Dr. Sherman Leis, Board Certified in general surgery and plastic and reconstructive surgery, is a medical school professor of surgery, director of residency training in plastic surgery, and has over 30 years surgical experience.

**SURGICAL PROCEDURES**

**Facial Feminization Surgery (FFS)**
- Forehead/brow lift, bone contouring
- Rhinoplasty (nasal contouring)
- Chin, jaw & cheek augmentation/reduction
- Upper lip shortening, lip augmentation
- Thyroid cartilage
  - (Adam’s Apple) reduction
- Blepharoplasty (eyelid surgery)
- Rhytidoplasty (face lift)

**Top Surgery (Chest Reconstruction)**
- Breast augmentation or lift
- Breast reduction or removal

**Bottom Surgery And Body Contouring**
- Male-to-female reassignment
  - Labiaplasty, vaginoplasty
- Female-to-male reassignment
  - Phalloplasty
- Buttock augmentation
- Liposuction
- Abdominoplasty (tummy tuck)
- Revision of previous surgery problems
- On-site accommodations
- Financing available

Make your dreams come true . . . with personalized and highly customized treatment plans for your special needs.

For more information and to schedule a private consultation, call 610-667-1888 or email: DrShermanLeis@DrShermanLeis.com

See Dr. Leis’ Keystone Conference Schedule on Pages 24 & 25
Welcome!
The members of TransCentralPA and the Keystone Conference staff welcome you to the ninth annual Keystone Conference, "A Celebration of Gender Diversity." We hope that you have an enjoyable, informative and inspirational time with the many people of the transgender community who gather with us here for several amazing days at the Sheraton Harrisburg-Hershey hotel.

Pennsylvania has long been known as the Keystone State due to its significance in unifying the early colonies during a divisive time. This year we find Pennsylvania and our nation, our friends and our families, all bitterly divided as a result of the November 2016 election. With political beliefs, acrimonious arguments and the acts and attitudes of our elected representatives separating us from one another, the symbol and meaning of the keystone is helpful and so relevant in its positive act of bringing us together. This year’s conference theme centers on the ways that transgender people, a historically oppressed and marginalized community, can bridge what separates us to arrive at a place of cohesion and common understanding—and love.

To those of you who are once again coming to gather here to Keystone: thank you! For those of you joining us for the first time: thank you, and welcome! We truly hope all of you will enjoy your experience, find comfort, make meaningful friendships and find a way towards restoring your faith in the power and common purpose that all transgender people share.

With love and solidarity,
Jeanine Ruhsam
Kristy Snow
Joanne Carroll
Co-Chairs, the Keystone Conference 2017
Thank You to our Conference Sponsors!

Dr. Kathy Rumer  
*Rumer Cosmetic Surgery*  
www.RumerCosmetics.com  
(484) 416-0606  
See ad on Centerfold (pages 44-45)

Hahnemann University Hospital  
*High Quality Care*  
www.hahnemannhospital.com  
(215) 762-7000  
See ad on page 60-61

Dr. Sherman Leis  
*Philadelphia Center for Transgender Surgery*  
www.TheTransgenderCenter.com  
(610) 667-1888  
See ad on pages 24 & 25 and front inside of the program booklet

Dr. Toby Meltzer  
*Plastic and Reconstructive Surgery*  
www.tmeltzer.com  
(866) 876-6329  
See ad on page 55

Alder Health Services  
*Improving the health of LGBT Individuals*  
www.AlderHealth.org  
(717) 233-7190  
See ad on back cover

Dr. Marci Bowers  
*Gynecology—Surgery*  
www.MarciBowers.com  
(650) 570-2270  
See ad on page 67

Dr. Michele Angello  
*Clinical Sexologist and Gender Specialist*  
www.MicheleAngello.com  
(610) 917-8561  
See ad on page 64

Dr. Mark Zukowski  
*Zukowski Center for Cosmetic Surgery*  
www.MLZukowski.com  
(847) 853-8869  
See ad on page 46
GREETINGS:

It is my pleasure to join with TransCentralPA to welcome everyone for the 9th Annual Keystone Conference, A Celebration of Gender Diversity.

William Penn founded Pennsylvania on the basis of fairness and tolerance, and I believe we must continue to be a place that pays faithful tribute to those core values. Pennsylvania is committed to being an environment that supports greater diversity and inclusion. I commend TransCentralPA for continuing our founding father’s legacy by advocating for acceptance through education, social involvement, and outreach endeavors. Since its inception, the Keystone Conference has sought to unify, educate and elevate the trans-identifying community and its allies. This organization and its partners have touched the lives of many by providing resources, support, and encouragement throughout the commonwealth.

For those in attendance, I am proud to recognize your determination to face and overcome adversity. I commend your commitment to breaking down barriers and celebrating individuality. I am certain that your example of conviction, compassion, and camaraderie will inspire others for years to come.

As Governor, and on behalf of all the citizens of the Commonwealth of Pennsylvania, I am delighted to welcome you all to our capital city of Harrisburg. Please accept my best wishes for an enjoyable and memorable conference.

TOM WOLF
Governor
March 22-26, 2017
Help, hope and healing is here for survivors of sexual violence in PA.

www.pcar.org
2017 Important Information

Conference Admittance
Your name badge is required for admittance to all seminars, meals and events during the Keystone Conference. You will be asked to retrieve your Name Badge if you forgot it. It is also a great way to introduce yourself to others and get to know as many people as you can.

Keystone Conference Registration Desk Hours:

<table>
<thead>
<tr>
<th>Day</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday</td>
<td>1:00 pm - 7:00 pm</td>
</tr>
<tr>
<td>Thursday</td>
<td>8:00 am - 5:30 pm</td>
</tr>
<tr>
<td>Friday</td>
<td>8:00 am - 5:30 pm</td>
</tr>
<tr>
<td>Saturday</td>
<td>8:00 am - 6:30 pm</td>
</tr>
</tbody>
</table>

Hungry?
Don’t lose your meal tickets! They are required to gain access to the lunch and dinner events—no exceptions! If you have special dietary restrictions, special meals must be ordered in advance. Special dietary arrangements require a special ticket. Any questions or concerns please contact the Keystone registration desk.

All meals are located in the Commonwealth Ballroom.

Evening Receptions
The Wednesday & Thursday receptions will be in the Sheraton’s Dog & Pony Lounge. Friday’s reception is in the Sheraton’s Vendor Area (Pennsylvania Ballroom). Friday’s Family & Youth reception is in the hotel lobby of the Red Lion Hotel. The Saturday Keystone Gala reception is in the Sheraton’s Assembly Area outside the Commonwealth Ballroom.

Evening Activity Tickets
For those of you who have signed up for our off-site evening activities, please keep these tickets with you. To ensure we have a seat reserved for you on the bus (and at the restaurant) please have your tickets with you before leaving the hotel on Wednesday, Thursday and/or Friday night. Space is limited on the bus and at the restaurants so you must have a ticket.

Special Note for Friday Night Restaurant Patrons: There are two departure times depending upon which restaurant you are dining at. Please be on-time for your bus to your restaurant!

Donate Your Unused Tickets
If you are not planning on using one of your meal or evening activity tickets, please drop it off at the registration desk so someone else can benefit from it. There are several members of our community who could use a little extra help.

TransCentralPA
Transgender Education Association of Central Pennsylvania
www.TransCentralPA.org

“A Celebration of Gender Diversity”
Buses
Buses leave promptly from the front of the Sheraton at the time advertised. We will announce the departure in the Sheraton’s hotel foyer as well as in the Sheraton’s Dog & Pony Lounge. Please help us present a positive image by tipping the bus drivers to our destination as well as back to the hotel ($1 each way).

Wednesday’s bus for the Dinner at .note Bistro & Wine Bar leaves at 6:00 pm; Lancaster Brewery leaves at 6:30 pm. The bus for the Dinner at Car-rabba’s leaves at 7:30 pm.

Thursday’s buses for Hollywood Casino & Penn National Racetrack leave at 6:00 pm. PHOTO ID IS REQUIRED TO ENTER THE CASINO (The casino cares about the ID, not the photo).

Friday’s busses for dinner in downtown Harrisburg leave at either 6:15 pm or 6:45 pm depending upon which restaurant you are dining at. Please ensure you know which time you are leaving.

Keystone Vendor Area
Don’t forget to visit our vendor area across from the Sheraton’s hotel lobby in the Pennsylvania Ballroom. The vendor area is open Thursday and Saturday from 8:30 am to 4:30 pm. On Friday, the vendor area is open until 6:30 pm and the location of the Friday Reception. Need Caffeine? The sponsors and vendors are offering complimentary coffee in the Vendor Area during the morning.

Restrooms
The hotel has public restrooms on the third and first floors. Please use the hotel’s public restrooms in an appropriate manner and respectfully of other attendees. No restrooms are to be used for undressing or changing clothing.

Provider Rooms
Several of our sponsors have their own individual rooms that are open throughout the day on Friday and Saturday at the Sheraton. These ‘Provider Rooms’ are located on the first floor of the hotel, just down the hall from the conference workshop rooms. Please see their ads throughout the book for their specific room assignment.

Spouse/Significant Other Sanctuary
The "Spouse & Significant Other Sanctuary" is a refuge, open daily from 9:00 am to 5:00 pm to all spouses and significant others of transgender partners ONLY. It is a place where you, the partner of a transgender person, can relax and speak freely to other spouses and significant others. In the evening, the SO Sanctuary is opened further to spouses/SO's and their trans-partners for various receptions.

Keys for the sanctuary may be obtained from our sanctuary leaders or from the Keystone Conference Registration Desk. Our sanctuary leaders are always just a phone call away to offer their shoulder, support, encourage and stand with you. You may contact them at (717) 508-7292. Please join us in supporting each other--there is hope and help, together.

Continuing Education Workshops
This program is co-sponsored by Bryn Mawr College Graduate School of Social Work and Social Research. As a CSWE accredited program, the Graduate School of Social Work and Social Research at Bryn Mawr College is a pre-approved provider of continuing education for social workers in Pennsylvania and many other states. You must attend a minimum of two workshops to qualify for credit. Announce at the registration desk that you are a CE Registrant. You are required to complete and turn in a Participant Workshop Evaluation form for each qualifying workshop that you attend. All are welcome to attend these workshops.
We have arranged a selection of informative sessions for Educators on Saturday, March 25th which are marked in our schedule with the blue 'Ed' icon. Although these workshops have been specifically drafted with educators in mind, you are welcome to attend any of the workshops at Keystone. All are welcome to attend these workshops as well.

Education and socialization are two vital tools to help us find personal satisfaction, gain acceptance and realize our goals of achievement; and we are providing both, here at the Keystone Conference, for transgender & gender-questioning youth and their families. Family and Youth programming are marked in our schedule with a green 'FY' icon. Although all are welcome to attend these workshops, they are targeted specifically to families of trans and gender-expansive youth.

**Helping Hand**
Nervous? Need a friend with a warm smile? If you are feeling a bit faint-hearted, consider connecting with Keystone's Helping Hand program. These volunteers are here to answer questions and help put aside any fears you may have about facing the world as you take those first steps out of the 'proverbial closet.' They are neither babysitters nor guidance counselors, but rather a friendly face with a warm heart that can help give you a good advice beginning. If this is your first time, we're sure you are feeling extremely apprehensive, worried and nervous about being in a public setting. Well, our goal is to provide a meaningful and enjoyable opportunity so that you will feel comfortable with yourself. Please call 717-216-7649 if you would like a helping hand.

**Keystone Co-Events**
New this year are Co-Events. Keystone Co-Event are not directly associated with the Keystone Conference, but are activities/events hosted by trusted organizations, businesses and people who are extending a special invitation to all Keystone participants.

**Smoking**
Both hotels are non-smoking facilities. All smoking must be done outdoors in designated areas. The hotels by law can impose fines for infractions.

**Lost & Found**
Please check the hotel's front desk for lost & found. All items turned into us at the Keystone registration desk are subsequently turned in to the hotel where the item was found.

**Personal Conduct & Appearance**
Participants are expected to dress appropriately for public gathering. Please use discretion and remember that you are representing our community. Formal, semi-formal and business attire are appropriate for Saturday’s Keystone Gala. Individuals who are disruptive, disorderly or display negative images of transgender and gender expansive people at Keystone outings and events may be asked to leave by the conference management team or the hotel staff, no refunds forthcoming. Anyone asked to leave by the hotel security will also be banned from the conference. Please be mindful of the effects of alcohol and drink wisely. Above all, remember: you are a representative of the Trans community, so be a kind, polite and respectful one. Please be courteous of other guests in the hotels.

**Photo Policy**
Before taking any photos, you must get the permission of anyone you may capture on film or video tape including those in the background. Please respect those that do not desire to have their picture taken. Please no photos during the presentations without the consent of the workshop leader.

**ATM**
An ATM is located in the Sheraton’s hotel gift shop which is next to the hotel’s registration desk.
Workshop & Event Locations
The 3rd floor is the main floor of the hotel and is where the hotel front lobby, bar, restaurant, Pennsylvania Ballroom (Vendor Area), Day Room (photographer) and the Commonwealth Ballroom (meals) can be found. On Friday and Saturday, workshops located in Salon A, B and C are found on this floor as well.

On the 1st floor, you will find the back entrance to the hotel and majority of the workshops on all three days. Rooms 101 and 102 are located just down the hall from the workshop rooms. On the 2nd floor you will find the hotel pool and fitness center. And finally, there are several activities that take place in the Sheraton Suites. Suite 1008 is located on the 10th floor while Suite 543 (SO Sanctuary) is located on the 5th floor.

Any Problems?
If you have any problems with another conference attendee, hotel guest, hotel staff or anyone on the property or any other problem at all, contact the conference management staff—they wear the red name badges so you can find them easily. Please be mindful of others in the hotel and show them the respect and courtesy we expect even if they may not treat us with the respect we deserve. Let the hotel staff resolve any problems.

How to Read the Schedule

<table>
<thead>
<tr>
<th>Day &amp; Time of Event</th>
<th>Continuing Education Workshop</th>
<th>Room Name/Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday 9:00 am</td>
<td>Where Are You Going and How Will You Know When You Get There? Alexis Lake</td>
<td>Birch</td>
</tr>
</tbody>
</table>

An interactive workshop that will explore the range of answers to the question "What is your destination? Male? Female? Trans? Other? How and why did you decide that? Do you have a course laid out? How fast or slow will you go? When will you arrive, and how will you know you are there? Who have been your role models both positive and negative? Will you enjoy the journey? What is right for YOU? Let's talk!
Sheraton Hotel Layout

Lobby (Main) Level—Registration, Receptions, Meals & Vendor Area

Salon A  Salon B  Salon D

Assembly Area

Elevators

Salon C

Salon E

To Vendor Area & Registration Desk

Lower Level (First Floor)—Conference Workshop Rooms & Provider Rooms

Ash  Birch  Chestnut  Dogwood

Provider Rooms

Hemlock  Fir  Elm

Elevators

Restroom

Restroom

“A Celebration of Gender Diversity”
For those of you that are attending the Keystone Conference for the first time or feel you need a little moral support, join Jenny Jensen as she hosts 'Tea Time with Jenny.' It’s an informal gathering of first timers, newcomers and anxious attendees in a comfortable and discreet setting. It’s an opportunity for those that are unsure of themselves and want to start off their Keystone experience on a good footing, learn a little more about the conference and how it can help them.

We can also provide you with a Big Sister or Big Brother to help you get through the apprehension, worry and nervousness you might be feeling attending the Conference. Start the Keystone Conference off on a positive and enjoyable note.
Wednesday 5:00 pm
Pre Kick-off Dinners Meet & Greet
Dog & Pony

Gather in the Sheraton’s Dog & Pony Lounge for some social time before we head out to the various kick-off restaurants. Pay special attention to your bus departure times.

Don’t forget your bus ticket!

Wednesday 6:00 pm
Kick-off Dinner at .Note Bistro and Wine Bar
Hosted by Kristy Snow
Front Lobby

.Note Bistro & Winebar, located in the heart of midtown Harrisburg, is a 1910 Victorian home that has been repurposed into a warm and inviting establishment. Owners Ruth Prall and Michael Giblin strive to make note. a comfortable “neighborhood” gathering place for local residents. .Note features a menu that pairs European inspired cuisine with a modern flair with an interesting and eclectic (and growing!) wine list. Chef Emi Starr oversees a seasonal menu that spotlights local ingredients for her signature menu dishes, as well as inspired and creative daily specials. Dinner is at the individual's expense.

Bus leaves the hotel lobby promptly at 6:00 pm. Don’t forget your bus ticket!

Wednesday 7:00 pm
Kick-off Dinner at Lancaster Brewery/After-Hours Shopping at Dress Barn
Hosted by Jenny Jensen & Coleen O’Donnell
Front Lobby

Join Jenny and Coleen for dinner at the Lancaster Brewery followed by a private, after-hour shopping trip to Dress Barn. Lancaster Brewery specializes in fresh, local and sustainably grown products including house-made sausage and cured meats, locally made cheeses, hand-cut fries and signature burger grind. Afterward, the bus will take you for some after-hour shopping and champagne social at Dress Barn. The welcoming Dress Barn staff is excited to assist you in finding your proper size and style as well as answer any questions that you may have. This is an exclusive event and space is limited so you must sign up for this event during registration!

Bus leaves the hotel lobby promptly at 7:00 pm. Don’t forget your bus ticket!

Wednesday 7:30 pm
Kick-off Dinner at Carrabba’s Italian Restaurant
Hosted by Suzane Oliva
Front Lobby

Need to eat a little later? Join us for our late kick-off dinner at Carrabba’s in Mechanicsburg. Carrabba’s offers flavorful, handmade Italian dishes prepared to order in a lively exhibition kitchen. Guests enjoy Carrabba family recipes handed down for generations including crispy calamari, homemade lasagna and a variety of fresh fish, seafood and meats cooked over our wood-fired grill. Transportation provided by the conference to and from the restaurant. Dinner is at the individual's expense. Entrees priced $15 to $28.

Bus leaves the hotel lobby promptly at 7:30 pm. Don’t forget your bus ticket!

Wednesday 9:00 pm
Musical Entertainment in the Dog & Pony Lounge
Indian Summer Jars
Dog & Pony

Indian Summer Jars creates a sound that is unique and upbeat, dynamic and bold. Expect high energy performances with harmonies and vocals reminiscent of Indigo Girls and Natalie Merchant. With creative guitar tunings and strong, earthy rhythms, ISJ brings you uplifting songs inspired by travel, discovery, growth and transformation. There is no doubt this music will stir your soul! Visit their website at www.ISJband.com.

