2014 KEYSSTONE CONFERENCE

A CELEBRATION OF DIVERSITY
Dr. Sherman Leis, Board Certified in General Surgery and Plastic and Reconstructive Surgery, is a medical school professor of surgery, director of residency training in plastic surgery, and has over 30 years surgical experience.

OFFERING THE FULL COMPLIMENT OF SURGICAL AND NON-SURGICAL PROCEDURES FOR TRANSGENDER INDIVIDUALS. SPECIALIZING IN THE MOST ADVANCED REASSIGNMENT PROCEDURES.

Surgical Procedures:

- Facial Feminization Surgery (FFS)
  - Forehead/Brow lift, bone contouring
  - Rhinoplasty (nasal contouring)
  - Chin, jaw or cheek augmentation or reduction
  - Upper lip shortening, lip augmentation
  - Thyroid cartilage (Adam’s Apple reduction)
  - Blepharoplasty (eyelid surgery)
  - Rhytidoplasty (face lift)

- Top Surgery (Chest Reconstruction)
  - Breast augmentation or lift
  - Breast reduction or removal

- Bottom Surgery and Body Contouring
  - Male-to-Female reassignment (labiaplasty, vaginoplasty)
  - Female-to-Male reassignment (phalloplasty, scrotoplasty, testicular and penile implants)
  - Buttock augmentation
  - Liposuction (neck, abdomen, hips, thighs)
  - Abdominoplasty (tummy tuck)
  - Revision of previous surgery problems
  - On-site overnight accommodations

Financing Available

Make your dreams come true with personalized and highly customized treatment plans for your special needs. For more information and to schedule a private consultation call 610-667-1888.
Welcome!

Welcome to the Sixth Annual Keystone Conference, "A Celebration of Gender Diversity," hosted by TransCentralPA in the capitol city of Harrisburg, Pennsylvania! You are in store for an informative, inspirational and joyous time among members and supporters of the Transgender community at the lovely Sheraton Harrisburg-Hershey Hotel.

As the keystone bridges and holds together associated entities, Trans-identifying people do the same, and the Keystone Conference is a celebration of the unique diversity of gender and our central and unifying place in society. Pennsylvania is known as the Keystone State because of its significance in unifying the early colonies, and it is quite relevant that we hold this conference here in the state’s capital, ideally located within an easy drive from six major east coast cities.

Thank you to the thousands of people who have attended Keystone in the past and have made it such an overwhelming success! From your suggestions, we have expanded the 2014 Keystone Conference by increasing the number of social and educational programs, broadening the range of Transgender topics and expanding the schedule to provide more opportunity to attend the seminars and workshops you want to see and hear.

Thank you for deciding to join us this weekend—we truly hope you will enjoy your visit and find comfort and meaningful experiences while you are here in Central Pennsylvania with your community.

With warm wishes,

TransCentralPA &
The Keystone Staff
Thank You to our Conference Sponsors

Dr. Kathy Rumer
Rumer Cosmetic Surgery

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(484) 416-0606
See ad on page 32 & 33 and Centerfold

Dr. Sherman Leis
Philadelphia Center for Transgender Surgery

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(610) 667-1888
See ad on pages 60 & 61 and front inside of the program booklet

Dr. Douglas Ousterhout
Plastic Surgeon, Facial Feminization Surgery

www.DrOFacialSurgery.com
(415) 626-2888
See ad on pages 46 & 47 and the back cover

Dr. Mark Zukowski
Zukowski Center for Cosmetic Surgery

www.MLZukowski.com
(847) 853-8869
See ad on pages 36 & 37 and back inside cover

Dr. Joel Beck
Feminization Surgery

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(650) 570-6066 (office)
See ad on pages 8 & 9

Dr. Alexander Sinclair
Board Certified Plastic Surgeon

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See ad on pages 72 & 73

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See ad on pages 66 & 67

Dr. Jeffery Weinzweig
Board Certified Plastic Surgeon

www.FemmeSurgery.com
(312) 642-0400
See ad on page 65

Dr. Nelson Howard
D.D.S., A.A.A.C.D

www.TransgenderDentistry.com
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See ad on page 59

Dr. Keelee J. MacPhee
Plastic & Reconstructive Surgeon

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See ad on page 98

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“A Celebration of Gender Diversity”
Conference Notes & Etiquette

Conference Admission
Your name badge is required for admittance to all seminars, meals and events during the Keystone Conference. You will be asked to retrieve your Name Badge if you forgot it. It is also a great way to introduce yourself to others and get to know as many people as you can.

Keystone Conference Registration Desk Hours:

- **Wednesday**: 1:00 pm—5:30 pm
- **Thursday**: 8:00 am - 5:30 pm
- **Friday**: 8:00 am - 5:30 pm
- **Saturday**: 8:00 am - 6:30 pm

Hungry?
Don’t lose your meal tickets! They are required to gain access to the lunch and dinner events—no exceptions! If you have special dietary restrictions, special meals must be ordered in advance. Special dietary arrangements require a special ticket. Any questions or concerns please contact the Keystone registration desk.

*All meals are located in the Commonwealth Ballroom.*

Evening Activity Tickets
For those of you who have signed up for our off-site evening activities, please keep these tickets with you. To ensure we have a seat reserved for you on the bus (and at the restaurant) please have your tickets with you before leaving the hotel on Wednesday, Thursday and/or Friday night. Space is limited on the bus and at the restaurants so you must have a ticket.

*Special Note for Friday Night Restaurant Patrons: There are two departure times depending upon which restaurant you are dining at. Please be prompt for your restaurant!*

Cover designed by Lisa
Donate Your Unused Tickets
If you are not planning on using one of your meal or evening activity tickets, please drop it off at the registration desk so someone else can benefit from it. There are several members of our community who could use a little extra help.

Evening Receptions
The Wednesday & Thursday receptions will be in the Dog & Pony Lounge. Friday’s reception is in the Vendor Area (Pennsylvania Ballroom). The Saturday reception is in the Assembly Area outside the Commonwealth Ballroom.

Buses
Buses leave promptly from the front of the hotel at the time advertised. We will announce the departure in the hotel foyer as well as in the Dog & Pony Lounge. Please help us present a positive image by tipping the bus drivers to our destination as well as back to the hotel.

Wednesday’s bus for the Dinner at Devon Seafood leaves at 5:30 pm. The bus for the Dinner at Carrabba’s leaves at 7:00 pm.

Thursday’s busses for Hollywood Casino & Penn National Race-track leave at 6:00 pm. PHOTO ID IS REQUIRED TO ENTER THE CASINO.

Friday’s busses for dinner in downtown Harrisburg leave at either 6:15 pm or 6:45 pm depending upon which restaurant you are dining at. Please ensure you know which time you are leaving.

Keystone Vendor Area
Don’t forget to visit our vendor area across from the hotel lobby in the Pennsylvania Ballroom. The vendor area is open Thursday and Saturday from 8:30 am to 4:30 pm. On Friday, the vendor area is open until 6:30 pm and the location of the Friday Reception. Need Caffeine? The sponsors and vendors are offering complimentary coffee in the Vendor Area during the morning.
Restrooms
Always use the restroom appropriate to the gender you are presenting AND use it as a person of that birth gender would (Hint: Women always sit down...if you present as a woman, you will, too). Do your business, freshen up and leave—no loitering in the restrooms. DO NOT change clothing in the restrooms—use your hotel room for that, please.

Provider Rooms
Several of our sponsors have their own individual rooms that are open throughout the day. These ‘Provider Rooms’ are located on the first floor of the hotel, just down the hall from the conference workshop rooms. Please see their ads throughout the book for their specific room assignment.

Continuing Education Workshops
This program is co-sponsored by Bryn Mawr College Graduate School of Social Work and Social Research. As a CSWE accredited program, the Graduate School of Social Work and Social Research at Bryn Mawr College is a pre-approved provider of continuing education for social workers in Pennsylvania and many other states. You must attend a minimum of two workshops to qualify for credit. Announce at the registration desk that you are a CE Registrant. You are required to complete and turn in a Participant Workshop Evaluation form for each qualifying workshop that you attend.

Smoking
The hotel is a non-smoking facility. All smoking must be done outdoors in designated areas. The hotel can impose fines for infractions.

Lost & Found
Please check the hotel’s front desk for lost & found. All items turned into us at the Keystone registration desk are subsequently turned in to the hotel.

Personal Conduct & Appearance
Participants are expected to dress appropriately for public gathering. Please use common sense and remember that you are representing our community. Formal, semi-formal and business attire are appropriate for Saturday’s Keystone Gala. Those individuals who are disruptive or disorderly, or who intentionally portray a negative image of the transgender community at our public outing, may be asked to leave by the conference management team or the hotel staff, no refunds forthcoming. Anyone asked to leave by the hotel security will also be banned from the conference. Please be mindful of the effects of alcohol and drink wisely. Above all, remember: you are a representative of the Trans community, so be a kind, polite and respectful one. Please be courteous of other guests in the hotel.

Photo Policy
Before taking any photos, you must get the permission of anyone you may capture on film or video tape including those in the background. Please respect those that do not desire to have their picture taken. Please no photos during the presentations without the consent of the workshop leader.

ATM
An ATM is located in the hotel gift shop which is next to the hotel’s registration desk.

Any Problems?
If you have any problems with another conference attendee, hotel guest, hotel staff or anyone on the property or any other problem at all, contact the conference management staff- they’ll have a red ribbon attached to their badges so you can find them easily. Please be mindful of others in the hotel and show them the respect and courtesy we expect even if they may not treat us with the respect we deserve. Let the hotel staff resolve any problems.
Hotel Layout

Lobby (Main) Level—Registration, Receptions, Meals & Vendor Area

Assembly Area

Salon A  Salon B  Salon C  Salon D  Salon E

Lower Level (First Floor)—Conference Workshop Rooms & Provider Rooms

Ash  Birch  Chestnut  Dogwood

Hemlock  Fir  Elm

Elevators

Restroom  Restroom

“A Celebration of Gender Diversity”
Common Feminizing Procedures at Bay Area Feminization Surgery (not a complete list)

- **Foreheadplasty** - This surgery is probably the most feminizing to the face and reduces the prominence of the forehead bone and shapes the bone around the eyes.
- **Nose Refinement** - Complements the foreheadplasty and assists to contour the nose to a more feminine shape.
- **Cheek Augmentation** - Complements the nose refinement and balances the contours of the face.
- **Jaw Reduction and Chin Contouring** - Softens the masculine shape of the jaw bone and brings harmony to the lower face.
- **Upper Lip Shortening** - Shortens the distance between the nose and upper lip. Especially sought after in our middle to older transgender population.
- **Tracheal Shave** - Softens the embarrassing enlarged Adam’s Apple.
- **Breast Augmentation** - Creates fuller more feminine breasts, especially when hormone support is not as effective as one’s desires.
- **Body Contouring** - Use of the Smartlipo™ Laser Assisted Liposuction System is used to contour those unwanted problematic regions of fat.
- **Brazilian Butt Lift** - The technique used for providing fullness to the buttock and surrounding areas to create a more feminine and attractive shape.

About Dr. Joel Beck

A graduate from the University of California Irvine School of Medicine, Dr. Beck then proceeded to build on his surgical experience undergoing general surgery, a Fellowship in Burn Basic Science Research and Clinical Care, a Fellowship in Craniofacial Surgery, and then Plastic and Reconstructive Surgery. He returned to the Northern California Bay Area to build his current Bay Area Aesthetic Surgery Practice.

His work with the transgender population was developed early in his practice where he began lecturing at the Cal Dreamin’ Conference in San Jose. Realizing he wanted to further his journey as a provider for the transgender population, he began lecturing at many of the transgender conferences nationally. “I truly cherish the transgender side of my practice. Everyone is so grateful and warm and appreciative. It provides a means for me to make a serious change in the lives of transgender individuals and for that I am grateful.” Dr. Beck treats each patient as an individual and develops a plan that will fit within the transition of his transgender patients. People who have undergone surgery with Dr. Beck feel heard, feel a sense of relief, and feel like they have been well cared for.

1241 E Hillsdale Blvd, #190 | Foster City, CA
650.570.6066

www.feminizationsurgery.com
Schedule at Keystone
Dr. Beck will be in Provider Room #104

Friday, March 28th - Dogwood Room
10:30am to 11:45am

Feminization Surgery of the Face and Body: New Topics in Plastic and Reconstructive Surgery

Dr. Beck will be discussing pre-operative assessment for surgical feminization of the face and body. This will include newly integrated techniques for softening the facial appearance and feminization. Hot topics in Plastic and Reconstructive Surgery will be discussed. Dr. Beck's philosophy for surgical refinement of the face and body will be reviewed.

Panel Discussion:
Friday, March 28th at 2pm - Provider Room #104

2pm - Panel Members:
Kathe Perez   Nelson Howard DDS,
Julie Nicole MD  Joel Beck MD
Wednesday Overview

1:00 PM

Debutante Day ‘Amongst Friends’ Reception with our Helping Hand Volunteers

2:00 PM

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<th>Time</th>
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<tr>
<td>2:00 PM</td>
<td>Make-up 1</td>
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<td>Amanda Richards</td>
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<td>What Not to Wear</td>
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<td>Gwen Watson</td>
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<td>Wig Selection &amp; Care</td>
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<td>Picture Perfect 1.0</td>
<td>Cassandra Storm</td>
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<td>Gwen Watson</td>
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<td>Make-up 2</td>
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<td>Shapely Shapes</td>
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<td>Mary Kay’s Cadillac Cosmetics</td>
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<td>Adita</td>
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<td>Pre-Dinner Meet &amp; Greet for Devon Seafood Grill</td>
<td>Dog &amp; Pony</td>
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5:30 PM

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<td>Kristy Snow</td>
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<tr>
<td>6:30 PM</td>
<td>Pre-Dinner Meet &amp; Greet for Carrabba’s Italian Grill</td>
<td>Dog &amp; Pony</td>
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7:00 PM

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<td>Buses Leave for Late Kick-off Dinner at Carrabba’s Italian Grill</td>
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<td>Suzane Oliva</td>
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9:00 PM

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<td>9:00 PM</td>
<td>Musical Entertainment with Indian Summer Jars</td>
<td>Dog &amp; Pony</td>
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Trusted Voice Coach

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~ Lynn Skinner ~

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Are you confused about who you are?
Where you are going?
How or when you will get there?
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Are you dealing with guilt, shame, or fear?
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Malvern, PA

“I look forward to working with you along your journey.”

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Wednesday 1:00 pm

Debutante Day ‘Amongst Friends’ Reception
Hosted by Our Helping Hand Volunteers
Dogwood

Whether this is your first time or you are a conference regular, we invite you to join us at our Amongst Friends reception. Amongst Friends is a safe get together so that our first time attendees can meet with some of our more experienced Keystone attendees, ask questions and get to know a few friendly faces before the conference begins. Here is a chance to discuss your hopes and fears about attending a conference like this. We are here to help ease your anxiety as well as provide some helpful ‘coming out’ tips for those making their debut outside the proverbial closet. Come as you are or come as you wish--it’s completely your choice--but know that you will be amongst friends!

Meet the Experts (concurrently with the Amongst Friends reception)
Hosted by Our Caring Conference Providers and Vendors
Dogwood

We know that one of the biggest concerns many have is their presentation, demeanor and being in public. Meet some of our resident experts and advisers who can assist you in planning your appearance, deportment and conquering that fear. They are here to provide help and advice on make-up, wigs, clothing, accessories, being in public and much, much more. They will help you to achieve your look and help build your confidence so you can feel comfortable with the new you.

Wednesday 2:00 pm

Make-up 1
Amanda Richards
Dogwood

Keystone’s Grand Lady of Makeup will be available for transformation advice and questions to kick off Keystone’s Debutante Day. As an advisor to members of the transgender community well before the first Keystone Conference, Amanda has helped many first-timers and newcomers learn what it takes to ‘Get the Look.’ She’ll bring her expertise to the ins and outs of makeup, application, contouring, concealing, eye shadow and eyeliner, lipstick, gloss and plumber. If there’s a question about what it’ll take to make that vision in the mirror a stunning representation of the inner you, she’ll be there to answer that and offer many more informational tips you’ll find useful. Amanda’s advice is always valuable so don’t miss out.

What Not to Wear
Gwen Watson
Dogwood

Don’t get caught dead in something that is not you or is unflattering. Wearing the wrong thing can do immense damage to your presentation but visiting with the What Not to Wear Expert can give you some simple tips of things to avoid. Find out what is right for you and what should be left at home. Be sharp and stylish but not the subject of a “What was She Thinking” conversation.

Wig Selection and Care
Donna Miller
Chestnut

The single most important thing you’ll ever purchase for your feminine image is your hair and more specifically your wig. It could be the most expensive item you buy, whether it is human hair, a basic and less expensive micro fiber wig. Spend some time with Donna from Donna’s Hair, a long time Keystone vendor, and learn the tricks that only your hairdresser will know. Whether it’s a short bob, long flowing locks, blonde, brunette or even redhead, you will see an immediate change in your disposition when you see how your image has changed. Great hair will get you noticed too. Get the hairdo for you!

Picture Perfect 1.0
Cassandra Storm
Chestnut

After all the hard work you’ve put into your appearance, make-up, hair, jewelry, nails and clothes, you’ll want to capture an image of your endeavor. Join Cassandra Storm at the Picture Perfect workshop to learn how to take that Perfect Picture. She’ll pass on tips of body posing to capture the images you’ll cherish well after the make-up and bouffant have been taken off. Helpful posing and angles to titivate your image goes a long way toward improving your feminine image. Here’s the perfect chance to learn from a professional that has been a mainstay at the Keystone Conference. Bring your own camera to capture the moment and get all the tips you’ll need for great pictures. The help you will receive will assure lasting memories not only of the Keystone Conference but of all your other outings. Don’t forget to SMILE!
True Colors Makeup Artistry
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Keystone Conference Special!!!
Show your conference badge and receive 10% off your next in studio appointment!!!
The Shoe Fits
Gwen Watson

One of the first things you’ll learn is you do not have enough shoes and the ones you have are the wrong ones. It is said that a woman never has enough shoes and this is true with trans-women. However, The Shoe Fits workshop, you can learn how to make the most out of a few basic types of footwear and not put a hole in your wallet getting the right ones. You’ll also learn how to convert your shoe size to women's shoe sizes and where best to find your size. Shopping can be difficult for large women’s footwear but more and more retailers are getting the hint and providing larger shoe sizes in a variety of styles. Don’t be afraid to buy on the internet either. Most online shoe companies have liberal return policies. There are also some size conversion tricks you’ll learn and will make shoe shopping a walk in the park.

Make-up 2
Adita

Adita Agnes is a European Trained Hair Stylist and Colorist with 30 years of experience. Over the years she has worked in many major markets including New York, Atlanta, and Los Angeles perfecting her cosmetic and skin care business. Owner of Adita Cosmetics & Skincare, she will be attending her second Keystone Conference and already has quite a following among regular attendees. She has been a mainstay at Southern Comfort Conference in Atlanta for many years, helping turn many of her clients into the perfect Southern Belle. She will bring a unique perspective to Keystones Debutante Day not only with her years of make-up experience but she’ll offer helpful insight into skin care. As every woman knows, epidermal care should be at the top of the list for a nice healthy look. Adita can help rejuvenate and enrich your skin. Rich and silky smooth skin goes a long way and Adita has the solution for you.

Shapely Shapes
Maryanne Milano, "PALS" Breast Forms & Body Contours

A good foundation is vital to any important project. Dressing for success will require you getting the right shapes in the right places to give the right look. Meet Maryanne Milano and get the lowdown on where and what you should pad and how to get everything to look perfect. A little body sculpting can go a long way to get the ideal girlish figure. Get in shape with Maryanne’s help and get a great hour glass figure.

Mary Kay’s Cadillac Cosmetics
Randi Wallace

A first for Keystone is May Kay Cosmetics. Visit the Mary Kay girls and get the lowdown on what their products are like. Keystones own Randi Wallace will be there giving helpful hints for any and all that want them. Find out what goes best with your facial tones and eye color and don’t forget to find out what lipstick is best for you. That will be another first look item everyone will notice about you. Remember, red isn’t always the best color but they’ve got a lot to choose from. Come by and see what works for you.

Dynamic Nails
Adita

Healthy, well-manicured nails have always helped enhance the beauty of the hands. The Debutante Day Nail workshop will help explain how to keep your nails in their best and attractive condition. Learn a variety of tips for fabulous nails whether it be your natural nails, acrylic or commercial press on style nails. Colors and style will be reviewed to match your personal style and preferences. Adita will pass on a variety of helpful hints you can do to achieve the goal of having fabulous nails. Remember, attention to the beauty and health of your nails as well as appearance goes a long way to improve your feminine appearance. By paying attention to nail care, it will heighten the beauty of your hands. The workshop will help you with your nail needs and help you enhance your overall presentation.
### Jewelry, It's All About the Bling
Cindy Bankert, Cookie Lee Jewelry

One of the easier accessories to find and chose is Jewelry. Almost any department store has some and pending upon your budget, you can get some nice pieces inexpensively. Not ready to get your ears pierced? Several Retailers sell clip on earrings and if you are handy, with a few needle nose pliers you can convert most earrings to clip ones. Check in with Cindy, another long time Keystone vendor and see what will go good with you. Remember, the ganglier the better. Maybe you should consider getting those lobes speared. Your ears will thank you.

### Passing, What's the Big Deal?
Alexis Lake, MSS, LSW of Alexis Lake Therapy

It’s the ultimate moment, when you decide you want to get out and about as your feminine self. You are all dressed up and looking absolutely awesome with one thing on your mind, can I ‘pass’? The answer is a definite, maybe! Passing is more than just looking like a genetic woman but it’s also an attitude. If you work hard and do your homework you’ll probably at least having folks wondering and a better chance of passing. Yes, you might get ‘Hey, there’s a guy in a dress.’ But frankly we doubt it. Most people are so busy these days with their everyday life, they won’t notice. But with that in mind, don’t put a target on your back. Learn some easy things you can do to prevent being read and how to handle those awkward moments when it’s obvious. It’s easier than it looks and it can be fun too. After all, women come in all shapes and sizes.

### Smart Shopping
Gwen Watson

Where are the best places to shop? What can I expect from purchasing something on line? I do I know what my size is and how do I explain to a sales clerk that cute little pinafore is for ME! Attend the Smart Shopping workshop and learn where the best buys are at and how to use those helpful sales clerks. Sometimes all you have to do is go to a local thrift store such as Goodwill and you’ll find plenty of good clothes. In fact, for those that are just starting, this might be the best bet for you. Someone else’s throwaways are another’s treasures. Or if you want to be more stylish, check out some of the big box stores and their websites. You’d be surprised how easy it is to get good quality clothing off the internet. But if you have that sense of adventure, just march into any specialty store and tell them you are look for a nice dress for a special function. And it’s for you! We doubt the clerks will give you a tough time since a sale is a sale. This is a workshop to learn were to shop and how to figure out sizing. Be the Belle of the Keystone Gala Ball with a little number you picked up at one the local shops.

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**cookie lee.**

www.CookieLee.biz/CindyBankert

Cindy Bankert

Independent Consultant for Cookie Lee

(717) 792-4442

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“Celebration of Gender Diversity”
Wednesday 5:00 pm
Pre-Dinner Meet and Greet
in the Dog & Pony Lounge for Devon Seafood Grill

Gather in the Sheraton's Dog & Pony Lounge for some social time before we head out to Devon Seafood Grill. Don't forget your bus ticket!

Wednesday 5:30 pm
Early Kick-off Dinner at Devon Seafood Grill
Bus leaves promptly from the hotel lobby at 5:30 pm

Join us at Devon Seafood Grill located in downtown Hershey, PA! Devon offers the freshest premium seafood, from craveable favorites like Maryland-style jumbo lump crab cakes and Georges Bank scallops to simply prepared fish, grilled to perfection. Their reputation for consistently excellent cuisine, hospitality and a stylish vibe make them popular with both neighborhood regulars and visitors in the know. They also have an impressive selection of wines and handcrafted signature cocktails mixed by bar chefs well practiced in the art of mixology. The service is seamless and the atmosphere offers a unique blend of the upscale and casual chic. Transportation provided by the conference to and from the restaurant. Bus leaves the hotel lobby promptly at 5:30 pm. Dinner is at the individual's expense. Entrees priced $23 to $36. Don't forget your bus ticket!

Wednesday 6:30 pm
Pre-Dinner Meet and Greet
in the Dog & Pony Lounge for Carrabba's Italian Grill

Gather in the Sheraton's Dog & Pony Lounge for some social time before we head out to Carrabba's Italian Grill. Don't forget your bus ticket!

Wednesday 7:00 pm
Late Kick-off Dinner at Carrabba's Italian Grill
Bus leaves promptly from the hotel lobby at 7:00 pm

Need to eat a little later? Join us for our late kick-off dinner at Carrabba's in Mechanicsburg. Carrabba's offers flavorful, handmade Italian dishes prepared to order in a lively exhibition kitchen. Guests enjoy Carrabba family recipes handed down for generations including crispy calamari, homemade lasagna and a variety of fresh fish, seafood and meats cooked over our wood-fired grill. Transportation provided by the conference to and from the restaurant. Bus leaves the hotel lobby promptly at 7:00 pm. Dinner is at the individual's expense. Entrees priced $15 to $28. Don't forget your bus ticket!

