Dr. Toby R. Meltzer, MD, PC
Dr. Meltzer will be offering personal consultations while at the Keystone Conference. Dr. Meltzer's staff in the vendor area can assist you with scheduling an appointment or contact Dr. Meltzer's office at (866) 876-6329.

Dr. Douglas Ousterhout
Dr. Ousterhout will be offering personal consultations while at the Keystone Conference. Please contact Dr. Ousterhout's office at (415) 626-2888 or visit him in the vendor area.

Satori World Medical
Satori World Medical offers access to surgeons in Thailand & Canada for GRS & Plastics procedures. Mr. Kevin Poling, director of travel and patient services is providing personal consultations during the Keystone Conference. Contact Kevin at (619) 846-6834.

Executive Clearance Electrolysis
Executive Clearance offers fast, total clearing of unwanted hair. Stop by and say hello, and see what Executive Clearance can do for you. James Walker, owner of Executive Clearance, will be offering personal consultations while at the Keystone Conference. Contact him at (716) 897-4247 to schedule a personal consultation during the Keystone Conference.

Lee Nails
Located in the shopping mall strip behind the hotel, is offering 10% off all pedicure and manicure packages. Show them your coupon card to receive $5 off of a full set and $3 off a pedicure.

Amy Horaeae from Glamour Boutique 2/Just You
Make-up Artist Amy E. Hoaeae from Las Vegas' Glamour Boutique 2 will be at the Keystone Conference offering personal transformations. Please contact her at (702) 575-1027 to book your appointment.

Amanda Richards from True Colors TG Make-up Artistry
Amanda will be offering her make-over services during the Keystone Conference. Please contact her at (610) 216-6394 to schedule an individual session.

Jamie Austin from Austin's Angels
Jamie will be offering make-over and photo services during the Keystone Conference. Contact Jamie directly at (508) 360-6282.

Scarlett Cassidy from Scarlett's Sexy Make-overs
Conference Service Providers

Scarlett is available for makeup application while at the conference. Please visit her at the Glamour Boutique table.

Glamour Boutique
Glamour Boutique is one of the most comprehensive Transgender stores in the country and will be offering their products at the Keystone Conference. Please visit their table near the registration desk.

Ava Francesca Photography
Ava will be offering professional photography services during the conference. To make an appointment, please visit her in the vendor area or call her at (973) 495-8551.

Laura Clair
Laura, a Certified Life Coach and Esthetician, will be offering consultations during the conference.

Lace Me Up Wigs
Terri and Tia offer exceptional quality, Human Hair, Customizable Full Lace Wigs made according to your specific head measurements to provide a perfect fit. Please visit them in the vendor area for a personal consultation and fitting or call 800-932-1779. Keystone attendees receive free shipping, a $35 value.

Donna’s Hair Studio and Spa
Donna sells and services a wide variety of wigs. She’ll also be cutting and styling your own natural hair and hair pieces. Her specialty is up-dos. Please call her at (609) 540-1812 to schedule an appointment or to have your wig styled at the conference.

Name and Gender Marker Change Help
On Saturday, attorney Natalie Hrubos will be providing free, one-on-one counseling sessions to those attendees seeking advice on name & gender marker changes in the States of Pennsylvania and New Jersey. She’s here to answer questions not only about the process, but also how past legal issues, charges and judgments might affect your ability to change identity documents.

Zynski Massage Therapy
On the spot chair massage and reflexology. Custom blended oils, massage oils and soaps based on Aroma Therapy. Evening table massage available by appointment. Contact Donna at (610) 909-0097 to make an appointment. Chair massage special: 15 minutes for only $10.

Your Kid’s a Star Handbags
Custom made handbags with your memories as the design! Call Lorraine at (717) 443-9970 for more information or to place an order or visit her in the Vendor Area.

Pomona College Department of Biology
Dr. Rachel Levin and her staff will be recruiting and interviewing subjects for their study entitled “Get Science Out of the Box: Gender Identity, Sexuality and Human Navigation.” This is a project that is designed to take a more inclusive and progressive approach towards the examination of biological influences on gender identity and sexual orientation.

Alder Health Services
Information about Alder Health Services including: Primary Care/Mental Health Services available to the LGBT community; health information relevant to LGBT; HIV information and resources; safer sex material, including male and female condoms; and upcoming events of interest.

“A Celebration of Gender Diversity!”
Fantasia Fair is the longest-running annual trans event in the world. Held each year in the LGBT resort town of Provincetown, MA, this event is a full immersion experience. Attendees can, and usually do, spend the entire week presenting their gender as they wish. It is often said that "a week at Fantasia Fair is as close to living fulltime without actually going fulltime."