“A Celebration of Gender Diversity”
**Thursday Overview**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Presenter</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 AM</td>
<td>&quot;Good Morning Keystone!&quot; Workout @ 7 am</td>
<td>Cheryl Katon</td>
<td>Workout Area</td>
</tr>
<tr>
<td>9:00 AM</td>
<td>SO Sanctuary</td>
<td>SO Directors</td>
<td>Suite 543</td>
</tr>
<tr>
<td></td>
<td>Spouse &amp; Significant Other Coffee, Donuts &amp; Sanctuary</td>
<td></td>
<td>Suite 543</td>
</tr>
<tr>
<td></td>
<td>Where Are You Going and How Will You Know When You Get There?</td>
<td>Alexis Lake</td>
<td>Elm</td>
</tr>
<tr>
<td></td>
<td>Providing Support Systems for Transgender Inmates</td>
<td>David Radziewicz</td>
<td>Hemlock</td>
</tr>
<tr>
<td></td>
<td>Navigating My Health Before/During/After Transition</td>
<td>Liz Leen</td>
<td>Ash</td>
</tr>
<tr>
<td></td>
<td>Transgender Spirituality</td>
<td>Kenneth Dollarhide</td>
<td>Chestnut</td>
</tr>
<tr>
<td></td>
<td>Finding the Best Wig for Your Face Shape</td>
<td>Laurie Chism</td>
<td>Dogwood</td>
</tr>
<tr>
<td>10:00 AM</td>
<td>Tea Time with Jenny</td>
<td>Jenny Jensen</td>
<td>Restaurant</td>
</tr>
<tr>
<td>10:30 AM</td>
<td>Expectations (For Significant Others Only)</td>
<td>Alexis Lake</td>
<td>Elm</td>
</tr>
<tr>
<td></td>
<td>Transgender People to the Table: Setting the Tone for Change in Pennsylvania</td>
<td>Naiymah Sanchez</td>
<td>Fir</td>
</tr>
<tr>
<td></td>
<td>Gender Fluid</td>
<td>Sandra Stewart</td>
<td>Ash</td>
</tr>
<tr>
<td></td>
<td>How Do I Take Care of Me Without Forgetting About You?</td>
<td>Amy Keisling</td>
<td>Birch</td>
</tr>
<tr>
<td></td>
<td>Feminizing the Male Face without Surgery</td>
<td>Amanda Richards</td>
<td>Dogwood</td>
</tr>
<tr>
<td>11:00 AM</td>
<td>Introduction to Being Photographed</td>
<td>Cassandra Storm</td>
<td>Day Room</td>
</tr>
</tbody>
</table>

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**The Vanity Club**

Best Wishes for a successful and fun Keystone Conference

www.vanityclub.com

“A Celebration of Gender Diversity”
### Thursday Overview

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Presenter</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>12:00 PM</strong></td>
<td><strong>Thursday Luncheon, &quot;Recognizing Veterans&quot;</strong></td>
<td>Col. Sheri Swokowski</td>
<td>Commonwealth</td>
</tr>
<tr>
<td></td>
<td><strong>Ladies Who Lunch: Dining en Femme</strong></td>
<td>Andrea Ziff</td>
<td>Dog &amp; Pony</td>
</tr>
<tr>
<td><strong>1:30 PM</strong></td>
<td><strong>Debutante Outing</strong></td>
<td>Debutante Sisters</td>
<td>Front Lobby</td>
</tr>
<tr>
<td><strong>2:00 PM</strong></td>
<td><strong>'National Geographic: Gender Revolution: A Journey with Katie Couric' (film)</strong></td>
<td>Hemlock</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>The Gender Spectrum and Beyond</strong></td>
<td>David Bathory</td>
<td>Elm</td>
</tr>
<tr>
<td></td>
<td><strong>Unleashing Your Inner Muse: Creativity with a TG Twist</strong></td>
<td>Jenny North</td>
<td>Fir</td>
</tr>
<tr>
<td></td>
<td><strong>How to Transition Successfully on the Job</strong></td>
<td>Victoria Datta</td>
<td>Ash</td>
</tr>
<tr>
<td></td>
<td><strong>Getting Out and About</strong></td>
<td>Jan Brown</td>
<td>Birch</td>
</tr>
<tr>
<td></td>
<td><strong>The Civil Rights of Identity Intersectionality and the Relationship to &quot;Religious Freedom&quot;</strong></td>
<td>Dogwood</td>
<td></td>
</tr>
<tr>
<td><strong>3:30 PM</strong></td>
<td><strong>Know Your Rights When Stopped by the Police</strong></td>
<td>Julie Zaebst</td>
<td>Fir</td>
</tr>
<tr>
<td></td>
<td><strong>Successfully Traveling by Air while Presenting En-Femme</strong></td>
<td>Geeta Tg</td>
<td>Ash</td>
</tr>
<tr>
<td></td>
<td><strong>Relationship Priorities – Languaging and Negotiation: An approach to keeping the relationship together while transitioning</strong></td>
<td>Judith Bienvenu</td>
<td>Birch</td>
</tr>
<tr>
<td></td>
<td><strong>My Transgender Journey</strong></td>
<td>Sheri Swokowski</td>
<td>Dogwood</td>
</tr>
<tr>
<td><strong>4:15 PM</strong></td>
<td><strong>DIY Couture</strong></td>
<td>Susannah Robinson</td>
<td>Elm</td>
</tr>
<tr>
<td><strong>5:00 PM</strong></td>
<td><strong>Couples’ Wine &amp; Cheese Social</strong></td>
<td>SO Directors</td>
<td>Suite 543</td>
</tr>
<tr>
<td></td>
<td><strong>Thursday Reception</strong></td>
<td></td>
<td>Dog &amp; Pony</td>
</tr>
<tr>
<td></td>
<td><strong>Friends of Bill W. Meeting</strong></td>
<td></td>
<td>Ash</td>
</tr>
<tr>
<td><strong>5:30 PM</strong></td>
<td><strong>Central PA Gay &amp; Lesbian Chamber of Commerce Mixer</strong></td>
<td>TransCentralPA</td>
<td>Assemble Area</td>
</tr>
<tr>
<td><strong>6:00 PM</strong></td>
<td><strong>&quot;Killing for the Crown&quot; Mystery Dinner</strong></td>
<td>Cheryl Katon</td>
<td>Salon A</td>
</tr>
<tr>
<td></td>
<td><strong>Hollywood Casino &amp; Penn National Race Track</strong></td>
<td>Suzane Oliva</td>
<td>Front Lobby</td>
</tr>
<tr>
<td><strong>6:30 PM</strong></td>
<td><strong>Keystone Bingo!</strong></td>
<td>Jenny Jensen</td>
<td>Salon C</td>
</tr>
<tr>
<td><strong>8:30 PM</strong></td>
<td><strong>Karaoke in the Dog &amp; Pony Lounge</strong></td>
<td>TBA</td>
<td>Dog &amp; Pony</td>
</tr>
<tr>
<td><strong>9:30 PM</strong></td>
<td><strong>Couples’ After Party Reception</strong></td>
<td>SO Directors</td>
<td>Suite 543</td>
</tr>
<tr>
<td></td>
<td><strong>Keystone Dance Party</strong></td>
<td>Ray Smith</td>
<td>Salon E</td>
</tr>
</tbody>
</table>
Good Morning Keystone!" Workout
with Cheryl Katon
Fitness Center

Thursday 7:00 am

Join Cheryl for this quick, 20-minute workout which will include yoga, stretching as well as a little cardio and dance. With only 20 minutes you won’t see results during the conference, but maybe you’ll be inspired to create and stick with your new ‘Keystone’ Resolution! You’ll have fun with everyone and each routine will help you trim and re-define your shape to enhance your figure. Be sure to wear work out attire and tennis shoes and don’t forget your water bottle and yoga mat (if you’ve got one). This is a great way to start your day in a judgement free environment among friends. The journey to a new and healthier you starts now.

This is a Keystone Co-Event

Thursday 9:00 am

SO Sanctuary
Suite 543

The “Spouse & Significant Other Sanctuary” is a refuge, open daily from 9:00 am to 5:00 pm to all spouses and significant others of transgender partners ONLY. It is a place where you, the partner of a transgender person, can relax and speak freely to other spouses and significant others. In the evening, the SO Sanctuary is opened further to spouses/SO’s and their trans-partners for various receptions.

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Spouse & Significant Other Coffee, Donuts & Sanctuary
Hosted by the SO Program Directors
Suite 543

Come meet other spouses and significant others for coffee and donuts as we begin the Keystone weekend. This is open ONLY to spouses and significant others of transgender partners. It is a place where you, the partner of a transgender person, can relax and speak freely, from any point of view, to other spouses and significant others. Our sanctuary leaders are here to support you, offer their shoulder, encourage you and to stand with you. Please join us in supporting each other. There is hope and help as a group. For more information, or to contact our Spouse/Significant Other program directors Sara, Karen & Cindy, please call (717) 508-7292.

Where Are You Going and How Will You Know When You Get There?
Alexis Lake

An interactive workshop that will explore the range of answers to the question "What is your destination? Male? Female? Trans? Other? How and why did you decide that? Do you have a course laid out? How fast or slow will you go? When will you arrive, and how will you know you are there? Who have been your role models both positive and negative? Will you enjoy the journey? What is right for YOU? Let’s talk!

This session is designed for anyone who wonders how others think about these questions, including helping professionals. I hope to help people better understand the many different ways of thinking about gender, and presentation, and perhaps to better understand their own travel plans.
Providing Support Systems for Transgender Inmates  
David Radziewicz & Dr. Wayne Popowski  

Incarceration of transgender inmates has troubled many trans-advocates and activists for many years. The support system developed by the Pennsylvania Department of Corrections (PA DOC) with the assistance of TransCentralPA could serve as a model for correctional activities around the U.S. The attendee should come away with an example of a model support system for trans-identified inmates that could be applicable in a variety of locations. In January of 2016, PA DOC determined to create a support system under the provisions of the Prison Rape Elimination of 2004 also known as (PREA). The PA DOC is providing a monthly support meeting for transgender-identified inmates in the PA prison system. Initially, TransCentralPA provided training (Transgender 101) to all 26 Superintendents of the state prisons as well as the Deputy Secretaries, the 26 PREA Managers, the PREA Compliance Managers, and to the members of the PA Prison Society. The support system utilizes the video conference capability available in the units and facilitated by members of the DOC as well as members of TransCentralPA.

Navigating My Health Before/During/After Transition  
Liz Leen  

Navigating Transition is difficult and there are a lot of hoops to jump through. Once the transition is complete what happens next? How do I find an affirming provider? Do I need to come out to my provider(s)? Are there medical exams and tests I should be getting? How do I navigate my health insurance? This workshop will address recommended health care screenings for individuals and provide an open discussion about insurance coverage.

Transgender Spirituality  
Dr. Kenneth Dollarhide  

This seminar will raise the question of why so many religious fundamentalists and dogmatic secularists have problems accepting transgender and transsexual people. In some cases, particularly among religious fundamentalists it seems this prejudice is grounded in a particular translation of a text and/or scripture. In the case of the secularist they often do not want facts to cloud their opinions and so they develop "theories" to explain away transpeople and set themselves up as "experts" in the field of transgender and transsexual studies.

Finding the Best Wig for Your Face Shape  
Laurie Chism  

- Have you ever wondered if your wig is right for your face shape?  
- Have you wondered what coloring matches your skin tone?  
- Have you wondered how to style your wig natural hair as you transition?  
- Have you questioned how to properly care for your hair/wig?  
- Have you wondered what the difference is in a $60 wig and a $600 wig?

If you answered yes to any of these questions this workshop is for you. Join style and lifestyle expert Laurie Chism, in this fun an interactive and educational workshop see your confidence level soar as you learn the skills to expertly style your wig/hair. Laurie Chism will both entertain and inspire the audience on how to choose what wig looks best for face, shape and color. We will also go over different materials in relation to the wigs and the benefits of the different fibers, with this you can make an informed decision on what material is right for your style goals. The hair market can be confusing with so many different price points we will go over the different price points , materials of wigs how to get the best value for your money. We will also go over fact versus myths on wig/hair care Expect to leave this workshop feeling confident, motivated and well informed.

Sponsored by  
Amanda Richards of True Colors TG Makeup Artistry  
Thursday at 6:30 pm in Salon C

“A Celebration of Gender Diversity”
Thursday 10:00 am

**Tea Time with Jenny**
Hosted by Jenny Jensen

For those of you that are attending the Keystone Conference for the first time or feel you need a little moral support, join Jenny Jensen as she hosts 'Tea Time with Jenny.' It’s an informal gathering of first timers, newcomers and anxious attendees in a comfortable and discreet setting. It’s an opportunity for those that are unsure of themselves and want to start off their Keystone experience on a good footing, learn a little more about the conference and how it can help them. We can also provide you with a Big Sister or Big Brother to help you get through the apprehension, worry and nervousness you might be feeling attending the Conference.

Thursday 10:30 am

**Expectations (For Significant Others Only)**
Alexis Lake

This workshop will discuss how to develop and set expectations not only for the conference, but also in your relationships. It's an opportunity to bounce your ideas off of others with similar circumstances. Come share your concerns and ideas in the privacy of other spouses and SOs with therapist Alexis Lake. This workshop is open only to SOs.

**Transgender People to the Table: Setting the Tone for Change in Pennsylvania**
Naiymah Sanchez

What are the biggest challenges facing transgender communities in Pennsylvania? How can trans people work together to effect the policy changes we need to guarantee safety, equality and justice for our communities? Join us for an interactive discussion about opportunities to advocate for our rights and make change in Pennsylvania!

**Gender Fluid**
Sandra Stewart

An exploration into gender identities in general, and a relatively new one specifically. What gender identity did you adopt, which one adopted you. Discussion will ensue!
How Do I Take Care of Me Without Forgetting About You?
Amy Keisling

The trans journey requires a tremendous amount of self-focus in order to navigate its twists and turns. Your relationships with friends and loved ones can ease the pain of traveling this path alone, but sometimes it can be hard to remember to nurture these connections. This workshop will focus on exploring the challenges participants have faced in navigating relationships during the trans journey.

Feminizing the Male Face without Surgery
Amanda Richards

I will cover makeup application techniques to bring out the female in any male. This will include, foundation application, enhancing the shape of your face with contouring and highlighting, eye shadow application, including how to do a smoky eye, and how to get that pouty looking lip. Attendees should bring their pad and paper to take notes, and I will answer any questions throughout the presentation.

Thursday 11:00 am

Introduction to Being Photographed
Cassandra Storm

Cassandra Storm Photography’s Portrait Studio is located in the Day Room just outside of the Commonwealth Ballroom (near the elevators) where everyone gathers for lunch and the Gala. Are you interested in being professionally photographed but nervous to enter the studio for the first time? Not sure what to wear or how to dress or pose? Do not fear, we are hosting a light and informal Meet and Greet with Keystone’s official staff photographer, Cassandra Storm. Let us calm your nerves and answer any questions that you have about being photographed. We will help you with how to style your clothes and how you should wear your make-up. We will even show you a couple quick posing techniques that work everywhere from the fun conference candid to the professional studio. Allow us to show you just how fun, easy and quick a portrait sitting can be. We will also be sharing before and after photographs of our clients and the wonders of our airbrushing technology. Come visit with us – we are super friendly and would love to meet you!

Thursday 12:00 pm

Ladies Who Lunch: Dining en Femme
Andrea Ziff

Dining while expressing feminine poise, posture and mannerisms can be a difficult feat. Join the table to dine “en-femme” with Andrea Ziff as she hosts her interactive “Dining en Femme” seminar. Put your skills to test while learning as Andrea demonstrates the innate difference between male and female dining mannerisms and shares with you, her simple secrets to being a more cultured woman while dining. Participants will dine in the Dog & Pony Private Dining Room rather than the Commonwealth Ballroom and therefore will not be present for the luncheon guest speaker.

You must pre-register for this workshop. Class size limited.

Thursday Luncheon "Recognizing Veterans" with Guest Speaker Colonel Sheri Swokowski

Sheri Swokowski is a retired Army Colonel with 22 years active and 34 years total service. As such, she is the highest ranking, out, transgender veteran in the country. Sheri is a career infantry officer, has commanded a light infantry company, deployed twice, served on battalion, brigade, state and Department level staffs. She retired in Dec 2004 as the J1 (Dir of Personnel and Manpower) for the Wisconsin National Guard. Other assignments included Organizational Force Integration Officer, Strategic Planner, Mobilization Planner and Army ROTC Instructor/Executive Officer at Univ of WI-Stevens Point. She has been an advocate for transgender rights and Trans military service since she was fired from her government contracted position at USAFMS when she transitioned in 2007. She has advocated for transgender rights on Capitol Hill and worked with National Center for Transgender Equality and Service Members, Partners, Allies for Respect and Tolerance for All (SPART*A) and the Human Rights Campaign. In 2015, she became the first female to wear an infantry uniform at the Pentagon and White House.
Debutante Outing
Hosted by our Debutante Sisters

Looking to do a little shopping or get your nails done but a little nervous to go alone? Join our Big Sisters on a Debutante Outing to local stores and shops. They can help you achieve your 'look' and help alleviate any jitters and apprehensions about being out in public. So if you want to get serious about your appearance and learn some of the tricks of the trade come join our Big Sisters. Contact the Debutante Program Director at debutante@keystone-conference.org with questions.

Thursday 2:00 pm

‘National Geographic: Gender Revolution: A Journey with Katie Couric’
(film)

In her groundbreaking documentary, Katie Couric explores what the words "gender" and "transgender" mean, and helps break it down for anyone to understand. Katie Couric travels across the U.S. to talk with scientists, psychologists, activists, authors and families about the complex issue of gender.

This film is 90 minutes long.

The Gender Spectrum and Beyond
Dr. David Bathory

We live in a binary world that attempts to categorize people into male and female stereotypes. Many people find it difficult or impossible to fit into either of these dichotomies. As individuals try to define their identities somewhere between these two polarities they often become lost. Titles such as trans masculine, nonbinary etc. provide descriptors for some but many people are still left feeling undefined. How do you define a person’s gender? Do these new titles help or hinder people discovering themselves? What would happen if we erased our societal preconceptions of male and female and started over? Join me in a workshop to help define yourself, and challenge the gender spectrum.

Unleashing Your Inner Muse: Creativity with a TG Twist
Jenny North

You want to share your story, but you don’t know how? Or maybe writing just isn’t for you? Well, not to worry! There are lots of ways to creatively express yourself, and for trans people the best part is that you’ve already learned all the skills you need to get started. (Even if you don’t realize it!) In this interactive workshop we’ll explore what makes your journey exceptional whether you’ve transitioned and live full-time in your preferred gender or whether this is your first time stepping out of your hotel room. We’ll also talk about different creative outlets that might benefit from a TG spin, knowing when to educate your audience and when to inspire them, and how to have fun with your unleashed creativity!
How to Transition Successfully on the Job  
Victoria Datta

This workshop gives transgender individuals who are seeking to transition on the job the necessary tools to reach their goal successfully. In the presentation, we will review:

1. The Basics (you need to address when considering transition on the job)
2. The Plan (you need to create)
3. The Execution (how to realize your plan)
4. The Adjustment (it's not all rainbows and unicorns, be prepared)
5. The Integration (remember it’s a journey not a single date).

This Workshop has been adopted into Federal Govt., I myself along with many others who have attended my workshop in prior years have used it to successfully transition in their own workplace.

Getting Out and About  
Jan Brown

Ready to be yourself in the wide world? Jan will share her experiences and the stories she's learned from other transwomen and transmen. She has been out in various places all over the USA. She will talk about her early ventures and will relate her feelings on the journey. For example: Be vigilant and try to be aware of their surroundings. It helps to go places with others. There are a lot of "what if's" along the way. What would you do if you are stopped by the police en route somewhere? What if you recognize someone or someone recognizes you? What would it be like to attend a show on Broadway? Where do I go to the bathroom? This will be an interactive presentation and will include discussion of family situations. Hopefully, we'll all learn new ideas to enjoy our life even more.

The Civil Rights of Identity Intersectionality and the Relationship to “Religious Freedom”  
Joanne Carroll

Today, many on the far right of the political spectrum as well as many within the "evangelical" Christian community are claiming that the actions to end discrimination against marginalized communities violate their religious freedom. This seminar will provide the attendee with an introduction to the following:

1. What the founders really thought about the formation of our democracy.
2. The Constitutional background for LGBT equality.
3. Existing laws providing discrimination protections
4. What we can do to advance our rights
Thursday 3:30 pm

Know Your Rights When Stopped by the Police
Julie Zaebst

“Walking while trans” isn’t a crime, but we know police and other law enforcement stop trans people every day. What are your rights if you are stopped by police? What can you do to protect yourself? And where can you turn if you have been unjustly profiled? Join the ACLU of Pennsylvania for discussion and training on your rights when interacting with law enforcement.

Successfully Traveling by Air while Presenting En-Femme
Geeta Tg

If there is one Transgender topic that I’m asked to speak to more than any other it would undoubtedly be air-travel while dressed “en-femme”, that is - as a woman. The mere thought of negotiating the numerous challenges - be it identity documentation, TSA screening, interaction with those seated next to you on the aircraft, or simply being on public display are such that most members of the community will never rise to this particular challenge. From my point of view I think this is unfortunate since flying en-femme is not only do-able, but I have found it to be one of the most fulfilling accomplishments on my transgender journey. In this workshop we will cover everything you need to know to travel by air successfully and enjoyably as a transgender person. With part of my career spent in the employ of a major airport authority, and more recently traveling at least a dozen flights a month to over 60 countries, the presenter will cover every part of the airport/flight experience in detail as it applies to our community, including profiling. Whole body scanners, identity requirements, how to handle enhanced searches, what to wear ( or not ), and most importantly -- how to open up to enjoying the experience and accept the goodness of those you will interact with on your journey.