Wednesday 9:00 pm
Musical Entertainment with Indian Summer Jars
in the Dog & Pony Lounge

Indian Summer Jars is energetic and authentic. “Stirring and earnest without ever straying into the melodramatic,” says Jeff Royer, chief editor of Fly Magazine. Their original music is folksinger/songwriter driven lyrically, but has its roots in blues, bluegrass, and pop rock. A duo formed in 2006, the two Sarah’s “… set off a fireworks display of harmonies over-top of rootsy, often Celtic, undertones.” Since they formed, the duo has recorded two full length albums. The first was an independent release in 2008, “Similar,” and the second project called “Catalyst,” released in 2011, produced under folk/indie label Radio Vibe Records. ISJ has done countless interviews with local and distant press. Worth noting is a radio interview spotlight with Virginia Tech’s Buffallo Bill and local podcast with renowned Lancaster promoter and musician, Jason Mundock. Opening up for the Irish band, Altan, at the Carlisle Theatre was a highlight of their 2011 schedule. These women hold their own on a large stage working with a full band as well as in the corner of a local bar. The song “Runaway Train” from Similar received recognition from the Susquehanna Folk Society for the 2008 Singer/Songwriter Showcase.
Supporting All Communities in Ending Sexual Violence
### Thursday Overview

<table>
<thead>
<tr>
<th>Time</th>
<th>Session Title</th>
<th>Presenter(s)</th>
<th>Location</th>
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<tbody>
<tr>
<td>9:00 AM</td>
<td>Where Are You Going and How Will You Know When You Get There?</td>
<td>Alexis Lake</td>
<td>Elm</td>
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<td>The Gender Continuum: Question Mark</td>
<td>Richelle Bradley</td>
<td>Hemlock</td>
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<td>Everything You Need to Know About Traveling Internationally for GRS</td>
<td>Kevin Vasquez</td>
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<td>Perfecting Your Skin’s Radiance &amp; Glamour Techniques</td>
<td>Tara Benknovic</td>
<td>Dogwood</td>
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<td>An Intro to Ballroom Dancing</td>
<td>Chirstopher Lindy</td>
<td>Salon C</td>
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<tr>
<td>10:30 AM</td>
<td>The Woman Within: Finding Your Feminine Style</td>
<td>Kate Cartmell</td>
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<td>Picture Perfect 2.0</td>
<td>Cassandra Storm</td>
<td>Hemlock</td>
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<td>Spirit, Heart and Soul</td>
<td>Dr. Ken Dollarhide</td>
<td>Ash</td>
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<td>Inclusive Safer Sex</td>
<td>JamieGhee Beattie</td>
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<td>Mental Health, Primary Care and the Transgender Community, How Can It Work for Me?</td>
<td>Amanda Bostdorf</td>
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<td>GenderQueer</td>
<td>Hollis Taylor</td>
<td>Dogwood</td>
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<tr>
<td>12:00 PM</td>
<td>Thursday Luncheon with Guest Speaker Dr. Cerise Richards</td>
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<td>&quot;Celebrating Sexual and Gender Diversity&quot;</td>
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<tr>
<td>2:00 PM</td>
<td>The Woman Within: Dressing Well for Who You Are Now</td>
<td>Kate Cartmell</td>
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<td>Julie DeWerth</td>
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<td>You Are What You Are Because of Who Went Before You</td>
<td>Dr. Kristine James</td>
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<td>Comportment</td>
<td>Monica Prata</td>
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<td>Strangers Like Me</td>
<td>Jason Ballard</td>
<td>Dogwood</td>
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<td>Health &amp; Fitness for a Wonderful You</td>
<td>Robyn Summer</td>
<td>Salon C</td>
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<td>Spouse &amp; Significant Other Sanctuary</td>
<td>Sara Edwards</td>
<td>Room 543</td>
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<td>Lorrie Yale</td>
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**Thursday Overview**

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<td>5:00 PM</td>
<td>Chair Yoga</td>
<td>Ann Stillwater</td>
<td>Chestnut</td>
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<td></td>
<td>Thursday Reception</td>
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<td>Dog &amp; Pony</td>
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<tr>
<td>6:00 PM</td>
<td>Buses Leave for Hollywood Casino &amp; Penn National Race Track</td>
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<td>Front Lobby</td>
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<td>Keystone Bingo!</td>
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<td>Salon A</td>
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<tr>
<td>6:30 PM</td>
<td>Charity Dinner &amp; Comedy Night</td>
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<td>Salon C, D, E</td>
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<tr>
<td>8:30 PM</td>
<td>Karaoke with Nikki Ames</td>
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<td>Dog &amp; Pony</td>
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</tbody>
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**Maureen Osborne, PhD.**

*Licensed Psychologist and Gender Specialist*

20+ years treating individuals in the transgender spectrum, along with partners and family, with an emphasis on responsible behavior and fairness for everyone involved. Solid training and experience in treating coexisting psychological issues.

WPATH member, affiliated with the Papillon Center in New Hope, PA, and frequent presenter at transgender conferences.

Insurance, private pay, and negotiated fees all available.

412 E. King Street  
Malvern, PA, 19355  
610-647-8730  
DocOsbo@gmail.com

“A Celebration of Gender Diversity”
Thursday 9:00 am

Where Are You Going and How Will You Know When You Get There?
Alexis Lake, MSS, LSW of Alexis Lake Therapy

An interactive workshop that will explore the range of answers to the question "What is your destination? Male? Female? Trans? Other? How and why did you decide that? Do you have a course laid out? How fast or slow will you go? When will you arrive, and how will you know you are there? Who have been your role models both positive and negative? Will you enjoy the journey? What is right for YOU? Let's talk!

This session is designed for anyone who wonders how others think about these questions, including helping professionals. I hope to help people better understand the many different ways of thinking about gender, and presentation, and perhaps to better understand their own travel plans.

The Gender Continuum: Question Mark
Richelle Bradley

The session will allow participants to collectively reflect on personal journeys and relative positions along, within, and possibly outside the traditionally defined gender spectrum. It will start with a brief introductory overview drawing on different gender frameworks, ranging from classical studies to queer theory, as well as on observations from recent research in neuropsychology, as a way to set the stage for group conversation. The purpose is to consider and possibly celebrate a variety of gender expressions.

Self-Esteem: Loving Yourself through a Transitioning Relationship
Sara Edwards, co-Director of the Keystone Spouse/SO Program

Self Esteem is a big issue for women. When you add a transgender spouse into the mixture it sometimes causes issues with our self esteem that we never knew existed. Loving yourself is about taking care of you. We sometimes lose our identity as our transgendered spouse finds theirs. This course is an hour of power for your self esteem. We will use powerful aspirations such as I Can Do It!, I set my Own Boundaries! I make the choices, and I take the consequences.

Writing Transgender Fiction: Releasing Your Inner Person
Sophie Lynne, MEd  Website

Transgender fiction is a genre unto itself. But did you also know that writing can be therapeutic? Commit that inner person onto paper and feel the release! I'll give you some tools to do it. Talent not required, only a positive attitude and willingness to have fun! This is an interactive session where we will work together to build OUR story! Every year this seminar changes! Join the fun, learn some skills and make new friends!

Everything You Need to Know About Traveling Internationally for GRS
Kevin Vasquez, Director of Patient Services for Satori World Medical

Thailand and Serbia are the top International destinations for Gender Reassignment Surgery. Satori World Medical’s Global Transgender Program offers individuals access to a high quality network of international hospitals and highly trained gender reassignment surgeons. Satori provides all travel and related services to make this transition as stress free as possible. Satori has contracted with the top gender reassignment surgeons, such as Dr. Preecha & Dr. Kamol in Bangkok, Thailand, and Dr. Miroslav Djordjevic in Serbia.

Perfecting Your Skin’s Radiance & Glamour Techniques
Tara Benkovic, Mary Kay Senior Sales Director

Have you ever wanted to have flawless looking skin? Or ever wonder how the professionals do their make-up? If so, this is the class for you. Learn all the tips, tricks and techniques for a flawless look. We will do a hands on class that includes basic and advanced skin care and glamour techniques.
Dances will include Social Waltz, Foxtrot, Swing and Hustle. You will be introduced to each dance and learn the basic steps. You will also learn how to lead and follow properly. The Waltz is the mother of all Social Ballroom dances. This dance glides across the floor and commands the attention of all who are watching. The patterns are simple to learn; while the elegance of the rise and fall are what sets this dance apart from all other social ballroom dances. The Foxtrot, also a classic smooth dance, has a completely different look and feel from the waltz. Foxtrot is a basic dance from which you can acquire a good foundation learning to combine patterns and traveling smoothly teaches variety and maneuverability. Swing, also called the Jitterbug, Rock & Roll, Jive or Lindy is a spotlight dance with a carefree relaxed style and is a dance easily mastered by most people. Swing can be danced to many different types of music such as big band, blues, or many of the popular songs heard on the radio. Hustle originated in the 1970's Disco Era and was popularized by John Travolta in the movie “Saturday Night Fever.” Both the music and the dance swept the country like wildfire and although the white suits and gold chains have faded away the dance has stayed. It is still one of the most popular night club dances today.

Thursday 10:30 am

The Woman Within - Finding your Feminine Style
Kate Cartmell, Be Image Consulting

Just like any girl growing up, whether you know it or not your sense of self was formed by watching the women around you. Years of watching, learning and emulating made some of those women your role models. It may be your mother, an aunt, a sister, a boss, a friend, or even a movie character. Your role models hold keys to your personal style ~ that person you’re trying to reflect through what you wear. Finding that fundamental style will help you build a chic, workable wardrobe that gives you confidence ~ because it truly reflects you.

In this interactive workshop, we’ll help you discover those influences which, when distilled and applied, communicate to the world who you really are. Then, we’ll demystify the art of dressing well – focusing on dressing for our real age. Many of us come into our own in our “second act,” and we want – and need – to look chic, vibrant and always appropriate. At the same time, by dressing well we can actually appear younger! Finally, we can truly embrace being the age we are, beautifully.

Picture Perfect 2.0
Cassandra Storm, Professional Photographer, Cassandra Storm Photography

This is an interactive workshop where you will be learning how to create the perfect portrait from start to finish. Tips and tricks will be shared on framing and styling the perfect portrait, posing, lighting, camera settings and post-production (working with the digital image on the computer). Skills taught in this seminar will be usable for everyone from those afraid of their camera to the advanced hobbyist. If you have questions about your cameras, bring it! Struggling to improve your pictures but not sure how? Bring the prints to share and learn from our in class discussion. Have a specific question or area you want to discuss in class? At the end of this workshop, you will feel more confident with your photography skills, guaranteed.

Spirit, Heart and Soul
Dr. Kenneth Dollarhide, Ph.D. and Jamie Ghee Beattie, M. Div., Ordained Minister

We will explore transgender/transsexuality as a spiritual state or awakening rather than as a psychological or medical “problem” that needs to be “corrected.” We will look at the internal struggles and the embracing of being transgender when one embraces one’s own spirit or soul. We will begin with how we recognize and accept our spiritual self as part of our personhood, and understand spirit as a life-giving principle, which may or may not be religious. Then we will build a framework to guide us in discovering an internal spiritual awareness which leads to an integrated wholeness that may include both a religious and a non-religious spiritual completeness. This may be where one comes to realize the “G-d within....” With this realization the internal/external conflict of being transgender disappears, and is replaced with a spiritual awakening and an awareness of one’s own sacredness in being who they are meant to be.
Inclusive Safer Sex
Amber Brown, Education & Training Manager at Planned Parenthood

LGBTQI persons are frequently left to their own devices when learning how to navigate safer sex, and are in particular need of inclusive sexuality education. Framed within a risk-reduction model, this workshop focuses on the types of safer sex protection needed for various sex acts, rather than the identities of the people performing them, and provides LGBTQI-specific examples to affirm related experiences.

Mental Health, Primary Care and the Transgender Community...
How Can It Work for Me?
Amanda Bostdorf, Certified Registered Nurse Practitioner of Alder Health

Many transgender individuals struggle with depression and anxiety that can be situational, lifelong or reoccurring. It can be difficult to afford the costs of mental health and often times issues like time and transportation can be restrictive. But your primary care provider can help when working with you and listening to you. Know your symptoms, ask the right questions and have real expectations... a solid relationship can be created with your healthcare provider.

GenderQueer
Hollis Taylor

"Do I have to choose?" The term genderqueer emerged online in the late 90’s as an umbrella term for non-binary individuals. These non-binary individuals identify with all sorts of mixtures that are often not fixed on either side of the gender scale. This new point of view separates physical sex from gender expression. When gender is instead an expression of how you feel instead of your genitalia we are lead to a different point of view. GenderQueer revolution is changing the way the world sees gender as a whole, from pronouns to style. Gender Expression is emerging as a way to a whole new world, especially among our youth. I will share my experience with being a transman and how I arrived at GenderQueer. The workshop will also include a game and a discussion about gender expression including the blessings and challenges for gender benders in all of us. This workshop is appropriate for anyone that is exploring gender in any way from transgender people to their significant others. I welcome new ideas and fresh thoughts on gender and its expression. Lets talk about this social construct. This workshop is for EVERYONE and anyone that wishes to explore gender.

My Partner just told me they are Transgender
How do I cope with what I am feeling?

I can’t tell my best friend... they will never understand.
What is the family going to say?
And what about the kids?
What does this mean for our relationship?
I love my partner, but... How could they do this?
What did I do wrong?

Transgender Support Group for Spouses, Significant Others and Family

http://www.SignificantOtherPA.org
contact us at: info@significantotherpa.org
"Is Sexual and Gender Diversity something we should Celebrate? Yes, We SHOULD celebrate the differences. Diversity is a fact of our existence. Everywhere you look, you see the diversity of people, animals and all of nature. People who say "It's against the Natural Law" have closed their eyes and minds to what exists in Nature. If you deny what is unique, humanity becomes a monolith, which doesn’t exist. The DNA of identical twins is not identical as only their appearance looks identical to you, but their mothers have no trouble telling them apart. Almost 50% of identical twins who are Transgender will have a sibling, who is Transgender...."

Thursday 2:00 pm

The Woman Within – Dressing Well for Who You Are Now
Kate Cartmell, Be Image Consulting

By now, you've probably learned to dress in a consistent and age-appropriate style that makes you feel comfortable. In this workshop, we will explore the details that truly make your clothing fit well, present you at your very best and support your individual sense of style. One special focus will be looking current and on trend. Being -- and looking -- youthful in spirit is not a luxury. Today's job market and workplace require a hip, flexible outlook – and a hip, age-appropriate wardrobe that communicates your spirit. What you'll learn:

- Balance and Line ~ For many, our bodies have unique proportions that will never align with standard measurements. So, you'll learn to create your own rules, ones that work for your body ~ from head to toe ~ to create balance and flattering proportion in your clothes.
- Fit ~ Dressing to fit your real body requires a few tricks, using tools that are many women's best kept secrets. Learn them to look great, current and more youthful, too.
- Details ~ You'll learn how to assess your assets ~ and what you want to play down. Learn to shop with confidence knowing what colors, fabrics, necklines, sleeves, lengths and accessories work for you.
- Putting it Together ~ You'll learn how to feel truly confident in any setting, knowing that you fit in, yet stand out with vibrancy, with a style that is uniquely you.

The Goddess Is Out--Now What?
Adita, Master Hair/Makeup Artist & Educator & Founder of Adita Cosmetics

Participants will learn strategies for presenting their feminine side, no matter their stage in transformation. (Pre-op to post-op, performance artistry and/or daily outward expression.) Recognizing that our culture is to learn hair and makeup artistry from our mothers, Adita demonstrates the basics with care and love for those who are not female by birth sex. She understands the advanced technologies used in quality products and assists in selecting the best topical treatments for each skin type, particularly those affected by hormones. From prepping the canvas of the skin, to skillfully applying the right makeup color palette and framing the face with the right haircut and color, Adita understands how to achieve a total image transformation through her holistic approach to makeovers.

Disclosure, Exposure, and Sexual Consent
Katie Taylor, Technical Assistance Coordinator for Pennsylvania Coalition Against Rape

Starting intimate relationships or encounters can be fun and exhilarating. But, how do we negotiate gender identity, trans*ness, etc. during or before a sexual encounter? What do we say and when and how? How much do we tell, if anything? How do we communicate what we want with our bodies and learn what others would like with theirs? In this workshop, participants will learn ways to think about how and when or if to disclose about being trans*, how much they would like to expose about themselves and how to negotiate sexual consent. Everyone’s bodies matter and everyone deserves pleasure. Let’s discuss how we can make that happen.
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<td>Katherine Thelen</td>
<td>Birch</td>
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<td>An informal discussion on ways to make your relationship stronger through communication as well as trial and error experience from the presenter and others in the audience. Basics of how to discuss topics with one another as well as learning to be honest are included. If you are single this course will cover ways to meet people and help you make it past the first few dates. The discussion will include when to tell your partner and/or potential new mate about who you are completely. Throughout the presentation questions will be taken from the audience by the presenter and answered, with an openness for anyone else’s perspective to the questions also. This is a judgment free forum to discuss these topics with each other and hopefully gain some insight into these topics.</td>
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<td><strong>How To Transition Successfully on the Job - From Going Full Time to Post Gender Confirmation</strong></td>
<td>Victoria Madison Datta, Marketing Leader</td>
<td>Chestnut</td>
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<td>This workshop will focus on how to transition successfully at your workplace by creating humanity and compassion towards your transition with a well thought out strategy and plan. Many transgendered individuals already have gainful employment. The decision to publicly transition in your current workplace can be very daunting. A majority of major Fortune 500 and 100 companies have similar policies on how to handle employees who transition, which to a transgendered individual can be regarded as humiliating and a further source of conflict in the transition process. I am full time and actively transitioning now, but have created my own path that restores the humanity in transitioning in the workplace. You will learn the key elements to put together a plan to successfully transition at work. We will review strategies to build a successful network of supporters leading up to your formal announcement of transition. What basic elements of transition you must complete prior to choosing to go full time at work. We will discuss many of the logistics and pitfalls I encountered when legally changing my name and how to deal with HR, and plan for greatest financial salvation by having a plan of attack to manage insurance battles.</td>
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<td><strong>Brother-to-Brother</strong></td>
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<td>Dogwood</td>
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<td>Do you have questions about transitioning? Do you want to share your experiences, hopes and expectations with others who are just starting their journey? Join other transmen for a workshop to promote brotherly support in the form of an open forum (Q&amp;A).</td>
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<tr>
<td><strong>Thursday 3:30 pm</strong></td>
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<tr>
<td><strong>Coming Out to Family &amp; Friends</strong></td>
<td>Dr. Maureen Osborne, Gender Psychologist</td>
<td>Elm</td>
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<td>Coming out to others as one's true gender can be a fear-filled and challenging prospect. In this workshop, facilitated by a psychologist with over 20 years' experience working with transgender clients, we'll discuss the whys of this, and learn a step-by-step approach for handling a successful disclosure, beginning with coming out to oneself! Following this, participants will be encouraged to share their own or their clients' or loved ones' coming out challenges, triumphs, and disasters.</td>
<td>Continuing Ed</td>
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<td><strong>Transitioning in Faith</strong></td>
<td>Jennifer Lehman &amp; Pastor Julie DeWerth</td>
<td>Hemlock</td>
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<td>In 2013, Ms. Jennifer Lehman (aka Jennifer Johns) transitioned her entire life from male to female with the goal of not losing anything - not losing her marriage, family, employment, church and her bowling leagues! In this presentation, Ms. Lehman along with her pastor Julie DeWerth, will discuss the role that her faith played in the transition and how Jennifer transitioned at her church. Jennifer will describe how she, her spouse, and Pastor Julie DeWerth implemented a successful transition at the ELCA Lutheran Church that Jennifer has attended for the last 25 years. They will also provide some insights, tips and strategies they learned along the way.</td>
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Because of social myths about gender, transgender people face many issues, from unemployment to homelessness to acts of violence. By educating ourselves and others, Equality Pennsylvania fights for the right to live openly without fear of abuse or discrimination. Equality Pennsylvania is devoted to ending discrimination and violence against transgender people through education and advocacy on state and local issues of importance to transgender people. By empowering transgender individuals and rallying our allies to educate and influence policymakers and others, Equality Pennsylvania offers a strong and clear voice for transgender equality.

**EDUCATION, ADVOCACY & POLICY REFORM**

### Thursday 3:30 pm (continued)

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<th>Title</th>
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<tr>
<td><strong>Wig Selection, Style &amp; Care</strong></td>
<td>Donna Miller, Owner of Donna's Hair Studio</td>
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<tr>
<td><strong>You Are What You Are Because of Who Went Before You</strong></td>
<td>Dr. Kristine James, Executive Director of TransEvents USA, Inc.</td>
</tr>
<tr>
<td><strong>Comportment</strong></td>
<td>Monica Prata, Feminine Image Consultant</td>
</tr>
<tr>
<td><strong>Strangers Like Me</strong></td>
<td>Jason Robert Ballard, Founder of The Self Made Men</td>
</tr>
<tr>
<td><strong>Health and Fitness for the Wonderful You</strong></td>
<td>Robyn Summers</td>
</tr>
</tbody>
</table>

#### Wig Selection, Style & Care
Complete analysis on proper wig selection for the CD/TG/TS community. Advice on style selection, color, size and care for your wig. Show the world the woman you know you can be!

#### You Are What You Are Because of Who Went Before You
No matter what label you give yourself, Cross Dresser, Transgender, Transsexual or anything else. There are others who have gone before you to pave the way to your acceptance. You have a history! Others have blazed the trail to make it easy for you to go out in public, get surgery to change your gender change your documents and live your life as you see fit. Let’s talk about these trail blazers and how they affect your life today.

#### Comportment
In this workshop you will learn how to conduct and move yourself in a more feminine and dignified way. Monica will explain the proper ways to act and behave in a variety of different settings. Following these steps will help you to appear more feminine and beautiful. These are the things your mother would have taught you if you were raised as a girl.

#### Strangers Like Me
The dark demon within the community is not external but inside of us. Gender dysphoria is prominent through all forms of transition, but why? Is it because we force ourselves into tiny boxes designed for others? Using scenes from Disney’s Tarzan, speaker Jason Robert Ballard explains the need for Trans Culture and keys to eliminate dysphoria and promote self love and understanding.

#### Health and Fitness for the Wonderful You
Eating right and a healthy lifestyle will help you feel and look better, we all know that. Do you know for the girl who is looking to shape their body without hormones or surgery that there is a quick, healthy way? By eating right and working out only 15 minutes a day, you can sculpt your body to have a slim, feminine look and without hormones. I am a testament that it does work. I lost over 100 pounds with my method. It can work for you too.
The “Spouse & Significant Other Sanctuary” is for the spouses and significant others of transgender partners ONLY. It is a place where you, the partner of a transgender person, can relax and speak freely, from any point of view, to other spouses and significant others. Our sanctuary leaders are here to support you, offer their shoulder, encourage you and to stand with you. Please join us in supporting each other. There is hope and help as a group.

**Thursday 5:00 pm**

**Chair Yoga**  
Ann Stillwater, Certified Yoga Instructor (and RN)

Experience the benefits of relaxing chair yoga and guided meditation. Become more aware of your body and how it interacts with your mind, emotions, and spirit. Simple stretches will loosen muscles and bring you into the present moment. Learn simple breathing exercises that will help you to center and focus in the future. Approximately a third of the time will be spent in a guided relaxation—one specifically tailored towards self-acceptance and healing, no matter what your gender identification. Experience the rejuvenating effects of yoga! No previous yoga experience necessary.

**Thursday Keystone Reception**  
in the Dog & Pony Lounge

Gather in the Sheraton's Dog & Pony Lounge for some social time!

Amy is the Owner and Transformation Artist at the JUST YOU Boutique in Las Vegas, Nevada.

She will be here at Keystone to provide her expertise in male to female transformations. Let her help you become the person you always wanted to be. Have fun and look your best.

It’s a great day to be JUST YOU

www.JUSTYOUULV.com  
(702) 697-1800
Thursday 6:00 pm

**Dinner & Entertainment at Hollywood Casino & Penn National Race Track**

| Bus leaves promptly at 6:00 pm from hotel lobby | Hotel Lobby |

Dining at Hollywood is always a special experience. They offer a variety of choices, each with its own special flair, unique flavors, and the kind of red-carpet service you deserve. Take a look at page 30 to see what they've got and get a taste of Hollywood. Hollywood Casino features over 2,450 reel, video slot and video poker machines ranging from one penny to $100, with all the hottest games currently available. And with over 50 table games and 16 poker tables, Hollywood Casino has a game for everyone. See page 30 for more information.

---

**Keystone B-I-N-G-O!**

Sponsored by Amanda Richards of True Colors TG Make-Up Artistry

| Salon A |

BINGO IS BACK. BIGGER AND BETTER THAN BEFORE! The always popular Keystone Bingo and Trivia Night is back with great prizes, exciting games, tough trivia questions, yummy pizza and lots of fun are in store for all participants. Bingo Babes and Blokes are still talking about last year's event and will be coming from far and wide to attend. This is one of the most eagerly awaited events at the Keystone Conference and everyone is looking forward for a chance to win valuable prizes and meet new friends.

As always, Keystone Bingo is again sponsored by the Bingo Queen herself, Amanda Richards of True Colors Make-up Artistry, ably assisted by the Queen of all Trivia, Jenny Jensen and her crew of Bingo Bunnies. While the games and trivia questions can be intense the setting is the casual atmosphere of the Sheraton hotel in Harrisburg. You'll be among friends, supporters and Bingo aficionados from all over the country with a burning desire to shout BINGO! Once again you can anticipate great Bingo prizes donated from many of Keystone's Vendors and there might even be a few surprises. Winners of the Trivia contest can expect to win many major prizes from Jenny's knickknack box.

It's not dressy so slip into something cute and comfortable, grab your purse and attend Keystone Bingo during the Keystone Conference. Just bring lots of $$ for your Bingo sheets. Guys, don't be shy, it's not cut-throat Bingo so you can play too and you never know, you could get lucky at Keystone Bingo. There will be plenty of fun for everyone. Doors open at 6:00 pm and the first game is scheduled to start at 6:30 pm. There will be plenty of fun and pizza for all and great new friendships will be easily made. You'll be talking about it well after the conference is over. Bingo cards will be available for $1 or 6 for $5. Come for the delicious pizza, stay for the fantastic prizes and have a great time. You're always a big winner at Keystone Bingo. All Keystone Bingo proceeds go to the Trans-Youth Program.

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**Charity Dinner & Comedy Night**

with Transman & Internationally Renowned Stand-up Comedian Ian Harvie and our very own Maryanne Marttini

| Salon C, D & E |

Here's a unique chance to be part of Keystone history! For the first time, the Keystone Conference will feature a live comedy act staring Ian Harvie, America's premier transgender stand-up comedian, and Maryanne Marttini, America's fastest rising transwoman comedian. Tickets are $35 and includes dinner. All proceeds go to support the local LGBT Youth program Common Roads. Tickets are included in the Keystone Plus Comedy and Weekender Plus Comedy conference packages. To purchase last minute tickets, please check in at the Keystone registration desk.

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**Karaoke with Nikki Ames!**

in the Dog & Pony Lounge

| Dog & Pony |

Come and join us for Karaoke with Nikki Ames! You've shown us your inner woman, now bring out your inner Diva! Belt out a ballad! Croon your tune! Raise the roof on some rock and roll! And even if you don't want to sing, you won't want to miss Nikki Ames' special brand of transgender parodies, bringing humor and heart to this wonderful journey we are all on together.
He could be your brother, your best friend’s boyfriend or a merely a clean-cut preppy trying his hand at stand-up, but he’s not. “I was born female; there is no question that I understand this. I believe that ‘female’ is a biological sex and legal term; while my gender is something else entirely, that is something I get to create myself and modify as I see fit. I do not consider myself or identify as ‘male’, however I do identify as a ‘man’ of sorts, these two words are not necessarily connected for me. I don’t feel like I was robbed of the correct biological sex; I believe I was born in the right body, and that I just may want to change it a little bit.”

Ian’s comedy encompasses his personal journey of being born a girl and becoming a ‘self-made man.’ His humor spans all boundaries, from gender to politics, cutting directly to the core of the human condition, in all its infinite strangeness. Touted as “the most unique stand-up comic in the country” by Frontiers magazine, Ian has been part of Margaret Cho’s smash show “The Sensuous Woman” and tours with them nationally and internationally constantly. He also landed a spot on One Night Stand Up and OutLaugh Comedy Festival on the LOGO Network, Comics Unleashed on ABC and The Trisha Show on CW. Check out Ian’s website here Check out Ian’s bio here

After a lifetime of imaginative design and writing this vibrant and creative transgender woman began doing standup comedy only two years ago. In this short time she has brought a new comedic experience to audiences from coast to coast. Maryanne shares the humor of her struggles growing up transgender, “look how that worked out,” in the forties, fifties and sixties to people that have never met a woman like her before. Well into her sixties, but looks decades younger, she also takes a humorous look of her life living in an Arizona “active adult community” that she refers to as “living in the loop.” (The Land of Old People) Maryanne’s exuberance and smile will bring the laughter out in everyone, and she enjoys her audience as much as they enjoy the fresh look at her special life. Maryanne has been with her wife and partner for 23 years.