With everything you get, Fantasia Fair is an exceptional value. There are no hidden fees - everything is included in the registration. The week-long package includes over 60 workshops, daily keynote addresses, special sessions for partners and couples, cocktail parties, seven daily lunches/brunches, fashion show, the Fantasia Fair Follies, and not just one but TWO formal banquets!

There are discounts for early registration and reduced rates for partners. Check out the Fantasia Fair website for information on scholarships, discounts on lodging, and how to subscribe to our monthly newsletter.

There is a reason why Fantasia Fair has been around for more than 36 years, and why people return to it year-after-year.

Come experience the experience.

www.FantasiaFair.org
Conference Service Providers

PIA Institute Bangkok Thailand
Full Transgender surgical services.

TG Treasures
Custom jewelry in custom sizes. They provide custom designed, classic jewelry in styles and sizes to fit and complement and enhance everyone. “Let the woman outside sparkle as much as the woman inside”.

National Resource Center on Domestic Violence
Brochures, materials, and information concerning domestic violence in the LGBT community.

Pennsylvania Coalition Against Rape
working to eliminate all forms of sexual violence and to advocate for the rights and needs of victims of sexual assault.

Lynn Skinner
Available Thursday and Friday, Lynn can help you achieve that feminine voice through song (and have a little fun in the process!). Please call her at (303) 641-8865.

Vision of Hope MCC
Information on open and affirming places of worship where transgender people can feel safe and welcome. Ministry leaders will also be available for prayer or just to talk. Call or text Faith Goodwin 610-247-3359 or Mykal Slack 717-406-4485.

Equality Pennsylvania
Establishing a comprehensive network of individuals and organizations united in securing equal rights for the LGBT community in the Commonwealth of Pennsylvania.
The Keystone Conference Registration Desk and Vendor Area will be between the Assembly Area and Elevators. The Desk is open:

- Wednesday: 3:30 pm - 5:00 pm
- Thursday: 8:00 am - 4:30 pm
- Friday: 8:00 am - 4:30 pm
- Saturday: 8:00 am - 5:30 pm

**ATM is located in the hotel gift shop**

**The Thursday reception will be in the Dog & Pony Lounge (not shown below) located immediately to the right of the Pennsylvania Ballroom.**

**All meals are in the Commonwealth Ballroom (Salons A & B).**
Gender Reconstructive Surgery Male to Female
- Vaginoplasty
- Labiaplasty
- Breast Augmentation (Saline and Silicone)

Gender Reconstructive Surgery Female to Male
- Metoidioplasty
- Phalloplasty
- Scrotoplasty
- Urethral Lengthening
- Erectile Device
- Chest Reconstruction
- Testicular Expander and Implants

Facial Feminization
- Scalp Advancement
- Brow Feminization
- Rhinoplasty
- Face Lift
- Cheek Augmentation
- Chest Reconstruction
- Testicular Expanders and Implants

Cosmetic Procedures and Body Contouring
- Buttock Augmentation (Fat or Implant)
- Liposuction
- Abdominoplasty

Revision and Correction Surgery
- Urethral Repairs
- Labiaplasty, Labial Revision, Clitoral Revisions
- Others, please inquire

Dr. Meltzer is board certified by the American Society of Plastic and Reconstructive Surgeons and all major procedures performed in an accredited hospital facility.
Dr. Sherman Leis, Board Certified in General Surgery and Plastic and Reconstructive Surgery, is a medical school professor of surgery, director of residency training in plastic surgery, and has over 30 years surgical experience.

OFFERING THE FULL COMPLIMENT OF SURGICAL AND NON-SURGICAL PROCEDURES FOR TRANSGENDER INDIVIDUALS. SPECIALIZING IN THE MOST ADVANCED REASSIGNMENT PROCEDURES.

Surgical Procedures:

Facial Feminization Surgery (FFS)
- Forehead/Brow lift, bone contouring
- Rhinoplasty (nasal contouring)
- Chin, jaw or cheek augmentation or reduction
- Upper lip shortening, lip augmentation
- Thyroid cartilage (Adam's Apple reduction)
- Blepharoplasty (eyelid surgery)
- Rhytidoplasty (face lift)

Top Surgery (Chest Reconstruction)
- Breast augmentation or lift
- Breast reduction or removal

Bottom Surgery and Body Contouring
- Male-to-Female reassignment (labiaplasty, vaginoplasty)
- Female-to-Male reassignment (phalloplasty, scrotoplasty, testicular and penile implants)
- Buttock augmentation
- Liposuction (neck, abdomen, hips, thighs)
- Abdominoplasty (tummy tuck)
- Revision of previous surgery problems
- On-site overnight accommodations

Financing Available

Make your dreams come true with personalized and highly customized treatment plans for your special needs. For more information and to schedule a private consultation call 610-667-1888.