Relationship Priorities – Languaging and Negotiation: An approach to keeping the relationship together while Transitioning
Judith & Susan Bienvenu

Discussions often focus on the needs of the transitioning transgender individual, somewhat exclusive to the needs of the relationship with a partner. This course will turn the focus to the relationship between the transgender person and their spouse. Transition is a very difficult time for a couple, and frequently leads to the loss of the relationship. We do not believe this has to be the inevitable outcome, and hope to offer our experiences in the hope that others can find them useful. We discuss aspects such as “couples transition,” and skills in languaging and negotiation. These approaches are proven techniques in couples counseling, and have helped us tremendously in our journey.

My Transgender Journey
Sheri Swokowski

Sheri Swokowski is a retired Army Colonel with 22 years active and 34 years total service. As such, she is the highest ranking, out, transgender veteran in the country. Sheri is a career infantry officer, has commanded a light infantry company, deployed twice, served on battalion, brigade, state and Department level staffs. She retired in Dec 2004 as the J1 (Dir of Personnel and Manpower) for the Wisconsin National Guard. Other assignments included Organizational Force Integration Officer, Strategic Planner, Mobilization Planner and Army ROTC Instructor/Executive Officer at University of WI-Stevens Point. She has been an advocate for transgender rights and Trans military service since she was fired from her government contracted position at USAFMS when she transitioned in 2007. She has advocated for transgender rights on Capitol Hill and worked with National Center for Transgender Equality and Service Members, Partners, Allies for Respect and Tolerance for All (SPART*A) and the Human Rights Campaign. In 2015, she became the first female to wear an infantry uniform at the Pentagon and White House.

Thursday 4:15 pm

DIY Couture
Susannah Robinson

Participatory mini-workshop on Do-It-Yourself Couture -- specifically, making relatively inexpensive outfits for occasions like the Keystone Gala. We'll start with making up a dress form, and then move to the black skirt outfit I made for the Gala last year and the dress I've made for this year's Gala as examples of what can be done quite reasonably using off-the-shelf components. [The inspiration for his year's dress is the IBM-Watson Marchesa dress that Karolina Kurkova wore to the Met Gala.] If interested participants can bring articles/outfits they've created, we can share tips and techniques.
A BETTER LIFE COUNSELING
DR. TIMOTHY HERLEY PHD

- Transgender Coach
- LGBTQ Coach
- Personal Development Coach
- Relationship Coach
- Evaluation for Hormone Letters
- Infertility and Adoption Coach
- Long Distance Consultations via the Telephone, Email, Skype and other Technologies

Affiliations:

- World Professional Association For Transgender Health (WPATH)
- American Psychological Association (APA)

A Better Life Counseling
255 Hillcrest Drive
Seaford, NY 11783
PH: 516 375-0330
Email: therley@aol.com
Skype: Brassworks999

“A Celebration of Gender Diversity” 21
### Thursday 5:00 pm

**Couples’ Wine & Cheese Social**  
Hosted by SO Program Directors  
Suite 543

Come join other couples in the SO Sanctuary for wine and cheese.

**Friends of Bill W. Meeting**  
Ash

This meeting welcomes those who think they have a problem with alcohol and/or any other substance, and will be based on the program of Alcoholics Anonymous, a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help others to achieve sobriety.

### Thursday Reception

**Gather in the Sheraton’s Dog & Pony Lounge for some social time!**

### Thursday 5:30 pm

**Central PA Gay & Lesbian Chamber of Commerce Mixer**  
Hosted by TransCentralPA  
Assembly Area

Come meet our local business leaders for a joint Keystone and Gay & Lesbian Chamber of Commerce Mixer. Bring your business cards and 30 second elevator speech.

### Thursday 6:00 pm

**Hollywood Casino & Penn National Race Track**  
Hosted by Suzane Oliva  
Front Lobby

Dining at Hollywood is always a special experience. They offer a variety of choices, each with its own special flair, unique flavors, and the kind of red-carpet service you deserve. Take a look at the following page to see what they’ve got and get a taste of Hollywood. Hollywood Casino features over 2,450 reel, video slot and video poker machines ranging from one penny to $100, with all the hottest games currently available. And with over 50 table games and 16 poker tables, Hollywood Casino has a game for everyone.

**Don't forget your bus ticket and a photo ID!**

The casino will check to see that you have an ID—not what the picture looks like! The law requires the casino to ensure everyone is of the legal age. The casino is well aware that you may be presenting a different image than the one on your driver’s license. Nevertheless, a photo ID is required to enter the casino. There are individual restrooms throughout the casino for those wondering.

**"Killing for the Crown" Mystery Dinner**  
Hosted by Cheryl Katon  
Salon A

We know you’ve just been DYING to be in a beauty pageant! Join us for this years murder mystery event Killing for the Crown.....

After a week of competing in the nation’s most prestigious beauty pageant, the contestants, judges and coaches are invited to a pre-pageant party the night before the final round of competition.

With the crown on the line, everyone seems desperate to gain the competitive edge on their rivals...and for one guest that means murder!

During this event each guest will actively participate, investigate, sleuth and wear your best pre-pageant ensemble! Prizes will be awarded for Miss Congeniality and other awards based on poise, appearance, demeanor and ruthless cunning.
Hollywood Casino & Penn National Track

Thursday Night Dining & Entertainment at Hollywood Casino & Penn National Race Track. Dinner and Casino entertainment are at the individual's expense.

Final Cut Steak House
High class dining with entrees priced between $25 and $45. Open until 10:00 pm.

Mountainview Dining & Terrace Lounge
Enjoy dinner from a menu ranging from grilled steaks to seafood while overlooking Penn National Race Track. Prices from $10 to 24. Open til 11:00 pm.

Epic Buffet
A buffet of epic proportions! They have an all you can eat for $19.99. Open until 8:00 pm

Celebrity Grille
Contemporary American favorites. Open until 11:00 pm. Prices between $10 to $25.

Skybox Sports Bar
Standard sports bar menu priced $8 to $14. Open until midnight.

Thursday Night Casino Shuttle Schedule
The Shuttle buses will leave the hotel at 6:00 pm and make 1 trip to the Casino. A shuttle bus will leave the Casino at 10:30 pm and then at 11:30 pm. Note: the last shuttle bus leaves the casino at 11:30 pm.

Please Be Gracious
*It is customary to tip the shuttle bus driver $1 there and $1 back*

**Thursday 6:30 pm**

*Keystone Bingo!*
Hosted by Jenny Jensen

Come celebrate Keystone’s 5th annual BINGO party with your friends, colleagues and fellow Keystone attendees. Keystones Bingo Night is back with more prizes, fun trivia, plenty of pizza and soft drinks for everyone. Bingo Girls and Boys from the four corners of the earth, or, at least Pennsylvania have been eagerly waiting all year to have a chance to win valuable prizes, meet old and new friends, eat some delicious pizza and have a great time eagerly waiting for the Big Bingo Bonanza to come their way.

**Thursday 8:30 pm**

*Karaoke in the Dog & Pony Lounge*

Come and join us for Karaoke in the Dog & Pony Lounge! You’ve shown us your inner woman, now bring out your inner Diva! Belt out a ballad! Croon your tune! Raise the roof on some rock and roll! And even if you don't want to sing, you won't want to miss Keystone's very own version of American Idol!

**Thursday 9:30 pm**

*Couples' After Party Reception*
Hosted by SO Program Directors

Join other couples in the SO Sanctuary for some social time.

*Keystone Dance Party*

Come join us for the Keystone Dance Party in Salon E.
**The Philadelphia Center for Transgender Surgery**

**Bala Cynwyd, Pennsylvania**

Dr. Sherman Leis, Board Certified in General Surgery and Plastic and Reconstructive Surgery, is a medical school professor of surgery, director of residency training in plastic surgery, and has over 30 years surgical experience.

**OFFERING THE FULL COMPLIMENT OF SURGICAL AND NON-SURGICAL PROCEDURES FOR TRANSGENDER INDIVIDUALS. SPECIALIZING IN THE MOST ADVANCED REASSIGNMENT PROCEDURES.**

**Surgical Procedures:**

**Facial Feminization Surgery (FFS)**
- Forehead/Brow lift, bone contouring
- Rhinoplasty (nasal contouring)
- Chin, jaw or cheek augmentation or reduction
- Upper lip shortening, lip augmentation
- Thyroid cartilage (Adam’s Apple reduction)
- Blepharoplasty (eyelid surgery)
- Rhytidoplasty (face lift)

**Top Surgery (Chest Reconstruction)**
- Breast augmentation or lift
- Breast reduction or removal

**Bottom Surgery and Body Contouring**
- Male-to-Female reassignment (labiaplasty, vaginoplasty)
- Female-to-Male reassignment (phalloplasty, scrotoplasty, testicular and penile implants)
- Buttock augmentation
- Liposuction (neck, abdomen, hips, thighs)
- Abdominoplasty (tummy tuck)
- Revision of previous surgery problems
- On-site overnight accommodations

**Financing Available**

**www.thetransgendercenter.com**  **drshermanleis@drshermanleis.com**

Make your dreams come true with personalized and highly customized treatment plans for your special needs. For more information and to schedule a private consultation call 610-667-1888.
Workshop Schedule at Keystone

**Friday, Mar 24th**

10:30 am  
in Elm  
Workshop “A Positive Body Image with FTM Top and Bottom Surgery: Superior Aesthetic Results in a One-Stage Procedure – Keeping it Simple and Safe”

2:00 pm  
in Salon C  
Workshop “Facial Feminization: How We Evaluate Your Facial Features and Customize Treatment for Optimal Results”

**Saturday, Mar 25th**

2:00 pm  
in Salon D  
Workshop “A Positive Body Image with MTF Top and Bottom Surgery: Obtaining Aesthetically Natural and Functional Results in a One-Stage Procedure.”

**Workshop Descriptions**

**Facial Feminization: How We Evaluate Your Facial Features and Customize Treatment for Optimal Results**

Dr. Leis will demonstrate and explain classic prototypes of masculine and feminine facial features. He will discuss a variety of options for feminizing facial features and demonstrate that in the majority of cases, excellent results can be obtained without extensive and expensive cranio-facial surgery. Cases are shown demonstrating excellent and natural results from selective and customized facial feminization procedures.

**A Positive Body Image with MTF Top and Bottom Surgery: Obtaining Aesthetically Natural and Functional Results in a One-Stage Procedure.**

Options for breast augmentation will be discussed and demonstrated including choice of incisions, shape and size of implant, saline versus silicone, placement of implants above or below the muscle, etc. Dr. Leis will also discuss his technique of one-stage vaginoplasty utilizing the penile inversion technique, neo-clitoris construction, and scrotal skin graft to increase vaginal depth. Recent cases will be demonstrated to show the natural results obtained with these techniques.

**Workshop “A Positive Body Image with FTM Top and Bottom Surgery: Superior Aesthetic Results in a One-Stage Procedure – Keeping it Simple and Safe**

Options for FTM Top Surgery will be presented and variety of cases will demonstrate excellent results in masculinization of the chest. Options for phalloplasty will also be discussed. Dr. Leis will utilize multiple case presentations to demonstrate superior aesthetic results obtainable utilizing abdominal or groin flaps for phalloplasty, labial deconstruction for scrotoplasty and the options of testicular and penile implants. This surgery is done in one stage and results in a sensate penis, no grossly deformed donor site, and the ability to have sexual intercourse with erotic sensation.

**Looking for a Personal Consultation?**

Other than in the workshops above, you can find Dr. Leis in the Vendor Area.
# Friday Overview

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<td>Maximize Your Masculinity (Fitness For T-Men)</td>
<td>Asa Frederick</td>
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<td>Will the Supreme Court Take Away Your Bathroom Rights?</td>
<td>Rachel Alpert</td>
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<td>How to Get Read in 10 Seconds Flat: A Genetic Woman's Perspectives on Enhancing the MTF Image</td>
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<td>Gender Surgeries and Psychology Blending the Two: Bringing out the Beauty in You</td>
<td>Dr. Tim Herley</td>
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<td>Make The Right Call: Transition As A High Level Amateur Sports Referee</td>
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<td>10:00 AM</td>
<td>Tea Time with Jenny</td>
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<td>Elderly Transgender Advocacy: Protecting and Caring for the Oldest Members of Our Community</td>
<td>Cai Nowicki</td>
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<td>Successful Shopping for Your Most Feminine Silhouette</td>
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<td>A Positive Body Image with FTM Top and Bottom Surgery: Superior Aesthetic Results in a One-Stage Procedure – Keeping it Simple and</td>
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<td>12:00 PM</td>
<td>Dining Deportment</td>
<td>Monica Prata</td>
<td>Dog &amp; Pony</td>
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<td></td>
<td>Spouse/SO Luncheon at the Lancaster Brewing Company</td>
<td>SO Directors</td>
<td>Front Lobby</td>
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<td></td>
<td>Friday Luncheon with Guest Speaker Perry Cohen</td>
<td>Perry Cohen</td>
<td>Commonwealth</td>
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<tr>
<td>1:30 PM</td>
<td>Debutante Outing</td>
<td>Debutante Sisters</td>
<td>Front Lobby</td>
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<tr>
<td>1:45 PM</td>
<td>After Lunch Bowling</td>
<td>Calvin Phillips</td>
<td>Front Lobby</td>
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<td>Time</td>
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<td>2:00 PM</td>
<td>Facial Feminization: How We Evaluate Your Facial Features and</td>
<td>Dr. Sherman Leis</td>
<td>Salon C</td>
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<td></td>
<td>Customize Treatment for Optimal Results</td>
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<td></td>
<td>WPATH (World Professional Association for Transgender Health), the</td>
<td>Dr. Michele Angello</td>
<td>Salon D</td>
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<td></td>
<td>Standards of Care, and Counseling the Trans-Identified Patient</td>
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<td>Transgender Voters and Transgender Voting</td>
<td>James Halleman</td>
<td>Salon E</td>
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<td></td>
<td>Intimate Partner Violence in the Transgender Community</td>
<td>Sarah Moore</td>
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<td>Transgender in Faith</td>
<td>Jennifer Lehman</td>
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<td>Wig Selection and Maintenance</td>
<td>Donna Miller</td>
<td>Hemlock</td>
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<td></td>
<td>Transgender Military Service: A New Reality</td>
<td>Bree Fram</td>
<td>Birch</td>
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<td></td>
<td>My Year at Muncy</td>
<td>Kelli Reilly</td>
<td>Ash</td>
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<td></td>
<td>Telling Your Children</td>
<td>Alexis Lake</td>
<td>Dogwood</td>
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<tr>
<td>3:30 PM</td>
<td>Navigating the Legal Name Change Process in Pennsylvania</td>
<td>Thomas Ude</td>
<td>Salon C</td>
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<td>MTF Gender Confirming Surgeries - World Class Techniques</td>
<td>Dr. Kathy Rumer</td>
<td>Salon D</td>
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<td>IT’S NOT Not Natural – the Biology of Sex and Gender</td>
<td>Brenda Vulpes</td>
<td>Salon E</td>
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<td>So You Want to Start a Business: Tips and Ideas to Get You Up and</td>
<td>Perry Cohen</td>
<td>Elm</td>
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<td>Running</td>
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<td>40 Years &amp; Wandering No More</td>
<td>Karen Holmes</td>
<td>Fir</td>
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<td>Relationships within the Context of Gender and Sexuality</td>
<td>Dr. Tim Herley</td>
<td>Ash</td>
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<td></td>
<td>Hormone Management</td>
<td>Dr. Jarrett Sell</td>
<td>Hemlock</td>
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<td>Building Bridges Into Our Communities</td>
<td>Corinne Goodwin</td>
<td>Birch</td>
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<td></td>
<td>Tgirls and Triangles or How to Not Look like a Dude in a Dress...</td>
<td>Espy Lopez, Linda Lewis, Lisa Laws</td>
<td>Dogwood</td>
</tr>
</tbody>
</table>

**Alexis Lake, MSS, LSW**  
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“A Celebration of Gender Diversity”
# Friday Overview

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<thead>
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<th>Event</th>
<th>Presenter</th>
<th>Location</th>
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<tbody>
<tr>
<td>5:00 PM</td>
<td>Friday Keystone Reception</td>
<td>Keystone Vendors</td>
<td>Vendor Area</td>
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<tr>
<td></td>
<td>Friends of Bill W.</td>
<td></td>
<td>Ash</td>
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<tr>
<td>6:00 PM</td>
<td>Family &amp; Youth Meet &amp; Greet</td>
<td></td>
<td>Suite 1008</td>
</tr>
<tr>
<td>6:15 PM</td>
<td>B-I-N-G-Ohhhh!!</td>
<td>Mason Katzman</td>
<td>Offsite</td>
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<td></td>
<td>Dinner at Cafe Fresco</td>
<td>Katie Ward</td>
<td>Front Lobby</td>
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<td></td>
<td>Dinner at the Firehouse</td>
<td>Sara &amp; Kendra Edwards</td>
<td>Front Lobby</td>
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<td>Dinner at Passage to India</td>
<td>Jude &amp; Susan Bienvenu</td>
<td>Front Lobby</td>
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<td></td>
<td>Dinner at El Sol Mexican Restaurant</td>
<td>Jenny Jensen</td>
<td>Front Lobby</td>
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<td>Dinner at Chars at Tracy Mansion</td>
<td>Gretchen Little</td>
<td>Front Lobby</td>
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<td>Dinner at Carley's Ristorante</td>
<td>David Denton</td>
<td>Front Lobby</td>
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<tr>
<td>6:45 PM</td>
<td>Dinner at Stock's on 2nd</td>
<td>Suzane Oliva</td>
<td>Front Lobby</td>
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<tr>
<td>9:00 PM</td>
<td>Keystone Dance Party</td>
<td>Suzane Oliva</td>
<td>Salon CDE</td>
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<td></td>
<td>Musical Entertainment in the Dog &amp; Pony Lounge</td>
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<td>Dog &amp; Pony</td>
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<tr>
<td>9:30 PM</td>
<td>Couple's Friday Evening Reception</td>
<td>SO Directors</td>
<td>Suite 543</td>
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</tbody>
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**Cookie Lee**

Independent Consultant for Cookie Lee

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- sinusitis
- hay fever
- irritable bowel syndrome
- side effects of radiation and chemotherapy

Susan Bienvenu, MSW, L.Ac.
Licensed Clinical Acupuncturist

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### Friday 9:00 am

<table>
<thead>
<tr>
<th>Event Title</th>
<th>Location</th>
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<tbody>
<tr>
<td>Maximize Your Masculinity (Fitness For T-Men)</td>
<td>Fitness Center</td>
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<tr>
<td>Will the Supreme Court Take Away Your Bathroom Rights?</td>
<td>Salon C</td>
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<tr>
<td>How to Get Read in 10 Seconds Flat: A Genetic Woman's Perspectives on Enhancing the MTF Image</td>
<td>Salon D</td>
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<tr>
<td>Gender Surgeries and Psychology Blending the Two: Bringing out the Beauty in You</td>
<td>Salon E</td>
</tr>
<tr>
<td>Make The Right Call: Transition As A High Level Amateur Sports Referee</td>
<td>Fir</td>
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<tr>
<td>Letter Writing for Counselors</td>
<td>Elm</td>
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**Maximize Your Masculinity (Fitness For T-Men)**

Asa Frederick

Learn how to create a more natural, masculine image using your body weight and core strengthening exercises. For those that have surpassed body weight exercises and prefer using weights, upon request, the instructor will guide you through proper form and safe lifting. This is a fitness workshop - so wear something loose fitting and comfortable; sweats, shorts, tanks, sneakers, etc.

**Will the Supreme Court Take Away Your Bathroom Rights?**

Rachel Alpert

The U.S. Supreme Court will decide this year whether transgender people can be required to use the bathroom associated with the gender on their birth certificate rather than the bathroom corresponding to their gender identity. And Donald T. gets to appoint the judge with the likely deciding vote. What is the case all about? How did it get to the Supreme Court? What may happen? How does it affect us? Come with your questions, your concerns and your ideas!

**How to Get Read in 10 Seconds Flat: A Genetic Woman's Perspectives on Enhancing the MTF Image**

Michelle Popkov & Ann Grogan

You think makeup, clothes, and hair are all you need? If you wish to pass in the mainstream, there are many ways that you give yourself away that you may not even be aware of. This seminar is aimed at the novice MTF in enhancing the feminine image and prepare counter strategies for these giveaways. Your confidence and feminine presentation will improve dramatically with just a few adjustments.