“Through it all, I would not trade this life or this moment for anything.” Maryanne is an active participant in the Arizona Phoenix Pride Community as a member of the Board of Directors for Mulligan’s Manor, a non profit foster home for GBT young men, one of a half dozen homes in the United States. She is team leader, film selection committee member and MC for Maricopa Community College’s “Annual Desperado LGBT Film Festival.” Maryanne was awarded Arizona’s Ion Magazine’s, “Prism Award” for Community Outreach” in 2013. In 2012 Maryanne was the first transgender woman finalist in United States for “The Ms. Senior Arizona Pageant.”
Photo Identification is Required to Enter the Casino!!

The law requires the casino to ensure everyone is of the legal age. The casino is well aware that you may be presenting a different image than the one on your driver's license. Nevertheless, a photo ID is required to enter the casino. There are individual restrooms throughout the casino for those wondering.

Thursday Night Casino Shuttle Schedule

The Shuttle buses will leave the hotel at 6:00 pm and make 1 trip to the Casino. A shuttle bus will leave the Casino at 10:30 pm and then at 11:30 pm. Note: the last shuttle bus leaves the casino at 11:30 pm.

<table>
<thead>
<tr>
<th>Sheraton (Outside Hotel Lobby)</th>
<th>Hollywood Casino (Outside Main Entrance)</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:00 pm</td>
<td>10:30 pm</td>
</tr>
<tr>
<td>11:00 pm</td>
<td>11:30 pm</td>
</tr>
</tbody>
</table>

Please Be Gracious

It is customary to tip the shuttle bus driver $1 there and $1 back.
NO MATTER WHO...

YOU KISS

YOU TOUCH

YOU HOLD

YOU DESERVE QUALITY HEALTHCARE.

Alder Health Services
Proud to be serving South Central Pennsylvania.

Primary Care | Mental Health | STD Screening and Treatment | HIV/AIDS Services | Health Education

For more information or to volunteer, please call 1.800.867.1550 or visit www.alderhealth.org.
Please join Transgender Surgical Specialist Dr. Rumer at her Workshops, where she will discuss new and exciting surgical and nonsurgical procedures.

Kathy L. Rumer, D.O.  
Board Certified Plastic Surgeon

**Dr. Rumer** just opened a state-of-the-art medical and recovery facility in the Greater Philadelphia Area.

Our out-of-town guests are welcome to stay in our beautiful Recovery Care

**SERVICES**

MTF: FFS, BA, Body Contouring, GRS  
FTM: Chest Masculinization, Body Contouring, GRS  
General: Hair Restoration, Skin Care, Neck Lifts

Consults for our out-of-town guests via Skype

---

105 Ardmore Avenue • Ardmore, PA 19003  
855-782-5665 • rumercosmetics.com • info@rumercosmetics.com
**RUMER COSMETIC SURGERY**

**SCHEDULE AT KEYSTONE**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00a - 1:45p</td>
<td><strong>FREE Personal Consultations</strong>&lt;br&gt;Call (267) 303-3144 to set up an appointment.&lt;br&gt;Consultations will be conducted in Provider Room 101</td>
</tr>
<tr>
<td>2:00p - 3:00p</td>
<td><strong>Workshop “FTM Gender Confirming Surgeries - What’s New and Exciting?”</strong>&lt;br&gt;See description below&lt;br&gt;Located in Provider Room 101</td>
</tr>
<tr>
<td>3:15p - 5:00p</td>
<td><strong>FREE Personal Consultations</strong>&lt;br&gt;Call (267) 303-3144 to set up an appointment.&lt;br&gt;Consultations will be conducted in Provider Room 101</td>
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<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:00a - 10:15a</td>
<td><strong>FREE Personal Consultations</strong>&lt;br&gt;Call (267) 303-3144 to set up an appointment.&lt;br&gt;Consultations will be conducted in Provider Room 101</td>
</tr>
<tr>
<td>10:30a - 11:45a</td>
<td><strong>Workshop “MTF Gender Confirming Surgeries - What’s New and Exciting?”</strong>&lt;br&gt;See description below&lt;br&gt;Located in Workshop Room Dogwood</td>
</tr>
<tr>
<td>12:00p - 5:00p</td>
<td><strong>FREE Personal Consultations</strong>&lt;br&gt;Call (267) 303-3144 to set up an appointment.&lt;br&gt;Consultations will be conducted in Provider Room 101</td>
</tr>
</tbody>
</table>

**WORKSHOP DESCRIPTIONS**

**MTF Gender Confirming Surgeries - What’s New and Exciting?**
This workshop provides an opportunity for Dr. Kathy Rumer to discuss her approach to MTF Gender Confirming Surgical procedures such as Facial Feminization (FFS), Breast Augmentation, Body Contouring and GRS. She will also unveil a number of innovative surgical and non-surgical beauty enhancing procedures offered at her new state-of-the-art facility. Dr. Rumer will then open the floor for answering specific questions after her presentation. She will also be available for complimentary consultations while at the conference.

**FTM Gender Confirming Surgeries - What’s New and Exciting?**
This workshop provides an opportunity for Dr. Kathy Rumer to discuss her approach to FTM Gender Confirming Surgical procedures including Chest Masculinization, Body Contouring and Bottom Surgery. She will also unveil a number of innovative surgical and non-surgical masculinization procedures offered at her new state-of-the-art facility. Dr. Rumer will then open the floor for answering specific questions after her presentation. She will also be available for complimentary consultations while at the conference.
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Presenter</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00 AM</td>
<td>Feminizing the Male Face without Surgery</td>
<td>Amanda Richards</td>
<td>Elm</td>
</tr>
<tr>
<td></td>
<td>Guilt, Shame &amp; Fear</td>
<td>Dr. Maureen Osborne</td>
<td>Hemlock</td>
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<tr>
<td></td>
<td>Gyneceology for the Transfeminine and Transmasculine Spectrum: from Pap Smears to GRS</td>
<td>Dr. Julie Nicole</td>
<td>Ash</td>
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<tr>
<td></td>
<td>Exploring Intimacy</td>
<td>Sherry Zellers</td>
<td>Birch</td>
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<tr>
<td></td>
<td>Functional Fitness &amp; Claiming the Freedoms of Your Masculinity</td>
<td>Nate Wolfe</td>
<td>Chestnut</td>
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<tr>
<td></td>
<td>Joys &amp; Challenges of Transgender Diplomacy</td>
<td>Robyn McCutcheon</td>
<td>Dogwood</td>
</tr>
<tr>
<td></td>
<td>What’s Going on in Your Brain Today!</td>
<td>Dr. Cerise Richards</td>
<td>Salon C</td>
</tr>
<tr>
<td>10:30 AM</td>
<td>Art of Feminine: The Goddess Lives in the Details</td>
<td>Gwen Watson</td>
<td>Elm</td>
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<tr>
<td></td>
<td>Finding Your Voice</td>
<td>Lynn Skinner</td>
<td>Fir</td>
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<tr>
<td></td>
<td>Anatomy Is Not Destiny</td>
<td>Liz Leen</td>
<td>Hemlock</td>
</tr>
<tr>
<td></td>
<td>How Do I Take Care of Me without Forgetting About You?</td>
<td>Amy Keisling</td>
<td>Ash</td>
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<tr>
<td></td>
<td>Transitioning in Place Successfully</td>
<td>Jennifer Lehman</td>
<td>Birch</td>
</tr>
<tr>
<td></td>
<td>The Transgender Life as Holy Text</td>
<td>Rev. Michael Johnson</td>
<td>Chestnut</td>
</tr>
<tr>
<td></td>
<td>Feminizing Surgery of the Face and Body: New Topics in Plastic and Reconstructive Surgery</td>
<td>Dr. Joel Beck</td>
<td>Dogwood</td>
</tr>
<tr>
<td></td>
<td>West Coast FFS &amp; “Good Morning Mimosa’s!!!” - Facial Feminization</td>
<td>Dr. Alexander Sinclair</td>
<td>Room 114</td>
</tr>
<tr>
<td>11:00 AM</td>
<td>Dining Deportment</td>
<td>Monica Prata</td>
<td>Dog &amp; Pony</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Private Dining</td>
</tr>
<tr>
<td>12:00 PM</td>
<td>Friday Luncheon with Speaker Arlene Lev</td>
<td>&quot;Envisioning a World of Gender Freedom&quot;</td>
<td>Commonwealth Ballroom</td>
</tr>
<tr>
<td>2:00 PM</td>
<td>On Being Feminine: An Exploration of Historical, Spiritual and Societal Concepts with Fashion As the Focus</td>
<td>Gwen Watson</td>
<td>Elm</td>
</tr>
<tr>
<td></td>
<td>How to Get Read in 10 Seconds Flat: Genetic Women’s Perspectives of Enhancing the MTF Image</td>
<td>Michelle The Tall</td>
<td>Fir</td>
</tr>
<tr>
<td></td>
<td>Relationship Priorities—Languaging, Negotiation, and Compassionate Assertiveness</td>
<td>Jude Bienvenu</td>
<td>Hemlock</td>
</tr>
<tr>
<td></td>
<td>Clinical Practice with Families of Gender Nonconforming Children and Transgender Youth</td>
<td>Arlene Lev</td>
<td>Ash</td>
</tr>
<tr>
<td></td>
<td>Love Your Trans*Body</td>
<td>Kelly Jean Gainor</td>
<td>Birch</td>
</tr>
<tr>
<td></td>
<td>Overcoming Transgender Discrimination in the Workplace: My Personal Story of Triumph Against All Odds</td>
<td>Marla Krolikowski</td>
<td>Chestnut</td>
</tr>
<tr>
<td></td>
<td>Advanced Individualized Surgical Techniques for Global Face, Body &amp; Hair Feminization in Both the Transgendered &amp; Crossdressing Patient</td>
<td>Dr. Mark Zukowski</td>
<td>Dogwood</td>
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</tbody>
</table>

2:00 PM schedule continued on following page
## Friday Overview

### 2:00 PM (continued)

<table>
<thead>
<tr>
<th>Event</th>
<th>Presenter</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>FTM Intimacy Workshop: Getting in Touch with Yourself &amp; Others</td>
<td>Jason Ballard</td>
<td>Room 533</td>
</tr>
<tr>
<td>Facial Feminization Surgery</td>
<td>Dr. Douglas Ousterhout</td>
<td>Room 102</td>
</tr>
<tr>
<td>FTM Top &amp; Bottom Surgery: Surgical Options to Obtain Natural Results in a One-Stage Procedure</td>
<td>Dr. Sherman Leis</td>
<td>Room 103</td>
</tr>
<tr>
<td>Body Feminization Surgery (BFS) &amp; Doctor Administered Corset Training!</td>
<td>Dr. Alexander Sinclair</td>
<td>Room 114</td>
</tr>
<tr>
<td>FTM Gender Confirming Surgeries —What’s New and Exciting</td>
<td>Dr. Kathy Rumer</td>
<td>Room 101</td>
</tr>
<tr>
<td>The Whole Picture—Putting It All Together</td>
<td>Dr. Joel Beck, Kathé Perez, Dr. Nelson Howard, Dr. Julie Nicole</td>
<td>Room 104</td>
</tr>
</tbody>
</table>

### 3:30 PM

<table>
<thead>
<tr>
<th>Event</th>
<th>Presenter</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Eva Community: Learn How to Make the Most of This New Technology</td>
<td>Kathe Perez</td>
<td>Elm</td>
</tr>
<tr>
<td>Prioritizing Feminization Procedures Based on Specific Facial Feature Analyses</td>
<td>Dr. Jeffrey Weinzweig</td>
<td>Fir</td>
</tr>
<tr>
<td>Adolescent Youth: Unique Variables for Successful Transition</td>
<td>Dr. Michele Angello</td>
<td>Hemlock</td>
</tr>
<tr>
<td>Telling Others</td>
<td>Alexis Lake</td>
<td>Ash</td>
</tr>
<tr>
<td>Writing Across Gender: Creative Nonfiction for Our Community and Beyond</td>
<td>Quince Mountain, Blair Braverman, Richelle Bradley</td>
<td>Birch</td>
</tr>
<tr>
<td>Successful Shopping for Your Most Feminine Silhouette</td>
<td>Monica Prata</td>
<td>Chestnut</td>
</tr>
<tr>
<td>Lady Valor</td>
<td>Kristin Beck</td>
<td>Salon C</td>
</tr>
<tr>
<td>Spouse &amp; Significant Other Sanctuary</td>
<td>Sara Edwards, Lorrie Yale</td>
<td>Suite 543</td>
</tr>
</tbody>
</table>

### 5:00 PM

<table>
<thead>
<tr>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday Keystone Reception</td>
<td>Vendor Area</td>
</tr>
</tbody>
</table>

### 5:15 PM

<table>
<thead>
<tr>
<th>Event</th>
<th>Presenter</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advanced Individualized Surgical Techniques for Global Face, Body &amp; Hair Feminization in Both the Transgendered &amp; Crossdressing Patient</td>
<td>Dr. Mark Zukowski</td>
<td>Room 110</td>
</tr>
</tbody>
</table>

### 6:15 PM

<table>
<thead>
<tr>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Buses Leave for Early Dinner Departure for the Following Restaurants: Bricco, El Sol, Café Fresco, Carley’s Ristorante, Passage to India and Raspberries</td>
<td>Front Lobby</td>
</tr>
</tbody>
</table>

### 6:45 PM

<table>
<thead>
<tr>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Buses Leave for Later Dinner Departure for the Following Restaurants: Stock’s on Second, Char’s at Tracy Mansion and Home231</td>
<td>Front Lobby</td>
</tr>
</tbody>
</table>

### 9:30 PM

<table>
<thead>
<tr>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dancing &amp; Drinks at Stock’s on Second in Downtown Harrisburg</td>
<td>Downtown</td>
</tr>
<tr>
<td>Namoli Brennet at the Sheraton Hotel</td>
<td>Dog &amp; Pony</td>
</tr>
</tbody>
</table>

“A Celebration of Gender Diversity”
Face & Body Feminization Lectures
Mark L. Zukowski M.D., F.A.C.S.
Internationally Recognized Face & Body Feminization Surgeon from Chicago

KEYSTONE SCHEDULE 2014

When: Friday, March 28th and Saturday March 29th
Main conference lecture at 2:00 pm on Friday.
Check the schedule for room details.
Stop by to our provider room to arrange to speak to Dr. Zukowski. Dr. Zukowski will talk additionally in the provider room with past patients available at 5:15pm Friday and 11:30am Saturday. Refreshments will be served.

One Stage Pure Endoscopic and Biplaner Brow Lifts with removal of orbital rim bossing, preservation of sensation and sinus function with scalp advancement
Chin Reduction, Advancement, Reshaping, Lip Lifts
Multiplane Face & Neck Lifts
Feminizing Rhinoplasty, Septoplasty
Jaw Angle - Masseter Muscle Reduction
Breast Augmentation
Tracheal Shave
Brazilian “Butt Lift”
Ultrasonic Liposuction & Liposculpting
Medpor & Silicone Implants to all Body Locations
Facial Fat Grafting, Buttock Enhancement
Perioperative Lymphatic Drainage
Skin Care products for the face & body
Micrograft Hair Restoration

Dr. Zukowski is available to talk to you on Friday March 28th from 11:00 am and on Saturday March 29th from 7:00am

ZUKOWSKI CENTER FOR COSMETIC SURGERY 847.853.8869
3612 W. Lake Ave., Wilmette, IL • www.mlzukowskiffs.com • email: michelleanewyou@elnet.com

Meet with Dr. Zukowski with advanced booking.
Please contact us now to RSVP your attendance and/or if you desire to talk with him.
CELEBRATING OUR 10th ANNIVERSARY

of advanced micrograft hair restoration to create a dense and beautifully feminine hairline. We cater to the FEMALE gender hairline!!

Your surgery to create a feminine hairline is directed by Dr. Mark Zukowski who is internationally recognized in the field of face and body feminization and micrograft hair restoration. We treat women exclusively with our state of the art cutting edge micrograft hair graft program and understand the essence of the delicate female hairline.

Your procedure is comfortably performed under both local anesthesia with nerve block and intravenous twilight sedation, utilizing antibiotic and anti-swelling therapy.

We Do State of the Art STRIP PROCEDURES AND ULTRAFINE FOLLICULAR UNIT GRAFTS (FUE)

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Expertly performed by Tatiana Maya and her transplant team with a combined experience of over 35 years.

For more information: www.mlzukowskiffs.com michelleanewyou@elnet.com
The Zukowski Center 3612 W. Lake Ave. Wilmette, IL 60091 847-853-8869
You can also arrange for a complementary consultation with Dr. Zukowski for your face and body feminization needs.
Feminizing the Male Face without Surgery
Amanda Richards of True Colors Make-Up Artistry

I will cover makeup application techniques to bring out the female in any male. This will include, foundation application, enhancing the shape of your face with contouring and highlighting, eye shadow application, including how to do a smoky eye, and how to get that pouty looking lip. Attendees should bring their pad and paper to take notes, and I will answer any questions throughout the presentation. Amanda is available for personal consultations.

Guilt, Shame & Fear: Overcoming the Emotional Legacy of Internalized Transphobia
Dr. Maureen Osborne, Gender Psychologist

In this workshop, we will examine the emotional triad of guilt, fear and shame that many transgender folks experience as a result of living in a transphobic society. We will talk about ways to manage these negative emotions without abandoning consideration for loved ones as they adjust to the reality of your transgender journey. All are welcome to join in this interactive conversation.

Gynecology for the Transfeminine and Transmasculine Spectrum: from Pap Smears to GRS
Dr. Julie Nicole

In this session, we will discuss the importance of proper gynecological care for transmen and transwomen. While the American Congress of Obstetricians and Gynecologists (ACOG) published a committee opinion on transgender health in December 2011, there is still a significant lack of knowledge of the transgender reality from gynecologists who otherwise similarly and routinely prescribe medications and perform surgeries on genetic women. This deficiency in awareness on behalf of the providers often puts the patient in a situation where one has to teach their providers. This session, led by a gynecologist, is aimed at empowering individuals in taking charge of their gynecological care by answering their questions and exchanging ideas about routine gynecological care, screenings, hormonal transition and surgeries, including genital reassignment surgery.

Exploring Intimacy
Sherry Zellers, BA Sociology, Romance Enhancement Consultant

Every relationship has times that seem hopelessly disconnected. Add the stress of dealing with a non-traditional gender or sexual expression and you may feel as though you are on your own to figure things out. Here’s the good news, there are strategies that every couple can apply to help increase their intimate connection and bring more joy into their romantic relationship. Come explore these ideas and how they apply to both couples in transition and not in transition.

Functional Fitness & Claiming the Freedoms of Your Masculinity
Nathaniel Wolfe, Bai Lung Kung Foo and Tai Chi Instructor

This workshop is specifically designed to assist men on how to find the natural strength and balance of their emerging bodies. Learn how to create a more natural, masculine image without unnecessary expenses on gym memberships and weight sets. Although this workshop was created with transmen in mind all are welcome to attend and take part.

Joys & Challenges of Transgender Diplomacy
Robyn McCutcheon, President, Gays and Lesbians in Foreign Affairs Agencies

Yes, it is possible to be a transgender foreign service officer and represent the United States at missions around the world! U.S diplomacy has changed since a few brave FSOs stood up in 1992 and openly declared themselves to be gay or lesbian at a time when gays and lesbians were routinely being dismissed. It took nearly twenty years for the first transgender FSOs to gain acceptance, but the way is now clear for transgender employees in the U.S. Department of State. In this talk Robyn will describe the challenges and joys of being a transgender FSO and of serving as the transgender president of the State Department's LGBT employee affinity group. She will field audience questions about the foreign service recruiting process and the work and lifestyle of an FSO serving at overseas missions.
Marci L. Bowers, MD

Genital Reassignment Surgery

MTF Procedures
GRS (Genital Surgery – One Stage)
Labiaplasty (Cosmetic)
Orchiectomy
Tracheal Shave

FTM Procedures
Ring Metoidioplasty (with Urethral Lengthening)
Simple Metoidioplasty
Hysterectomy
Testicular Implants (Scrotoplasty)

Marci Bowers, MD is a renowned surgeon in the fields of Genital Reassignment and Gynecological Surgery. She has a long-standing reputation of providing quality care for the transgender community. Dr. Bowers trained with legendary Dr. Stanley Biber, updating and innovating surgical techniques. Following principles of anatomy and embryology, Dr. Bowers brings a uniquely gynecologic eye to the delicate art of GRS. There is no substitute for the care and precision offered by the outstanding team in the San Francisco Bay Area of California.

New to our practice, Julie Nicole, MD is a Gynecologist specializing in minimally invasive surgery. She hails from Quebec, Canada and is fluent in French. Dr. Nicole received her Doctorate at the University of Vermont, where she also served her Residency.

With its state-of-the-art facility Mills-Peninsula Hospital (new for 2013) is consistently chosen among the top 65 US Medical Centers. Built and opened in 2011, Mills-Peninsula is a gorgeous, prestigious institution worthy of the importance of gender affirming surgery.

San Mateo Surgery Center, located immediately adjacent to Dr. Bowers’ office in convenient San Mateo, California, is available for minor gender procedures such as Metoidioplasty, Scrotoplasty, Tracheal Shaving, Labiaplasty, Orchiectomy and Gyn Procedures at highly competitive pricing.

We work with all insurance companies. Call for details.
Dr. Bowers’ office, surgery center and hospital are conveniently located in the San Francisco Bay Area in San Mateo, just minutes from SFO International Airport. Dr. Joel Beck is also available for FFS, breast augmentations, etc. Combine surgeries as an option!

(877) 439-2244  www.marcibowers.com
What's Going on in Your Brain TODAY!
Dr. Cerise Richards, Clinical Professor of Urology

In the last year the tools of functional MRI have given us the ability to see adult functioning TS brains. When matched with natal male and female controls, there are striking differences in certain areas and overall white matter which connects vital areas of the brain. There are also some similarities to natal sexes, but the differences are striking and relate to TS behavior. The brain is organized during gestation and activated by hormones and stimuli during pre-natal and post-natal growth. Dr. Richards shall discuss these new studies as she still believes we are a continuum of gender behavior directed by these changes. The advances in human brain imaging are now providing significant evidence of anatomical differences in TS Brains, which may be correlated with behavior and will be the topic of her workshop.

Friday 10:30 am

Art of Feminine: The Goddess Lives in the Details
Gwen Watson, Feminine Image Consultant

This is an interactive workshop on the art of sitting, standing, walking and eating in a feminine manner. Polish your femme presentation with detailed observations and humor on what it means to be femme. Audience participation is hoped for!

Finding Your Voice
Lynn Skinner, Professional Vocalist and Voice Coach

Many people throughout the gender spectrum have difficulty “finding their voice”. With lifelong habits shaped by personality traits, physique, influences, roles, and social patterns, it is often difficult to intimately know the heart of one’s voice, and how it really sounds. In a world where contact and communication is so important, our voice becomes a mirror of how we are feeling inside. If we are fearful, angry, or ashamed, our voice gets tight. If we are impatient, we speak too quickly and forget to breathe. If we are depressed, our voice gets dull. For a transgender voice in transition, “finding” the right voice can be riddled with confusion, anxiety and frustration. In a supportive environment, Lynn will facilitate a group discussion and offer exercises to help participants explore deeper connections we can all make with ourselves - and our world - when speaking from a more relaxed, genuine place. What feels true can also sound true, and this is an essential part of finding our voice. Everyone is welcome – including those working with feminization, vocal and gender identity issues, voice problems and related tension.

Anatomy Is Not Destiny
Liz Leen, LSA and Kali Thompson, LSW of Alder Health

Gender is all around us. Expectations and messaging on gender are taught from the moment we are born. Practically everything in society is assigned a gender - toys, colors, clothing, behaviors, etc. Gender is a socially constructed concept that influences how we shape our understanding of the core aspects of our identity. Society assumes that gender is predetermined, that being a man or woman is determined by the genitalia we are born with, and this makes us one or the other. Individuals who are transgender, genderqueer, gender fluid, or androgynous are met with intense invalidation, rejection and discrimination by a society which cannot appreciate the fluidity of gender expression.

Beyond anatomy, how is gender defined? Male and female are overwhelmingly accepted and expected by Western culture, because of this it becomes difficult for people to imagine any other way to present and/or understand gender. How else can one define (or not define) their gender identity? Are there more than two genders in our society? If not, should there be? How can we all be seen as individuals if we’re all forced into the gender binary from the moment we are born? How can the gender spectrum encompass one’s true identity?

How Do I Take Care of Me without Forgetting about You?
Amy Keisling, ACSW, LCSW, BCD at Riegler, Shienvold & Associates

The trans journey requires a tremendous amount of self-focus in order to navigate its twists and turns. Your relationships with friends and loved ones can ease the pain of traveling this path alone, but sometimes it can be hard to remember to nurture these connections. This workshop will focus on exploring the challenges participants have faced in navigating relationships during the trans journey.
**Transitioning in Place Successfully**  
Jennifer Lehman

In 2013, Ms. Jennifer Lehman (aka Jennifer Johns) began a full frontal assault to transition her entire life from male to female with the goal of not losing anything - not losing her marriage, family, employment, church and her bowling leagues! In this presentation, Ms. Lehman will discuss the steps she took to make this transition happen successfully for each segment of her life. She will provide some insights, tips and strategies she learned on the way.

**The Transgender Life as Holy Text**  
Rev. Michael Johnson

An exploration of the importance of personal experience in transgender spirituality. Looking at how we can look beyond Scriptural text to embrace the sacredness of our personal relationship with the Divine. Embracing a spirituality that is not in bondage to hate proof texts by recognizing the richness of our lived daily experiences of God’s grace as transgender people.

**Feminization Surgery of the Face and Body: New Hot Topics in Plastic and Reconstructive Surgery**  
Dr. Joel Beck, Board Certified Plastic Surgeon of the Bay Area Aesthetic Surgery Center

Dr. Beck will be discussing pre-operative assessment for surgical feminization of the face and body. This will include newly integrated techniques for softening the facial appearance and feminization. Hot topics in Plastic and Reconstructive Surgery will be discussed. Dr. Beck's philosophy for surgical refinement of the face and body will be reviewed.

**West Coast FFS & “Good Morning Mimosa’s”!!! – Facial Feminization”**  
Dr. Alexander Sinclair, Board Certified Plastic Surgeon

“Who’s that guy with Blue Hair?! It’s Dr. Sinclair!” Join Dr. Sinclair and his Trans Patient Liaison Chloe Prince, in Room 114 for a toast with complimentary “Good Morning Mimosa’s” as Dr. Sinclair introduces his philosophy and technique to Facial Feminization founded on his 25 years+ experience as a practicing plastic surgeon in Beverly Hills, working with thousands of clients, celebrities, and the Trans community of Los Angeles. He will present both a wide array of photos and video of his operations and results, and answer your questions. Dr. Sinclair will be available after the presentation for a complimentary personal consultation to speak with you. If you would like to know exactly what happens to you when you are on the operating table during an FFS procedure, this is the seminar for you… and hey, did we mention, Mimosa’s!!! *smile* -cheers!
**Friday 11:00 am**

**Feminine Dining Deportment**  
with Monica Prata, Feminine Image Consultant  
Dog & Pony Private Dining

Dining while expressing feminine poise, posture and mannerisms can be a difficult feat. Join the table to dine “en-femme” with Monica Prata as she hosts her interactive “Feminine Dining Deportment” seminar. Put your skills to test while learning through live models as Monica Prata demonstrates the innate difference between male and female dining mannerisms and shares with you, her simple secrets to being more feminine while dining.

The cost of this workshop is $10, which includes salad, bread and soup and requires you to sign up.

**Friday 12:00 pm Luncheon Speaker**

"Envisioning a World of Gender Freedom"  
Arlene Lev, Acclaimed Social Worker, Family Therapist, Educator, and Writer  
Commonwealth Ballroom

Arlene ("Ari") Istar Lev, social worker, family therapist, and gender specialist, will talk about emerging positive trends in the trans liberation movement. This includes the development of Standards of Care that are less pathologizing and based in advocacy and empowerment, the presence of young trans people who will be able to live their entire lives in their chosen gender expression, and the explosion of genderqueer identities among youth.

**Friday 2:00 pm**

**On Being Feminine: An Exploration of Historical, Spiritual and Societal Concepts with Fashion as the Focus**  
Gwen Watson, Feminine Image Consultant  
Elm

On Being Feminine: An Exploration of Historical, Spiritual and Societal Concepts with Fashion as the Focus is a lively presentation discussing how the items that identify the feminine have changed over time and defined what it is to be feminine in today's culture. Imagery from the Paleolithic era to the present will chart how definitions of the feminine ideal have changed, what impacts there have been on societies and where we might be going in the future. Current fashion trends and how to successfully adapt them to your personal style will cap the presentation.

**How To Get Read in 10 Seconds Flat: Genetic Women’s Perspectives of Enhancing the MTF Image**  
Michelle "The Tall" Popkov  
Fir

You think it’s all makeup, clothes, hair, voice, and shoes? There are ten common mistakes that genetic women can spot right away if a cross dresser ventures out in public. The presentation gives you an easy list of actions you can do to improve your presentation as a woman and gain confidence and acceptance in the mainstream. This seminar is aimed at novice M-to-F transgenders.

**Relationship Priorities – Languageing, Negotiation, and Compassionate Assertiveness**  
Jude and Susan Bienvenu  
Hemlock

Discussions often focus on the needs of the transitioning transgender individual, somewhat exclusive to the needs of the relationship with a partner. This course will turn the focus to the relationship between the transgender person and their spouse. Transition is a very difficult time for a couple, and frequently leads to the loss of the relationship. We do not believe this has to be the inevitable outcome, and hope to offer our experiences in the hope that others can find them useful. We discuss aspects such as “couples transition,” and skills in languaging and negotiation. These approaches are proven techniques in couples counseling, and have helped us tremendously in our journey through Jude’s transition and after. A new topic this year is Compassionate Assertiveness – techniques for constructively bringing up difficult topics with compassion for both parties. Come join us for discussions and exercises that can help bring a new understanding to the power of language and negotiation. This is an updated version of the presentation we have presented at past Keystone Conferences.
INDULGE YOUR INNER DIVA with Adita Cosmetics!

Makeovers*
Brow Shaping*
Mini Facials*
Private Makeover Sessions*
Wardrobe & Image Consulting*
*Inquire for Pricing and Availability

Adita has played an active role in the Trans Community for over 30 years. Starting in Philadelphia & New York, she is now based in Atlanta, working her Hair & Makeup Transformations. She has attended some of the most prestigious schools both here & abroad.

Adita is a much sought after Stylist & Educator across the country. Her sensitivity & artistry in bringing out the best features in every person make her Transformations absolutely beautiful and camera ready! Everything from making you look your best naturally or a HOT Fashionista - Adita is there to help you!

She is the creator & founder of the Adita Cosmetics line which has become the #1 Makeup Line at Transgender Conferences across the country.

IN-ROOM APPOINTMENTS ALSO AVAILABLE

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adita@aditacosmetics.com

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On Facebook Search For Adita Cosmetics/Skincare/Hair
### Clinical Practice with Families of Gender Nonconforming Children and Transgender Youth
By Arlene Istar Lev LCSW-R, CASAC

This workshop is an overview of the process family members experience when children are expressing gender nonconforming behavior. The role of family members, service providers, and educational institutions will be discussed, as well as the potential outcomes for children. The discussion will focus on ways for families to assist children and teens in healthy gender development, regardless of how typical or atypical their gender expression may be.

### Love Your Trans* Body
Kelly Jean Gainor, Community Health Educator at Planned Parenthood

Body image and health go hand-in-hand. A negative body image can lead to health problems from eating disorders to drug use. Traditional body image activists encourage people to love their body, while often leaving people under the transgender umbrella out of the picture. In this workshop we will explore the connections between body image, sexuality, and identity, and discuss ways of improving body image among the transgender community.

### Overcoming Transgender Discrimination in the Workplace: My Personal Story of Triumph Against All Odds
Marla Krolikowski, Teacher

This presentation will consist of a detailed description of Marla's harassment and ultimate dismissal from her teaching position of 32 years after the revelation of her transgender orientation and subsequent transition from male to female became public. She will detail the process of her legal fight and her ultimate victory. This is the first time in legal history in the United States that a transgender individual was able to successfully sue and win a settlement against a discriminating catholic school on the issue of transgender orientation. There will be time for Q&A from the group as to the procedures to follow if they are found in a similar situation in the workplace.

### Advanced Individualized Surgical Techniques for Global Face, Body & Hair Feminization in both the Transgendered & Crossdressing Patient
Dr. Mark Zukowski, M.D., F.A.C.S. Zukowski Center for Cosmetic Surgery

Dr. Zukowski will be presenting his state-of-the-art 21st century individualized surgical options for global one-step face, breast and body feminization including advanced endoscopic techniques of forehead feminization, with exclusive 3-D bone sculpting, ultrasonic body sculpting with large volume fat augmentation to the buttocks (Brazilian buttock lift), as well as micrograft hair restoration to create the perfectly feminine hairline. These techniques are applicable for the transgendered patient looking to transition or the cross-dressing patient looking to present their best in both male and female personas. The Zukowski Center exclusively performs complimentary lymphatic massage postoperatively and has a face and body skin care protocol and cosmeceutical line of skin products to further enhance your surgical results. Past patients will be available for you to talk to. To arrange to speak to the doctor or one of his past patients either at the conference or afterwards in a phone consultation, call his office at 847-853-8869 in advance and speak to Michelle as time slots fill up fast. The doctor will be seeing patients on Friday, March 28th, starting at 1:00 PM and on Saturday, March 29th starting at 7:30 AM.

### Don't miss this opportunity to learn more about our comprehensive full face and body approach for your transition, or to look the best you can in both of your personas and to reverse any aging changes so as to ensure a lifetime of youthful, refreshed, and naturally feminine beauty.

### FTM Intimacy Workshop: Getting In Touch With Yourself & Others
Jason Robert Ballard, Founder of The Self Made Men

They say, "how can you love someone else if you don't love yourself?" Everyone knows emotional self-love has limitless benefits, but let's talk about the physical self-love benefits and getting to know yourself so you can convey your needs to another. We'll even talk about how to convey those needs! Bluntly, we're going to talk about sex for an hour...so guys come join us!
Facial Feminization Surgery
Dr. Douglas Ousterhout, MD, DDS, FACS
Room 102

Dr. Ousterhout will present his philosophy regarding facial feminization based on the anatomical differences between the male and female skulls. There will be discussions also about soft tissue surgery such as facelifts, breast augmentations, etc. Photographic results of pre and post surgery patients will be shown. Dr Ousterhout will be available after the presentation for private consultations.

FTM Top and Bottom Surgery: Surgical Options to Obtain Natural Results in a One-Stage Procedure
Dr. Sherman Leis, Director of the Philadelphia Center for Transgender Surgery
Room 103

Options for FTM Top Surgery will be presented and variety of cases will demonstrate excellent results in masculinization of the chest. Options for Phalloplasty will also be discussed. Dr. Leis will utilize multiple case presentations to demonstrate superior aesthetic results obtainable utilizing abdominal or groin flaps for Phalloplasty, labial deconstruction for Scrotoplasty and the options of testicular and penile implants. This surgery is done in one stage and results in a sensate penis, no grossly deformed donor site and the ability to have sexual intercourse with erotic sensation.

Body Feminization Surgery (BFS) & Dr. Administered Corset Training!
Dr. Alexander Sinclair, Board Certified Plastic Surgeon
Room 114

“Who’s that guy with Blue Hair?? It’s Dr. Sinclair!” Join Dr. Sinclair and his Trans Patient Liaison Chloe Prince, in Room 114 for their presentation on “Body Feminization” procedures. Are you considering feminizing your hips, buttocks, or waistline through surgery? This is the seminar for you. Dr. Sinclair will also be discussing the risks and pitfalls of using silicone injections. Then he will be sharing his non-surgical technique and results of achieving a feminine waistline through Dr. Administered Corset Training, which has been featured on TV programs in Los Angeles. It’s all about body contouring and achieving that “hour glass” figure!

FTM Gender Confirming Surgeries - What’s New and Exciting?
Dr. Kathy Rumer, Board Certified Plastic and Reconstructive Surgeon
Room 101

This workshop provides an opportunity for Dr. Kathy Rumer to discuss her approach to FTM Gender Confirming Surgical procedures including Chest Masculinization, Body Contouring, and Bottom Surgery. She will also unveil a number of surgical and non-surgical procedures offered at her new state-of-the-art facility. Dr. Rumer will then open the floor for answering specific questions after her presentation, and will be available for complimentary consultation while at the conference.

The Whole Picture: Putting It All Together
A Panel Presentation Chaired by Dr. Joel Beck and with Kathe Perez, Dr. Nelson Howard, DDS, and Dr. Julie Nicole, MD
Room 104

This workshop deals with assembling & choosing between the many disciplines, efforts and procedures available when one is transitioning from one gender presentation to another. The panel will consist of a multi-faceted team of experts in plastic surgery, medications & hormones, voice, and image. The focus of the panel is to have a number of professionals all in the same room to provide a comprehensive approach for transitioning individuals. The panel includes a plastic surgeon, dentist, hormone specialist and OB/GYN pelvic surgeon, and voice therapist.

“Truth, Respect, Understanding and Support for Life Transitions”

Transgender Support Group for Spouses, Significant Others and Family
http://www.SignificantOtherPA.org
contact us at: info@significantotherpa.org

We Can Help
Let’s Talk

“A Celebration of Gender Diversity” 45
Dr. Ousterhout converges his innate eye for the aesthetic with over thirty years of medical knowledge and experience.

Having performed thousands of successful surgeries; the Ousterhout team is dedicated to providing exemplary surgical experience, yielding spectacular results.
Keystone Schedule

**Friday, March 28th**

2:00p - 3:15p  **Workshop "Facial Feminization Surgery"**  
See Description Below  
Located in Workshop Room 102

**Saturday, March 29th**

10:30a - 11:45a  **Workshop "Facial Feminization Surgery"**  
See Description Below  
Located in Presenter Room 102

12:00p - 5:00p  **Personal Consultations**  
Call (415) 626-2888 to schedule  
Located in Presenter Room 102

**Facial Feminization Surgery**

Dr Ousterhout will present his philosophy regarding facial feminization based on the anatomical differences between the male and female skulls. There will be discussions also about soft tissue surgery such as facelifts, breast augmentations, etc. Photographic results of pre and post surgery patients will be shown. Dr Ousterhout will be available after the presentation for private consultations.

Call (415) 626-2888 to schedule
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| Friday 3:30 pm | **The Eva Community: Learn How to Make the Most of This New Technology**  
Kathe Perez, Speech-Language Pathologist | Elm        |

MtF and FtM people are Eva’s first focus. Two years the initial spark of what would become Eva (exceptional voice app) was ignited. Now, like never before you have the opportunity to work with a personal voice trainer in the palm of your hand. In this workshop you will: learn the three keys to successfully working with Eva; learn the two essential feedback tools provided by Eva; be able to immediately implement five voice training strategies to create the voice you want.

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|             | **Prioritizing Feminization Procedures Based on Specific Facial Feature Analyses**  
Dr. Jeffrey Weinzweig, Plastic Surgeon | Fir        |

In the transitioning process, patients often prioritize feminization procedures. Whether the reason for prioritization is cost, the desire to gradually transition, or medical safety (complete feminization is often unsafe due to prolonged surgical time) a discussion of prioritizing feminization surgeries is an important part of the consultation process. Dr. Weinzweig will provide a rationale for his prioritization recommendations as well as a detailed facial feature analysis which is critical to understanding how modifying a specific feature will impact the overall feminization process and lead to achieving one’s specific goals.

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|             | **Adolescent Youth: Unique Variables for Successful Transition**  
Dr. Michele Angello Transgender Therapist and Certified Clinical Sexologist | Hemlock    |

Adolescence is tough enough without dealing with gender variance! Youth and the parents of gender non-conforming young people are invited to participate in this dynamic discussion about some of the systemic variables to consider when dealing with being trans and being a minor. Issues regarding dealing with doctors, schools, places of worship, relationships and extended family will be discussed during this workshop. You are invited to bring your own experiences as well as your questions.

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|             | **Telling Others**  
Alexis Lake, MSS, LSW of Alexis Lake Therapy | Ash        |

How to tell others, when to tell others and when not to tell others. What is your ultimate goal? Why are you thinking of telling someone? Are you sabotaging your long-term goals for you short term needs? A lecture and interactive discussion to explore the whys and hows of letting others know what is going on with you. Doing this the right way can preserve relationships and careers.

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|             | **Writing Across Gender: Creative Nonfiction for Our Community and Beyond**  
Quince Mountain, Writer & Editor, Richelle Bradley and Blair Braverman | Birch      |

Three writers with three very different perspectives (MTF, FTM, and partner) will share their explorations. You may want to laugh or even cry as you hear of adventures and misadventures in Alaska, Washington, Wisconsin, and other gender frontiers. Afterward, you'll have a chance to share a bit of your own story, and to discuss writing itself. Whether you're a published author or someone who has just begun to think about bringing your journey to the page, please join this discussion. Anyone who wants to sit back and simply listen to a lively and diverse set of readings is especially welcome.
Successful Shopping for Your Most Feminine Silhouette
Monica Prata, Feminine Image Consultant

Let’s make shopping fun, and not stressful! Learn how to accentuate your most feminine features while skillfully disguising the masculine. Professional stylist Monica Prata teaches you the tricks of the trade; where to shop and what to look for using live models and lots of audience participation. Learn about the proportional differences in the male vs. female body and just what you can do to make your shape look it’s absolutely most feminine! Discover which blouse shape best disguises broad shoulders, to which shoe styles will actually make your feet appear smaller. Monica Prata answers your questions and shares her secrets!

Lady Valor
Kristin Beck, Former US Navy Seal and Author of "Warrior Princess"

Kristin Beck, born Christopher Beck in 1966 in Long Island New York is known to be the first transgender US Navy SEAL. Kristin grew up in rural Pennsylvania and western New York, graduating from Wellssville High School in New York. She was a cadet at the Virginia Military Institute from 1984-1987, majoring in Electrical Engineering; then graduated from Alfred University in 1989 with a BA in Political Science. She distinguished herself in her 20 years of exceptionally meritorious service with Special Operations Forces at SEAL Team One, SEAL Team Five, Naval Special Warfare Development Group (SEAL TEAM Six/JSOC) and the Headquarters at SOCOM. Her achievements in the military and are many with awards including the Bronze star with Valor, Purple Heart, Defense Meritorious Service Medal and many others.

Spouse & Significant Other Sanctuary
Open to all spouses of Trans individuals
Hosted by Sara Edwards and Lori Yale

The "Spouse & Significant Other Sanctuary" is for the spouses and significant others of transgender partners ONLY. It is a place where you, the partner of a transgender person, can relax and speak freely, from any point of view, to other spouses and significant others. Our sanctuary leaders are here to support you, offer their shoulder, encourage you and to stand with you. Please join us in supporting each other. There is hope and help as a group.

Friday 5:00 pm

Friday Keystone Reception
Hosted by our Conference Providers in the Vendor Area

Come join us for Friday's cocktail reception held in in the Vendor Area (Pennsylvania Ballroom) across from the hotel lobby. Hosted by our wonderful conference providers, come enjoy some social time prior to departing for our dining out in downtown Harrisburg.

Friday 5:15 pm

Advanced Individualized Surgical Techniques for Global Face, Body & Hair Feminization in both the Transgendered & Crossdressing Patient
Dr. Mark Zukowski, M.D., F.A.C.S. Zukowski Center for Cosmetic Surgery

Dr. Zukowski will be presenting his state-of-the-art 21st century individualized surgical options for global one-step face, breast and body feminization including advanced endoscopic techniques of forehead feminization, with exclusive 3-D bone sculpting, ultrasonic body sculpting with large volume fat augmentation to the buttocks (Brazilian buttock lift), as well as micrograft hair restoration to create the perfectly feminine hairline. These techniques are applicable for the transgendered patient looking to transition or the cross-dressing patient looking to present their best in both male and female personas. The Zukowski Center exclusively performs complimentary lymphatic massage postoperatively and has a face and body skin care protocol and cosmeceutical line of skin products to further enhance your surgical results. Past patients will be available for you to talk to. To arrange to speak to the doctor or one of his past patients either at the conference or afterwards in a phone consultation, call his office at 847-853-8869 in advance and speak to Michelle as time slots fill up fast. The doctor will be seeing patients on Friday, March 28th, starting at 1:00 PM and on Saturday, March 29th starting at 7:30 AM. Don't miss this opportunity to learn more about our comprehensive full face and body approach for your transition, or to look the best you can in both of your personas and to reverse any aging changes so as to ensure a lifetime of youthful, refreshed, and naturally feminine beauty.
FREE Consultations are available during the conference. Please drop by our table in the Vendor Area to schedule your consultation.
Where the body finally meets the soul...

From the moment you schedule your first consultation to your final post-procedure visit, our focus is on YOU. We partner with you to make your transition dreams come true. Any surgical procedure scheduled with us at the conference will receive $500 off.

FTM Surgical Procedures
- Chest Masculinization
- FTM Gender Reassignment Surgery (GRS)
- Body Contouring (tummy tuck/liposuction/buttock and hip enhancement)

FTM Non-Surgical Procedures
- Neograft\textsuperscript{TM} Hair Transplantation
- Permanent Make-up for Nipple Tattooing
- Laser - Skin Resurfacing/Tightening/Hair Removal/Tattoo Removal
- Acne Resurfacing
- ThermiTight\textsuperscript{TM} Neck Lift
- Dermabrasion/Microdermabrasion/Dermaplaning
- Botox\textsuperscript{TM}/Facial Fillers/Chemical Peels

MTF Surgical Procedures
- Facial Feminization
- Breast Augmentation
- MTF Gender Reassignment Surgery (GRS)
- Body Contouring (tummy tuck/liposuction/buttock and hip enhancement)
- Brachioplasty (arm lift)

MTF Non-Surgical Procedures
- Neograft\textsuperscript{TM} Hair Transplantation
- Permanent Make-up (including eyebrows, eyeliner, lips, labia and nipple tattooing)
- Laser - Skin Resurfacing/Tightening/Hair Removal/Tattoo Removal
- Acne Resurfacing
- ThermiTight\textsuperscript{TM} Neck Lift
- Dermabrasion/Microdermabrasion/Dermaplaning
- Botox\textsuperscript{TM}/Facial Fillers/Chemical Peels

Dr. Kathy Rumer
Board Certified Plastic Surgeon
105 Ardmore Ave., Ardmore, PA 19003
RUMERCOSMETICS.COM
855.782.5665
Friday 6:15 pm & 6:45 pm Dinner Departures

Dinner, Dancing & Fun in Downtown Harrisburg
Busses leave promptly at their assigned times from the hotel lobby
Front Lobby

Come join us in downtown Harrisburg to dine at several wonderful restaurants on and around Second Street—the center of activity in Harrisburg. Afterwards you can choose to stay downtown to enjoy live dance music at Stock's on Second or return to the hotel early and enjoy the musical entertainment in the Sheraton's Dog & Pony Lounge.

Please see the page to the left for information and departure times for each of the restaurants.

Friday 9:30 pm

Dancing & Drinks at Stock's on Second in Downtown Harrisburg
Downtown

Join us at Stocks on Second to dance the night away with DJ Ray Rossi. He will spin your requests from Bon Jovi "Living on a Prayer" to Shania Twain "Man I Feel Like a Woman". From Rock and Roll through Country and everything in between for your dancing and listening pleasure. Owen will be behind the bar offering Great service throughout the evening! So grab a "Long neck Bottle" or a "Tall Drink" and Kick up your Heels at Harrisburg's downtown Dance Party!

Busses run continuously back to the hotel until approximately midnight.

Folk Singer Namoli Brennet in the Sheraton's Dog & Pony Lounge
Dog & Pony Lounge

Tucson-based songwriter Namoli Brennet has been touring the country with her own brand of moody and inspiring folk since releasing her first CD in 2002. Touching on often poignant themes, her music and lyrics ultimately paint a vivid and redemptive portrait. She's a breathtaking and moving performer, and her sweet, road-weary voice is as quick to deliver her wit and humor as it is a turn of phrase. She's been described as a cross between Lucinda Williams, Patty Griffin and Sheryl Crow, and Zocalo magazine called her music, "Gorgeous and introspective."

Although she's a little shy and reluctant to talk about it, Brennet also carries another secret: she was not born female. "I transitioned in my late 20s because I had just reached this state of unhappiness that was pretty unbearable." And although the themes of identity and freedom weave their way subtly through her songs, being transgender is not the focus of her music: "I know it's kind of a quirky and interesting part of my story, but as a human being I'm interested in life, spirituality, meaning, social issues, justice, compassion...and these are the things I write about."

Her music has been featured on NPR, PBS and in films including the Emmy-award winning documentary "Out in the Silence", which details the struggle of a gay teen growing up in rural Pennsylvania.
**Friday Evening Downtown**

**Friday Night Downtown Harrisburg Shuttle Schedule**

Buses leave promptly at their assigned times for each of the restaurants. Please double check what time your bus leaves and please do not be late. **Please ensure that you have your dinner ticket and conference name badge.** Each restaurant has a host or hostess who will introduce themselves on the bus and accompany you to the restaurant, so please feel free to ask them any questions. After dinner, the buses will pick up from the restaurants, then drop off at Stock’s on Second and then continue back to the Sheraton hotel starting at approximately 9:00 pm. Buses will run on a continuous hourly loop between Stock's and the Sheraton Hotel. The last bus leaves Stock’s at midnight.

We have made reservations for 15-30 people at each of the following restaurants. If you signed up to dine in downtown Harrisburg on Friday night, a restaurant ticket will be in your registration packet for the restaurant you chose. If you did not sign up and would like to join us, you can check at the registration desk to see if there are any tickets still available. A transportation fee may apply.

<table>
<thead>
<tr>
<th>Early Dinner Departure 6:15 pm</th>
<th>Later Dinner Departure 6:45 pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bricco</td>
<td>Stock’s on Second</td>
</tr>
<tr>
<td>El Sol</td>
<td>Char’s at Tracy Mansion</td>
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<tr>
<td>Café Fresco</td>
<td>Home 231</td>
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<tr>
<td>Carley’s Ristorante</td>
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<tr>
<td>Passage to India</td>
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<tr>
<td>Raspberries</td>
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</table>

Buses begin shuttling from the restaurants back to the hotel at approximately 9:00 pm. Each Host or Hostess will coordinate the pick-up.

**Please Be Gracious**

*It is customary to tip the shuttle bus driver $1 there and $1 back*
**Bricco**
31 South Third Street
6:15 pm Early Dinner Departure
Hostess: Jeanine Ruhsam

An award winning restaurant offering a Mediterranean and Tuscan styled menu prepared by Chef Jason Viscount and a talented kitchen staff. Choose from entrees that include scrumptious wood-stove fired pizzas, braised beef short ribs, or Lamb “Due Sensi.” Bricco offers decadent desserts to accompany your dinner and the restaurant hails an extensive wine list. Bricco is one of Harrisburg's finest restaurants and its a taste treat you should be certain not to miss. Bricco is associated with the Olewine School of Culinary Arts at Harrisburg Area Community College. Entree prices range from $12 to $40 with an average price of around $24.

**El Sol Mexican Restaurant**
18 South Third Street
6:15 pm Early Dinner Departure
Hostess: Jenny Jensen

If you like Mexican style food then you'll love El Sol! But don't think this is the kind of food you'll find at a typical Mexican food chain because at El Sol the fare is decidedly more refined. From dishes like Ceviche, Spicy Camarones a la Diabla, or Crab Enchiladas Verdes, the owners of El Sol create authentic Mexican dishes that excite and satisfy the palette. The El Sol kitchen staff will ensure each dish is carefully prepared and whether you like it mild or with a spicy edge, they'll be certain to accommodate your individual taste. To compliment your dining experience, El Sol offers a full-service bar so order a Jamaica Flavored Margarita or a Blue Hibiscus to complement those awesome Lobster Enchiladas. Bienvenidos! Entree prices range from $14 to $25 with an average price of around $18.

**Cafe' Fresco**
215 North 2nd Street
6:15 pm Early Dinner Departure
Hostess: Katie Ward

Take part in the Cafe' Fresco experience! Located in the center of downtown Harrisburg's restaurant row, Cafe' Fresco offers a variety of Asian American features such as Honey-Miso Sea Scallops, Tea-Smoked Breast of Duck, and Pad Tai (an amazing sweet noodle dish from Thailand). These award winning dishes and others are all carefully prepared by Chef Travis Mumma. The service and atmosphere of Cafe' Fresco are sure to please even the most discerning patron. Entree prices range from $19 to $38 with an average price of around $24.

**Carley's Ristorante**
204 Locust Street
6:15 pm Early Dinner Departure
Host: Haiden Denton

A ristorante and piano bar featuring rustic Italian dishes that include Grilled Portabella with Lump Crab, Tuna Palermo, Mascarpone Lasagna Bolognese, as well other traditional pasta dishes. Many of Carley's entrees are available “Family-Style,” a perfect option for those who want to share different meal choices. With walls fashioned from 100 year old bricks, rich wood furnishings, and the inviting glow of hundreds of candles, Carley's offers a truly enticing atmosphere perfect for relaxing and enjoying a dining experience that guaranteed to warm your heart. Entree prices range from $15 to $35 with an average price of around $25 with Family-Style options costing around 1/3rd more.

**Passage to India**
6:15 pm Early Dinner Departure
525 South Front Street
Hostesses: Jude & Susan Bienvenu

Let Passage to India take you on a flavor-filled journey in an authentic Indian atmosphere! With
diverse recipes and culinary techniques passed down from generation to generation, Passage to India offers a wonderful dining experience. Dishes range from mild to very spicy but they will accommodate your individual preference so be sure to discuss preparation options with your server. Some of the more popular dishes include Mango Chicken, Vegetable Xaccutti (pronounced “sha-ku-tee”), Baigan Bhutta and Tandoori Chicken. Jude and Susan Bienvenu are your co-hostesses. So if you are dining with your significant other, this may be a wonderful opportunity to compare couples experiences. Dinner at Passage to India isn't just for couples, singles are welcome as well! Entree prices range from $12 to $28 with an average price of around $20.

**Raspberries**
1 North Second Street  
6:15 pm Early Dinner Departure  
Hostess: Kristy Snow  
Raspberries is located in the Harrisburg Hilton Hotel and is known for their award winning buffet. Entree prices range from $18 to $24 with an average price of around $19.

**Stock's on Second**
211 North Second Street  
6:45 pm Later Dinner Departure  
Hostess: Suzane Oliva  
The cuisine at Stock's is American with a lean towards Asian and Southwestern flare. The menu offers delectable entrees such as Seafood Alfredo, Risotto Cakes, or Prosciutto-wrapped Trout. Stock's also offers a wide variety of interesting appetizers like Pulled-pork French Fries, Lump Crab Fritters, or Pork Wings. In addition to its great food, Stocks offers a great atmosphere that includes an exhibition kitchen and an awesome martini bar for the most amazing cocktails. With an amazing wait staff offering the most attentive and personalized service, Stock's on Second is a great place for dinner. Entree prices range from $18 to $33 with an average price of around $25.