**Gender Surgeries and Psychology Blending the Two: Bringing out the Beauty in You**

Dr. Tim Herley

Dr. Tim Herley will provide a presentation to help better understand the psychology of “Beauty”. Why is it such a powerful force in everyday life? Identifying one’s “True Self” brings beauty from the inside; Gender and Aesthetic Surgeries bring beauty from the outside. Together they give a transperson the best potential for “A Better Life”. In this discussion we look at how identity and beauty are one and the same. In addition we explore the psychological effects of Gender Confirmation and Aesthetic Surgeries. Begin to have the World Embrace the “Trans-Community” by Embracing Yourself. All are encouraged to come to the Workshop to hear all about “Gender Surgeries and Psychology - Blending the Two: Bringing out the Beauty in You”

**Make The Right Call: Transition As A High Level Amateur Sports Referee**

Stephanie Shostak

When athletes and/or coaches come out as transgender, their stories make headlines. But what many sports fans do not realize is that it is not just players and/or coaches who are making waves of progress in the sports world. Most people forget about the referees. No matter what the sport, referees are expected to be perfect. They are expected to see everything that is happening - see it perfectly; use their judgement; and make the right call. There is no other profession like it in the world. Now add the stress of living in constant fear of having your deepest, darkest secret, come out of the closet while you are refereeing. This seminar will allow you to see my journey, from my eyes, as the first transgender high level amateur sports referee in North America.

**Letter Writing for Counselors**

Liz Leen

This workshop will outline the process of evaluating clients for hormone therapy and surgical interventions. Providing information that must be in a letter to a prescribing physician. The workshop is based on guidelines from the World Professional Association for Transgender Health’s Standards of Care (7th Edition), and the DSM-5’s criteria for Gender Dysphoria. The workshop will explore the general assessment process for both trans men and trans women, as well as those who identify as genderqueer and gender expansive.
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“A Celebration of Gender Diversity”
As a makeup artist and photographer who works primarily with the cross-dresser and trans-women community, I believe I can change women’s lives for the better. I love seeing the huge smile on the girls’ faces as they look in the mirror and review their photographs. I love encouraging them to look stunning for the camera and to embrace who they are including their many beautiful and positive feminine traits.
The Eyes Have It!
Elizabeth Taylor

Make your eyes pop with a demonstration eye makeup workshop with DC's own Elizabeth Taylor. Discover what colors complement your eyes, hair, and clothes. Learn how to create your own classic eye and smokey eye with vibrant colors. Customize your eyeliner, feminize your brow, and create perfectly curled, dramatic natural eyelashes. Attend today and have all eyes on you when you walk into the room!

Inclusive Safer Sex
Kelly Gainor

Practicing safer sex is crucial to maintaining sexual health. However, if safer sex is taught in schools, it is usually from a straight and cis perspective. So how do ALL people, of ALL ages, gender identities, and sexual orientations, keep themselves safer from STIs and unwanted pregnancy? In this workshop, we will explore all the different options people have to keep themselves and their partners safe. Participants will have the opportunity to interact with different methods of prevention and discuss which methods would be right in which situations, regardless of gender identity or sexual orientation. We will also discuss testing for STIs and HIV and places that offer Trans*-inclusive care.

Transition and Recovery: The Balancing Act
Amy Keisling

Are you in recovery from alcohol or drug abuse? Having a social and support group during transition can be challenging if working your program prevents you from working the available social activities. Going out publicly as who you are can be an anxiety-producing experience: lots of social events can be alcohol-centered. How can someone in recovery find support and connection without risking relapse? The goal of this workshop is to provide a place of safety and understanding for attendees in recovery. Come share and build support for yourself and others.

SO Sanctuary

The "Spouse & Significant Other Sanctuary" is a refuge, open daily from 9:00 am to 5:00 pm to all spouses and significant others of transgender partners ONLY. It is a place where you, the partner of a transgender person, can relax and speak freely to other spouses and significant others. In the evening, the SO Sanctuary is opened further to spouses/SO's and their trans-partners for various receptions.

Keys for the sanctuary may be obtained from our sanctuary leaders or from the Keystone Conference Registration Desk. Our sanctuary leaders are always just a phone call away to offer their shoulder, support, encourage and stand with you. You may contact them at (717) 508-7292. Please join us in supporting each other—there is hope and help, together.

Free HIV/STD Testing
Conducted by Alder Health Services

Getting tested for HIV and STDs is one important thing you can do to protect your health, your relationships, and your future. You can access free HIV and STD testing right here at Keystone, offered by Alder Health Services. Alder Health is a health services organization focusing on improving the health and well-being of individuals living with HIV/AIDS and members of the LGBTQ community by providing a culturally competent and affirming environment that empowers the people they serve.

The testing will be conducted using both urine and blood samples. Urine tests for chlamydia and gonorrhea while blood tests for syphilis and HIV. Rapid HIV tests will be available on a case-by-case basis. Results typically take 1-2 weeks and Alder Health will not contact you unless there is a positive result. Individuals are welcome to call in after a week to receive their results over the telephone. If a test is positive, Alder Health provides free treatment to local folks. Those who are not local and test positive, Alder Health is able to call a prescription into a pharmacy near you and will assist in finding a free clinic in your area.

The Alder Health team will be on site to provide free HIV and STD testing on Friday, March 24, 2017 from 9am-4pm. No appointment is needed. Stop by their table for more information and to sign up. Questions, please contact Alder Health at info@AlderHealth.org or call 717-233-7190.
For those of you that are attending the Keystone Conference for the first time or feel you need a little moral support, join Jenny Jensen as she hosts ‘Tea Time with Jenny.’ It’s an informal gathering of first timers, newcomers and anxious attendees in a comfortable and discreet setting. It’s an opportunity for those that are unsure of themselves and want to start off their Keystone experience on a good footing, learn a little more about the conference and how it can help them. We can also provide you with a Big Sister or Big Brother to help you get through the apprehension, worry and nervousness you might be feeling attending the Conference.

Friday 10:30 am

Couple’s Therapy
Dr. Michele Angello
Salon C

Dr. Michele Angello devotes much of her practice to counseling couples with a transgender or transitioning partner. In this workshop- open to all who are in a committed relationship that contains a transgender or gender non-conforming person- she will engage the audience in discussing typical problems and will suggest methods for their resolution. She will also serve as moderator so participants can share their own experiences and issues in a collective and supporting setting.

Elderly Transgender Advocacy: Protecting and Caring for the Oldest Members of Our Community
Cai Nowicki
Salon D

The number of transgender people of retirement age and even older is increasing every year. This population faces many challenges, some common among the elderly and others unique to those with a queer or transgender history. It is vitally important that allies and transgender people of all ages know how to protect themselves and their loved ones as they grow older. This workshop will explain the needs of the elderly transgender population and how to work to meet those needs on an individual and community basis.

Successful Shopping for Your Most Feminine Silhouette
Monica Prata
Salon E

Let’s make shopping fun, and not stressful! Learn how to accentuate your most feminine features while skillfully disguising the masculine. Professional stylist Monica Prata teaches you the tricks of the trade; where to shop and what to look for using live models and lots of audience participation. Learn about the proportional differences in the male vs. female body and just what you can do to make your shape look it’s absolutely most feminine! Discover which blouse shape best disguises broad shoulders, to which shoe styles will actually make your feet appear smaller. Monica Prata answers your questions and shares her secrets!

A Positive Body Image with FTM Top and Bottom Surgery: Superior Aesthetic Results in a One-Stage Procedure – Keeping it Simple and Safe
Sherman Leis
Elm

Options for FTM Top Surgery will be presented and variety of cases will demonstrate excellent results in masculinization of the chest. Options for Phalloplasty will also be discussed. Dr. Leis will utilize multiple case presentations to demonstrate superior aesthetic results obtainable utilizing abdominal or groin flaps for Phalloplasty, labial deconstruction for Scrotoplasty and the options of testicular and penile implants. This surgery is done in one stage and results in a sensate penis via clitoral transposition, no grossly deformed donor site and the ability to have sexual intercourse with erotic sensation.

Transition IN Community(s)
Lilia Weber
Fir

Decades ago, the model for a transgender person to transition was to effectively go into a self-designated witness protection program and sever all connections to their previous identity. That path had huge costs to the individual and isn't the generally accepted model anymore. Lilia, the presenter, recently completed her public transition and has remained connected to her full life. Our goal shouldn't just to be the gender we need to be but to be all the person we are meant to be. Lilia will present her experience with her transition process and the communities that give her strength and help her stay grounded during her ongoing transition. The workshop will have additional time for group discussion at the end of the session.

“A Celebration of Gender Diversity”
Anti-LGBT violence is on the rise. Fear and uncertainty within the LGBT community is also increasing. Transgender people are often targeted for hate violence based on their non-conformity with gender norms and/or their perceived sexual orientation. Hate crimes against transgender people tend to be particularly violent. The Human Rights Campaign makes it clear that Transgender people face a disproportionate amount of violence and hate, even when compared to other non-trans LGBT people. In 2016, 25 people were killed in the US just because they were transgender.

In this seminar you will learn how to recognize and avoid situations that could possibly put you at risk. You will be shown how to not present yourself as a victim and how to recognize an attacker. If you are confronted, learn what to do and how to respond. Simple self defense release moves will be demonstrated. Audience participation in practicing these moves is encouraged but not mandatory.

The purpose of this workshop is to bring together Pennsylvania's transgender community for the purpose of community relationship building and strategizing on how we can maintain a network of individuals who are dedicated to advocating for policies in various areas in the Commonwealth that will help make the lives of transgender Pennsylvania's easier. This workshop is meant to serve as a mechanism to discuss the current socio-political and economic issues members of the trans community are facing particularly in PA. This workshop will be the start of an ongoing conversation about the state of affairs for our community.

Topics include introductions and handshakes, making a good first impression, self presentation skills including sitting, standing and walking, networking skills, appearance and attire, email and phone etiquette, and thank you notes. Other topics will be addressed as per audience input.

The LGBT History Project collects, documents, preserves and presents the stories of LGBT history in central PA through video interviews, written accounts, photographs, documents and artifacts. You do not have to be a native of the region to share your story and there is no deadline to participate.

To share your story, volunteer or get more info, contact us at: history@centralpalgbtcenter.org www.centralpalgbtcenter.org/lgbt-history-project On Facebook at LGBTcentralPA 717-920-9534
Dining while expressing feminine poise, posture and mannerisms can be a difficult feat. Join the table to dine “en-femme” with Monica Prata as she hosts her interactive “Feminine Dining Deportment” seminar. Put your skills to test while learning through live models as Monica Prata demonstrates the innate difference between male and female dining mannerisms and shares with you, her simple secrets to being more feminine while dining. Participants will dine in the Dog & Pony Private Dining Room rather than the Commonwealth Ballroom and therefore will not be present for the luncheon guest speaker.

You must pre-register for this workshop.

Spouses and significant others are invited to join others for an offsite luncheon at the Lancaster Brewing Company. Please meet in the hotel lobby at 11:45 am and call (717) 508-7292. Registration required.

Perry Cohen is the Founder and Executive Director of The Venture Out Project, a non-profit committed to providing a safe and fun space for trans and queer folks to experience the outdoors. In 2014, newly out as transgender and ready for even more change, Perry left his job as a member of the executive team at the 10th largest privately held company in the US to create The Venture Out Project. Knowing that his connection to nature and outdoor adventure had been one of the things that kept Perry grounded and safe during his transition, he sought to bring that same type of experience to others in the trans community. To date The Venture Out Project has over 100 alumni and has worked with people and organizations around the world. Perry holds an M.Ed. and a BA from the University of Pennsylvania. A native of New Hampshire, Perry lives in Western Massachusetts with his partner, their two children, and their chocolate lab.

Looking to do a little shopping or get your nails done but a little nervous to go alone? Join our Big Sisters on a Debutante Outing to local stores and shops. They can help you achieve your ‘look’ and help alleviate any jitters and apprehensions about being out in public. So if you want to get serious about your appearance and learn some of the tricks of the trade come join our Big Sisters. Contact the Debutante Program Director at debutante@keystone-conference.org with questions.

Come join Calvin for a few games of bowling at one of our local alleys. If you have questions, please contact him at Calvin.R.Philips@gmail.com.

This is a Keystone Co-Event
Central Pennsylvania Gay and Lesbian Chamber of Commerce

Proudly Supports
Our Member Organization

TransCentralPA
Support Education Advocacy

...and Their Amazing Annual Event

The Keystone Conference
A Celebration of Gender Diversity
Facial Feminization: How We Evaluate Your Facial Features and Customize Treatment for Optimal Results
Sherman Leis

Dr. Leis will demonstrate and explain classic prototypes of masculine and feminine facial features. He will discuss a variety of options for feminizing facial features and demonstrate that in the majority of cases, excellent results can be obtained without extensive and expensive cranio-facial surgery. Cases are shown demonstrating excellent and natural results from selective and customized facial feminization procedures.

WPATH (World Professional Association for Transgender Health), the Standards of Care, and Counseling the Trans-Identified Patient
Dr. Michele Angello

The presentation will identify the recommended requirements to be met prior to medical transition as well as the counselling process gender specialists use to determine the need for transitional treatment methods.

Transgender Voters and Transgender Voting
James Halleman

Voting is a way for people to have a voice when voting for candidates however, voting also allows people a voice in your local community when voting on ballot questions. Transgender people tend to have higher percentage rates of registered voters compared to many other communities. Is the Transgender community disenfranchised in voting? Is there as much voter fraud as media stories perpetuate? What is the difference between voter impersonation and voter fraud? What can Transgender voters do to lessen their chances of being turn away, or being given a provisional ballot at the polls. This workshop explains how voters can be better educated about the voting franchise using scholarly and governmental information about the voting franchise.

Intimate Partner Violence in the Transgender Community
Sarah Moore

Violence in the home is one of the most under reported crimes in the nation. This happens for a variety of reasons but when it happens in the LGBTQ community those reporting levels plummet substantially. This workshop will introduce the dynamics of power and control that are present in these relationships and dispel the myths that this type of violence is caused by drugs, alcohol or anger. We will then discuss the help that is available, how to access it and how to best assist our family and friends that are being abused.

Transgender in Faith
Jennifer Lehman & Reverend Kelly Wiant

In this workshop, we explore the role that faith has played in our transgender journey and the journey of others in our lives. God works in mysterious ways and we are all instruments of His plan. Ms. Jennifer Lehman will share her story of the role that her faith played in her transition in 2013 and how by following this faith journey it has made an impact on the faith journey for others in her congregation. In addition, Reverend Kelly Wiant of Market Square Presbyterian Church will share the impact that the attendees from the 2016 Keystone Conference had on her congregation. The workshop will also provide time for participants to share their faith based stories. Come share your story and hear how God is working in all of our lives!

Wig Selection and Maintenance
Donna Miller

In this workshop, Donna will explain the differences between human hair and synthetic hair pieces, the different type of fibers used and how to get a proper fit. Participants will be able to model several different types of wigs while the room helps decide which is best and why.
Kelli will be discussing her experience as PA’s first preoperative transgender female inmate to be transferred to a female facility and how recent changes to PREA made that transfer possible.

On June 30th, 2016 the Department of Defense announced the end of the ban on transgender military service. Since then the transgender military community has experienced elation and anticipation followed by uncertainty and concern. We celebrated the announcement of open service, but recognized there was a lot of work still to be done on the practical implementation of the policy over the next few months. With the emergence of policy, people began engaging with the process and discovered there was still widespread disparity in information and results. After the election uncertainty, doubt, and fear about attempts to roll-back the policy change crept into the conversation. This workshop will discuss the past year of events surrounding open transgender military service. We’ll cover the policy changes across the services as well as the implementation challenges and success stories that have occurred. We’ll also discuss the current environment surrounding transgender issues in the military, where we go from here, and have Q&A with currently serving transgender members of the armed services.

There are many factors to consider in coming out to your children as a transgender parent. First, do they need to know at all, if you are not publicly transitioning? Of course, there are the how, when and where issues, not to mention the developmental level of the kids in question, and the knowledge/support of their other parent. These factors will all be addressed in this workshop. The more elusive aspects we want to challenge you to think about are your own level of comfort with yourself and your existing relationships with your children. What are your goals? What do you want them to feel and to understand about this part of you? How can you help them to feel safe and loved through this transition in your family? We will go over some basic recommendations to keep in mind, but also invite you to ask your own questions and share your personal experiences with telling your children - your successes, disasters, and everything in between.
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>Friday 3:30 pm</td>
<td><strong>Navigating the Legal Name Change Process in Pennsylvania</strong>&lt;br&gt;Thomas Ude</td>
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<td>A legal name change affirms identity, and improves safety and security. To obtain a legal name change in Pennsylvania, an applicant must submit a petition to the court. This workshop will review the steps in the court’s process, explain what one will need to begin and complete that process, and provide information about assistance that is available.</td>
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<td><strong>MtF Gender Confirming Surgeries - World Class Techniques</strong>&lt;br&gt;Dr. Kathy Rumer</td>
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<td>This workshop provides an opportunity for Dr. Rumer to discuss her world class MtF Gender Confirming Surgical procedures such as FFS, BA, Body Contouring, and GRS. She will also unveil a number of surgical and non-surgical procedures. Dr. Rumer will then open the floor for answering specific questions after her power point presentation, and will be available for complimentary consultation while at the conference. Please call us at 855-782-5665 prior to the conference and schedule your complimentary consultation.</td>
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<tr>
<td></td>
<td><strong>IT’S NOT Not Natural – the Biology of Sex and Gender</strong>&lt;br&gt;Brenda Vulpes</td>
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<td>The title makes reference to a range of negative statements made by GLBTQ opponents. Authoritative assertions such as, “It goes against the laws of nature”, reflect a complete lack of understanding of sexual expression in the natural world. This raises the question, what do sex and gender really mean from a scientific perspective? This workshop will explore how the sexes differ, how they are similar, and how sexual expression and gender identity are more naturally viewed as a broad range of forms and behaviors. We will examine mechanisms of sex determination and development, including the roles of chromosomes, genes, hormones, and the environment. Mechanisms of sex determination are remarkably similar across all animals, making them directly relevant to the human experience. The extreme diversity of sexual expression in nature provides the basis for understanding just what is natural?</td>
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<tr>
<td></td>
<td><strong>So You Want to Start a Business: Tips and Ideas to Get You Up and Running</strong>&lt;br&gt;Perry Cohen</td>
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<td>The workshop will begin by Perry telling the story of how he created The Venture Out Project, a non-profit dedicated to helping LGBTQ folks find themselves and their community through shared outdoor adventure. He will talk to you about how he incorporated, the legal and tax requirements of forming a business and hiring employees, and some of the challenges and highlights of Venture Out’s first three years. From there, Perry will take you through visioning activities to help you create the solid foundation for your organization. In small groups you will create or refine the Vision, Mission and Values of your potential business. In the time remaining you will set goals and objectives for your organization and learn ways to keep yourself accountable to your timeline and goals. Even if you don’t yet have an idea for a non-profit, business or other organization, this is a great workshop to get you thinking about how to build the organization of your dreams or even just how to advance your own career, whatever it may be.</td>
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<td></td>
<td><strong>40 Years &amp; Wandering No More</strong>&lt;br&gt;Karen Holmes</td>
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<td></td>
<td>I want to talk about my transition and how I prepared myself for it. How I approached it to make it successful with my family, friends, job, and my volunteer organizations. Now serving in the military for 5 years after I went full time I have been accepted band supported. Everyone’s transition is different, but I hope to help someone in making their own choice or pick and choose from mine. Talk about the things that I am involved with that when and if I tell someone I am a transsexual they will except me for me and the good things I do for my community, state, and country.</td>
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<td></td>
<td><strong>Hormone Management</strong>&lt;br&gt;Dr. Jarrett Sell</td>
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<td>The workshop will explore the issues in hormone management, explain options and protocols with use. Attendees will get a better understanding of expectations as well as understand potential side-effects.</td>
</tr>
</tbody>
</table>
**Relationships within the Context of Gender and Sexuality**
Dr. Tim Herley

This participatory workshop will explore the feelings of anyone in the Trans Community who has or would like to express their identity to their spouse, girlfriend and or significant other. Regardless of your unique situation whether you are full-time, part-time, have realized your identity early or late. Whether, you consider yourself to be transgender, crossdresser, gender fluid, MTF or other. Whether, you sexually identify as straight, gay, lesbian, bisexual, queer or other. As a group let’s hear each other’s stories so that may learn from one another. There are always similarities and differences from where we come from. Hopefully by sharing stories you will discover where you are going and where you would like to be in your current or future relationship. So come share your story in this workshop and let’s find some strategies and new ways to communicate in the relationship you are in or would like to be in.