**Char's at Tracy Mansion**
1829 North Front Street  
6:45 pm Later Dinner Departure  
Hostess: Dr. Cerise Richards  
Char’s – Tracy Mansion is the only restaurant in Harrisburg situated on the lovely Susquehanna River. Built in 1913, the mansion has regained its long-lost elegance as this American Brasserie. Overlooking the river, The Dining Room serves as the perfect showcase for Chef Ron Canady's celebrated menu. The warm, convivial Bar features Sal Pantano's spirited creations, as well as our Small Plate Menu, while the McKee Library is the perfect spot for a cocktail or to relax with after dinner drinks. In The Gallery, our private room, we display a rotating exhibit of blown glass and sculptures by artists Ona Magaro and Glenn Zwiegardt. Whether it is a formal meal for a special occasion or a casual light-bite, Char's has the menu, the atmosphere and the welcoming service to make you and your guests feel special and satisfied. Entree prices range from $26 to $40 with an average price of around $30.

**Home231**
231 North Street  
6:45 pm Later Dinner Departure  
Hostess: Gretchen Lyons  
Located on a quiet, tree lined street just a block from the Harrisburg Capitol building, is yet another award winning restaurant from the Laus Group. Home 231 is a comfortably stylish restaurant that serves seasonal American food inspired by the farm and garden. They are committed to supporting and utilizing all that our region's small farmers have to offer. Chef Matthew Stallings highlights the season's best from local growers and farmers. Home 231 creates dishes with the best available ingredients at their peak for you: premium pastured meats, farm fresh vegetables, dairy, and local cheeses. We invite you to join us for a memorable dining experience. Entree prices range from $17 to $32 with an average price of around $26.
# Saturday Overview

## 7:30 AM

<table>
<thead>
<tr>
<th>Location</th>
<th>Presenter</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Floor Yoga</td>
<td>Ann Stillwater</td>
<td>Saturday Overview</td>
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</table>

## 9:00 AM

<table>
<thead>
<tr>
<th>Location</th>
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<tbody>
<tr>
<td>Elm</td>
<td>Dr. Nelson Howard</td>
<td>Smile Transformations: The Art of Creating a Beautiful Smile As the</td>
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<td>Focal Point of Your Face</td>
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<tr>
<td>Fir</td>
<td>Jason Goodman</td>
<td>Trans*Youth Policy Briefing &amp; Advocacy Workshop</td>
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<td></td>
<td>Turner Stulting</td>
<td>The Steps of Transitioning: From A to Z</td>
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<tr>
<td>Hemlock</td>
<td>Polly Kahl</td>
<td>How to Pop the Other Question</td>
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<tr>
<td>Birch</td>
<td>Dr. Michele Angello</td>
<td>Transitioning Through the Grief Stages as Your Partner Transitions</td>
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<tr>
<td>Chestnut</td>
<td>Richelle Bradley</td>
<td>Rethinking (that other) Binary: Gender and Sex</td>
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<tr>
<td>Dogwood</td>
<td>Dr. Toby Meltzer</td>
<td>Female to Male Surgical Options: Genital, Chest, Revisions/Repairs,</td>
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<td></td>
<td>Dr. Burt Webb</td>
<td>Facial Masculinization, Body Contouring, Hysterectomy,</td>
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<td>Oophorectomy and Vaginectomy</td>
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## 10:30 AM

<table>
<thead>
<tr>
<th>Location</th>
<th>Presenter</th>
<th>Event</th>
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<tbody>
<tr>
<td>Elm</td>
<td>Amy Keisling</td>
<td>Going Forward</td>
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<tr>
<td>Fir</td>
<td>Dr. James Thomas</td>
<td>Why Your Voice Sounds Like It Does and How Surgery Can Feminize the</td>
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<tr>
<td></td>
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<td>Voice</td>
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<tr>
<td>Hemlock</td>
<td>James Halleman</td>
<td>Employment and the Workplace</td>
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<tr>
<td>Birch</td>
<td>Dr. Rachel Levin</td>
<td>Gender Identity, Sexual Orientation and Prenatal Androgen Theory</td>
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<tr>
<td>Chestnut</td>
<td>Panel Discussion</td>
<td>My SO is Trans!</td>
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<tr>
<td>Dogwood</td>
<td>Dr. Kathy Rumer</td>
<td>MTF Gender Confirming Surgeries—What’s New and Exciting?</td>
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<tr>
<td>Room 102</td>
<td>Dr. Douglas Ousterhout</td>
<td>Facial Feminization Surgery</td>
</tr>
<tr>
<td>Room 114</td>
<td>Dr. Alexander Sinclair</td>
<td>West Coast Vagina’s &amp; “Good Morning Mimosa’s!!!” — MTF Bottom Surgery</td>
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</table>

## 11:30 PM

<table>
<thead>
<tr>
<th>Location</th>
<th>Presenter</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>Room 110</td>
<td>Dr. Mark Zukowski</td>
<td>Advanced Individualized Surgical Techniques for Global Face, Body &amp;</td>
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<tr>
<td></td>
<td></td>
<td>Hair Feminization in Both the Transgendered &amp; Crossdressing Patient</td>
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</tbody>
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### Donna’s Hair Studio

181 Scotch Road  
Ewing, NJ 08628  
609-883-0002 / donnashair.com  
Hair • Nails • Makeup • Wigs

Donna Miller, Owner  
donnashair@aol.com
## Saturday Overview

### 12:00 PM

<table>
<thead>
<tr>
<th>Event</th>
<th>Presenter</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saturday Luncheon with Speakers Ted Martin, Brian Sims &amp; Mara Keisling</td>
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<td>Commonwealth Ballroom</td>
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### 2:00 PM

<table>
<thead>
<tr>
<th>Event</th>
<th>Presenter</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Transgender Personalities in History</td>
<td>Melissa Morton</td>
<td>Elm</td>
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<tr>
<td>Hormone Management</td>
<td>Amanda Bostdorf</td>
<td>Fir</td>
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<tr>
<td>One Father’s Journey, Raising a Transgender Child</td>
<td>Dr. Wayne Maines</td>
<td>Hemlock</td>
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<tr>
<td>Victories &amp; Challenges</td>
<td>Mara Keisling</td>
<td>Ash</td>
</tr>
<tr>
<td>Art of Feminine: The Goddess Lives in the Details</td>
<td>Gwen Watson</td>
<td>Birch</td>
</tr>
<tr>
<td>The Christian View is Not God’s View</td>
<td>Joanne Bennett, David Garrett</td>
<td>Chestnut</td>
</tr>
<tr>
<td>MTF Top &amp; Bottom Surgery: Our Techniques for Obtaining Aesthetically Natural &amp; Functional Results in a One-Stage Procedure</td>
<td>Dr. Sherman Leis</td>
<td>Dogwood</td>
</tr>
<tr>
<td>Beverly Hills Breasts—MTF Top Surgery</td>
<td>Dr. Alexander Sinclair</td>
<td>Room 114</td>
</tr>
<tr>
<td>Transmen Talk</td>
<td>James Halleman</td>
<td>Suite 533</td>
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### 3:30 PM

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>Male to Female Surgical Options: Genital, Facial Feminization, Breast Augmentation, Revisions/Repairs and Body Contouring</td>
<td>Dr. Toby Meltzer</td>
<td>Elm</td>
</tr>
<tr>
<td>Parenting a Trans-Child</td>
<td>Dr. Michele Angello</td>
<td>Hemlock</td>
</tr>
<tr>
<td>Separating Sexuality &amp; Gender Diversity</td>
<td>Dr. Cerise Richards</td>
<td>Birch</td>
</tr>
<tr>
<td>The Eye’s Have It!</td>
<td>Elizabeth Taylor</td>
<td>Chestnut</td>
</tr>
<tr>
<td>Growing Old Gracefully</td>
<td>Film by Joe Ippollito</td>
<td>Dogwood</td>
</tr>
<tr>
<td>Letting Go</td>
<td>Alexis Lake</td>
<td>Salon C</td>
</tr>
<tr>
<td>Facial Feminization: Practical Choices for Optimizing Results</td>
<td>Dr. Sherman Leis</td>
<td>Room 103</td>
</tr>
<tr>
<td>Transmen Reception</td>
<td></td>
<td>Suite 533</td>
</tr>
<tr>
<td>Spouse &amp; Significant Other Sanctuary</td>
<td>Sara Edwards, Lorrie Yale</td>
<td>Suite 543</td>
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### 4:45 PM

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<thead>
<tr>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>Family Reception</td>
<td>Hemlock</td>
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### 6:00 PM

<table>
<thead>
<tr>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>Keystone Gala Reception</td>
<td>Assembly Area</td>
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### 7:00 PM

<table>
<thead>
<tr>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>Keystone Gala Dinner with Keynote Dr. Wayne Maines</td>
<td>Commonwealth Ballroom</td>
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### 9:00 PM

<table>
<thead>
<tr>
<th>Event</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>Musical Entertainment by Wicked Jezabel</td>
<td>Commonwealth Ballroom</td>
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</tbody>
</table>
**Floor Yoga**
Ann Stillwater, Certified Yoga Instructor (and RN)  
Salon C

Practice easy yoga poses on a carpeted floor as a gentle wake-up for your body, mind, and spirit. Yoga increases strength, flexibility, & positive self-talk. Enjoy an extended guided relaxation at the end of class, specially tailored towards acceptance of yourself as a complicated and amazing human. Start loving yourself more fully! Suitable for folks with no yoga experience. If possible, wear layers of loose comfortable clothing and some may want to bring a towel to lie upon.

**Saturday 9:00 am**

**Smile Transformations: The Art of Creating a Beautiful Smile As the Focal Point of Your Face**
Dr. Nelson Y. Howard, D.D.S., A.A.A.C.D.  
Elm

Every face revolves around the teeth and smile. There is nothing more detracting from a visual aspect than to see a person’s teeth that don’t fit the beauty of the rest of their face, especially in patients who are seeking a cosmetic surgical improvement in how they look. Gone are the days when a person should walk around with an unaesthetic smile and teeth that don’t compliment their facial features. There are definite differences between a man and a woman’s teeth, not only in size and shape, but how the teeth fit the overall facial make-up of the individual. The color or shade of a person’s teeth can also impact how their face looks to others as well as reflect natural beauty or a completely unnatural image that looks phony even to the untrained eye. This talk will focus on what it takes to have a beautiful and natural-looking smile that will not only compliment your facial features as well as radiate a renewed self-confidence before or after any cosmetic surgical modifications to your persona.

**Trans* Youth Policy Briefing and Advocacy Workshop**
Jason Landau Goodman and Turner Stulting of the Pennsylvania Student Equality Coalition  
Fir

Young transgender and gender non-conforming Pennsylvanians have unique and often challenging experiences in affirming their gender under the law. Adopting effective policies, as well as ensuring their successful implementation, can be crucial for trans* youth to have a positive social development and educational experience. Along with efforts toward community change, the advocacy work to prevent transphobic violence and address disparities in social welfare through policy is critical. This session will educate participants on the local, state, and federal laws that have direct impact on trans* youth in Pennsylvania. Participants will gain valuable tools to use in their home communities in the push toward trans* justice. We will also examine several case studies of anti-trans* discrimination involving youth in Central Pennsylvania.

**The Steps of Transitioning From A to Z**
Polly Kahl, MA, LPC  
Hemlock

You know you’re trans but where to start? Transitioning can be overwhelming and it can be difficult to find simple, clear and concise information online. This presentation will offer everything you need to know about the steps of transitioning from A to Z. A comprehensive check-off list with which you can tailor your own transition will be provided.

**How to Pop the Other Question**
Dr. Michele Angello Transgender Therapist and Certified Clinical Sexologist  
Birch

Developing a relationship with someone new can be an anxiety ridden endeavor when you are transgender. It is an important step to honestly discuss being transgender with them and what it means to you. Equally important is to understand and deal with your new companion’s feelings and desires for a healthy relationship. The ultimate question is when and how you should bring up this deeply personal subject? Being truthful will be beneficial in starting your new relationship on the right track and to prevent this issues from becoming the unforeseen pothole on the road to happiness.
Transitioning Through the Grief Stages as Your Partner Transitions  
Lorrie Yale, co-Director of the Keystone Spouse/SO Program

This seminar will introduce the 5 stages of grief. You will see how successfully navigating your way through these stages can bring you a sense of peace and acceptance of your spouse/partner's transition. You will also better understand the emotional journey you travel with your partner and see that it is common and healthy to grieve during this process.

Rethinking (that other) Binary: Gender and Sex  
Richelle Bradley

There is a growing recognition that gender expression is hard to contain in two distinct categories of man and woman. The term "gender non-conforming" is now a part of our lexicon. Does it follow, then, that sexual expression has also been too rigorously divided along male and female lines? And if both of these two central dimensions of life, possibly including sexual orientation, are more complex, and variable, and even more fluid than expected, are they independent of each other, or are do they interact? What do these possibilities mean for us?

Female to Male Surgical Options: Genital, Chest, Revisions/Repairs, Facial Masculinization and Body Contouring, Hysterectomy, Oophorectomy and Vaginectomy  
Dr. Toby Meltzer Plastic and Reconstructive Surgeon  
Dr. Burt Webb, OB/GYN

A PowerPoint Presentation discussing current surgical techniques, a discussion of procedures, risks and complications, before and after photos with time for questions and answers. He is available for brief individual one on one visits. You may contact our office at 866-876-6329 if you wish to schedule a one on one visit. Formal or longer consultations need to be scheduled at our Scottsdale office at 866-876-6329.
Dr. Sherman Leis, Board Certified in General Surgery and Plastic and Reconstructive Surgery, is a medical school professor of surgery, director of residency training in plastic surgery, and has over 30 years surgical experience.

OFFERING THE FULL COMPLIMENT OF SURGICAL AND NON-SURGICAL PROCEDURES FOR TRANSGENDER INDIVIDUALS. SPECIALIZING IN THE MOST ADVANCED REASSIGNMENT PROCEDURES.

Surgical Procedures:

Facial Feminization Surgery (FFS)
- Forehead/Brow lift, bone contouring
- Rhinoplasty (nasal contouring)
- Chin, jaw or cheek augmentation or reduction
- Upper lip shortening, lip augmentation
- Thyroid cartilage (Adam's Apple reduction)
- Blepharoplasty (eyelid surgery)
- Rhytidoplasty (face lift)

Top Surgery (Chest Reconstruction)
- Breast augmentation or lift
- Breast reduction or removal

Bottom Surgery and Body Contouring
- Male-to-Female reassignment (labiaplasty, vaginoplasty)
- Female-to-Male reassignment (phalloplasty, scrotoplasty, testicular and penile implants)
- Buttock augmentation
- Liposuction (neck, abdomen, hips, thighs)
- Abdominoplasty (tummy tuck)
- Revision of previous surgery problems
- On-site overnight accommodations

Financing Available

Make your dreams come true with personalized and highly customized treatment plans for your special needs. For more information and to schedule a private consultation call 610-667-1888.
Schedule at Keystone
Join Dr. Leis in Room 103

**Friday**

10:00a to 12:00p  Personal Consultations  
Located in Room 103

2:00p to 3:30p  Workshop “FTM Top & Bottom Surgery: Surgical Options to Obtain Natural Results in a One-Stage Procedure”  
Located in Room 103

3:30p to 6:00p  Personal Consultations  
Located in Room 103

**Saturday**

9:00a to 12:00p  Personal Consultations  
Located in Room 103

2:00p to 3:15p  Workshop “MTF Top and Bottom Surgery: Our Techniques for Obtaining Aesthetically Natural and Functional Results in a One-Stage Procedure”  
Located in Dogwood

3:30p to 3:15p  Workshop “Facial Feminization: Practical Choices for Optimizing Results”  
Located in Room 103

**Sunday**

9:00a to 12:00p  Personal Consultations  
Located in Room 103

![Workshop Descriptions](image)

**Workshop Descriptions**

**Facial Feminization: Practical Choices for Optimizing Results**

Dr. Leis will demonstrate and explain classic prototypes of masculine and feminine facial features. He will discuss a variety of options for feminizing facial features and demonstrate that in the majority of cases, excellent results can be obtained without extensive and expensive cranio-facial surgery. Cases are shown demonstrating excellent and natural results from selective and customized facial feminization procedures.

**MTF Top and Bottom Surgery: Our Techniques for Obtaining Aesthetically Natural and Functional Results in a One-Stage Procedure**

Options for breast augmentation will be discussed and demonstrated including choice of incisions, shape and size of implant, saline versus silicone, placement of implants above or below the muscle, etc. Dr. Leis will also discuss his technique of one-stage vaginoplasty utilizing the penile inversion technique, neo-clitoris construction, and scrotal skin graft to increase vaginal depth. Recent cases will be demonstrated to show the natural results obtained with these techniques.

**FTM Top and Bottom Surgery: Surgical Options to Obtain Natural Results in a One-Stage Procedure**

Options for FTM Top Surgery will be presented and variety of cases will demonstrate excellent results in masculinization of the chest. Options for phalloplasty will also be discussed. Dr. Leis will utilize multiple case presentations to demonstrate superior aesthetic results obtainable utilizing abdominal or groin flaps for phalloplasty, labial deconstruction for scrotoplasty and the options of testicular and penile implants. This surgery is done in one stage and results in a sensate penis, no grossly deformed donor site, and the ability to have sexual intercourse with erotic sensation.
Looking for a Midwest Transgender Friendly Getaway?

Look no further than the Dunes Resort. Whether you’re “still shy and a little afraid to go out” or “I’m comfortable now” or somewhere in between, the Dunes Resort and the Saugatuck/Douglas area is the place to come and be who you want to be!

**TG PROM**
Saturday, April 5
Growing in popularity, this event brings out all the girls in all their prom queen glamour. Make a weekend out of it, or just come out for the night. Meet and Greet with other girls early in the evening and then bring out your inner Queen and compete for this year’s 2014 Prom Queen.

**TG FALL WEEKEND**
October 3 - 5
A great weekend for dancing, listening to entertainment and meeting other TG Girls from around the Midwest. This is a weekend that often sells out in advance!

The Dunes is always your Transgender Friendly Establishment - year round!
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know what's going on visit our web site for full schedule and social links.

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### Saturday 10:30 am

**Going Forward**  
Amy Keisling, ACSW, LCSW, BCD at Riegler, Shienvold & Associates  

Keystone Conference attendance can be exhilarating and uplifting. The experience of being in such an accepting environment can do much to bolster your self-esteem and sense of hope in the future. But what happens when you leave and return to “the real world?” This interactive workshop will focus on helping participants to identify what you have gained from Keystone and how you can build a plan for self-care and sustenance to get through any post-conference blues.

**Why Your Voice Sounds Like It Does and How Surgery Can Feminize The Voice**  
Dr. James Thomas, MD The Voice Doctor  

Dr. Thomas will demonstrate how vocal cords function using video recordings of male, female and surgically altered vocal cords. Pitch and resonance are affected by the anatomy as well as how the anatomy is used. Surgical modification of the voicebox will be discussed, including Feminization Laryngoplasty (FemLar), one type of vocal cord (laryngeal) surgery designed to obtain a more feminine sounding voice in male to female transgender patients. Several other types of procedures target the frequency or pitch of the resting speaking voice to various degrees. CricoThyroid Approximation (CTA) and vocal cord webbing procedures will be discussed and compared. For smaller changes, vocal cord tuning performed with laser will be reviewed. At the conclusion of this lecture, the listener should better understanding the concepts that can help in decision-making about voice therapy as well as when, if and what type of surgeries to consider.

**Employment and the Workplace**  
James MacGregor Halleman  

Being transgender can add to the challenges of looking for work. Have you found something that worked for you to gain employment? Do you have questions about the hiring process, photo identification issues, or employment interviewing techniques? What would help in preparing for that big interview? This workshop provides a forum to talk about these issues and provide an opportunity to brainstorm solutions for your specific needs. Attendees will be asked to share their stories and exchange ideas on how to maintain a positive outlook and better prepare themselves for the job interview and work place so that you can take one step closer to achieving your goals. A collective for everyone who is employed or is looking for employment.

**Gender Identity, Sexual Orientation and the Prenatal Androgen Theory: New Insights Using a More Inclusive Data Base**  
Dr. Rachel Levin, Associate Professor of Biology and Neuroscience at Pomona College  

Many studies on trans* identity focus on trans women (MTF) and exclude those who do not identify as exclusively male or female. We examined how results differ when all identities are included and subjects can describe themselves using their own words and scales rather than selecting from a set of labels. We found no effect of gender identity on finger ratio (thought to be a measure of prenatal androgens) or spatial rotation test scores; instead, both measures reflected sex assigned at birth. Sexual orientation affected spatial rotation test scores in some gender identities. We also found that 1/3 of trans women and 1/2 of trans men shifted their sexual orientation with transition. There was a correlation between shifting sexuality and taking hormones for trans women and, perhaps, trans men. Our data also suggested an effect of race and/or ethnicity on how sexuality is reported & other measures. These results call for a change in how we look for the origins of identity and suggest that diversity in gender, sexuality, race & ethnicity must be considered as the language of science is not inclusive of everyone’s lived experience.

**My Significant Other is Trans...!**  
Panel Discussion  

This participatory workshop will explore issues faced by couples—married or otherwise—that contain one transgender partner. We’ll try to learn what techniques and methods can help committed relationships survive the “T storm”.

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"A Celebration of Gender Diversity"
### Saturday 10:30 am (continued)

**MTF Gender Confirming Surgeries - What’s New and Exciting?**
Dr. Kathy Rumer, Board Certified Plastic and Reconstructive Surgeon

This workshop provides an opportunity for Dr. Kathy Rumer to discuss her approach to MTF Gender Confirming Surgical procedures such as Facial Feminization (FFS), Breast Augmentation, Body Contouring, and GRS. She will also unveil a number of surgical and non-surgical procedures offered at her new state-of-the-art facility. Dr. Rumer will then open the floor for answering specific questions after her presentation. She will also be available for complimentary consultation while at the conference.

**Facial Feminization Surgery**
Dr. Douglas Ousterhout, MD, DDS, FACS

Dr Ousterhout will present his philosophy regarding facial feminization based on the anatomical differences between the male and female skulls. There will be discussions also about soft tissue surgery such as facelifts, breast augmentations, etc. Photographic results of pre and post surgery patients will be shown. Dr Ousterhout will be available after the presentation for private consultations.

**West Coast Vagina’s & “Good Morning Mimosa’s”!!! - MTF Bottom Surgery**
Dr. Alexander Sinclair, Board Certified Plastic Surgeon

GRS is a personal journey to be experienced and celebrated. For some, it is a transformative milestone on the road to surrendering to whom they’ve always been inside, and “confirms” their gender, “mind, body and soul” as congruent. “Who’s that guy with Blue Hair?!? It’s Dr. Sinclair!” Join Dr. Sinclair and his Trans Patient Liaison Chloe Prince, in Room 114 for a toast with complimentary “Good Morning Mimosa’s” as Dr. Sinclair introduces his philosophy and technique of MTF Bottom Surgery. The presentation will include both Photos and Video of Dr. Sinclair’s operations and results. Dr. Sinclair and Chloe will be available afterward for private complimentary consultations to help you set your surgical “compass” for Sunny California, where you will be treated like a Princess the moment you arrive... and hey, did we mention, Mimosa’s !?!! *smile* -cheers!

### Saturday 11:30 am

**Advanced Individualized Surgical Techniques for Global Face, Body & Hair Feminization in both the Transgendered & Crossdressing Patient**
Dr. Mark Zukowski, M.D., F.A.C.S. Zukowski Center for Cosmetic Surgery

Dr. Zukowski will be presenting his state-of-the-art 21st century individualized surgical options for global one-step face, breast and body feminization including advanced endoscopic techniques of forehead feminization, with exclusive 3-D bone sculpting, ultrasonic body sculpting with large volume fat augmentation to the buttocks (Brazilian buttock lift), as well as micrograft hair restoration to create the perfectly feminine hairline. These techniques are applicable for the transgendered patient looking to transition or the cross-dressing patient looking to present their best in both male and female personas. The Zukowski Center exclusively performs complimentary lymphatic massage postoperatively and has a face and body skin care protocol and cosmeceutical line of skin products to further enhance your surgical results. Past patients will be available for you to talk to. To arrange to speak to the doctor or one of his past patients either at the conference or afterwards in a phone consultation, call his office at 847-853-8869 in advance and speak to Michelle as time slots fill up fast. The doctor will be seeing patients on Friday, March 28th, starting at 1:00 PM and on Saturday, March 29th starting at 7:30 AM. Don’t miss this opportunity to learn more about our comprehensive full face and body approach for your transition, or to look the best you can in both of your personas and to reverse any aging changes so as to ensure a lifetime of youthful, refreshed, and naturally feminine beauty.
“Prioritizing Feminization Procedures Based on Specific Facial Feature Analyses”
Friday, March 28th at 3:30 pm in Workshop Room Fir
Available for Consultations. Call (312) 642-0400 to schedule.
Gender Reconstructive Surgery Male to Female
- Vaginoplasty
- Labiaplasty
- Breast Augmentation (Saline and Silicone)

Gender Reconstructive Surgery Female to Male
- Metoidioplasty
- Phalloplasty
- Scrotoplasty
- Urethral Lengthening
- Erectile Device
- Chest Reconstruction
- Testicular Expanders and Implants

Facial Feminization
- Scalp Advancement
- Brow Feminization
- Rhinoplasty
- Face Lift
- Cheek Augmentation
- Chest Reconstruction
- Testicular Expanders and Implants

Cosmetic Procedures and Body Contouring
- Buttock Augmentation (fat or implant)
- Liposuction
- Abdominoplasty

Revision and Correction Surgery
- Urethral Repairs
- Labiaplasty, Labial Revision, Clitoral Revisions
- Others, please inquire

Dr. Meltzer is board certified by the American Society of Plastic and Reconstructive Surgeons and all major procedures performed in an accredited hospital facility.

Provider Room 112
Call (866) 876-6329 to schedule a visit
Saturday, March 29th

9:00a - 10:30a Workshop "Female to Male Surgical Options: Genital, Chest, Revisions/Repairs, Facial Masculinization and Body Contouring. Dr. Burt Webb will present on Hysterectomy, Oophorectomy and Vaginectomy"  
See Description Below  
Located in Provider Room 112

11:00a - 2:30p One-on-One Informal Visits  
Please contact our office at 866-876-6329 to schedule  
Located in Provider Room 112

3:30p - 5:00p Workshop "Male to Female Surgical Options: Genital, Facial Feminization, Breast Augmentation, Revisions/Repairs and Body Contouring"  
See Description Below  
Located in Workshop Room Elm

5:30p - Until Finished One-on-One Informal Visits  
Please contact our office at 866-876-6329 to schedule  
Located in Workshop Room 112

Workshop Descriptions

Female to Male Surgical Options: Genital, Chest, Revisions/Repairs, Facial Masculinization and Body Contouring. Dr. Burt Webb will present on Hysterectomy, Oophorectomy and Vaginectomy

A PowerPoint Presentation discussing current surgical techniques, a discussion of procedures, risks and complications, before and after photos with time for questions and answers. He is available for brief individual one on one visits. You may contact our office at 866-876-6329 if you wish to schedule a one on one visit. Formal or longer consultations need to be scheduled at our Scottsdale office at 866-876-6329.