**Building Bridges Into Our Communities**
Corinne Goodwin & Amanda Porter

Whether you are an individual, a member or leader of a local support group, or an activist it is more important than ever that we not only support each other, but communicate with and build bridges into both the transgender and the mainstream communities. We will explore a spectrum of activities that you can become involved in – from simple and easy to complex and robust - that can make a difference to our community. Whether you are an introvert or an extrovert, a leader or a follower, this seminar will help to inspire to seek out ways that you can make a positive difference for the transgender community. In this interactive seminar, Amanda and Corinne will help learners to understand what activities they can become involved in on Micro (working singly without being "out"), Metro (mentoring and getting involved with the local community) and Macro (leadership and outreach) levels. A key focus will be placed on becoming an effective communicator and representative for the trans community.

**Tgirls and Triangles or How to Not Look like a Dude in a Dress…**
Espy Lopez, Linda Lewis & Lisa Laws

Classic curves will be celebrating thirty years in serving the transgender community and specializes in body prosthetic and shape configuration.

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**Friday 5:00 pm**

**Friday Keystone Reception**
Hosted by the Keystone Vendors

Come join us for Friday's cocktail reception held in in the Vendor Area (Pennsylvania Ballroom) across from the hotel lobby. Hosted by our wonderful conference vendors and service providers, come enjoy some social time prior to departing for our dining out in downtown Harrisburg.

**Friday 6:00 pm**

**Family & Youth Meet & Greet**
Hosted by the Family & Youth Program Director

Did you just check in and your family isn’t sure what to do? Your dear children are annoying each other already and you know they need a bit of a distraction? Maybe you are a teenager and want to find other teenagers so you aren’t hanging out with your embarrassing yet loving parents? Join us for a family and youth meet and greet! This meet and greet time will be a great way to kick-off your Keystone Conference experience. If you are a parent, caregiver, teenager, or child this will be a great time to meet other families and make some friendships that might last forever! See you there!
You are invited to an Athena's Home Novelties Sex Toy Bingo at Champions Sports Bar, 300 2nd Street, Hightspire, PA 17034 presented to you by Team 1-2-69!! We will laugh and learn, and of course, we will win some amazing products from the Athena's line.

Doors will open at 6:15, and the first 10 players to walk through the door will receive a free prize, so don't be late!!! The first round of bingo will start promptly at 7pm. There will be 12 rounds of bingo for only $15!!! Purchase your tickets ahead of time and your name will go into a raffle for a FREE Womanizer, a retail value of $165!! Additional strips of bingo cards and raffle tickets can be purchased at the door as well. We will even have raffle baskets to give away and some lucky winners will be able to start their own Athena's business for FREE!!

Once our bingo is wrapped up, continue to stay at Champs for some awesome featured drinks and shots and dance the night away on the dance floor. There will be a DJ there to keep the fun going all night long.

This is a Keystone Co-Event

**Dinner at Cafe Fresco**
Hosted by Katie Ward

Take part in the Cafe' Fresco experience! Located in the center of downtown Harrisburg's restaurant row, Cafe’ Fresco offers a variety of Asian American features such as Honey-Miso Sea Scallops, Tea-Smoked Breast of Duck, and Pad Tai (an amazing sweet noodle dish from Thailand). The service and atmosphere of Cafe’ Fresco are sure to please even the most discerning patron. Entree prices range from $19 to $38 with an average price of around $24. Dinner at individual expense. *Bus leaves the hotel promptly at 6:15pm.*

**Dinner at Carley's Ristorante**
Hosted by David Denton

A ristorante and piano bar featuring rustic Italian dishes that include Grilled Portabella with Lump Crab, Tuna Palermo, Mascarpone Lasagna Bolognese, as well other traditional pasta dishes. Many of Carley’s entrees are available “Family-Style,” a perfect option for those who want to share different meal choices. With walls fashioned from 100 year old bricks, rich wood furnishings, and the inviting glow of hundreds of candles, Carley’s offers a truly enticing atmosphere perfect for relaxing and enjoying a dining experience that guaranteed to warm your heart. Entree prices range from $15 to $35 with an average price of around $25 with Family-Style options costing around 1/3rd more. Dinner at individual expense. *Bus leaves the hotel promptly at 6:15pm.*

**Dinner at Chars at Tracy Mansion**
Hosted by Gretchen Little

Chars – Tracy Mansion is the only restaurant in Harrisburg situated on the lovely Susquehanna River. Built in 1913, the mansion has regained its long-lost elegance as this American Brasserie. Overlooking the river, The Dining Room serves as the perfect showcase for Chef Ron Canady’s celebrated menu. The warm, convivial Bar features Sal Pantano’s spirited creations, as well as our Small Plate Menu, while the McKee Library is the perfect spot for a cocktail or to relax with after dinner drinks. In The Gallery, our private room, we display a rotating exhibit of blown glass and sculptures by artists Ona Magaro and Glenn Zwyegardt. Whether it is a formal meal for a special occasion or a casual light-bite, Chars has the menu, the atmosphere and the welcoming service to make you and your guests feel special and satisfied. Entree prices range from $26 to $40 with an average price of around $30. Dinner at individual expense. *Bus leaves the hotel promptly at 6:15pm.*

**Dinner at El Sol Mexican Restaurant**
Hosted by Jenny Jensen

If you like Mexican style food then you’ll love El Sol! But don’t think this is the kind of food you’ll find at a typical Mexican food chain because at El Sol the fare is decidedly more refined. From dishes like Ceviche, Spicy Camarones a la Diabla, or Crab Enchiladas Verdes, the owners of El Sol create authentic Mexican dishes that excite and satisfy the palette. The El Sol kitchen staff will ensure each dish is carefully prepared and whether you like it mild or with a spicy edge, they'll be certain to accommodate your individual taste. To compliment your dining experience, El Sol offers a full-service bar so order a Jamaica Flavored Margarita or a Blue Hibiscus to complement those awesome Lobster Enchiladas. Bienvenidos! Entree prices range from $14 to $25 with an average price of around $18. Dinner at individual expense. *Bus leaves the hotel promptly at 6:15pm.*
# Dinner at Passage to India
Hosted by Jude & Susan Bienvenu

Let Passage to India take you on a flavor-filled journey in an authentic Indian atmosphere! With diverse recipes and culinary techniques passed down from generation to generation, Passage to India offers a wonderful dining experience. Dishes range from mild to very spicy but they will accommodate your individual preference so be sure to discuss preparation options with your server. Some of the more popular dishes include Mango Chicken, Vegetable Xaccutti (pronounced “sha-ku-tee”), Baigan Bhatta and Tandoori Chicken. Jude and Susan Bienvenu are your co-hostesses. So if you are dining with your significant other, this may be a wonderful opportunity to compare couples experiences. Dinner at Passage to India isn't just for couples, singles are welcome as well! Entree prices range from $12 to $28 with an average price of around $20. Dinner at individual expense. **Bus leaves the hotel promptly at 6:15pm.**

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## Dinner at the Firehouse
Sara & Kendra Edwards

The historic Hope Station building was renovated and became home to The Fire House Restaurant. Hope Station is the oldest standing firehouse in the city of Harrisburg and is the second oldest in Pennsylvania. Inspired by a devastating fire on Christmas Eve 1813, the Harrisburg Hope Fire Company was founded in 1814. This building, Hope Station #2, was built in 1871. Wide menu selections. Prices vary between $10 and $40. **Bus leaves the hotel promptly at 6:15pm.**

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## Dinner at Stock's on 2nd
Hosted by Suzane Oliva

The cuisine at Stock's is American with a lean towards Asian and Southwestern flare. The menu offers delectable entrees such as Seafood Alfredo, Risotto Cakes, or Prosciutto-wrapped Trout. Stock's also offers a wide variety of interesting appetizers like Pulled-pork French Fries, Lump Crab Fritters, or Pork Wings. In addition to its great food, Stocks offers a great atmosphere that includes an exhibition kitchen and an awesome martini bar for the most amazing cocktails. With an amazing wait staff offering the most attentive and personalized service, Stock's on Second is a great place for dinner. Entree prices range from $18 to $33 with an average price of around $25. Dinner at individual expense. **Bus leaves the hotel promptly at 6:45pm.**

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## Friday Evening Downtown

**Friday Night Downtown Harrisburg Shuttle Schedule**

Buses leave promptly at their assigned times for each of the restaurants. Please double check what time your bus leaves and please do not be late. **Please ensure that you have your dinner ticket and conference name badge.** Each restaurant has a host or hostess who will introduce themselves on the bus and accompany you to the restaurant, so please feel free to ask them any questions. After dinner, the buses will pick up from the restaurants and continue back to the Sheraton hotel starting at approximately 9:00 pm.

We have made reservations for 15-30 people at each of the following restaurants. If you signed up to dine in downtown Harrisburg on Friday night, a restaurant ticket will be in your registration packet for the restaurant you chose. If you did not sign up and would like to join us, you can check at the registration desk to see if there are any tickets still available. A transportation fee may apply.

- **Dinner at Passage to India**
  - Hosted by Jude & Susan Bienvenu
  - **Bus leaves the hotel promptly at 6:15pm.**
- **Dinner at the Firehouse**
  - Sara & Kendra Edwards
  - **Bus leaves the hotel promptly at 6:15pm.**
- **Dinner at Stock's on 2nd**
  - Hosted by Suzane Oliva
  - **Bus leaves the hotel promptly at 6:45pm.**

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**Don’t Forget Your Bus Ticket For Dinner!**

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“A Celebration of Gender Diversity”
Dr. Rumer was recently named the Director of Hahnemann University Hospital's Transgender Surgical Program. The launch of the program is the first for an academic medical center in the Philadelphia region.

Additionally, Dr. Rumer, in conjunction with Hahnemann University Hospital, is now establishing one of the country's first transgender surgery fellowships and will serve as the fellowship director.

Dr. Rumer is a Pennsylvania Medicaid provider for all transgender surgical services. She is also an in-network provider for most national and regional insurance plans. If she is not a provider in your plan, she will work with your insurance company to the full extent of their cooperation.
Rumer Cosmetic Surgery

Where the body finally meets the soul...

From the moment you schedule your first consultation to your final post-procedure visit, our focus is on YOU. We partner with you to make your transition dreams come true.

FTM Surgical Procedures
- Chest Masculinization
- Metodioplasty
- Phalloplasty
- Urethral Lengthening
- Body Contouring (tummy tuck/ liposuction/buttock and hip enhancement

MTF Surgical Procedures
- Gender Reassignment Surgery
- Facial Feminization
- Breast Augmentation
- Body Contouring (tummy tuck/ liposuction/buttock and hip enhancement)
- Brachioplasty (arm lift)

FTM Non-Surgical Procedures
- Neograft™ Hair Transplantation
- Permanent Make-up for Nipple Tattooing
- Laser - Skin Resurfacing / Tightening / Hair Removal / Tattoo Removal
- Acne Resurfacing
- ThermiTight™ Neck Lift
- Dermabrasion / Microdermabrasion / Dermplaning
- Botox® / Facial Fillers / Chemical Peels

MTF Non-Surgical Procedures
- Neograft™ Hair Transplantation
- Permanent Make-up (including eyebrows, eyeliner, lips, labia and nipple tattooing)
- Laser - Skin Resurfacing / Tightening / Hair Removal / Tattoo Removal
- Acne Resurfacing
- ThermiTight™ Neck Lift
- Dermabrasion / Microdermabrasion / Dermplaning
- Botox® / Facial Fillers / Chemical Peels

Kathy L. Rumer, DO, FACOS
105 Ardmore Avenue • Ardmore, PA 19003
rumercosmetics.com • (855) 782-9665

Hahnemann University Hospital
KEYSTONE CONFERENCE 2017

Sorry we cannot attend this year but look for us next year to attend!

For a FREE telephone consultation, go to www.mlzukowski.com and follow the directions under consult tab.

One Stage Pure Endoscopic and Biplanar Brow Lifts
with removal of orbital rim bossing, preservation of sensation and sinus function with scalp advancement

Chin Reduction, Advancement, Reshaping, Lip Lifts

Multiplane Face & Neck Lifts

Feminizing Rhinoplasty, Septoplasty

Jaw Angle - Masseter Muscle Reduction

Breast Augmentation

Tracheal Shave

Brazilian "Butt Lift"

Ultrasonic Liposuction & Liposculpting

Medpor & Silicone Implants to all Body Locations

Facial Fat Grafting, Buttock Enhancement

Perioperative Lymphatic Drainage

Skin Care products for the face & body

Micrograft Hair Restoration

ZUKOWSKI CENTER FOR COSMETIC SURGERY

847.853.8869

3612 W. Lake Ave., Wilmette, IL • www.mlzukowski.com • email: michelleanewyou@elnet.com
Friday 9:00 pm

Keystone Dance Party
Hosted by Suzane Oliva

Salon C D E

Come join us for the Keystone Dance Party in Salons C, D & E.

Musical Entertainment in the Dog & Pony Lounge
Guitarist Chris Huff

Dog & Pony

They don’t make them like Chris Huff anymore. A throwback to the days when artists worked in multiple genres on the same album, his songs are impossible to pigeonhole and emerge from a spirit and desire to both experiment and play the best of pop, rock and reggae.

Friday 9:30 pm

Couple's Friday Evening Reception
Hosted by SO Directors

Suite 543

Join other couples in the SO Sanctuary for some social time.
# Saturday Overview

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Presenter</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 AM</td>
<td>&quot;Good Morning Keystone!&quot; Workout @ 7 am</td>
<td>Cheryl Katon</td>
<td>Fitness Ctr</td>
</tr>
<tr>
<td>8:30 AM</td>
<td>New Family &amp; Educator Orientation/Welcome</td>
<td>Dr. Rachel Levine</td>
<td>Salon C</td>
</tr>
<tr>
<td>9:00 AM</td>
<td>Supporting Transgender &amp; Gender Non-Binary Children &amp; Youth in Schools</td>
<td>Dr. Linda Hawkins</td>
<td>Salon C</td>
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<tr>
<td></td>
<td>Ensuring Parental Support for Siblings of Trans and Gender-Expansive Children as well as Support for Yourself</td>
<td>Liz Leen Nicole Miller</td>
<td>Salon E</td>
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<tr>
<td></td>
<td>Children's Trans-Themed Literature</td>
<td>Laura Pearce</td>
<td>Fir</td>
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<td></td>
<td>Yoga Class</td>
<td>Asa Frederick</td>
<td>Hemlock</td>
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<tr>
<td></td>
<td>Revealing Your Gender Identity to Your Employer</td>
<td>Janelle Crossley, Dr. Nadine Garner, Emily Frantz</td>
<td>Ash</td>
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<td></td>
<td>Being Spiritual When the World Won't Let You Be Religious</td>
<td>M.C. Johnson</td>
<td>Birch</td>
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<td>Writing Your Coming Out Letter</td>
<td>Sophie Lynne</td>
<td>Chestnut</td>
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<tr>
<td></td>
<td>Male to Female Surgical Options: Genital, Facial Feminization, Breast Augmentation, Revisions/Repairs and Body Contouring</td>
<td>Dr. Toby Meltzer</td>
<td>Dogwood</td>
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<tr>
<td></td>
<td>SO Sanctuary</td>
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<td>Suite 543</td>
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## Help, hope and healing is here for survivors of sexual violence in PA.

www.pcar.org

Pennsylvania Coalition Against Rape

"A Celebration of Gender Diversity"
## Saturday Overview

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<tr>
<th>Time</th>
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<tbody>
<tr>
<td><strong>10:00 AM</strong></td>
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<td></td>
<td><strong>Tea Time with Jenny</strong></td>
<td>Jenny Jensen</td>
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<tr>
<td><strong>10:30 AM</strong></td>
<td><strong>Family Q &amp; A</strong></td>
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<tr>
<td>Understanding and Supporting Transgender and Gender Expansive Students in the College Environment</td>
<td>Dr. Jeanine Ruhsam</td>
<td>Salon C</td>
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<tr>
<td>MtF Gender Confirming Surgeries - World Class Techniques</td>
<td>Dr. Kathy Rumer</td>
<td>Salon D</td>
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<tr>
<td>Puberty Blockers &amp; Medical Options for TransYouth</td>
<td>Dr. Jarrett Sell</td>
<td>Salon E</td>
</tr>
<tr>
<td>The Woman Within – Dressing Well for Who You Are Now</td>
<td>Kate Cartmell</td>
<td>Fir</td>
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<tr>
<td>Practical Self-Defense</td>
<td>Asa Frederick</td>
<td>Hemlock</td>
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<tr>
<td>Coming out to Children: A Unique Collaboration between a Grandparent and a Licensed Professional Counselor</td>
<td>Dr. Nadine Garner, Ruby Garner, Janelle Crossley</td>
<td>Ash</td>
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<tr>
<td>Anxiety - The Elephant in Your Room</td>
<td>Amy Keisling</td>
<td>Birch</td>
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<tr>
<td>How We Win: Securing Justice Under the Law for LGBTQ Pennsylvanians</td>
<td>Jason Goodman, Tara Stark</td>
<td>Chestnut</td>
</tr>
<tr>
<td>Female to Male Surgical Options: Genital, Chest, and Revisions/Repairs</td>
<td>Dr. Toby Meltzer</td>
<td>Dogwood</td>
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<tr>
<td><strong>12:00 PM</strong></td>
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<tr>
<td>Saturday Luncheon &quot;Changing the Narrative on Gender Matters&quot;</td>
<td>Dr. Graciela Slesaransky-Poe</td>
<td>Commonwealth</td>
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<tr>
<td><strong>2:00 PM</strong></td>
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<tr>
<td>Dignity for All: Trans Student Rights in Pennsylvania</td>
<td>Jason Goodman, Tara Stark</td>
<td>Salon C</td>
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<tr>
<td>A Positive Body Image with MTF Top and Bottom Surgery: Obtaining Aesthetically Natural and Functional Results in a One-Stage Procedure.</td>
<td>Dr. Sherman Leis</td>
<td>Salon D</td>
</tr>
<tr>
<td>The Special Medical Needs of Trans-Patients, Hormone Replacement Therapy Protocols and PReP (Pre-exposure Prophylaxis for HIV)</td>
<td>Dr. Jarrett Sell</td>
<td>Salon E</td>
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<tr>
<td>The Woman Within - Finding your Feminine Style</td>
<td>Kate Cartmell</td>
<td>Fir</td>
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<tr>
<td>Real Talk For Trans Kids/Teens &amp; Parents</td>
<td>Seth Rainess</td>
<td>Hemlock</td>
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<tr>
<td>Finding Support as a Trans Spouse</td>
<td>Peg Fram</td>
<td>Ash</td>
</tr>
<tr>
<td>Transmen over 18 only - Navigating Products for Packing, Peeing and Pleasure</td>
<td>Mason Katzman</td>
<td>Birch</td>
</tr>
<tr>
<td>Transmisogyny: The Cultural, Religious and Political Roots of America's Fear of and Discrimination Against Transgender Women</td>
<td>Dr. Jeanine Ruhsam</td>
<td>Chestnut</td>
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<tr>
<td>New Directions in Surgical Gender Confirmation for FtMs</td>
<td>Dr. Marci Bowers</td>
<td>Dogwood</td>
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<tbody>
<tr>
<td>3:30 PM</td>
<td>Creating Welcoming and Affirming Elementary Schools</td>
<td>Dr. Graciela Slesaransky-Poe</td>
<td>Salon C</td>
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<tr>
<td></td>
<td>Every Voice Counts! Results of the 2015 U.S. Transgender Survey</td>
<td>Mara Keisling</td>
<td>Salon E</td>
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<td>Adolescent Youth: Unique Variables for Successful Transition</td>
<td>Dr. Michele Angello</td>
<td>Fir</td>
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<tr>
<td></td>
<td>SO What Now? (SO Only)</td>
<td>Alexis Lake</td>
<td>Hemlock</td>
</tr>
<tr>
<td></td>
<td>Embracing God and Learning to Forgive</td>
<td>Rena Karns</td>
<td>Birch</td>
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<td>Taking the Anxiety Out of Injections</td>
<td>Dr. Cathie Collins</td>
<td>Chestnut</td>
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<td>New Directions in Surgical Gender Confirmation for MtFs</td>
<td>Dr. Marci Bowers</td>
<td>Dogwood</td>
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<tr>
<td>4:00 PM</td>
<td>Binders Fitting for Transmen</td>
<td>Mason Katzman</td>
<td>Suite 1008</td>
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<td>Transmen Reception</td>
<td>David Denton</td>
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<td>5:00 PM</td>
<td>Family &amp; Youth Pizza Party</td>
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<td>Elm</td>
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<td>Friends of Bill W.</td>
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<td>Ash</td>
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<tr>
<td>6:00 PM</td>
<td>Keystone Gala Reception</td>
<td>Our Sponsors</td>
<td>Assemble Area</td>
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<tr>
<td>6:30 PM</td>
<td>Family &amp; Youth Pool Party</td>
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<td>Pool Area</td>
</tr>
<tr>
<td>7:00 PM</td>
<td>Keystone Gala Dinner, &quot;The Phenomenology of Illusion: On Gender Transitions and Existential Identity.&quot;</td>
<td>Dr. Talia Mae Bettcher</td>
<td>Commonwealth</td>
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<tr>
<td>7:30 PM</td>
<td>Butterfly Ball</td>
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<td>PA Ballroom</td>
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<tr>
<td>9:00 PM</td>
<td>Parent/Family/Care Giver Social</td>
<td></td>
<td>Suite 1008</td>
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<td>Musical Entertainment by Wicked Jezebel</td>
<td>Wicked Jezebel</td>
<td>Commonwealth</td>
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<tr>
<td>9:30 PM</td>
<td>Couples' Wine &amp; Cheese Social</td>
<td>SO Directors</td>
<td>Suite 543</td>
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SAVE the DATE: May 12 & 13, 2017
Scarlett’s Makeovers and Lady Heather Leigh present

**SCARLETT’S MAKEOVERS AND LADY HEATHER PRESENT**
**FRIDAY, MAY 12TH**
**triangles**
**Reunion Extravaganza**
**8PM - 1AM**

**LADY HEATHER PRESENTS**
**DIVA SOCIAL**

The Diva Social is a fabulous, friendly, safe and welcoming TG, TV, CD, and queer event for the entire LSTGQ community. All LSTGQ Tribes are welcome - as well as friends, admirers, and allies!

---

Fri. May 12th 8pm -1am ~ 65 Sand Pit Rd, Danbury
Sat. May 13th 8pm - 2am ~ 365 Crown St, New Haven

For more information:
[www.facebook.com/DIVASocialTG](http://www.facebook.com/DIVASocialTG)
[www.scarlettsmakeovers.com/triangles-reunion](http://www.scarlettsmakeovers.com/triangles-reunion)
Saturday 7:00 am

"Good Morning Keystone!" Workout
Cheryl Katon

Join Cheryl for this quick, 20-minute workout which will include yoga, stretching as well as a little cardio and dance. With only 20 minutes you won't see results during the conference, but maybe you'll be inspired to create and stick with your new 'Keystone' Resolution! You'll have fun with everyone and each routine will help you trim and re-define your shape to enhance your figure. Be sure to wear work out attire and tennis shoes and don’t forget your water bottle and yoga mat (if you’ve got one). This is a great way to start your day in a judgement free environment among friends. The journey to a new and healthier you starts now.

This is a Keystone Co-Event

Saturday 8:30 am

New Family & Educator Orientation/Welcome
with Opening Remarks by Dr. Rachel Levine, Pennsylvania Physician General

First time to an event like this? Don’t worry about a thing! We are all just people looking for information and answers on how to be the best support to our family. Come join Dr. Rachel Levine, Pennsylvania's Physician General, other families and students for this quick orientation of the day's events. Take a deep breath because by the end of the day you will have found some answers, some comfort, and most likely some friendships. You will leave with plenty to reflect upon, and take home to share with extended family and friends.

Saturday 9:00 am

Teen Room

Students ages 14-20, join us for a fun day in an affirming and supportive environment where everyone feels welcome to be themselves. Plenty of food and conversation are available. This place is to nurture your true self and express yourself creatively. The teen room is open from 9:00 am to 12:00 pm and 2:00 pm to 5:00 pm. Be sure to stop in and see if there is formal wear that you might enjoy for the evening fun!

Youth Room

Children 13 and under are welcome to join us in the youth room where we will have a day of fun and organized activities in a supportive and affirming environment. A place where every child can be comfortable and free to be themselves with the hope to fill with the room with laughter and friendship. It doesn’t matter who you are, if you are under 13, you are welcome to join us in the youth room. Let’s see what we can learn from each other as we enjoy the day together.

Supporting Transgender & Gender Non-Binary Children & Youth in Schools
Dr. Linda Hawkins

In this workshop, participants will gain an understanding of gender and sexuality development in childhood; review language that can be used to support gender in the classroom; and identify personal and professional skills that will support all children.

Ensuring Parental Support for Siblings of Trans and Gender-Expansive Children as well as Support for Yourself
Liz Leen & Nicole Miller

Being a parent or guardian of a gender creative child has its struggles, joys, and eye opening experiences. We as parents/guardians are trying to juggle all of what life throws our way and be the best support to all of our children. With this we are sometimes pushed and pulled in all directions and need to find a balance to ensure everyone in the family is healthy.
Children's Trans-Themed Literature
Laura Pearce

The use of children's books to address transgender issues can be a powerful means to open discussions at home and in the classroom. This workshop examines the growing number of books available for children and families and how they can be used to inform, educate, and support.

Yoga Class
Asa Frederick

Learn to engage and reconnect your mind and body. Yoga is great in aiding with Insomnia and Post Traumatic Stress Disorder. It relieves Anxiety, Stress, and Depression. Walk away with a new outlook on life. This workshop is all inclusive. Please dress in comfortable clothing that will not restrict your movement.

Revealing Your Gender Identity to Your Employer
Janelle Crossley, Dr. Nadine Garner & Emily Frantz

Discussion on how to reveal your gender identity to your employer so as to have a smooth and acceptable transition. The proper way to approach your employer and to remain in control of your reveal. How to approach and educate your co-workers before your transition date and why. We will discuss what it may be like on your first day of transition at your job, the feelings within yourself and the actions and feelings of your employer and your co-workers. This will be an interactive workshop as well as a short bio of Janelle's reveal to her employer and co-workers and how she revealed her gender identity in a very educational and accepting way. We will also discuss how revealing your gender identity to your employer can impact your relationship with your spouse and or significant other and immediate family.
Being Spiritual When the World Won't Let You Be Religious
M.C. Johnson

Many transgender and gender nonconforming persons have felt excluded from full participation in religious organizations. They have at times been made to feel less than others just because of who they are. In this workshop we will explore ways to fulfill spiritual needs that are not being met through traditional religious institutions. Trans spirituality is life affirming and life enhancing and we should not deny ourselves its benefits. We will also talk about how to be a positive agent of change by joining with others in the broader religious community.

Writing Your Coming Out Letter
Sophie Lynne

Declaring your Truth to the world, also known as "Coming Out," is one of the hardest things a person will ever do in their lifetimes. Coming out affects everything and everyone in your life. Many people choose to do this via the written word, be it read in person, sent via email, or posted on social media. This workshop will cover two types of the "Coming out" letter: Personal and Professional. While each person's experiences are unique, there are enough commonalities that we share that we can learn from each other. What NEEDS to be said? How do I say it professionally? How can I write my letter to give me the maximum possibility of acceptance? These topics will be covered and more, by sharing the letters of those who have already gone through the process, as well group discussion.

Male to Female Surgical Options: Genital, Facial Feminization, Breast Augmentation, Revisions/Repairs and Body Contouring
Dr. Toby R. Meltzer M.D

A PowerPoint Presentation discussing current surgical techniques, a discussion of procedures, risks and complications, before and after photos with time for questions and answers. He is available for brief individual one on one visits. You may contact our office at 866-876-6329 if you wish to schedule a one on one visit. Formal or longer consultations need to be scheduled at our Scottsdale office at 866-876-6329.

SO Sanctuary

The "Spouse & Significant Other Sanctuary" is a refuge, open daily from 9:00 am to 5:00 pm to all spouses and significant others of transgender partners ONLY. It is a place where you, the partner of a transgender person, can relax and speak freely to other spouses and significant others.

Keys for the sanctuary may be obtained from our sanctuary leaders or from the Keystone Conference Registration Desk. Our sanctuary leaders are always just a phone call away to offer their shoulder, support, encourage and stand with you. You may contact them at (717) 508-7292. Please join us in supporting each other--there is hope and help, together.

Tea Time with Jenny
Hosted by Jenny Jensen

For those of you that are attending the Keystone Conference for the first time or feel you need a little moral support, join Jenny Jensen as she hosts 'Tea Time with Jenny.' It’s an informal gathering of first timers, newcomers and anxious attendees in a comfortable and discreet setting. It’s an opportunity for those that are unsure of themselves and want to start off their Keystone experience on a good footing, learn a little more about the conference and how it can help them.
Dr. Ley joined our practice and began direct training with Dr. Meltzer in November 2015. She is committed to providing the same quality of surgical care and is now accepting new patients. For more on Dr. Ley’s surgical training please visit our website.

7025 N. Scottsdale Rd. Suite 302 Scottsdale, AZ 85253
(480) 657-7006 or 1-866-876-6329  Fax: (480) 657-7020
WWW.TMELTIZER.COM
Join Dr. Linda Hawkins from Children’s Hospital of Philadelphia for open question and answer time from second period throughout lunch. Sometimes questions arise and we might want a bit of a smaller venue to ask it, here is the chance. A great opportunity to talk to a leading expert working with gender expansive and transgender youth.

### Understanding and Supporting Transgender and Gender Expansive Students in the College Environment

**Dr. Jeanine Ruhsam**

This workshop begins with a historical review of the cultural causes and detrimental effects of transgender discrimination in the United States, focusing on its effects on secondary and college students. This age group is already highly challenged because they are taking steps to solidify their adult identities—which the college process demands they do—and those few who are in any stage of the process of gender transition are particularly vulnerable. That they do not receive the support they require is evident in the shockingly high rates of attempted, and tragically too often successful, suicide: nearly seven times the rate of their non-transgender/gender expansive peers. The session then shifts to a discussion of policies and procedures which faculty, staff, administration and parents need to adopt to help this group achieve, with hope, dignity and self-confidence, all that they have the promise to. An open discussion along a Q&A format will follow.

### MtF Gender Confirming Surgeries - World Class Techniques

**Dr. Kathy Rumer**

This workshop provides an opportunity for Dr. Rumer to discuss her world class MtF Gender Confirming Surgical procedures such as FFS, BA, Body Contouring, and GRS. She will also unveil a number of surgical and non-surgical procedures. Dr. Rumer will then open the floor for answering specific questions after her power point presentation, and will be available for complimentary consultation while at the conference. Please call us at 855-782-5665 prior to the conference and schedule your complimentary consultation.

### Puberty Blockers & Medical Options for TransYouth

**Dr. Jarrett Sell**

The workshop will explore the medical care for transgender youth—including children teens and young adults. We will go over the evaluation of children and teenagers who are transgender and then review the most up-to-date treatment recommendation to include the guidelines for hormone replacement therapy for teenagers. We will examine several case samples and discuss the many complex medical, psychological and social issues that are involved. At the completion of this session the participant should be able to:

- Review the theories about the biological causes of transgender feelings and the controversies regarding the psychiatric criteria and diagnosis
- Describe evaluation of children, teens and young adults with transgender feelings
- Discuss the treatment options and protocols
The Woman Within – Dressing Well for Who You Are Now
Kate Cartmell

By now, you’ve probably learned to dress in a consistent and age-appropriate style that makes you feel comfortable. In this workshop, we will explore the details that truly make your clothing fit well, present you at your very best and support your individual sense of style. One special focus will be looking current and on trend. Being -- and looking -- youthful in spirit is not a luxury. Today’s job market and workplace require a hip, flexible outlook – and a hip, age-appropriate wardrobe that communicates your spirit. What you’ll learn:

Balance and Line ~ For many, our bodies have unique proportions that will never align with standard measurements. So, you’ll learn to create your own rules, ones that work for your body ~ from head to toe ~ to create balance and flattering proportion in your clothes.

Fit ~ Dressing to fit your real body requires a few tricks, using tools that are many women’s best kept secrets. Learn them to look great, current and more youthful, too.

Details ~ You’ll learn how to assess your assets ~ and what you want to play down. Learn to shop with confidence knowing what colors, fabrics, necklines, sleeves, lengths and accessories work for you.

Putting it Together ~ You’ll learn how to feel truly confident in any setting, knowing that you fit in, yet stand out with vibrancy, with a style that is uniquely you.

Practical Self-Defense
Asa Frederick

Learn how to defend yourself against an assailant with functional self-defense moves. This workshop will include demonstrations, instruction and a question and answer segment. This workshop is open to all.
### Coming out to Children: A Unique Collaboration between a Grandparent and a Licensed Professional Counselor
**Dr. Nadine Garner, Ruby Garner & Janelle Crossley**

Sometimes it takes a village to come out to grandchildren! Please join us for a sensitive journey documenting a grandparent’s successful coming out to two young grandchildren. You will be able to witness a creative and thoughtfully designed counseling intervention, which included the grandparent, a licensed professional counselor, and a young child outside of the family who is an advocate for gender identity. You will see video excerpts of the whole experience and be able to share your own personal insights about the care and nuance required when sharing the coming-out process with young children.

### Anxiety - The Elephant in Your Room
**Amy Keisling**

Anxiety can be a confusing and frustrating companion. For some, it is a byproduct of gender identity issues. For others, it is an underlying condition that complicates the process of working though gender identity. This workshop is geared towards addressing some strategies for understanding and managing anxiety, as well as helping others to be aware of how to help someone who is trying to cope with this condition.

### How We Win: Securing Justice Under the Law for LGBTQ Pennsylvanians
**Jason Landau Goodman & Tara Stark**

Pennsylvania remains a difficult place for many to be openly LGBTQ under the law. Our state legislature has adopted no law currently in effect to ban anti-LGBTQ discrimination or violence in our schools and communities. To demand full equality under local and state laws, we must be strategic in all our efforts. This session will provide you with a clear understanding of LGBTQ civil rights in Pennsylvania - our histories, present, and future agendas from Harrisburg. Through collaborative work, you will learn important tools you can use back in your communities to advance critical social and economic justice work.

### Female to Male Surgical Options: Genital, Chest, and Revisions/Repairs
**Dr. Toby R. Meltzer M.D.**

A PowerPoint Presentation discussing current surgical techniques, a discussion of procedures, risks and complications, before and after photos with time for questions and answers. He is available for brief individual one on one visits. You may contact our office at 866-876-6329 if you wish to schedule a one on one visit. Formal or longer consultations need to be scheduled at our Scottsdale office at 866-876-6329.
In this keynote presentation, Dr. Graciela Slesaransky-Poe will offer a lens through which families, schools and communities could approach creating welcoming and affirming spaces for gender non-conforming and transgender children and youth. She will share the lessons learned advocating for inclusive schools for students with disabilities, how is she transforming them to foster welcoming and affirming for gender non-conforming and transgender students, and her thoughts on the work ahead.

Graciela Slesaransky-Poe, Ph.D., is a Professor and the former Founding Dean of the School of Education at Arcadia University, Glenside, Pennsylvania. Her teaching, research, and service are focused on diversity, inclusion, equity, and social justice, and the role that education, self-knowledge, and self-renewal could play to foster these values. Her teaching and consulting are grounded in the recognition that the differences and gifts that each student, family, and educator offer enrich the school culture in valuable and meaningful ways. Building on her extensive experience on inclusion of students with significant disabilities, disproportionate representation of students of color receiving special education services, and educating school communities on gender and sexual diversity, Dr. Slesaransky-Poe is helping educators and leaders engage in the exploration of their implicit biases. By becoming aware of the lenses we use to look at, and experience the world, we understand the ways in which we see ourselves in relation to others, as well as how we see others in relation to ourselves. Dr. Slesaransky-Poe is the proud mom of two children who do not fit squarely in any identity box. Informed by her national and international professional expertise coupled with her personal experiences raising a gender, religious, culturally and linguistically diverse family, Dr. Slesaransky-Poe is becoming a prominent local and national expert on creating welcoming, inclusive, and safe schools, for all students. She is a dynamic speaker. Her presentations, workshops, and publications are widely sought after, cited, and disseminated. Dr. Slesaransky-Poe is the recipient of several awards and recognitions including the Patricia C. Creegan Award on Excellence on Inclusive Practices, Arcadia’s Ally Award, and the Steinbrucker Endowed Chair. She received her Ph.D. in Special Education from Temple University.
About Our Program

Hahnemann University Hospital’s Transgender Surgical Program, led by board certified plastic surgeon Kathy L. Rumer, DO, FACOS, offers all forms of Male-to-Female (MTF) and Female-to-Male (FTM) gender confirming surgeries. Patients also have access to face, breast, chest, body contouring and other related procedures. Dr. Rumer, a renowned transgender surgery specialist, is the director of the Transgender Surgical Program.

The launch of this program is the first for an academic medical center in the Philadelphia region. Here at Hahnemann University Hospital, we are dedicated to providing our patients with the highest quality of care. We work to create a welcoming and comfortable environment for those who are undergoing gender confirmation.
Transgender Surgery Program
Rumer, Our Program Director

FTM Surgical Procedures
- Chest Masculinization
- Metodoplasty
- Phalloplasty
- Urethral Lengthening
- Body Contouring (tummy tuck/liposuction/buttock and hip enhancement)

MTF Surgical Procedures
- Gender Reassignment Surgery
- Facial Feminization
- Breast Augmentation
- Body Contouring (tummy tuck/liposuction/buttock and hip enhancement)
- Brachioplasty (arm lift)

Hahnemann University HOSPITAL
230 N BROAD STREET, PHILADELPHIA, PA 19102

www.hahnemannhospital.com/transgender
### Saturday 2:00 pm

**Dignity for All: Trans Student Rights in Pennsylvania**

Jason Landau Goodman & Tara Stark

Salon C

CE Ed FY

Young transgender and gender-expansive Pennsylvanians have unique and often challenging experiences in affirming their gender under the law. Adopting effective policies, as well as ensuring their successful implementation, can be crucial for trans youth to have positive experiences in their schools and communities. This session will educate participants on the local, state, and federal laws that have direct impact on trans students. Specifically, the session will focus on how schools can provide for trans student inclusion and how individual school districts can adopt strong policies. We will also examine several case studies of anti-trans discrimination involving youth in Pennsylvania. Participants will gain valuable skills to use in their home communities in the push toward justice for young trans people.

**A Positive Body Image with MTF Top and Bottom Surgery: Obtaining Aesthetically Natural and Functional Results in a One-Stage Procedure**

Dr. Sherman Leis

Salon D

CE

Options for breast augmentation will be discussed and demonstrated including choice of incisions, shape and size of implant, saline versus silicone, placement of implants above or below the muscle, etc. Dr. Leis will also discuss his technique of one-stage vaginoplasty utilizing the penile inversion technique, neo-clitoris construction, and scrotal skin graft to increase vaginal depth. Recent cases will be demonstrated to show the natural results obtained with these techniques.

**Special Medical Needs of Trans-Patients, Hormone Replacement Therapy Protocols and PReP (Pre-exposure Prophylaxis for HIV)**

Dr. Jarrett Sell

Salon E

CE

This section will detail the medical aspects of transition related care, base line medical studies, risk factors, treatment variations based on patient age, prescribing alternatives, the ABC’s of HRT, as well as PReP.

**The Woman Within - Finding your Feminine Style**

Kate Cartmell

Fir

Just like any girl growing up, whether you know it or not your sense of self was formed by watching the women around you. Years of watching, learning and emulating made some of those women your role models. It may be your mother, an aunt, a sister, a boss, a friend, or even a movie character. Your role models hold keys to your personal style ~ that person you’re trying to reflect through what you wear. Finding that fundamental style will help you build a chic, workable wardrobe that gives you confidence ~ because it truly reflects you.

In this interactive workshop, we’ll help you discover those influences which, when distilled and applied, communicate to the world who you really are. Then, we’ll demystify the art of dressing well – focusing on dressing for our real age. Many of us come into our own in our “second act,” and we want – and need -- to look chic, vibrant and always appropriate. At the same time, by dressing well we can actually appear younger! Finally, we can truly embrace being the age we are, beautifully.