Male to Female Surgical Options: Genital, Facial Feminization, Breast Augmentation, Revisions/Repairs and Body Contouring

A PowerPoint Presentation discussing current surgical techniques, a discussion of procedures, risks and complications, before and after photos with time for questions and answers. He is available for brief individual one on one visits. You may contact our office at 866-876-6329 if you wish to schedule a one on one visit. Formal or longer consultations need to be scheduled at our Scottsdale office at 866-876-6329.
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www.satoritg.com
In the national debate over the civil rights of transgender people, Pennsylvania will be under the spotlight this year. As this state is often the litmus test in presidential elections, so it will be as the outcome of House and Senate Bill 300 is determined. National and state leaders leading the struggle for the transgender voice will detail this critical effort.

### Saturday 12:00 pm Luncheon Speakers

<table>
<thead>
<tr>
<th>Speakers</th>
<th>Commonwealth Ballroom</th>
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<tbody>
<tr>
<td>Ted Martin, Executive Director of Equality Pennsylvania</td>
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<tr>
<td>Brian Sims, Representative for the 182nd Legislative District Philadelphia County</td>
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<tr>
<td>Mara Keisling, Executive Director of the National Center for Transgender Equality</td>
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### Saturday 2:00 pm

#### Transgender Personalities in History

**Melissa Morton**

The phenomenon of people living all or some of their lives as transgender - crossing over the boundary lines of gender expectations - is nothing new. It has been going on for centuries. Men have been trying to appear as women, and women have been trying to appear as men for a variety of reasons. Some of these transgender personalities were spies, where deception is a valuable tool. This seminar presents brief biographies of a colorful set of characters from the 14th through the 21st centuries, including some new characters not previously discussed.

#### Hormone Management

**Amanda Bostdorf, Certified Registered Nurse Practitioner of Alder Health**

The workshop will explore the issues in hormone management, explain options and protocols with use. Attendees will get a better understanding of expectations as well as understand potential side-effects.

#### One Father's Journey, Raising a Transgender Child

**Dr Wayne Maines**

Family, medical care, counseling, positive school culture and community partnerships are critical tools for raising healthy and happy transgender children. Using heart-felt stories, painful memories and honest reflection Wayne opens the door to learning about how he struggled with supporting his transgender child. Sharing his failures and his family’s successes may help others from all walks of life and professions explore new ways to help transgender children and their communities grow.

#### Victories & Challenges

**Mara Keisling, Executive Director of the National Center for Transgender Equality**

Mara Keisling, Executive Director of National Center for Transgender Equality will discuss the highlights of the ongoing struggle for civil and equal rights for America's transgender people. Pennsylvania is poised as a battleground state in this evolution at the current moment, and Mara will explain why this is the case and why what happens in the Keystone State matters.

#### Art of Feminine: The Goddess Lives in the Details

**Gwen Watson, Feminine Image Consultant**

This is an interactive workshop on the art of sitting, standing, walking and eating in a feminine manner. Polish your femme presentation with detailed observations and humor on what it means to be femme. Audience participation is hoped for!

#### The Christian View is Not God’s View

**Joanne Bennett and David Garrett**

So many on the religious right have never taken the time to really get to know someone from the trans community or personally attempt to understand what the Bible actually says with regard to trans-people. Their viewpoint stems from a variety of sources that are commonly misinterpreted. God loves all of us, and throughout recorded Biblical history, He has provided evidence of His love. This seminar will attempt to clear up the misconceptions to help the attendee remove the debris and establish a personal relationship with God.
Saturday 2:00 pm (continued)

**MTF Top and Bottom Surgery: Our Techniques for Obtaining Aesthetically Natural and Functional Results in a One-Stage Procedure**  
Dr. Sherman Leis, Director of the Philadelphia Center for Transgender Surgery  
Dogwood

Options for breast augmentation will be discussed and demonstrated including choice of incisions, shape and size of implant, saline versus silicone, placement of implants above or below the muscle, etc. Dr. Leis will also discuss his technique of one-stage vaginoplasty utilizing the penile inversion technique, neo-clitoris construction, and scrotal skin graft to increase vaginal depth. Recent cases will be demonstrated to show the natural results obtained with these techniques.

**Beverly Hills Breasts – MTF Top Surgery**  
Dr. Alexander Sinclair, Board Certified Plastic Surgeon  
Room 114

Trans Women that desire to enhance their breasts after taking HRT and failing to achieve the look and size they want can do so by undergoing a Breast Augmentation procedure. Through 25+ years experience as a plastic surgeon, Dr. Sinclair has developed and honed his technique and understands the special considerations and care that Trans Women deserve when considering a Breast Augmentation. “Who’s that guy with Blue Hair?!? It’s Dr. Sinclair!” Join Dr. Sinclair and his Trans Patient Liaison Chloe Prince, in Room 114 for their presentation where they will help set realistic expectations, answer your questions, show actual video and photos of Dr. Sinclair’s operation from his own operating room facilities, and the results of their many happy patients who are on a surgical transition path.

**Transmen Talk**  
James MacGregor Halleman  
Suite 553

Have questions about binding, packing, masculine mannerisms and the what, when and where of casual and formal dress? Bring your comments, questions, and concerns to share what works for you and what doesn’t. This workshop brings transmen and allies together to share tips and advice about being transguys.

Saturday 3:30 pm

**Male to Female Surgical Options: Genital, Facial Feminization, Breast Augmentation, Revisions/Repairs and Body Contouring**  
Dr. Toby Meltzer, Plastic and Reconstructive Surgeon  
Elm

A PowerPoint Presentation discussing current surgical techniques, a discussion of procedures, risks and complications, before and after photos with time for questions and answers. He is available for brief individual one on one visits. You may contact our office at 866-876-6329 if you wish to schedule a one on one visit. Formal or longer consultations need to be scheduled at our Scottsdale office at 866-876-6329.

**Therapist Letters For Hormones: What, Why and How?**  
Polly Kahl, MA, LPC  
Fir

Continuing Ed

Why should you get a letter of recommendation for hormones? What is WPATH and what does it recommend? How can you find someone to write one for you? What should the letter contain? This workshop will prepare you for deciding whether or not you want a therapist's letter and how to go about making sure you get good letter writing services from a qualified therapist.

**Parenting a Trans-Child**  
Dr. Michele Angello Transgender Therapist and Certified Clinical Sexologist  
Hemlock

Continuing Ed

One of the most challenging aspects of parenting a gender variant child is finding support for the whole family. If your child has almost any other medical condition, there are support groups, online forums, and compassionate healthcare providers willing to walk you through the steps of parenting your differently-abled child. Unfortunately for many parents of gender variant kids, this isn’t the case. You might find yourself struggling with your own understanding (ie. “Why is my child like this?” or even, “Did I cause this?”). After accepting the fact that your child is a wonderful, lovable gift regardless of gender identity, you still need to deal with a multitude of details like coming out to family, primary care doctor, school, religious organization, and community. This workshop is meant to be a “give and take” and is set up for your support. Dr. Angello will present the issues that she typically deals with when working with families who have a gender variant child, and the floor will then be open to your experience and questions.
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Dr. Sinclair’s Schedule at Keystone

JOIN US IN ROOM 114

Friday - in Provider Room 114

10:30am - 11:45am
Facial Feminization & Complimentary Mimosa’s!
Available for consultations

11:45am - 2:00pm
Body Feminization Surgery (BFS) - Hips and Butts!
Available for consultations

2:00pm - 3:15pm

3:15pm - 5:00pm

Saturday - in Provider Room 114

10:30am - 11:45am
MTF (GRS) Bottom Surgery & Complimentary Mimosa’s!
Available for consultations

11:45am - 2:00pm
Beverly Hills Breasts - MTF Breast Augmentation!
Available for consultations

2:00pm - 3:15pm

3:15pm - 5:00pm
Dr. Alexander Sinclair, M.D.
Board Certified Plastic Surgeon
Beverly Hills, CA

25+ Years Experience

MTF
- Bottom Surgery (GRS)
- Facial Feminization
- Breast Augmentation
- Body Feminization & Contouring
- Hair Restoration & Removal

FTM
- Bottom Surgery (GRS)
- TOP Surgery

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alexandersinclairmd.com
310-274-4003
### Separating Sexual and Gender Diversity
**Dr. Cerise Richards, Clinical Professor of Urology**

Why do people combine Sex with Gender when our human history says otherwise? Gender is Neuro-Psychology, demonstrated by our masculine and feminine behaviors, which originate in our sexually organized brains, not our genitals. Could it be that ancient peoples did not know about Gender? For most of our history, Sex and Gender were used interchangeably for influence and power to control the populace. But in the space of only the last 50 years our knowledge of Sexual and Gender Diversity from scientific and cultural observation has shown us an entirely new world of Human Diversity, whose existence we could not have predicted. I shall try to help you clearly separate Sex and Gender when speaking of Transgenderism to others. TG Biology 101 not required.

### The Eyes Have It!
**Elizabeth Taylor, Make-over Artist**

Make your eyes pop with a demonstration eye makeup workshop with DC’s own Elizabeth Taylor. Discover what colors complement your eyes, hair, and clothes. Learn how to create your own classic eye and smokey eye with vibrant colors. Customize your eyeliner, feminize your brow, and create perfectly curled, dramatic natural eyelashes. Attend today and have all eyes on you when you walk into the room!

### Growing Old Gracefully
**Short Film by Joe Ippolito**

The Transgender Experience, explores the issue of growing older in the trans and gender non-conforming community. The film addresses many of the issues aging trans people face, along with capturing the true life, personal stories of three aging trans people. Additionally, the film examines places where the issues of ageism, transphobia, racism and classism intersect, and looks at the history of the contemporary trans movement. Growing Old Gracefully is Gender Reel's first production and was produced and directed by Gender Reel Founder & Chair, Joe Ippolito. Folks who would like to learn more about film or Gender Reel, the only coast-to-coast film & performance art festival and production company or buy a DVD copy of the film can do so at [http://transgenderaging.com/](http://transgenderaging.com/)

### Letting Go
**Alexis Lake, MSS, LSW of Alexis Lake Therapy**

Becoming who you are supposed to be is often as much or more about letting go of old things as it is about becoming a new thing. What has surprised you on your journey? What parts of you do you want to keep? What parts were/are surprisingly important to keep, or hard to let go of.

### Facial Feminization: Practical Choices for Optimizing Results
**Dr. Sherman Leis, Director of the Philadelphia Center for Transgender Surgery**

Dr. Leis will demonstrate and explain classic prototypes of masculine and feminine facial features. He will discuss a variety of options for feminizing facial features and demonstrate that in the majority of cases, excellent results can be obtained without extensive and expensive cranio-facial surgery. Cases are shown demonstrating excellent and natural results from selective and customized facial feminization procedures.
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“A Celebration of Gender Diversity” 75
### Saturday 3:30 pm (continued)

<table>
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<tr>
<th>Event</th>
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<tbody>
<tr>
<td><strong>Transmen Reception</strong></td>
<td>Suite 533</td>
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<tr>
<td>Transmen and their significant others &amp; family-only</td>
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</table>

This is a Transmen-only (and their significant others and family) reception with refreshments. Come meet some of the other guys at the conference and share your stories, humor, challenges and successes.

Questions? Please contact us at Transmen@Keystone-Conference.org

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<thead>
<tr>
<th>Event</th>
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<tbody>
<tr>
<td><strong>Spouse &amp; Significant Other Sanctuary</strong></td>
<td>Suite 543</td>
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<tr>
<td><em>Open to all spouses of Trans individuals</em></td>
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<tr>
<td>Hosted by Sara Edwards and Lori Yale</td>
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The "Spouse & Significant Other Sanctuary" is for the spouses and significant others of transgender partners ONLY. It is a place where you, the partner of a transgender person, can relax and speak freely, from any point of view, to other spouses and significant others. Our sanctuary leaders are here to support you, offer their shoulder, encourage you and to stand with you. Please join us in supporting each other. There is hope and help as a group.

### Saturday 4:45 pm

<table>
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<tr>
<th>Event</th>
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<tbody>
<tr>
<td><strong>Reception for Family and Friends of LGBTQI &amp; Trans Youth</strong></td>
<td>Hemlock</td>
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</table>

If you are a family member or friend of a LGBTQIA youth, this is a time to meet others like yourself, network and express your feelings in an environment of friendship. Come and share your successes and challenges that both you and your loved one have faced so others may learn and grow. So please stop by and visit, take part in the discussion and meet some new friends. There is no cost and is open to everyone!
**Saturday 6:00 pm**

**Keystone Gala Reception**  
in the Hotel Assembly Area with Classical Guitarist Crystal Thorne  
Assembly Area

Come join us for Saturday's cocktail reception held in the Assembly Area overlooking the beautiful city of Harrisburg. Our very own Classical Guitarist Crystal Thorne will serenade us as we enjoy some social time prior to departing for our dining out in downtown Harrisburg.

**Saturday 7:00 pm Dinner**

**Dr. Wayne Maines**  
Proud Father  
Commonwealth Ballroom

Dr. Wayne M. Maines has a Bachelor of Science Degree from Cornell University and a Doctor of Education Degree in Safety Management and Education from West Virginia University. He likes to say his job is to protect people and their communities. In 2007 Wayne came to the realization that he did not have the skills he needed to protect his own children. He did not have the insight or courage to recognize his own failures. That all changed when adults started to fear his baby girl. Wayne is the proud father of identical twins, one boy and one girl. His beautiful daughter Nicole is transgender.

Wayne often writes for the Huffington Post describing the challenges of a semi-conservative, past NRA Shooting Sport Instructor and Veteran is raising a transgender child. He has conducted many lectures in higher education and schools to help people understand transgender youth, support transgender rights and challenge them to promote change.

Wayne Maines and his daughter Nicole were the keynote speakers at the 2011 GLAD banquet held in Boston, MA. He was also the featured speaker for the Maine ACLU 2011 awards banquet, in which the Maines family received the Roger Baldwin Award, the ACLU's highest award for civil right advocacy. He and his family live in Maine and are involved in the first transgender discrimination case in the nation to go to a State Supreme Court. Come join us as with we listen to a different perspective. One from a dad who learned more about fear, discrimination, politics and change than he ever thought possible from his small children and his wife.

**Saturday 9:00 pm Musical Entertainment**

**Musical Entertainment by Wicked Jezabel**  
Commonwealth Ballroom

Keystone's Hallmark event, the Gala Dance Saturday night will be the highpoint of the entire conference and bring to a close another successful celebration of gender diversity. The most shy and demur wallflower will spend hours looking for the perfect gown, classy dancing shoes and an amazing hairdo for the final night of fun and celebration. Even the guys will spend time at local haberdashery's finding ideal apparel for that dapper look and to dress to impress. Try some new moves on the dance floor while enjoying the company of new found friends, old acquaintances and leave with great memories. The night will be electric and one you will never forget.

This year will feature the Wicked Jezebel band, DC's award winning all girl band. Wicked Jezabel is Washington DC's 2007 & 2008 WAMA award winning all female party band (est. Oct 2004). Also 2013 "Best of Gay DC" according to the Washington Blade Newspaper. Dynamically delivers hits from all of the partying decades to the whole Mid Atlantic! 60's Motown, 70's Disco, classic rock, the wicked 80's, to the grungy/techno 90's with a "tad" of today, Wicked Jezabel delivers the best party atmosphere anywhere. At the same time, they show they are more than 'just a band' by supporting the local animal rescue community as well as other important causes!
Adita
Master Hair/Makeup Artist & Educator & Founder of Adita Cosmetics

As an avid advocate for gender diversity and trusted supporter of the TG community, Adita is passionate about her role in assisting with transformation. Drawing upon her expertise in color analysis, hair styling (for natural hair as well as wigs and extensions), makeup application, skincare and grooming rituals, Adita uses her innate artistic sense of structure and scale to create a signature look for each client. Adita has worked in and consulted with top salons and spas in New York, Philadelphia and Atlanta. Her technical education includes admission to Inter Coiffure in New York and Haute Coiffure in Paris. Additionally, she served as President of the Philadelphia Hair Guild, producing invitation-only shows featuring internationally known platform artists. But it was her personal longing to transform herself with makeup and hair design that inspired her to bring a high-quality product line to an underserved market. While seeking deeper spiritual meaning through studying yoga and meditation, Adita became a student of Ma Jaya Sati Bhagavati. As part of her transformation, she received the name Adita meaning “goddess to be praised” and “sexy, playful goddess.” And, Adita Cosmetics was born. The Adita product line is currently carried in salons in Atlanta and Nashville, and is available for trunk shows and private consultations. Now based in Atlanta, Adita travels coast-to-coast working with diverse clients in holistically transforming their approach to skincare, makeup and hair care. The products in the Adita Skincare and Cosmetics line are formulated with only the highest quality natural ingredients, such as botanicals and fruit enzymes. Presented in exquisite packaging, the Adita line is the realization of Adita’s life calling to transform lives through the power of looking and feeling your best. Originally from Philadelphia PA and now based in Atlanta GA, Adita is a devoted supporter of gender diversity issues and has been a preferred vendor at the Southern Comfort Conference since 2009.

Dr. Michele Angello
Transgender Therapist and Certified Clinical Sexologist

Dr. Michele Angello works with gender variant youth and adults. She offers individual, group and family therapy, as well as corporate education and training on a variety of issues of sexuality and has presented internationally on her work with trans-youth and working with children of transitioning parents. She facilitates several monthly support groups for transgender adults, youth and parents. Dr. Angello is often called on to speak as an expert on transgender issues to universities, corporations and the media. She has appeared on Larry King Live, the Tyra Banks Show, and various documentaries. She base her practice in Paoli, PA.

Makeovers with Elizabeth Taylor

At Keystone from Washington, DC

Elizabeth (Beth) Taylor specializes in makeup artistry, photography, and total makeovers for trans-women and has transformed 250 clients.

Beth loves working with first-timers and encourages girls to embrace their femininity and beauty. She helps girls build their confidence and get involved in local and online trans-women communities.

Keystone Workshop: “The Eyes Have It!” Saturday, 3:30 pm

Book your Keystone makeover today!
Indulge yourself with a makeover on your next trip to Washington, DC!

Email: elizabeth.taylor.makeover@gmail.com
http://makeoverswithelizabethtaylor.com
Jason Robert Ballard  
**Founder of The Self Made Men**  
Jason Robert Ballard is a 26 year old Trans Man from Rochester, NY. Founder of popular resource The Self Made Men and newly launched FTM Magazine. He has spoken on Trans related issue for the passed 5 years through conference events, college programs and healthcare offices. Jason is a Taurus, enjoys hot apple cider and walks on the beach. This is Jason’s second year here at the Keystone Conference.

Cindy Bankert  
**Cookie Lee Jewelry**

Rev. JamieGhee Beattie  
**Ordained Minister**  
The Reverend JamieGhee Beattie has a B.A. from The American University, Washington, DC (1968), a Master of Divinity from The Chicago Theological Seminary (1975), and was Ordained to Ministry in the United Church of Christ in 1975. She has served as a Pastor or an Associate Minister or as an Intention Interim Minister in churches in Illinois, Ohio, Michigan, Maryland and Virginia. She currently resides in the Northern Virginia suburbs of Washington, DC.

Dr. Joel Beck  
**Board Certified Plastic Surgeon of the Bay Area Aesthetic Surgery Center**  
Dr. Joel Beck is Board Certified in Plastic Surgery and brings the highest standards of medical excellence to procedures of breast, body, and face. His technical skill, artistic sense, and sound judgment have earned him a reputation for providing his clients with fresh, natural appearing results. Dr. Beck's extensive training includes research and clinical experience in Burn Surgery, a Fellowship in Craniofacial Surgery, and intensive Plastic Surgery and Reconstructive training. While Bay Area Aesthetic Surgery is almost entirely dedicated to aesthetic procedures, Dr. Beck's background in Microsurgery and Reconstructive Surgery give him a powerful aspect on anatomy, spatial relationships, and healing - all critical components of a great cosmetic result. Dr. Beck has developed empathy, compassion, and a gentle approach as a result of treating those with devastating malformations and trauma. His ability to form connections with aesthetic patients puts them at ease and allows a comfortable exchange of ideas and information throughout the course of treatment.

Kristin Beck  
**Former US Navy Seal and Author of "Warrior Princess"**  
Kristin Beck, born Christopher Beck in 1966 in Long Island New York is known to be the first transgender US Navy SEAL. Kristin grew up in rural Pennsylvania and western New York, graduating from Wellsville High School in New York. She was a cadet at the Virginia Military Institute from 1984-1987, majoring in Electrical Engineering; then graduated from Alfred University in 1989 with a BA in Political Science. She distinguished herself in her 20 years of exceptionally meritorious service with Special Operations Forces at SEAL Team One, SEAL Team Five, Naval Special Warfare Development Group (SEAL TEAM Six/JSOC) and the Headquarters at SOCOM. Her achievements in the military are many with awards including the Bronze star with Valor, Purple Heart, Defense Meritorious Service Medal and many others.

Tara Benkovic  
**Mary Kay Senior Sales Director**

Joanne Bennett  
If Joanne Bennett is considered retired her daily routine would hardly give you that impression. She continues to manage the day to day operations as President and CEO of a full-service, multimedia/internet services company that specializes in Web Hosting, Graphics and Art Design, and Media and Public Relations. Joanne transitioned in 2001, lives below the radar and is active in her church being directly involved in a number of outreach ministries.

Jude & Susan Bienvenu  
**Judith (Jude) Bienvenu is a board member and past president of the Transgender Education Association (TGEA) in the metro DC area. She successfully transitioned at work 2 years ago and has continued to be recognized as a leader in her profession since then.**

Susan Bienvenu has a Masters in Social Work, and a Masters in Acupuncture, and is a practicing acupuncturist in Maryland. She is also a board member of TGEA. Both Susan and Jude have been active in the community,

“A Celebration of Gender Diversity”
and have strong interests in helping relationships deal with transgender issues.

Amanda Bostdorf  
**Certified Registered Nurse Practitioner from Alder Health**  
Amanda Bostdorf is a CRNP for Alder Health Services (formerly AIDS Community Alliance). Amanda began practicing as a Certified Nurse Practitioner 4 years ago after completing her Masters studies at Thomas Jefferson University in Philadelphia. She also holds a Bachelors of Science Degree from Lebanon Valley College in Annville. Prior to joining Alder Health Services, Bostdorf worked at a family practice in the area treating men, women and children of all ages. She is excited about the opportunity that exists at Alder Health for her to spend more time with her patients and work in partnership to address their unique health needs through the incorporation of medicine and education.

Richelle Bradley  
Richelle has been actively exploring transgender matter, including his/her own, for the last 5 years. This has included academic study, writing papers, and making presentations at conferences. She is presently working on a book, a series of personal essays, written from an inquisitive transgender perspective, tentatively entitled, "Happy Father's Day: Gender and Other Metaphors."

Blair Braverman  
Blair Braverman is a nonfiction writer currently based in northern Wisconsin. Her work has appeared in Orion, High Country News, Waging Nonviolence, and elsewhere. When she’s not racing sled dogs, she’s working on a book about the Norwegian Arctic, which is forthcoming in 2015 from Ecco/HarperCollins.

Amber Brown  
**Education & Training Manager at Planned Parenthood**  
Amber Brown is the Education & Training Manager for Planned Parenthood Keystone. She is the founder and facilitator of The SPECTRUM, Berks County’s largest LGBTQA Youth Group. She holds a degree in Education from Penn State University.
**Kate Cartmell**  
**Be Image Consulting**  
Kate Cartmell began her fashion and beauty career with Macy’s as a sales associate and personal shopper, creating looks for hundreds of women over more than a decade. Her last role with Macy’s was as an executive for women’s ready to wear fashion, where she remained the source for clients’ personal style. She left Macy’s to join DHC Skincare, a luxury, Japanese beauty and holistic wellness company based in San Francisco. There, she is responsible for managing exceptional customer service provided to an international clientele. In 2010, she created Be Image Consulting, offering personal style and image counseling to women and men. Her specialty is translating current trends into modern, age-appropriate and wearable looks that enhance her clients’ self image. This, in turn, helps them to reach the personal and professional goals they aspire to. Be Image Consulting strives to teach transgender people to radiate the strength, confidence and beauty only we possess.

**Victoria Madison Datta**  
**Marketing Leader**  
Victoria Datta, Executive Marketing Professional, working at the same major Fortune 500 pharmaceutical company in the Delaware Valley area for the past 10 years, and with 20+ successful years of employment in the pharmaceutical industry. Victoria has now completed one and a half years full time at work, and moving quickly towards gender confirmation surgery. She has leveraged insight gained from the 2012 and 2013 Keystone Conference Keynote speakers to develop her own plan. A plan that can be adapted to your personal situation, but universally achieves to restore compassion in transitioning in the workplace, by being practical and thoughtful.

**Pastor Julie DeWerth**  
Pastor Julie DeWerth is the pastor at Good Shepherd Lutheran Church King of Prussia. She has been with Good Shepherd for four years. Ordained in 1991, she has served as pastor of four other Lutheran churches in the Philadelphia area. She holds a Bachelor’s degree from Saint Olaf College and a Master’s of Divinity from the Lutheran Theological Seminary at Philadelphia. She is married with three sons, active in the local Lutheran synod, and in her home and church communities. Pastor DeWerth has a passion for the gospel and God's radical message of love and acceptance for all God's children.

**Dr. Ken Dollarhide**  
**Dean & Professor of Philosophy at Kean University**  
Ken Dollarhide is the Dean of the College of Humanities and Social Sciences at Kean University in New Jersey. He holds a Ph.D. in Religious Studies and has published in the area of Buddhism, Asian Philosophy, Native American Studies, Gender Studies, etc...He is a mixed-blood Oglala born on the Pine Ridge Indian Reservation in South Dakota, where he grew up living on the reservation and in border towns around the reservation.

**Sara Edwards**  
**Co-Founder of SignificantOtherPA website and Spouse/SO Program Director at Keystone**  
Sara Edwards is a married to a transgender spouse. They have been married for almost 14 years. She is also the co-leader of the Spouse/Significant Other group at TransCentralPA and Keystone as well as co-founder of Significant Other Pennsylvania. She is looking forward to meeting all the SO's/wives at Keystone.

**Kelly Jean Gainor**  
**Community Health Educator at Planned Parenthood**  
Kelly has been a Community Health Educator for Planned Parenthood Keystone since 2012. She has her Masters’ degree in Human Sexuality Education from Widener University. In addition to teaching sexuality education, Kelly also runs The Curve, an after school program for LGBTQ youth in the York area. Her interests include body image, body autonomy, size acceptance, transgender issues, genital satisfaction, and sex-positive education.

**David Garrett**  
David Garrett lives in Central PA, is married and works full time in association management. He is a former pastor who now serves God in new ways. David is the father of a recently transitioned adult daughter, and has had to confront his own biases and misconceptions about transgender issues.