**Real Talk For Trans Kids/Teens & Parents**

Seth Rainess

Hemlock

FY

Are your children transitioning? You don’t know where to begin? What to say? How to help them? Join Seth Rainess as he offers wisdom from his own life in discussing the surprises, worries, joys and rewards of transitioning for youth today. This workshop is designed to help learn and understand the fundamental building blocks of gender transitioning.

**Finding Support as a Trans Spouse**

Peg Fram

Ash

We will discuss the difficulty of finding and starting support groups for trans spouses. Many on-line support groups over time devolve into spouse hating, fear mongering, and/or venues that cause increased problems to the individual involved. There is a near total absence of in-person support for spouses in all areas of the United States. The challenge is finding on-line and in-person support groups no matter where you are living. This workshop will be a place for discussion and idea sharing on how start these on-line and in-person support groups.
Transmen over 18 only - Navigating Products for Packing, Peeing and Pleasure
Mason Katzman

An up close look at products currently on the market for transmen. Pros and Cons of products and brands. I will bring samples of some products available as well.

Transmisogyny: The Cultural, Religious and Political Roots of America's Fear of and Discrimination Against Transgender Women
Jeanine Ruhsam

The first portion of this workshop will consist of a lecture that probes the myriad factors of America’s past that, taken together, lead to an understanding of the deeply entrenched fear of and revulsion towards transgender woman that is manifested in the rampant anti-transgender legislation being advanced in our nation today. The second portion will be an open-format discussion of methods and strategies that might be effective in reversing the discriminatory tide that is building against this group of people.

New Directions in Surgical Gender Confirmation for FtMs
Dr. Marci Bowers

Dr. Bowers will discuss some of the current dilemmas for FTMs. She will provide information regarding hysterectomy and metoidioplasty as well as ring metoidioplasty (metoidioplasty with urethral lengthening). Dr. Bowers will answer specific questions after her presentation.

Portraits Available Daily
Thursday, Friday & Saturday

Sign-up for Your Portrait at the Day Room Located across from the Commonwealth Ballroom

Candid Moments
Photographed throughout the Conference

Prints and Digital Downloads are available for purchase online.

Candids from the conference will appear online by Friday, April 21st, 2017.
To View Candid Photographs & Portraits:

1. Go to www.CassandraStorm.com
2. Select: ‘Already a Client? Click Here…’
3. Find the Keystone Conference 2017 Gallery
4. Enter Your Email
5. Enter the Password: 23359-17keystone

To book your portrait sitting or with any questions regarding your photographs:

Call or Text (717) 887-3124 or Email: Cass@CassandraStorm.com

“A Celebration of Gender Diversity” 63
Creating Welcoming and Affirming Elementary Schools
Dr. Graciela Slesaransky-Poe

Building on her professional expertise as a teacher educator, as well as her experiences parenting a gender nonconforming child and partnering with her child’s elementary school, Dr. Slesaransky-Poe will share best practices and resources to support the work of educators and families in fostering a climate of inclusion and acceptance for students and families challenge society’s expectations of gender.

Every Voice Counts! Results of the 2015 U.S. Transgender Survey
Mara Keisling

The 2015 U.S. Transgender Survey is the largest study ever conducted of trans, genderqueer, and non-binary adults in the United States, with nearly 28,000 participants. As the follow up to the groundbreaking 2008-09 National Transgender Discrimination Survey (NTDS), the U.S. Transgender Survey was conducted by the National Center for Transgender Equality in the summer of 2015 and saw unprecedented participation.

The NTDS report (Injustice at Every Turn) has been the go-to resource for educating the public about trans people. It’s shown how many trans people have faced discrimination and other barriers at school, work, in health care, in homeless shelters, in the criminal justice system, as well as many other areas of life. The U.S. Transgender Survey covered an even wider range of topics and will serve as a resource for advocates, policymakers, and the general public for years to come.

Join this session for a discussion of the U.S. Transgender Survey results and how they will inform advocacy for trans and gender non-conforming youth.

To ask questions or schedule an appointment, please call Dr. Angello at: (610) 917-8561 or email her directly at Dr_Angello@Yahoo.com

On the web at:
http://micheleangello.com/
### Adolescent Youth: Unique Variables for Successful Transition

Dr. Michele Angello

Adolescence is tough enough without dealing with gender variance! Youth and the parents of gender non-conforming young people are invited to participate in this dynamic discussion about some of the systemic variables to consider when dealing with being trans and being a minor. Issues regarding dealing with doctors, schools, places of worship, relationships and extended family will be discussed during this workshop. You are invited to bring your own experiences as well as your questions.

### SO What Now? (SO Only)

Alexis Lake

As you come to the end of what may have been your first or eighth Keystone Conference, you may be wondering “what now?” Having the chance to talk with other significant others can be a rare and meaningful experience. This workshop will focus on sharing some of the questions, challenges and opportunities faced by anyone who is in a relationship with someone who is transgender. Particular focus will be on preparing to return home and creating a personal support network. This workshop is open only to SOs.

### Embracing God and Learning to Forgive

Rena Karns

A workshop on learning to embrace God and learning to forgive. One subject I have found at Keystone is the need for letting go of those who did not stand by a trans-persons transition. The pain caused by those ignorant to understanding; hurts deeply. The struggle to unify God in this process also. We need to forgive people, so we can move on. That forgiving people does not mean we allow them back in our lives, or that we should want them in our lives. This will open up to more discussion. Remember that regardless of what anyone else says, or tells us, nothing we could ever do could cause God to stop loving us. His love has not beginning and no end. Regardless of what anyone has told you or said to you. We will discuss or follow with guided meditation. Seeing the face of God as love and not allowing society to dictate what God wants and does not want.

### Taking the Anxiety Out of Injections

Dr. Cathie Collins

Are you anxious about starting your injections or a parent whose child is starting injections? This workshop will help you to understand more about giving injections safely and correctly. Hands-on practice will be available with practice manikins. Learn safe techniques in maintaining sterility, identifying correct anatomical injection sites, and proper techniques for drawing up medication and injection. Ease your fears in this interactive workshop, with a nursing instructor who is also the parent of a transgender teen.

### New Directions in Surgical Gender Confirmation for MtFs

Dr. Marci Bowers

This program is designed to help participants gain knowledge of Dr. Bowers’ current MTF techniques, as well as her relocation to Burlingame, CA. She will talk about her one-stage vaginoplasty procedure. She will familiarize participants with her procedures as well as show examples of recent outcomes. Participants will also be informed of auxiliary MTF surgical offerings (such as tracheal shave and labiaplasty). Dr. Bowers will answer specific questions after her presentation.

### Saturday 4:00 pm

**Transmen Reception**

Hosted by David Denton

This is a Transmen-only (and their significant others and family) reception with refreshments. Come meet some of the other guys at the conference and share your stories, humor, challenges and successes.

**Binder Fitting for Transmen**

Mason Katzman

Mason will have a variety of sizes and styles displayed along with a few for purchase. He’s happy to provide his assistance in helping you identify the proper size and fit.
Saturday 5:00 pm

Friends of Bill W.

This meeting welcomes those who think they have a problem with alcohol and/or any other substance, and will be based on the program of Alcoholics Anonymous, a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help others to achieve sobriety.

Family & Youth Pizza Party

So who doesn’t like pizza? We have serious doubts not many would raise their hand to that question. Well if you are a pizza fan, then we have just the thing for you. All attendees of the Family and Youth Program are invited to a Pizza Party. Commencing at 5:00 pm, the party will provide a great time to network and rehash the activities of the day, parents can catch up with their kids, and a good time will likely be had by all.

Saturday 6:00 pm

Keystone Gala Reception

Our Sponsors

Come join us for Saturday's cocktail reception held in in the Assembly Area overlooking the beautiful city of Harrisburg and hosted by our conference sponsors.

Saturday 6:30 pm

Family & Youth Pool Party

Workshops for the day are over, and bellies are full from the pizza party, so now what to do from 6:30 pm to 8:00 pm??? POOL PARTY!! Grab your suits and make your way down to the pool for more fun. A great way to end the evening so kids can burn off that last bit of energy. Parents you can take a dip or sit and watch your little ones laugh, splash and smile the evening away while talking with your significant other, or friends you have met at Keystone.

Saturday 7:00 pm

Keystone Gala Dinner, "The Phenomenology of Illusion: On Gender Transitions and Existential Identity"

Keynote Speaker Dr. Talia Mae Bettcher

"What is gender transition?" and "Why do trans people do it?" In this talk, I explore these questions from a trans philosophical perspective. I critique both "born this way" and constructionist accounts that centralize the notion of embodiment. Instead, I argue for a broader account that centralizes the notion of empersonment. This requires a new understanding of personhood in terms of interpersonal spatiality (closeness/intimacy and distance). I argue that gender transitions and the affective and cognitive investments that drive them can be seen as arising in resistance to the abusive system of interpersonal spatiality in which persons are constituted.

Talia Mae Bettcher, Ph.D. is a professor of philosophy at California State University, Los Angeles. She has published articles on transphobia and transphobic violence and she teaches courses on the philosophy of gender, including "Introduction to Transgender Studies" and "Trans/Feminism." She is the past eirector of the Center for Study of Genders and Sexualities at CSULA and is currently department chair. She is also a community-based performance artist and she has been actively involved in Los Angeles transgender community and grass-roots organizing for many years.
Marci Bowers, MD is a Pelvic and Gynecologic Surgeon with over 25 years experience. She is a former Department Chairperson at Swedish Medical Center (Providence) in Seattle, where she practiced as Obstetrician/Gynecologist, delivering more than 2200 babies while there. She served on the Washington State Board of Midwifery from 2001-2003.

In 2003, Dr. Bowers relocated to Trinidad, Colorado, following in the footsteps of legendary surgeon Stanley Biber, MD. As the only gynecologist in the area, she faithfully served the local women of Southern Colorado for nearly 8 years. During her time in Trinidad, she also acted as overseeing physician for the Trinidad Planned Parenthood, a much needed resource in the small town for low cost mammograms, birth control, and cancer screening.

Opened in May 2011, the interior of the 241-bed facility was designed by Anderson Brulé Architects. In collaboration with its physician membership, Mills-Peninsula worked with doctors and hospital staff to create a calming and welcoming environment for patients and families. Always among the most highly regarded bay Area Hospitals, US News ranked Mills-Peninsula among its 65 best US hospitals.

Our Office is conveniently located in beautiful downtown Burlingame, California.

345 Lorton Avenue Suite 101
Burlingame, CA 94010

Dr. Bowers’ clinic manager is Angelita, who can be reached at (650) 570-2270 or via email: angelita@marcibowers.com.
Saturday 7:30 pm

Butterfly Ball—A Celebration of Transformation!

Come join other students for a DJ Dance and Pizza Party. Cost is FREE! High school and college are times of personal growth and change. In fact, this period in our lives is dedicated to personal exploration and discovery. Everyone changes during these times, sometimes just a bit, sometimes a lot, and some of us truly transform. The Butterfly Ball is to celebrate those transformations and the people brave enough and strong enough to make them.

Dress how you please, from formal to whatever you are comfortable with! Join in the formal wear swap in the teen room during the day.

Saturday 9:00 pm

Musical Entertainment by Wicked Jezebel

Keystone’s Hallmark event, the Gala Dance Saturday night will be the highpoint of the entire conference and bring to a close another successful celebration of gender diversity. The most shy and demur wallflower will spend hours looking for the perfect gown, classy dancing shoes and an amazing hairdo for the final night of fun and celebration. Even the guys will spend time at local haberdashery’s finding ideal apparel for that dapper look and to dress to impress. Try some new moves on the dance floor while enjoying the company of new found friends, old acquaintances and leave with great memories. The night will be electric and one you will never forget.

Once again, we have Wicked Jezebel, DC’s award winning all girl band delivering hits from all of the partying decades to the whole Mid Atlantic! 60’s Motown, 70’s Disco, classic rock, the wicked 80’s, to the grungy/techno 90’s with a "tad" of today, Wicked Jezabel delivers the best party atmosphere anywhere!

Saturday 9:30 pm

Couples’ Wine & Cheese Social
Hosted by the SO Program Directors

Come join other couples in the SO Sanctuary for wine and cheese.
### Sunday Overview

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Presenter</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>9:00 AM</td>
<td>Brunch at the Sheraton Hotel Restaurant</td>
<td></td>
<td>Restaurant</td>
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<tr>
<td>10:00 AM</td>
<td>Church Service at Market Square Presbyterian Church</td>
<td>Jennifer &amp; Karen Lehman</td>
<td>Front Lobby</td>
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#### Sunday 8:00 am

**Brunch at the Sheraton**

Say goodbye one last time at brunch in the Dog & Pony Restaurant. The Sheraton Hotel offers 10% off your ticket. Coupon is in your registration packet.

#### Sunday 10:00 am

**Church Service at Market Square Presbyterian Church**

Hosted by Jennifer & Karen Lehman

Reverend Kelly Wiant and the Market Square Presbyterian Church invite all Keystone Conference attendees to join them at their Sunday, March 26th 11:00 am worship service. The church is located at 20 S. Second St., Harrisburg, PA 17101. Please meet in the hotel lobby at 10:00 am so that we can make the 10:30 am Coffee Social. The event hostesses Jennifer and Karen Lehman will coordinate the 10 minute drive to downtown Harrisburg.

*Can’t make it to the church? Consider attending our workshop on “Transgender in Faith” on Friday at 2:00.*

*This is a Keystone Co-Event*
Jan Brown

Jan is a proud transgender member of her local community who has co-founded her local transgender support group, Mid-Hudson Transgender Association (MHVTA), in the Hudson River Valley of NYS. She’s happily married. She has participated in and presented at many transgender events throughout the past including IFGE, SCC, Be-All, First Event, Liberty, Empire and Fantasia Fair. She was part of the Fantasia Fair committee for several years. She treasures her participation in the community.

Joanne Carroll

Joanne M. Carroll is the President of TransCentralPA; an organization committed to providing advocacy and caring support for transgender individuals, their significant others, families, friends and allies. TransCentralPA also provides gender education and information to businesses, organizations, educational institutions and governmental agencies. She is Vice-President of Equality PA, a member of the PA LGBT Leadership Council, Gov-

Dr. Michele Angello

Dr. Michele Angello works with gender variant youth and adults. She offers individual, group and family therapy, as well as corporate education and training on a variety of issues of sexuality and has presented internationally on her work with trans-youth and working with children of transitioning parents. She facilitates several monthly support groups for transgender adults, youth and parents. Dr. Angello is often called on to speak as an expert on transgender issues to universities, corporations and the media. She has appeared on Larry King Live, the Tyra Banks Show, and various documentaries. She base her practice in Paoli, PA.

Dr. David Bathory

David S Bathory, PsyD. Graduated from the SUNY College of Purchase with his BA in Psychology and the Forest Institute of Professional Psychology with his Doctorate in Psychology. Dr Bathory specializes in GLBTQI issues as well as psychological trauma. He is a member of WPATH, on the Board of Directors for TransMentors International and facilitates transgender support groups in Winston-Salem North Carolina were he has his clinical practice. He also owns an international research and consulting firm that focuses on finding innovative solutions for complex problems such as: trauma associated with disasters and war, behavioral economics and healthcare systems and services for countries, studying resiliency and improving care & systems for oppressed populations such as children and GLBTQI people. He has been a presenter at the WPATH International Symposium last year in Amsterdam and will be presenting some of his work with adolescents at the EPATH Conference this April in Belgrade Serbia.

Dr. Judith & Susan Bienvenu

Jude & Susan Bienvenu were married in 2002. Jude’s transition process lasted from 2004 through 2009, and we are still together and very, very happy. Jude transitioned at work and is now the chief engineer of her department. Susan is a practicing acupuncturist, with certificates in Chinese herbal medicine and animal acupuncture. They have been presenting at Keystone since the conference started, and have also presented at First Event. Susan has a Masters of Social Work and the Masters of Oriental Medicine degrees.

Dr. Marci Bowers

Marci Bowers, M.D. of Burlingame, California, is acknowledged as a pioneer in the field of Genital Reassignment Surgery and is the first woman worldwide to hold a personal transgender history while performing transgender surgery. She is also the first US surgeon to learn the technique of functional clitoral restoration after Female Genital Mutilation (FGM). Dr. Bowers is a pelvic and gynecologic surgeon with more than 26 years’ experience. She is a University of Minnesota Medical School graduate and former class and student body president. Her Ob/Gyn residency was at the University of Washington. She continued in Seattle as an Obstetrician/Gynecologist at the Polyclinic and Swedish Medical Center, then joined Dr. Stanley Biber in Trinidad, Colorado in 2003, redefining US transgender surgery. She gained expertise in FGM clitoral restoration from noted French surgeon, Pierre Foldes in 2007-2009. Dr. Bowers relocated her surgical practice to the San Francisco Bay Area in 2010. As an international authority on clitoral reconstruction, Dr. Bowers is sought after as a speaker and worldwide surgical educator and has been featured in numerous documentaries and news features including the Guardian, BBC, Times of London, Esquire and many others. Dr. Bowers is a member of WPATH, and serves on the board of directors for both GLAAD and the Transgender Law Center. In 2016, she joined the faculty at Mt. Sinai-Beth Israel in New York to establish the first transgender surgical educational program in the US. Her transgender work has been highlighted by appearances on Oprah, CBS Sunday Morning and Discovery Health. Dr. Bowers was recently honored as one of the 100 most influential LGBT people on the Guardian’s World Pride Power List and also recognized as one of Huffington Post’s 50 Transgender Icons.

Rachel Alpert

Rachel teaches law at Suffolk Law School in Boston. She has 36 years’ experience as a lawyer, including 8 years as a public interest advocate, in litigation at law firms, and as inhouse counsel for a computer company and a food company. She will be teaching a course at a local college on “Sex, Gender, Bathrooms and the Supreme Court.” She is socially and politically active, involved in the successful Massachusetts battle to add public accommodation protection for transgender people to the state anti-discrimination law and as a canvassing coordinator for the Elizabeth Warren for Senate campaign.

Dr. Michele Angello

Dr. Michele Angello works with gender variant youth and adults. She offers individual, group and family therapy, as well as corporate education and training on a variety of issues of sexuality and has presented internationally on her work with trans-youth and working with children of transitioning parents. She facilitates several monthly support groups for transgender adults, youth and parents. Dr. Angello is often called on to speak as an expert on transgender issues to universities, corporations and the media. She has appeared on Larry King Live, the Tyra Banks Show, and various documentaries. She base her practice in Paoli, PA.
Presenter Bios

error's LGBT Work Group, Member of the President's Commission for Gender and Sexuality at Millersville University, and is a member of the Transgender American Veteran's Association. She is active in her church, First Reformed UCC in Lancaster, where she serves as Vice-President of the Leadership Team. She is also a member of the Penn Central UCC Open and Affirming Ministry Team as well as Equality PA Faith, and an active member of Lancaster County Embrace, a group providing support to congregations that affirm LGBTQ persons of faith, and yes, she is also an ordained Pastor.

Kate Cartmell
Kate Cartmell began her fashion and beauty career with Macy's as a sales associate and personal shopper, creating looks for hundreds of women over more than a decade. Her last role with Macy's was as an executive for women’s ready to wear fashion, where she remained the source for clients’ personal style. She left Macy's to join DHC Skincare, a luxury, Japanese beauty and holistic wellness company based in San Francisco. There, she is responsible for managing exceptional customer service provided to an international clientele. In 2010, she created Be Image Consulting, offering personal style and image counseling to women and men. Her specialty is translating current trends into modern, age-appropriate and wearable looks that enhance her clients' self image. This, in turn, helps them to reach the personal and professional goals they aspire to. Be Image Consulting strives to teach transgender people to radiate the strength, confidence and beauty only we possess.

Laurie Chism
Laurie Chism the President of Everyday Beautiful “Perfecting the art of being a woman” Specializing in head to toe transformations through wardrobe styling, femininity coaching, makeup instruction and artistry. Laurie has a passion for helping people look and feel extraordinary by embracing change. She has seen amazing things happen to people on the inside when they see themselves differently on the outside There is nothing as rewarding to her, as seeing someone smile back at their reflection in the mirror, perhaps for the first time, with a new found inner confidence. A lifelong resident of the Tampa Bay area with over 20 years experience in the fashion and beauty industry she is a member of AICI, NTTI Laurie served for 2 years on the executive board of the Tampa Bay LGBT Chamber of commerce and writes fashion and lifestyle tips for the Tampa Bay examiner.