**Jason Landau Goodman**  
**Executive Director for PSEC**  
Jason Landau Goodman is the founding Executive Director of the Pennsylvania Student Equality Coalition. He has been a leader in the statewide movement of LGBTQ youth for nearly three years as the first person to work directly and specifically with LGBTQ youth on the statewide level in Pennsylvania. A student at the University of Pennsylvania, Jason is a Jonathan Lax Scholar and has been named one of the top 12 LGBT Youth Leaders in the United States by Campus Pride.
Ian Harvie
Transman & Internationally Renowned Stand-up Comedian
No matter who you are, who you love or where you come from, Ian Harvie will make you feel as though you are family. Everyone will be able to relate to his observations about life, relationships, and the routine challenges we all face from day-to-day. His wickedly funny stories are couched in an amiable personality that could put any audience at ease, while his folksy, ingenuous delivery almost – but not quite – tempers his zinger punch lines, making them not just hilarious but seriously twisted. Even if he wasn’t so witty, without even trying, Ian could set an audience on its ear, opening up new realms of irony. He could be your brother, your best friend’s boyfriend or merely a clean-cut preppie trying his hand at stand-up, but he’s not. In fact, there’s a good reason Frontiers Magazine referred to Ian as “Quite possibly the most unique stand up comic in the country”…Ian’s not “just” a queer comedian – he’s the world’s first FTM transgender comic…which, when put into context, will make his anecdotes about his own phobia of public restrooms all the more side-splitting!

Dr. Kristine James
Executive Director of TransEvents USA, Inc.
Dr. S. Kristine James, is a noted lecturer, educator, publisher and management consultant. She received her Bachelor of Science degree in Business Management, with a minor in Marketing and Economics from the University of Rochester, Rochester, N.Y., a Master of Science degree in Management Information and a Doctorate in Business Administration from Century University. Dr. James spent many years employed by public and privately owned business in finance, banking and manufacturing, before forming her own consulting business. She has presented business and financial seminars to over 175,000 people throughout the world as well as being an adjunct professor as community colleges. Kristine started a publishing company in 1983 which eventually grew to a major multi-division, multi-national business over a sixteen year span. It was sold in 2002 and still is in business. She is semi-retired, but still operates her event planning and management company. Kristine has been active in the trans Community since 1986 when she formed Cross Dressers International and the Greater New York Gender Alliance which is an organization representing all of the various groups in the Greater New York City community. She has been on the board of directors, and on the executive committee of IFGE for a number of years where she served as Treasurer. She is also the president of the convention management company, TransEvents USA, Inc. and serves as the co-chair of the annual IFGE conference.

James MacGregor Halleman
James is a Keystone Conference Presenter Alumni having presented workshops in the past. He is currently a senior at East Stroudsburg University majoring in Political Science with a concentration in pre-law. James has served on National and State Boards focusing on transgender equality and improving the quality of life issues for transgender individuals. He looks forward to continuing his studies and would like to pursue a career in the legal field.

Dr. Nelson Y. Howard
D.D.S., A.A.A.C.D.
Dr. Nelson Y. Howard received his undergraduate degree in Psychology at UCSD in 1982. He then attended the UCLA School of Dentistry and graduated in 1986. From Dental School, Dr. Howard was accepted into the General Practice Residency Program at the V.A. Medical Center in West Los Angeles, California. After receiving residency certification in 1987, Dr. Howard relocated to North San Diego County and presently maintains two private practices in San Marcos and Rancho Bernardo, California. Dr. Nelson Y. Howard practices the full scope of Cosmetic, Functional, Implant and Restorative Dentistry at his Center for Smile Transformations in San Marcos and Rancho Bernardo. He has specialized in Cosmetic, Esthetic, and Smile Transformation Dentistry since 1988 and is one of the world’s leading authorities on this subject. Presently, Dr. Howard is the only dentist in the world who has addressed the issues of transgender differences in smile design and conversion for the transgender community.
In 1999, Dr. Howard became the first dentist in the entire North San Diego County area to earn and be awarded Accreditation Status. He is one of approximately 350 dentists in the world to have achieved this honor and recognition for his outstanding demonstration of cosmetic dental excellence. Dr. Howard has lectured nationally and published numerous articles on various topics within the area of Cosmetic Dentistry and Achieving the Ultimate Cosmetic Dental Practice. He is the Founder and President of both the West Coast Society for Cosmetic Dentistry and North San Diego County Dentist’s Disability Service. Dr. Howard is an avid traveler and photographer and has taken over 10,000 photographs of various cosmetic and restorative cases he has completed.

**Polly Kahl**  
MA, LPC  
Polly Kahl has an associates degree in business administration, a bachelors degree in psychology, and a masters degree in counseling psychology. She's been in private practice in Berks County since 1990, has been licensed since 2002, and has specialized in working with LGBT and specifically trans clients since 2010. Polly provides counseling to local clients in her office in West Lawn as well as to long distance clients through online counseling.

**Amy Keisling**  
ACSW, LCSW, BCD at Riegler, Shienvold & Associates  
Ms. Keisling is a Licensed Clinical Social Worker with over 25 years experience working with individuals, couples and families. She has been in practice with Riegler • Shienvold and Associates since 1993. Ms. Keisling earned a Bachelor's Degree from Dickinson College, and received a Master's Degree in Social Work from the University of Pennsylvania. Ms. Keisling's professional focus is on adolescent and adult populations. She works with individuals, couples, parents and teens to address areas of concern such as depression, anxiety or adjustment. In addition to her experience with women's health issues, she is also deeply interested in gender identity, the transgender experience and the many factors that lead to healthy and satisfying relationships.

**Mara Keisling**  
Executive Director of the National Center for Transgender Equality  
Mara is the founding Executive Director of National Center for Transgender Equality (NCTE). A Harrisburg, Pennsylvania native, Mara came to Washington after co-chairing the Pennsylvania Gender Rights Coalition. Mara is a transgender-identified woman who also identifies as a parent and a Pennsylvanian. She is a graduate of Penn State University and did her graduate work at Harvard University in American Government. She has served on the board of Directors of Common Roads, an LGBTQ Youth Group, and on the steering committee of the Statewide Pennsylvania Rights Coalition. Mara has almost twenty-five years of professional experience in social marketing and opinion research.

**Marla Krolikowski**  
Teacher  
Marla Krolikowski is a 36 year veteran teacher in both public and catholic schools in the field of both music and performing arts. She has led and conducted student concerts in the U.K. and Italy and performed for Pope Benedict when he visited N.Y.C. in 2008. She has won numerous awards as an outstanding teacher, musical conductor, composer and performer.

**Alexis Lake**  
MSS, LSW of Alexis Lake Therapy  
Alexis Lake is a Licensed Social Worker specializing in individual, couples, partners, and family therapy. She works in private practice in Malvern and in Lititz, PA. As a graduate of Bryn Mawr College's School of Social Work and Social Research specializing in Clinical Social Work she is currently working with a broad spectrum of clients. Among her areas of expertise are loss, grief, depression, anxiety, relationship difficulties, sexual orientation and sexual identity as they relate to the individual, as well as his or her friends and loved ones. She has had experience working with acute mental illness in a hospital setting and has interned as a therapist for a center city Philadelphia clinic that specialized in serving the LGBTQ population.

**Christopher Lindy**  
Arthur Murray Dance Instructor  
Christopher has been dancing and teaching for over 8 years and has competed both professionally and with his students. He is especially great working in a group class setting and making everyone feel comfortable.
Liz Leen
LSA of Alder Health
Liz earned her master’s degree in 2010 from Shippensburg University in Social Work. She began her career with AIDS Community Alliance as a case manager working directly with individuals diagnosed with HIV. In 2011, she transitioned to become Alder Health Services (formally AIDS Community Alliance) first therapist and work to create an affirming therapy environment for the LGBT community.

Jennifer Lehman
Ms. Jennifer Lehman is a 1983 graduate of Gettysburg College where she majored in Physics, was in the marching band, and chapter president of the Sigma Nu fraternity. She received a M.S. in applied physics from Stevens Institute of Technology. She has been married for 29 years and has two children. Ms. Lehman has a 25 year career in developing innovative optical devices and systems for commercial and department of defense applications and is currently employed as an engineering manager. Ms. Lehman is very active in her local Lutheran ELCA church where she teaches Sunday school and is chairperson of the fellowship committee. Ms. Lehman is a league officer in her two bowling leagues, has bowled seventeen 300 games and participated in the United States Bowling Congress open tournament for 28 consecutive years. Ms. Lehman is a transgender woman who after a lifetime of hiding her true feelings executed a successful gender transition in 2013 to begin living her life as her authentic self.

Dr. Sherman Leis
Director of the Philadelphia Center for Transgender Surgery
Sherman N. Leis, D.O., F.A.C.O.S. is Professor and Chairman of Plastic and Reconstructive Surgery at The Philadelphia College of Osteopathic Medicine. He is Board Certified in General Surgery and Plastic and Reconstructive Surgery and specializes in all types of transgender surgery. He is Director and Chief Surgeon at The Philadelphia Center for Transgender Surgery. The Center represents a team of more than forty professionals who have expertise in servicing the surgical and non-surgical needs of transgender individuals and is one of the few comprehensive centers of its type in the United States. Dr. Leis is the Founder of a Residency Training Program in Philadelphia and over the past thirty years has trained more than eighty plastic surgeons practicing across the United States. He is also President, CEO and Principal Clarinet of the Lower Merion Symphony, a Philadelphia area community orchestra.

Arlene Lev
Acclaimed social worker, family therapist, educator, and writer
Arlene (Ari) Istar Lev LCSW-R, CASAC, is a social worker, family therapist, educator, and writer whose work addresses the unique therapeutic needs of lesbian, gay, bisexual, and transgender people. She is the Founder and Clinical Director of Choices Counseling and Consulting providing individual and family therapy and the Director of TIGRIS—The Training Institute for Gender, Relationships, Identity, and Sexuality, a training program in Albany, New York. Arlene has authored numerous journal articles and essays including authoring two books: The Complete Lesbian and Gay Parenting Guide and Transgender Emergence: Therapeutic Guidelines for Working with Gender-Variant People and their Families winner of the American Psychological Association (Division 44) Distinguished Book Award, 2006.

Dr. Rachel Levin
Associate Professor of Biology and Neuroscience at Pomona College
Dr. Rachel Levin is an associate professor of biology and neuroscience at Pomona College. She studies reproductive behavior and its underlying neuroendocrinological mechanisms in both wild animals and humans. Currently, she is the principal investigator on a research project that examines biological influences on human gender diversity.
Sophie Lynne
MEd
Sophie Lynne is a former English teacher and published author whose work has appeared in international magazines. She holds Bachelors and Masters degrees in Education. Currently she works for a major University and is STILL shopping for publishers to sell her first book. She also has a blog where she writes about anything and everything. Sophie Lynne lives in suburban Philadelphia with her wife and daughter.

Dr. Wayne Maines
Dr. Wayne M. Maines has a Bachelor of Science Degree from Cornell University and a Doctor of Education Degree in Safety Management and Education from West Virginia University. He likes to say his job is to protect people and their communities. In 2007 Wayne came to the realization that he did not have the skills he needed to protect his own children. He did not have the insight or courage to recognize his own failures. That all changed when adults started to fear his baby girl. Wayne is the proud father of identical twins, one boy and one girl. His beautiful daughter Nicole is transgender.

Wayne Maines and his daughter Nicole were the keynote speakers at the 2011 GLAD banquet held in Boston, MA. He was also the featured speaker for the Maine ACLU 2011 awards banquet, in which the Maines family received the Roger Baldwin Award, the ACLU's highest award for civil right advocacy. He and his family live in Maine and are involved in the first transgender discrimination case in the nation to go to a State Supreme Court.

Ted Martin
Executive Director of Equality Pennsylvania
Ted is the Executive Director of Equality Pennsylvania, the state’s leading lesbian, gay, bisexual and transgender (LGBT) political advocacy organization. He is also a native Pennsylvanian, a longtime LGBT activist, and non-profit professional. Ted has worked in several varied administrative and communications capacities over the past two decades. Starting his career as a Legislative Assistant and the Deputy Chief of Staff of a subcommittee of the Education and Labor Committee of the US House of Representatives, Ted has subsequently worked in the field of architectural preservation, communications, and marketing. He is also a busy volunteer and serves on the boards of several non-profit organizations including Equality Federation and the LGBT Community Center Coalition of Central Pennsylvania. He and his husband, Dwayne, reside in Camp Hill outside of Harrisburg and were married on June 19, 2008 in La Jolla, California

Robyn McCutcheon
President, Gays and Lesbians in Foreign Affairs Agencies
Robyn McCutcheon is a foreign service officer (FSO) with the U.S. Department of State and serves as president of Gays and Lesbians in Foreign Affairs Agencies (GLIFAA). She is the first openly transgender FSO, having transitioned while serving overseas at the U.S. Embassy in Bucharest, Romania, in 2011. She was the lead organizer of Embassy Bucharest's Pride Month activities in 2012 and 2013 and received a Meritorious Honor Award for her reporting and outreach to the Romanian LGBT community. One of two GLIFAA Equality Award recipients for 2012, she writes a web journal called "Transgender in State" about her experiences as a transgender FSO.

Robyn served as economic officer in Uzbekistan in 2008-10; held the civilian nuclear energy portfolio in the Environment, Science, and Technology office in Russia in 2006-07; and monitored Russia’s external relations in the Office of Russian Affairs in Washington, DC, in 2004-05.

Prior to joining the State Department in 2004, Robyn worked as an engineer and programmer on NASA missions, primarily Hubble Space Telescope. Her specialties were space flight dynamics, attitude determination and control, and sensor systems. She was the recipient of numerous NASA awards. Robyn has also published frequently on subjects related to the social development of Soviet science, in particular the 1936-37 purge of Soviet astronomers.

Dr. Toby Meltzer
Plastic and Reconstructive Surgeon
Dr. Toby Meltzer graduated from LSU Medical School in 1983 and is board certified in both General and Plastic Surgery. He is an active member of the American Society of Plastic Surgeons. Dr. Meltzer began at Oregon Health Sciences University in 1990. He started private practice in 1996 in Portland, OR and moved his practice
to Scottsdale, AZ in 2003. He has privileges at Scottsdale Healthcare Osborn Campus, Greenbaum Specialty Hospital on the Osborn Campus and Scottsdale Healthcare Shea Campus. He performs approximately 200 Genital Surgery cases per year. He performs both MtF and FtM surgeries including but not limited to: genital, facial feminization, facial masculinization, chest, repairs/revisions and body contouring.

Maryanne Milano
"PALS" Breast Forms & Body Contours
Maryanne is an active participant in the Arizona Phoenix Pride Community as a member of the Board of Directors for Mulligan's Manor, a non profit foster home for GBT young men, one of a half dozen homes in the United States. She is team leader, film selection committee member and MC for Maricopa Community College’s “Annual Desperado LGBT Film Festival.” Maryanne was awarded Arizona's Ion Magazine’s, “Prism Award” for Community Outreach” in 2013. In 2012 Maryanne was the first transgender woman finalist in United States for “The Ms. Senior Arizona Pageant.”

Donna Miller
Owner of Donna's Hair Studio
Donna Miller has been the owner/operator of Donna's Hair Studio and Spa for over 30 years. The salon is conveniently located in Ewing, New Jersey about an hour from both Philadelphia and New York City. The salon offers full hair care services as well as nail care, pedicures, facials, waxing, makeup application and lessons, and a wig boutique. The salon is transgender friendly and has serviced the community for over 25 years. Donna has traveled to various workshops and group meetings and has appeared on national talk shows on behalf of the community.

Melissa Morton
Melissa Morton is a former lawyer who is transitioning to becoming an accountant. She graduated from Davidson College with a B.A. in history. She later worked for Colonial Williamsburg Foundation, where she was a costumed historical interpreter, and learned at least some of the art of telling interesting stories about the past. Melissa is an avid crossdressing participant in Civil War and Victorian era reenactment events.

Quince Mountain
Writer & Editor
Quince Mountain is a senior editor of Killing the Buddha, an online literary magazine regarding religion of all stripes. His work has been featured in several anthologies including Gender Outlaws: The Next Generation, and in magazines such as Bidoun, Huffington Post, Slate, and Waging Nonviolence. He began teaching college writing in 2009, and he has enjoyed working beyond the classroom as a personal writing coach and editor since 2010.

Dr. Julie Nicole
Julie Nicole, MD holds a bachelor of arts in French Linguistics from Université Laval in Québec City, Canada. After teaching French at Arizona State University for a few years, she decided to pursue a career in medicine. She received her MD degree from the University of Vermont in 2009. She completed her residency training in Obstetrics and Gynecology at Fletcher Allen Healthcare where she received multiple teaching awards, along with a Resident achievement award in laparoscopic surgery and a special recognition for her skills in minimally invasive gynecology. While in residency, Dr Nicole was clinically involved in transgender health along with educating other health care providers on providing Trans sensitive cultural care.

Dr. Maureen Osborne
Gender Psychologist
Dr. Maureen Osborne is a licensed psychologist with over 30 years experience as a therapist, specializing in gender identity issues for the last 20 years. She earned her Ph.D. degree in Clinical Psychology at the University of Missouri-St. Louis in 1984, and is a member of the American Psychological Association, the Philadelphia Society of Clinical Psychologists, World Professional Association for Transgender Health (WPATH), and Division 44 of the APA, which deals with GLBT issues. Dr. Osborne's theoretical orientation and training in Contextual Therapy has led to an interest in relational ethics and justice dynamics as they apply to the transgender journey. She has presented talks and workshops at many different national and international gender conferences, and appeared in the MSNBC documentary, "A Change of Gender." She did a monthly column for the online publication TG Forum called "Checking in with Osbo’s Bridge Club. Dr. Osborne maintains a private practice in Malvern, PA, and is an adjunct therapist with the Papillon Gender Wellness Center in New Hope, PA.
Dr. Douglas Ousterhout
MD, DDS, FACS
Dr. Ousterhout's practice is located in San Francisco, California where he is a Full Clinical Professor at UC San Francisco, Board Certified Plastic Surgeon, member in at least 18 medical societies worldwide. Past President of the American Society of Maxillofacial Surgeons and Pan Pacific Surgical Society. Found one medical journal and on the Editorial Board of four plastic surgery journals. Has presented and published scores of scientific papers. Published two books: "Aesthetic Contouring of the Craniofacial Skeleton" and "Facial Feminization Surgery."

Kathe Perez
Speech-Language Pathologist
Kathe Perez is an internationally recognized expert in the care and training of the human voice. She is the founder and president of Exceptional Voice, Inc. As a certified Speech-Language Pathologist, Kathe has been working in the field for since 1986. She has been providing voice feminization therapy for the TG community for years and has helped thousands gain confidence in the way they speak. New and exciting things are happening at Exceptional Voice. Stop by the vendors area to say hello and see what’s new. This weekend ONLY attendees of Keystone Conference can get $50 OFF the regular fee for Kathe’s highly sought after 30 Day Crash Course. You can reach Kathe by telephone at 1-866-4-MY-VOICE, by email at kathe@exceptionalvoice.com and via her websites at www.exceptionalvoice.com or www.askkatheperez.com or her YouTube channel www.youtube.com/user/tgvoice. Also, you can now participate in an ongoing chat via Facebook. Look for “Ask a Voice Therapist” page.

Kevin Poling
Director of Travel & Patient Services for Satori World Medical
Mr. Poling is a seasoned customer service and travel professional with over 20 years of experience in the global hospitality industry. He has undergone extensive training, specializing in the art and science of customer relationship management. Mr. Poling leads Satori World Medical’s Global Transgender Program. In this role, Mr. Poling is responsible for the developing, coordinating and ensuring the highest quality of patient service for the program. Mr. Poling is highly involved in the LGBT community and has sponsored Transgender Day of Remembrance in San Diego. He is a frequent speaker at transgender conferences throughout the country such as Southern Comfort, TransOhio and Be-All.

Transgender Spectrum
A Conference for Transgender Youth, Adults and Families; Academics, Transgender Health Professionals, and Policy Makers
November 21-22, 2014
University of Missouri – St. Louis

The Transgender Spectrum;
- is an interdisciplinary conference dedicated to educating families, students, and professionals about a wide range of transgender issues;
- includes workshops for transgender adults, youth, and families;
- is open to academics, professionals, graduate and undergraduate students, and transgender people and their families and allies.

Presentation strands: Health and Aging, Teaching and Learning, Policy and Politics, Youth and Families.

For details visit www.transgenderspectrum.com

“A Celebration of Gender Diversity” 87
Presenter Bios

Monica Prata
Feminine Image Consultant
Monica Prata is a GG who works as a Feminine Image Consultant for those who are transgendered, transitioning or integrating their genders. Services include makeup application and lessons, wardrobe consulting, styling and accessorizing and lessons in modern feminine deportment. Monica gained much of her makeup experience working as a professional artist for M.A.C Cosmetics and is certified through the company. She also worked for Nordstrom’s where because of her innate understanding and friendly disposition she acquired many clients shopping for their “girlfriends.” In addition to her wardrobe consulting and cosmetic experience, Monica worked as a model and is skilled in the art of feminine posing for photography and daily life. Monica continues her work within the community, traveling nationally and internationally to work with clients, she is dedicated in helping you to achieve your most naturally feminine appearance.

Amanda Richards
True Colors Make-Up Artistry
Amanda Richards is a very successful and sought after makeup artist. She is an expert in the artistry of makeup, whether it is to subtly enhance a face or completely transform it. Amanda is a master of her craft, and her exceptional talent and passion have elevated her to the top of her field. She has worked with the transgender community for over a decade. Beyond the transgender community, Amanda has had her work published in several magazines, and catalogues. She works with some of the finest photographers, and models in the northeastern U.S. on various commercial projects. She has recently been working with contestants in the Miss Teen USA pageant system. She has taught & mentored many clients, and aspiring makeup artists. She has been a guest speaker at The Keystone Conference, Southern Comfort, First Event, The Be-All Conference, and many transgender support groups. She is also on the professional support boards for several cosmetology schools in northeastern Pennsylvania.

Dr. Cerise Richards
Clinical Professor of Urology
Dr. Cerise Richards is a retired Urological Surgeon with a fifty-year understanding of Transgenderism. She was a former Clinical Professor of Urology and Chief of Urology at the DC VA Medical Center, where she has cared for Transgendered patients. She is a distinguished member of the Cosmos Club of Washington and her Biography appears in Marquis’s Who’s Who in America and the World. In 2007 she presented her first workshop “Brain Gender Identity” to the Alliance for Gender Awareness at Rutgers University. She has presented updates of BGI annually at Keystone. In 2010 she gave a Keynote at Fantasia Fair entitled “The Transgender Continuum”. In 2010 she chaired and presented at the IFGE Doctor’s Day in Wash. DC. At Keystone 2012 she delivered a Keynote entitled, “Are you TG, TS or Both?” In 2012 she successfully nominated TCPA for the first LGBT organization award in Harrisburg. She is the former Medical Writer for Transgender Forum, Renaissance Community News and Transgender Education Association, where she has written over 50 medical articles. In 2009 she chaired a Symposium at the American Psychiatric Association’s Annual Meeting with Drs. Spack and Diamond entitled “The Neurobiological Evidence for Transgenderism”. Twenty years of Scientific Research in human brains has lead to the inescapable conclusion that Brain Gender Identity is determined in the womb. She has shown in multiple workshops how Transgender Brains think, smell, and hear like the opposite sex. Her presentation will continue with the accumulating genetic evidence for her conclusion that “Transgenders are Born to Think as Male and Female, so they are neither Male nor Female solely, but Both.”
Presenter Bios

Jeanine Ruhsam  
President of TransCentralPA  

Jeanine Ruhsam has struggled relentlessly for many years as s/he’s sought to find peace living life as a dual gendered person S/he’s suffered the pain that so many have from being out as a trans person, and yet s/he's been lifted to her highest at the same time. A parent, a divorcée, a successful business person of a few careers, s/he lives happily with hir spouse Julia in Central PA. Not all man and not all woman, she strives daily to balance the gift of being BOTH/AND, living hir life in both genders. S/he is the '06-'14 President of TransCentralPA and the co-chair of the Keystone Conference.

Dr. Kathy L. Rumer  

Dr. Kathy L. Rumer is a Board Certified Plastic and Reconstructive Surgeon who specializes in cosmetic and reconstructive surgery for Trans identified individuals. She is the founder of Rumer Cosmetic Surgery where she works with other specialists to provide the best possible healthcare for her patients. She is on staff at a number of the best hospitals in the Philadelphia area and has been named a Main Line “TOP DOC” in 2008, 2009, 2010, 2011, and 2012. She was also named a Philadelphia Magazine “TOP DOC” for 2011. She also serves as a fellowship site director for the Philadelphia College of Osteopathic Medicine, one of the only residency programs that trains surgeons in the art of gender variant cosmetic and reconstructive surgery. Finally, she is an active member of WPATH and has served as an advocate for transgender individuals at a local and national level. Most recently, Dr. Rumer opened a facility that will offer state-of-the-art gender confirming surgical and non-surgical procedures. This facility also provides a soothing and calming environment for patient’s during their post-operative recovery.

Representative Brian Sims  

State Representative for the 182nd Legislative District, Philadelphia County  

State Representative Brian K. Sims is a distinguished policy attorney and civil rights advocate from Center City Philadelphia. The former staff counsel for policy and planning at the Philadelphia Bar Association, he recently stepped down as both the president of the board of directors of Equality Pennsylvania and as chairman of Gay and Lesbian Lawyers of Philadelphia (GALLOP). He also has extensive experience as a guest lecturer. He earned a bachelor of science degree from Bloomsburg University of Pennsylvania and a juris doctor degree in international and comparative law from the Michigan State University College of Law.

He is dedicated to making Philadelphia safer, strengthening and protecting public education, preserving services for seniors and other vulnerable Pennsylvanians, making affordable health care more available, expanding civil rights for all Pennsylvanians, preserving our environment while investing in alternative energy, creating jobs and cleaning up Harrisburg.

Dr. Alexander Sinclair  

Board Certified Plastic Surgeon  

"Who’s that guy with Blue Hair?! It’s Dr. Sinclair!" Dr. Alexander Sinclair is a well established plastic surgeon that has been practicing for more than 25 years, and has many satisfied Trans* clients and celebrities from around the world. He is a Diplomate of the American Board of Plastic Surgery. Dr. Sinclair became interested in Trans* Healthcare & Gender Confirming Surgical procedures when he spent time with Dr. Donald Laub at Stanford University Hospital, and with Dr. Sherman Leis in Philadelphia, PA. Dr. Sinclair performs an array of MTF and FTM procedures, including FFS, GRS, Top Surgeries, and body contouring. Dr. Sinclair's office facilities include his own Quad A approved operating center in Beverly Hills. Dr. Sinclair is a member of the World Professional Association for Transgender Health (WPATH), Los Angeles Society of Plastic Surgeons, American Board of Plastic Surgery, and volunteers for Operation Smile and has written in peer reviewed journals. Dr. Sinclair's transition team also includes a Trans Health Liaison, (and our very own) "Chloe Prince" founder of www.PINKessence.com and Star of ABC Primetime 20/20's "Family Secrets."

Lynn Skinner  

Professional Voice Coach and Owner of Vocal Eyes Music®  

Lynn Skinner has been a professional singer and voice coach for over 30 years. Through her business, Vocal Eyes Music®, Lynn offers world-class live performances, several CD releases on her own record label, and private/group vocal consultation and training techniques. Coaching TG clients is extremely rewarding for Lynn. As a performing musician, Lynn regularly encounters risk, courage, and authenticity, and she easily integrates her knowledge of these elements into each TG voice session. In a safe, playful setting, Lynn explores the rhythmic, melodic, and expressive aspects the transitioning TG voice. She also builds confidence, personal power, and facilitates authenticity in her clients. Lynn has collaborated with Kathe Perez on several internationally acclaimed voice feminization CDs, and in 2010 released two TG voice training CDs of her own at www.CDbaby.com. She is currently working on two audio books, as well.
Ann Stillwater
Certified Yoga Instructor (and RN)
Ann Stillwater is a certified yoga instructor who has taught in Ohio and Pennsylvania for over a decade. She has found physical, emotional and spiritual healing from yoga. Also an RN, her passion is to help others on their own pathways toward healing and self-acceptance. She specializes in gentle classes for those with special needs or who have no yoga experience. Yoga is much more than a series of exercises—it can help us re-create ourselves and experience greater serenity in many areas of life.

Cassandra Storm
Owner of Cassandra Storm Photography
Cassandra Storm is returning for her third year as the official Keystone Conference photographer. 2013. Cass has a BS from the University of Pittsburgh in Business Management, minor in International Business and studied photography at Pittsburgh Filmmakers. She has lectured extensively on lighting and posing techniques with tips for being photographed candidly as well as posing professionally. Her clients have sought her out for her transformative gender posing and ability to highlight her subjects’ greatest features. As a portrait, event and commercial photographer, Cass has photographed around the world but takes up residence locally in York, PA. Portraiture by Cassandra Storm is available throughout the conference.

Turner Stulting
Pennsylvania Student Equality Coalition

Robyn Summers
Robynn Summer is a devoted community supporter. After losing 100 pounds and going from a waist size 44 to 30, Robynn continues to devote herself to eating right and keeping fit on her total gym. Robynn enjoys contributing by sharing the success of her diet and exercise plan for girls that want to tone down and create a feminine physique without the use of hormones.

Elizabeth Taylor
Make-over Artist
Elizabeth (Beth) Taylor specializes in total makeovers, feminization and transformations for MtF crossdressers, bigender women, transgender women, and transsexual women and has transformed over 250 girls. Beth loves working with first-timers and helping girls to embrace their femininity and beauty. She helps girls grow their confidence and get involved in the DC Metro Area trans-women online and in-person communities if and when they are ready.

For her transformations, Beth loves to turn genetic males into gorgeous women who look like genetic girls (GGs). She enjoys creating both subtle and dramatic eye makeup looks to fit the personality of the girl. To craft her GG-inspired makeup looks, Beth moisturizes the skin, creates a neutral canvas including beard shadow coverage, designs an eye makeup look, feminizes the face with blush, bronzer, and highlighter, and finishes the look with lip liner, lipstick, and lip gloss. Beth loves to teach girls how to apply their own makeup. Your makeover can either focus on learning how to apply your own custom look or glamming it up for photos or a night out on the town. If you have few or no clothes or just want to create a new look, Beth will dress you from her studio wardrobe including corsets and body shapers, bras, panties, women’s clothes, wigs, jewelry, purses, and other accessories.

Hollis Taylor
I have been through many fires and in them I have rose from the ashes, gracefully. These days I feel a lot like a phoenix. I write to express myself and am learning to spend more time doing what's good for me. I am gender-queer feminist with a passion for love, peace, and happiness. I am gender activist. I am radically out of the box about a lot of topics. I am liberal and polyamorous. I am a buddhist flavored spiritualist with a background in scouting for all paths. I am a former sex worker, romantic and sex positive. I am attracted to womyn which in our current culture would label me as a lesbian, I am okay with that label. I have a deep burning passion to protect and possibly save the earth, our home planet. Because of my burning passion for the earth I am a committed vegetarian, organic gardner, and farming community supporter. I am an environmentalist and my heros are people like Jane Goodall & John Muir.

Katie Taylor
Technical Assistance Coordinator for Pennsylvania Coalition Against Rape
Katie Taylor is the Technical Assistance Coordinator for the Pennsylvania Coalition Against Rape and has nearly 15 years of experience in the fields of sexual violence, domestic violence, ecofeminism, LGBTQ activism, and women and gender studies. Ms. Taylor received her Master’s in Community Psychology and Social Change from the Pennsylvania State University with a concentration in gender identity and activist resiliency. Currently, her interests include preventing sexual violence against the LGBTQ community and connecting ecofeminism with anti-violence work.

Katherine Thelen
Katherine Thelen is a transgender activist/vocalist in West Michigan. She was the co-founder and president of the Transgender Resource Group of Grand Rapids and former board member of the LGBT Network in Grand Rapids, MI. Also she’s presented at PFLAG meetings and other LGBT groups at local colleges and universities. Katherine has for the last seven years helped many transgender individuals in various ways from relationship/dating advice to resource recommendations and more fashion advice than can be recalled. She holds a BS degree in political science/pre-law from Howard Payne University, is an award winning fiction writer and photographer, additionally she teaches art to youth of all ages in after school programs. Katherine is in a eight year relationship with a crossdresser, whom she’s been married to for five years. She meet her husband while he was dressed as a woman at a gay resort during a lesbian weekend. This is also where the couple married. Likewise the presenter has had other long term romantic relationships over the years with other individuals that cover the transgender spectrum.

Dr. James P Thomas
The Voice Doctor
Dr. James Thomas is a laryngologist, an ENT surgeon who limits his practice to voice disorders. He trained in Pennsylvania and Illinois followed by a fellowship at Loyola University in Chicago. His laryngology practice is in Portland, Oregon. His current involvement with Vocal pitch change is as a surgical specialist of the voice. He has been developing the above procedure (FemLar) over the past 6 years and has presented preliminary results at previous meetings.

Kali Thompson
LSW of Alder Health
Kali is a licensed social worker currently working at Alder Health Services as an outpatient therapist. Kali earned her Bachelor’s degree from Lebanon Valley College and her Master’s of Social Work from the University of Pennsylvania. Prior to joining Alder Health, Kali focused on clinical issues such as depression, anxiety, and trauma while working in Philadelphia with the LGBT population and those living with HIV. At Alder Health Kali has continued this focus working with numerous clients around the issues of gender variance, transition, and coming out.
Presenter Bios

Kevin Vasquez
Director of Patient Services for Satori World Medical
Mr. Vasquez is a seasoned customer service and travel professional with over 20 years of experience in the global hospitality industry. He has undergone extensive training, specializing in the art and science of customer relationship management. Mr. Vasquez leads Satori World Medical's Global Transgender Program. In this role, Mr. Vasquez is responsible for the developing, coordinating and ensuring the highest quality of patient service for the program. Mr. Vasquez is highly involved in the LGBT community and has sponsored Transgender Day of Remembrance in San Diego. He is a frequent speaker at transgender conferences throughout the country such as Southern Comfort, TransOhio and Be-All.

Randi Wallace
Mary Kay Consultant
Randi Wallace discovered TransCentralPA (TCPA) in 2008 while going through a painful divorce. She is a proud parent/grandparent of 3 daughters and two granddaughters. Since finding TCPA and making so many new friends She has had the pleasure to serve as treasurer and host/coordinate the vendor area’s during the Keystone-Conference. She served 20 years in the US Army and is currently active in law enforcement, she joined Mary Kay Cosmetics in June 2013 and is looking forward to studying to be a makeup artist.

Gwen Watson
Feminine Image Consultant
Gwen Watson has been a student of feminine fashion since she was old enough to dress herself. Her education includes training in art, fashion consulting, photography, psychotherapy, hypnosis and journalism with degrees or certificates from Macalester College and The Grinder/ Delosier NLP Institute. As a feminine image consultant, she has done hundreds of transformations, working with any human interested in a more female style.

Dr. Burt Webb
OB/GYN
Dr. Burt Webb began private practice in Scottsdale, AZ in 1984. He has been working with Dr. Meltzer since 2003 and was mentored in FIM genital surgery by Dr. Des Johnson from Portland, OR. He graduated from Tulane Medical School in 1980. He did his residency at Good Samaritan Medical Center in Phoenix, AZ. He is board certified in obstetrics and gynecology. From 1987 to 2000 he was an OB/GYN professor for the Scottsdale Memorial Hospital Osborn Family Practice Residency Program. Since 1994, he has been an assistant professor of OB/GYN at the University Of Arizona College Of Medicine. Dr. Webb performs hysterectomies, oophorectomies and vaginectomies.

Dr. Jeffrey Weinzweig
Plastic Surgeon
Dr. Jeffrey Weinzweig is a board certified plastic surgeon with subspecialty training and expertise as a craniofacial surgeon. He is considered one of the foremost international experts in plastic surgery. In fact, he is one of the only leading craniofacial surgeons in the United States with a special interest in performing FFS. Dr. Weinzweig is one of the most prolific authors and researchers in the field with 5 textbooks and more than 200 peer-reviewed articles and chapters to his credit.

Nathaniel Wolfe
Bai Lung Kung Foo and Tai Chi Instructor
Nathaniel Wolfe is a black belt instructor of Bai Lung Kung Fu and Tai Chi at the Carlisle Kung Fu Center. He is also a certified yoga teacher in the Himalayan Tradition and the owner of the Carlisle Hatha Yoga Center. He has spent the better part of the last decade studying martial arts, martial strategy, movement, self-awareness, and yoga, as well as the meditative techniques and philosophical aspects of eastern traditions. Mr. Wolfe graduated with a Bachelor's degree, double majoring in English/Writing, and History, with a minor in philosophy from Messiah College in 1994. He has lived in the mountains of Perry County with his wife since 1997. Mr. Wolfe was involved in Renaissance LSV chapter in the late 90's and early 2000's, where he also served on the board and edited the monthly newsletter. In the recent past, he has served on the Board of Directors of Common Roads.

Lorrie Yale
Spouse/SO Program Director of Keystone
Lorrie has been married to her transgender male to female partner for 17 years. After finding out her spouse was transgender 11 years ago, Lorrie made the decision to support her spouse and keep their family together. Lorrie is the mom of three boys age 13, 15 and 17. Together they have become a strong family unit. Lorrie is also known as one of the Co-Founders of the T.R.U.S.T. Support Group (Truth, Respect, Understanding and Support of Life’s Transitions). In addition to holding monthly support meetings for spouses and SO's the second
Saturday of every month at TransCentral, Lorrie has a support website that can be found at significantotherpa.org The website offers bi-monthly newsletters, conversational Blogs and email support and chat rooms.

Sherry Zellers
BA Sociology, Romance Enhancement Consultant
As a Romance Enhancement Consultant Sherry has worked with couples and individuals of nearly every gender and sexual expression to help them find ways to explore their sexuality and increase their levels of intimacy with their partners. She has a Bachelor's degree in Sociology with minors in Communications and Women's Studies and is in the process of earning her Life Coaching certification.

Dr. Mark Zukowski
M.D., F.A.C.S. Zukowski Center for Cosmetic Surgery
Mark Zukowski, M.D., F.A.C.S. is a Northwestern-trained Board Certified Plastic Surgeon who practices on the North Shore of Chicago. He has an international cliental in face and body feminization and has been working with the gender community for 16 years with 65% of his practice gender related. He performs the full range of face and body feminization procedures as well as micrograft hair transplantation in order to create a full and naturally feminine hairline. Dr. Zukowski specializes in proven state-of-the-art technology such as endoscopic minimal scar techniques, which he has been performing for 20 years and is at the forefront of this technology worldwide. His other techniques such as suspension neck contouring, high speed burring for 3-D bone sculpting and tracheal shaving, breast augmentation that centralize the implants, and large volume fat-grafting for buttock enhancement provide safe, individualized, cost-effective high-quality results that he stands behind 100%. He served in the U.S. Navy attaining the rank of Commander at the Naval Medical Center in Portsmouth, Virginia, and was in charge of the busiest plastic surgery department of any military in the world. He has an unparalleled depth of knowledge and experience in natal male cosmetic surgery of the face and body. He is the author of over 30 articles and book chapters with an international reputation in cosmetic plastic surgery of the face and body. For more information about his practice, go to mizukowskiffs.com.

Maryanne Marttini
National Distribution Director
VC 564
602-509-0401
maryannem0501@yahoo.com

Pals Breast Forms are the most cost effective way to push up your breasts or increase your bust size. Pals are not just another "Fake Boobs" store. No! Pals are the best and only non-silicone breast forms on the market. We gear toward customer service and satisfaction with our customizable and 5 year warranty forms. We can help with asymmetry also by creating two different thicknesses to even you out. Plus now all Pals orders come with a free tote pouch and a bottle of baby powder to get you started! Five styles in five sizes, body forms too.
The following individuals, businesses and entities are offering information and special services during the Keystone Conference. Visit them in the Vendor Area, located in the Pennsylvania Ballroom on the main floor of the hotel across from the hotel’s front desk. Please contact these individuals directly to schedule their services.

Dr. Kathy Rumer of Rumer Cosmetic Surgery
Dr. Rumer will be offering personal consultations while at the Keystone Conference. To schedule an appointment, please contact her office at 855-782-5665, or visit Provider Room 101.

Dr. Douglas Ousterhout
Dr. Ousterhout will be offering personal consultations while at the Keystone Conference. Please contact Dr. Ousterhout’s office at (415) 626-2888 or see him in Provider Room 102.

Dr. Sherman Leis of the Center for Plastic and Reconstructive Surgery in Philadelphia
Dr. Leis is offering personal consultations at the Keystone conference. Please call Dr. Leis at (610) 506-4645 or visit Provider Room 103 to schedule a personal consultation while at the Keystone Conference. After the conference, please call his office at (610) 667-1888 to schedule an appointment.

Dr. Joel Beck of Bay Area Aesthetics Surgery
Dr. Beck will be offering personal consultations while at the Keystone Conference in his suite. Please call (650) 570-6066 or stop in at Provider Room 104.

Dr. Mark Zukowski
Dr. Zukowski will be offering personal consultation while at the Keystone Conference. Please contact Dr. Zukowski’s staff at (847) 732-8246 or visit Provider Room 110 to set up an appointment.

Dr. Toby R. Meltzer, MD, PC
Dr. Meltzer and Dr. Burt Webb are offering personal consultations while at the Keystone Conference. Please call (866) 876-6329 to setup an appointment or visit Provider Room 112.

Dr. Alexander Sinclair
Dr. Sinclair will be offering personal consultations while at the Keystone Conference. Please contact Chloe Prince at (330) 826-1422 or visit Provider Room 114.

Alder Health Services
Information about Alder Health Services including: Primary Care/Mental Health Services available to the LGBT community; health information relevant to LGBT; HIV information and resources; safer sex material, including male and female condoms; and upcoming events of interest. Questions? Stop by Provider Room 118.

Dr. Jeffrey Weinzweig
Dr. Weinzweig is offering personal consultations while at the Keystone Conference. Please call (312) 642-0400 to set up an appointment.

Dr. Nelson Howard, DDS
Dr. Nelson Howard will be at the Keystone Conference. Please call his office at (760) 599-6559 to schedule an appointment.

Dr. Julie Nicole
Dr. Nicole will be at the Keystone Conference. Please call (877) 439-2244 to contact her.

Pennsylvania Coalition Against Rape
Working to eliminate all forms of sexual violence and to advocate for the rights and needs of victims of sexual assault. Information on sexual violence and Pennsylvania’s 51 rape crisis centers is available at their table.

Adita Cosmetics
Adita, founder of Adita Cosmetics & Skincare sold in boutique salons across the USA, will be offering Makeovers, Mini Facials & Hair Services. To Schedule an appointment, contact her at (404) 931-8029 to set up an appointment.

Amanda Richards from True Colors TG Make-up Artistry
Amanda will be offering her make-over services during the Keystone Conference. Call her at (610) 216-6394 to schedule an individual session.
Vendor/Service Providers

Amy Horaeae from Just You
Make-up Artist Amy E. Horaeae from Just You will be at the Keystone Conference offering personal transformations. Please contact her at (610) 216-6394 to schedule an individual session.

Ashley's Premier Jewels
Get the right look, right now at Ashley's Premier Jewels. Call (410) 984-6643.

Cassandra Storm Photography
Cassandra and her photographers will be offering breath-taking, professional portraits and selling their detox product line from It Works! that aids in our customers’ looking tighter and toned for their portrait session. To make an appointment, please visit Cassandra in the Day Room or call her at (717) 877-3124.

ClothesChark
FABULOUS Women’s and Men’s Apparel, All Sizes. Accessories too! Purses~Scarfs~Hats~Belts... Jewelry is also Vintage~Trendy~Unique. ALL items are in Pristine Quality Condition, new and pre-owned. Offering Chicos, Talbots, Jones of NY, Designer’s, St.John’s, BCBG, Express, Nine West, Steve Madden, etc...Special request, and questions are welcome don’t hesitate, just ask! Call (570) 762-6795.

Cookie Lee Jewelry—Cindy Bankert
Cookie Lee Jewelry is affordable fine fashion jewelry. You can shop and have your jewelry the same day. (717) 965-2251.

Donna’s Hair Studio and Spa
Donna will be selling the latest styles of Raquel Welch, Rene of Paris and Henry Margu wigs as well as doing wig maintenance and styling. Her specialty is up-dos. Please call her at (609) 540-1812 to schedule an appointment or to have your wig styled at the conference.

Equality Pennsylvania
Establishing a comprehensive network of individuals and organizations united in securing equal rights for the LGBT community in the Commonwealth of Pennsylvania.

The Finished Line

Jamie Austin of Austin Angels
Jamie Austin from Austin Angels will be offering make-over and photo services during the Keystone Conference. Reservations are highly encouraged so contact him at (508) 360-6282 to book a session.

Kathe Perez
Come see a demonstration of Eva (Exceptional Voice App), the world’s first transgender voice training mobile app. Eva is a suite of voice training mobile application products. She was born out of the ever-growing need we all have to make efficient use of our time and energy. It’s no surprise how difficult it is to change a voice. Eva will guide you step-by-loving-step over a series of lessons and courses. She will work tirelessly on your behalf to instruct beginners through advanced students on your journeys to a beautiful voice. You can reach Kathe by telephone at 1-866-4-MY-VOICE or by email at kathe@exceptionalvoice.com. Kathe is available for private coaching this weekend.

Klimaxx Unlimited
High end costume jewelry sales, elegant evening clutches and handbags, wigs, accessories and much more! Make up (theatrical and glamour), eyelashes, body make up etc. On sight professional make up artist. Call Hera at 917-297-6930 or Milchele at 314-324-8482 to set-up an appointment.

Lace Me Up Wigs
Terri and Tia offer exceptional quality, Human Hair, Customizable Full Lace Wigs made according to your specific head measurements to provide a perfect fit. Please visit them in the vendor area for a personal consultation and fitting or call (800) 932-1779.

Lee Nails
Located in the shopping mall strip behind the hotel, is offering 10% off all pedicure and manicure packages. Show them a coupon card to receive $5 off of a full set and $3 off a pedicure. Coupon cards available at the registration desk. Call (717) 564-0690.

“A Celebration of Gender Diversity”
**Vendor/Service Providers**

**Lynn Skinner**  
Available for personal consultations, Lynn can help you achieve that feminine voice through song (and have a little fun in the process!). Please call her at (303) 641-8865.

**Martini Enterprises (Classic Curves International, Pals Breast & Body Shaping)**  
Polymer breast forms and accessories. Contact Maryanne at (602) 509-0401 with questions.

**Planned Parenthood Keystone**  
Planned Parenthood Keystone provides caring, confidential, essential health care and testing for all women, men and young people. Call (800) 935-0689.

**Satori World Medical**  
Satori World Medical’s Global Transgender Program offers individuals access to a high quality network of US and international hospitals and highly trained gender reassignment surgeons, at significant cost savings on surgical procedures. Satori provides all travel and related services to make this transition as stress free as possible. Satori has contracted with the top gender reassignment surgeons around the world to provide the best services to our clients. Contact Kevin at (619) 786-4850 or stop by the booth in the vendor area.

**Scarlett’s Sexy Make-overs**  
Scarlett is available for makeup application while at the conference. Please call her at (860) 965-5125 or visit her in the vendor area to set up an appointment.

**Total Makeovers with Elizabeth Taylor**  
Elizabeth Taylor will be providing makeup makeovers, corset and shape wear fittings, and photography in her hotel room at the Sheraton. Makeup and shape wear will be available for purchase. Call her at 757-652-6656 to book your appointment.

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**Need to Contact One of the Providers?**  
Visit our website www.Keystone-Conference.org for their web and email addresses

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**Bingo Betty says “THANK YOU” to all Bingo Prize Providers**

A Special thanks to those individuals, businesses and organizations that donated prizes for our annual charity Bingo. All proceeds go to help LGBT youth in Central Pennsylvania.

**Amanda Richards**  
True Colors TG Make Up Artistry  
www.truecolorstg.com

**Eden Carlsen-Roussell**  
Prodigalson Ventures  
www.thebreastformstore.com

**Amy James**  
Just you Glamour Boutique  
www.crossdresslasvegas.com

**Maryanne Milano**  
PALS Breast Form/Body Contours  
www.supergelproducts.com

**Adita**  
Adita Cosmetics  
www.aditacosmetics.com/

**Donna Miller**  
Donna’s Hair  
www.donnashair.com/

**Cassandra Storm**  
Picture Perfect Photography  
cassandrastorm.com/

**Cindy Bankert**  
Cookie Lee Jewelry  
www.cookielee.com/

**Randi Wallace**  
Mary Kay Cosmetics  
www.marykay.com/

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2014 Keystone Conference
LGBT Community Center of Central Pennsylvania
1306 N. Third Street
Harrisburg, PA 17102
(717) 920-9534
www.centralpalgbtcenter.org

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Find the Keystone Conference 2014 Gallery
Enter Password: 23359-key14
Prints and digital downloads available for purchase online.

Call 717-887-3124 or Email: Cass@CassandraStorm.com
to book your portrait sitting or with any questions regarding your photographs.

“A Celebration of Gender Diversity”
Dr. Cerise Richards  
**Clinical Professor of Urology**  
Dr. Cerise Richards is a retired Urological Surgeon with a fifty-year understanding of Transgenderism. She was a former Clinical Professor of Urology and Chief of Urology at the DC VA Medical Center, where she has cared for Transgendered patients. She is a distinguished member of the Cosmos Club of Washington and her Biography appears in Marquis’s Who’s Who in America and the World. In 2007 she presented her first workshop “Brain Gender Identity” to the Alliance for Gender Awareness at Rutgers University. She has presented updates of BGI annually at Keystone. In 2010 she gave a Keynote at Fantasia Fair entitled “The Transgender Continuum”. In 2010 she chaired and presented at the IFGE Doctor's Day in Wash. DC. At Keystone 2012 she delivered a Keynote entitled, “Are you TG, TS or Both?” In 2012 she successfully nominated TCPA for the first LGBT organization award in Harrisburg. She is the former Medical Writer for Transgender Forum, Renaissance Community News and Transgender Education Association, where she has written over 50 medical articles. In 2009 she chaired a Symposium at the American Psychiatric Association's Annual Meeting with Drs. Spack and Diamond entitled "The Neurobiological Evidence for Transgenderism". Twenty years of Scientific Research in human brains has lead to the inescapable conclusion that Brain Gender Identity is determined in the womb. She has shown in multiple workshops how Transgender Brains think, smell, and hear like the opposite sex. Her presentation will continue with the accumulating genetic evidence for her conclusion that "Transgenders are Born to Think as Male and Female, so they are neither Male nor Female solely, but Both.”

Arlene Lev  
**Acclaimed social worker, family therapist, educator, and writer**  
Arlene (Ari) Istar Lev LCSW-R, CASAC, is a social worker, family therapist, educator, and writer whose work addresses the unique therapeutic needs of lesbian, gay, bisexual, and transgender people. She is the Founder and Clinical Director of Choices Counseling and Consulting providing individual and family therapy and the Director of TIGRIS—The Training Institute for Gender, Relationships, Identity, and Sexuality, a training program in Albany, New York. Arlene has authored numerous journal articles and essays including authoring two books: The Complete Lesbian and Gay Parenting Guide and Transgender Emergence: Therapeutic Guidelines for Working with Gender-Variant People and their Families winner of the American Psychological Association (Division 44) Distinguished Book Award, 2006.

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Ted Martin
**Executive Director of Equality Pennsylvania**
Ted is the Executive Director of Equality Pennsylvania, the state's leading lesbian, gay, bisexual and transgender (LGBT) political advocacy organization. He is also a native Pennsylvanian, a longtime LGBT activist, and non-profit professional. Ted has worked in several varied administrative and communications capacities over the past two decades. Starting his career as a Legislative Assistant and the Deputy Chief of Staff of a sub-committee of the Education and Labor Committee of the US House of Representatives, Ted has subsequently worked in the field of architectural preservation, communications, and marketing. He is also a busy volunteer and serves on the boards of several non-profit organizations including Equality Federation and the LGBT Community Center Coalition of Central Pennsylvania. He and his husband, Dwayne, reside in Camp Hill outside of Harrisburg and were married on June 19, 2008 in La Jolla, California.

Representative Brian Sims
**State Representative for the 182nd Legislative District, Philadelphia County**
State Representative Brian K. Sims is a distinguished policy attorney and civil rights advocate from Center City Philadelphia. The former staff counsel for policy and planning at the Philadelphia Bar Association, he recently stepped down as both the president of the board of directors of Equality Pennsylvania and as chairman of Gay and Lesbian Lawyers of Philadelphia (GALLOP). He also has extensive experience as a guest lecturer. He earned a bachelor of science degree from Bloomsburg University of Pennsylvania and a juris doctor degree in international and comparative law from the Michigan State University College of Law.

He is dedicated to making Philadelphia safer, strengthening and protecting public education, preserving services for seniors and other vulnerable Pennsylvanians, making affordable health care more available, expanding civil rights for all Pennsylvanians, preserving our environment while investing in alternative energy, creating jobs and cleaning up Harrisburg.

Mara Keisling
**Executive Director of the National Center for Transgender Equality**
Mara is the founding Executive Director of National Center for Transgender Equality (NCTE). A Harrisburg, Pennsylvania native, Mara came to Washington after co-chairing the Pennsylvania Gender Rights Coalition. Mara is a transgender-identified woman who also identifies as a parent and a Pennsylvanian. She is a graduate of Penn State University and did her graduate work at Harvard University in American Government. She has served on the board of Directors of Common Roads, an LGBTQ Youth Group, and on the steering committee of the Statewide Pennsylvania Rights Coalition. Mara has almost twenty-five years of professional experience in social marketing and opinion research.

Dr. Wayne Maines
Dr. Wayne M. Maines has a Bachelor of Science Degree from Cornell University and a Doctor of Education Degree in Safety Management and Education from West Virginia University. He likes to say his job is to protect people and their communities. In 2007 Wayne came to the realization that he did not have the skills he needed to protect his own children. He did not have the insight or courage to recognize his own failures. That all changed when adults started to fear his baby girl. Wayne is the proud father of identical twins, one boy and one girl. His beautiful daughter Nicole is transgender.

Wayne often writes for the Huffington Post describing the challenges of a semi-conservative, past NRA Shooting Sport Instructor and Veteran is raising a transgender child. He has conducted many lectures in higher education and schools to help people understand transgender youth, support transgender rights and challenge them to promote change.

Wayne Maines and his daughter Nicole were the keynote speakers the 2011 GLAD banquet held in Boston, MA. He was also the featured speaker for the Maine ACLU 2011 awards banquet, in which the Maines family received the Roger Baldwin Award, the ACLU’s highest award for civil right advocacy. He and his family live in Maine and are involved in the first transgender discrimination case in the nation to go to a State Supreme Court.
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**Keystone Schedule 2014**

**Friday, March 28th & Saturday, March 29th**

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