Perry Cohen
Perry Cohen is the Founder and Executive Director of The Venture Out Project, a non-profit committed to providing a safe and fun space for trans and queer folks to experience the outdoors. In 2014, newly out as transgender and ready for even more change, Perry left his job as a member of the executive team at the 10th largest privately held company in the US to create The Venture Out Project. Knowing that his connection to nature and outdoor adventure had been one of the things that kept Perry grounded and safe during his transition, he sought to bring that same type of experience to others in the trans community. To date The Venture Out Project has over 100 alumni and has worked with people and organizations around the world. Perry holds an M.Ed. and a BA from the University of Pennsylvania. A native of New Hampshire, Perry lives in Western Massachusetts with his partner, their two children, and their chocolate lab.

Dr. Cathleen Collins
Cathie is the Department Chair of Nursing at the University of Virginia's College at Wise. She has been a nurse for 21 years and taught nursing for 19. She is also mom to Ryan, her 15 year old mtf son, who started T last year.

Sharron Cooks
Sharron lives in Philadelphia, PA. She holds a B.A in Philosophy with a focus on Ethics with honors from Arcadia University. Sharron is the Owner and CEO of Making Our Lives Easier LLC, which is a community based organization that is a consulting firm that provides quality resources and information to underrepresented communities, particularly trans women of color. She also served as an At Large Delegate for the Commonwealth of Pennsylvania. Sharron was the only African American transgender female to serve at The Democratic National Convention 2016. She is a member of The Liberty City Endorsement Committee and is also an Equality Pennsylvania board member which is the Commonwealth's leading organization for LGBTQ Equality.

She helped organize and curate the Defiant Trans Archives History exhibition at The William Way LGBTQ Community Center, is the Chairwoman of The MLK Day of Service at The William Way Center in Philadelphia. She has facilitated workshops for The Trans Oral History Project and co- facilitated various trans support groups in Philadelphia. And was a member of the Hearts On a Wire Collective that provides support for incarcerated trans and gender variant individuals, and served on the Mazzoni Center's Trans Health Conference Planning Committee.

Sharron Cooks has been honored and received numerous acknowledgements and awards for her dedicated service to the LGBTQ communities and for being an advocate for Trans Women of Color. She continues to help create positive change, equality and enrich the lives of LGBTQ and trans women with her company, Making Our Lives Easier LLC through community organizing, activism, advocacy and political consulting in The City of Philadelphia.
Janelle Crossley
Janelle is a 59 year old transwoman married for 37 years. She is a father of one daughter who has two children ages 9 and 10. Janelle is an active volunteer for EqualityPA, upon request helps with the HRC and a Solo Advocate for gender identity. She presents and discusses gender identity issues at colleges, universities, schools, business, individuals, families and does presentations at events and for other related gender identity groups and organizations. Janelle also is very interactive with state legislature meeting with senators and legislators on equal rights for all.

Victoria Datta
Victoria Datta is a successful professional executive in the pharmaceutical industry for the past 20 years, managing marketing and sales for small orphan/specialty product to mega-blockbuster. She successfully transitioned on the job between 2012 thru 2015. She not only transitioned herself but got her current employer to add Trans surgery benefits to their list of healthcare benefits. Victoria is also active in trans advocacy through her employer and volunteering her time to advance policy positions through local legislators in New Jersey.

Dr. Kenneth Dollarhide
Ken was born on the Pine Ridge Indian Reservation where he grew up and is an enrolled member of the Oglala Lakota Nation. He did his Ph.D. in Canada, McMaster University, where he specialized in the study of Buddhist texts. Since his retirement he has been traveling to Thailand to do research on the Thai transgender women collecting biographies, listening to stories, looking at Thai and Buddhist myths and legends, etc. He returned from his latest trip just three weeks ago.

Bree Fram
Major Bree (Bryan) Fram is an active duty astronautical engineer in the US Air Force currently serving as the Executive Officer to the Director of Strategic Plans for the Air Force at the Pentagon. She is responsible for assisting senior leadership in the development of the Air Force's 30-year plan. Major Fram earned her current position after publicly coming out as transgender on the day the transgender ban in the military was dropped in 2016. She has received the warm support of her military family. Prior to her current assignment she completed a fellowship at the US Capitol serving on the staff of Congresswoman Madeleine Bordallo. Previous assignments include multiple tours as a program manager for satellite and technology programs and a deployment as part of Operation Iraqi Freedom. Bree has also served as the Policy Committee Chair of SPART*A Trans, an organization that advocated for open transgender service and is dedicated to the support and professional development of its over 500 transgender service members.

Peg Fram
My name is Peg Fram and I have been with my spouse, Bryan/Bree, for almost seventeen years. We have two daughters ages eight and four that I stay home with while Bryan/Bree is a major in the US Air Force. We move around a lot which adds significant challenges to finding support as a spouse of a gender-fluid individual.

Emily Frantz
Bio Unavailable

Asa Frederick
Asa Frederick is a local transman out of Carlisle. He studied Xin Pai Bai Long Quan Fa at the Carlisle Kung Fu Center. He is a certified instructor at the Carlisle Kung Fu Center and has built a reputation for his work ethic and martial arts.

Kelly Gainor
Kelly is a Senior Community Health Educator for Planned Parenthood Keystone, where she has worked since 2012. In addition to teaching comprehensive sexuality education to people of all ages, she is also the coordinator of The Curve, an LGBTQ+ youth program in York, PA. She has a Masters' degree in Human Sexuality Education from Widener University. She has presented at several local, state, and national conferences including the 2016 National Sex Ed Conference.

Dr. Nadine Garner
Dr. Nadine Garner, LPC, is an Associate Professor of Psychology and the Coordinator of the Supervisor of Guidance Services certificate at Millersville University. She prepares graduate students to become Professional School Counselors and teaches undergraduate child and adolescent development. Dr. Garner is the founder and director of the MU Center for Sustainability, and the Chair of the Sustainability Committee. Dr. Garner is a Safe Zone Mentor, supporting student safety around gender and sexual identity. She is co-host of the First Annual Gender Identity Conference and Festival to be held at MU in 2017 and a past presenter at the Keystone Conference. Dr. Garner is a Licensed Professional Counselor (LPC) in PA.
Presenter Bios

Ruby Garner
Bio Unavailable

Corinne Goodwin
Corinne Goodwin – Corinne Goodwin is the webmaster for Lehigh Valley Renaissance. Corinne is an independent business consultant and instructional designer with over 30 years of experience leading business teams. Working internationally, she assists companies with developing training programs for human resources, sales training, product roll-outs and much more.

James Halleman
James is a Keystone Conference Presenter Alumni having presented workshops in the past. He is currently a senior at East Stroudsburg University majoring in Political Science with a concentration in pre-law. James has served on National and State Boards focusing on transgender equality and improving the quality of life issues for transgender individuals. He looks forward to continuing his studies and would like to pursue a career in the legal field.

Linda Hawkins
Linda A. Hawkins, PhD, LPC is a Family Services Specialist and Co-Director of the Gender & Sexuality Development Clinic at The Children’s Hospital of Philadelphia. Within this role, Dr. Hawkins meets with every family referred to the clinic who is seeking support for their transgender or gender non-binary child/youth. The clinic now supports 275 families. She has over 20 years of experience working with LGBTQ children, youth and families. And, 18 years of experience in addressing mental health care needs of children, youth and families within health care settings. Dr. Hawkins provides consultation, training and coaching for medical teams to determine culturally competent ways to collaborate with LGBTQ patients and families. She also teaches within numerous medical, nursing, social work, and counseling programs throughout the region. Dr. Hawkins has been actively involved in the research community through the roles as research coordinator, study management, study design as well as principal and co-investigator in various studies that aim to improve care of sexual and gender minority youth and youth living with HIV.

Dr. Tim Herley
Dr. Tim Herley is an Organizational Psychologist and a Life Coach who helps individuals develop A Better Life for their self, with their Partner and their Family. He is the creator of A Better Life Counseling. He is Gender Fluid believing he offers the best of both, fluctuating between male and female fluidly. Tim has extensive experience in business having worked 30 years in small and Fortune 100 companies. He has expertise in the following areas: Business, Adoption/Infertility Counseling, Individual Counseling, Couple Counseling, GLBT Counseling with a focus on the Transgender Issues and Gender issues in the workplace or at home.

Karen Holmes
Karen Kendra Holmes works for Corporation for National & Community Service. She has spoken at several Transgender Day of Remembrance, University of Maryland Medical School, Philadelphia Trans Health Conference, and other small events. In 2014 she received the Willis Greene Community Service Award from CNCS for her service work outside the Agency. In October 2013 she received "Soldier of the Year" by the State Guard Association of the United States out of 24 states and 23 thousand soldiers. In December 2012 she received "Soldier of the Year" by the Maryland State Guard Association and The Maryland Defense Force. She was selected in August 2012 by The International Women's Leadership Association, "A Woman of Outstanding Leadership in the Business Owner Division". She has been doing volunteer work with the Maryland Defense Force under the Maryland National Guards with Force Protection, Chaplain's Assistance in the Chaplain's Unit, Honor Guards, and MWR. She also does volunteer work with the American Red Cross, CERT, and Medical Reserve Corps, sits on the board for RSVP, board member for PFLAG Metro DC.

Duffy Johnson
Bio Unavailable

Rev. M.C. Johnson
Rev. M. C. Johnson is an ordained clergy member of the United Methodist Church. She holds a M.Div. from Asbury Theological Seminary and a Graduate Certificate in Spiritual Direction from Moravian Theological Seminary. She is currently a spiritual director in private practice and she leads a contemplative community in Bethlehem, Pa. She is known for her communion liturgies which she publishes on her website: Transformingcommunion.com. She and her partner have two grown sons.

Rena Karns
I am a stay-at-home mom with 4 kids. I only gave birth to 2 of them. I am a full-time ministry student at Grand Canyon University. I attend Zwingli UCC Church in East Berlin, PA. I am an active member of my congregation. I was called 3 years ago into ministry and last year into LGBTQ ministry specifically. There is need in the community and I want share God's love with all people without prejudice or ignorance. I do not want lead a tradition-
Mara Keisling founded the National Center for Transgender Equality in 2003. During her time as Executive Director, the center has contributed to efforts that have resulted in numerous victories for the transgender equality movement. This includes the first congressional hearing related to the issues faced by transgender individuals, the passage of “transgender-inclusive federal legislation”, and a revision of the State Department protocol for changing one’s gender marker on his or her passport. Keisling offers commentary on transgender issues.
appearing on news channels such as CNN and C-SPAN, and offering quotes for newspapers including The New York Times and The Washington Post.

**Alexis Lake**
Alexis Lake is a Licensed Social Worker specializing in individual, couples, partners, and family therapy. She works in private practice in Malvern and in Lititz, PA. As a graduate of Bryn Mawr College's School of Social Work and Social Research specializing in Clinical Social Work, she is currently working with a broad spectrum of clients. Among her areas of expertise are loss, grief, depression, anxiety, relationship difficulties, sexual orientation and sexual identity as they relate to the individual, as well as his or her friends and loved ones. She has had experience working with acute mental illness in a hospital setting and has interned as a therapist for a center city Philadelphia clinic that specialized in serving the LGBTQ population.

**Jason Landau Goodman**
Jason is the founding Executive Director of the Pennsylvania Youth Congress. He has been a leader in the LGBTQ youth movement for nearly eight years as the first person to work directly and specifically with LGBTQ youth on the statewide level in Pennsylvania. A fifth-generation Pennsylvanian, Jason is from Lower Merion Township and is a recent graduate of the University of Pennsylvania (C'11, MUSA'14), and a current law student at the University of Pittsburgh. His work in the LGBTQ community has been profiled in newspaper articles and online blogs across the country.

**Lisa Laws**
Bio Unavailable

**Liz Leen**
Elizabeth Leen, MSW, LCSW is a Licensed Clinical Social Worker and the Director of Clinic Operations at Alder Health Services. Ms. Leen specializes in LGBTQ health, individuals infected and affected with HIV/AIDS and individuals who are traditionally marginalized by the health care system. Ms. Leen earned a Master’s degree in Social Work from Shippensburg University, and her work is based out of Harrisburg, Pennsylvania.

Ms. Leen began her work with individuals impacted by HIV/AIDS in 2010 as a medical case manager with Alder Health Services and Hershey Medical Center. She has been involved with HIV clinical care and management of clients in South Central Pennsylvania. In 2011, she turned her focus to developing a safe and affirming Behavioral Health practice for individuals of the LGBT community, those infected and affected by HIV/AIDS and individuals traditionally marginalized by the health care system.

She continues her work at Alder Health Services where she continues to provide some clinical services; however, her main focus is overseeing the Behavioral Health and Primary Care Departments. Since 2011, she has been working to develop and grow Alder Health’s Behavioral Health Department. Her clinical focus is on the needs of the LGBTQ community providing individual, couples/partner and family counseling. Ms. Leen is passionate about the community and addressing the mind, body and soul of an individual.

**Jennifer Lehman**
Ms. Jennifer Lehman is a transgender woman who after a lifetime of hiding her true feelings executed a successful gender transition in 2013 to begin living her life as her authentic self. She has been married for 32 years to her college sweetheart and has a son (28) and a daughter (24). Ms. Lehman is currently employed as a program manager developing innovative optical systems for the department of defense. Ms. Lehman is very active in her local Lutheran ELCA church where she teaches Sunday school. She bowls competitively in two leagues. Ms. Lehman has presented workshops on gender transition at the 2014, 2015 and 2016 Keystone Conferences, the 2014 Philly Transgender Health Conference, the Philadelphia EEOC, and several local churches and high schools.

**Dr. Sherman Leis**
Sherman N. Leis, D.O., F.A.C.O.S. is Professor and Chairman of Plastic and Reconstructive Surgery at The Philadelphia College of Osteopathic Medicine. He is Board Certified in General Surgery and Plastic and Reconstructive Surgery and specializes in all types of transgender surgery. He is Director and Chief Surgeon at The Philadelphia Center for Transgender Surgery. The Center represents a team of more than forty professionals who have expertise in servicing the surgical and non-surgical needs of transgender individuals and is one of the few comprehensive centers of its type in the United States. Dr. Leis is the Founder of a Residency Training Program in Philadelphia and over the past thirty years has trained more than eighty plastic surgeons practicing across the United States. He is also President, CEO and Principal Clarinet of the Lower Merion Symphony, a Philadelphia area community orchestra.
Linda Lewis
Linda Lewis is an icon of the Transgender community. Growing up in Saginaw, Michigan, she started dressing at an early age. She moved to California, where she learned makeup from Hollywood legend Jim Bridges, and worked beside him doing transformation makeup for several years. In 2013, Linda moved to Pennsylvania, where she is active in the Transgender community. Linda is a sought after makeup artist, model, cover girl for various transgender magazines, and a mentor for many transwomen. She is also a member of several transgender organizations including Vanity Club.

Espy Lopez
Bio Unavailable

Sophie Lynne
Sophie Lynne is a Writer whose work has been published in international magazines and the New York Times. She is a Transgender Activist who belongs to several TG groups including Vanity Club, Trans Central PA, and Greater Philadelphia Renaissance. She is a former English teacher who holds a Masters degree in Education from Penn State, and now writes in her spare time while working at a bookstore. Her blog "A Woman Called Sophie" is frequently updated and has many followers. Sophie has been living her Truth publicly for three years.

Dr. Toby Meltzer
Dr. Toby Meltzer graduated from LSU Medical School in 1983 and is board certified in both General and Plastic Surgery. He did his General Surgery residency at the former Charity Hospital of Louisiana; his Plastic Surgery residency at University of Michigan; and a burn fellowship at Detroit Receiving Hospital through the Department of Plastic Surgery at Wayne State. He is an active member of the American Society of Plastic Surgeons. He was the Chief of the Division of Plastic Surgery at the VAMC; Assistant Professor of Plastic and Reconstructive Surgery and Assistant Clinical Professor at Oregon Health Sciences University (OHSU). He was President of the Oregon Society of Plastic Surgeons from 1995-1997. He is a reviewer for the Journal of Plastic and Reconstructive Surgery, the Journal of Sexual Medicine and the Aesthetic Surgery Journal. Dr. Meltzer began at OHSU in 1990. He started private practice in 1996 in Portland, OR with privileges at Eastmoreland Hospital. He moved his practice to Scottsdale, AZ in 2003. He has privileges at Honor Health Care previously known as Scottsdale Healthcare and performs most of his cases at the Greenbaum Specialty Hospital. He performs approximately 200 Genital Surgery cases per year, both MtF and FtM surgeries including but not limited to: genital, facial feminization, breast augmentation, masculinization facial surgery, chest surgery, repairs/revisions and body contouring.

Donna Miller
DONNA’S HAIR STUDIO & SPA was founded more than 35 years ago and has been at its current location for over 25 years. The salon is now a Paul Mitchell Focus Salon carrying the full line of John Paul Mitchell Systems hair products and styling tools, a full line of exclusive Bodyography Super Natural Cosmetics, 2 fully-equipped manicure stations, a private skin care room featuring full body waxing, facials and massage, a private pedicure room, and seven hair stations. We have a small wig salon carrying Raquel Welsh. Gabor. Henry Margu. Visit www.Donnaswigs.com

Nic Miller
A busy mom of 3, wife, daughter, sister, volunteer and child of God, Nic has found herself with a passion to advocate for those who have been silenced for too long. With faith, family, the most amazing friends and a husband who is supportive in so many ways, she has been able to step in to a role of support to parents, friends, and family along with raising awareness on gender expansive and transgender loved ones. Constantly learning from others before her who have led this crusade for equality, Nic is the director of TransCentralPA Family, serves on the Transhealth subcommittee under Governor Wolf with Physician General Dr. Rachel Levine, and a current candidate for Cumberland Valley School Board in Hampden township, where she resides with her family. Her children are what fuels her passion for equality and justice and her dream is that all youth including LGBTQIA youth will one day find unconditional love and support from their families and community.

Sarah Moore
Sarah Moore has a passion for helping her community and all victims of crime. As a male, she is a veteran Police Detective specializing in domestic violence related crime as well as working part time as a paramedic in a busy Emergency Department. She has been certified in court as an expert witness, testified before the legislature and is a tireless advocate for victim’s rights. She works with local, state and national organizations to improve the response to this type of crime and routinely offers training to a variety of audiences including the public, law enforcement, medical/mental health professionals and other groups.

Melissa Morton
Melissa Morton is an attorney turned accountant who has been interested in history for many years. Melissa graduated from Davidson College with a B.A. degree in history. While attending law school at William & Mary
Melissa worked at Colonial Williamsburg as a costumed historical interpreter. From this experience she realized that the stories of people, places, and ideas do not tell themselves: they have to be told by others. Melissa occupies the narrow niche of crossdressing historical reenactors, and is becoming well known in the world of Civil War reenacting. She has an impressive collection of reproduction dresses from the hoopskirt era of the 1860s to the bustle era of the 1870s and 1880s.

**Jenny North**

Jenny North has been delighted to find various ways to give something back to the trans community over the years, such as supporting her local DC-area TG support groups, doing outreach and education, showcasing TG media and memorabilia on her websites, or just increasing visibility by startling her neighbors with her elaborate cosplay. She's been a professional workshop facilitator and an amateur storyteller, and enjoys tormenting her friends by calling them in the middle of the night and saying, “Tell me if you think this idea is awesome or just crazy...” In her spare time she enjoys writing stories that feature trans characters, and is very much enjoying speaking about herself in the third person.

**Cai Nowicki**

I am a transgender man who works in the healthcare industry caring for elderly, disabled, and medically fragile adults. I am passionate about protecting the extremely vulnerable elderly transgender population, and plan to make a career of educating both medical professionals and the general public about the needs of this group. I am also married to a transgender woman. We have an amazing young daughter, who also happens to be transgender.

**Laura Pearce**

Laura Pearce, MA is an educator, author, researcher, parent, and grandad. Her years teaching in public school classrooms as male provided the foundation for her more recent role educating future teachers. She is a columnist for ‘Baltimore Outloud’, writing on transgender issues. Living female for the past decade, she has come to appreciate the privileges she once held – both male and cisgender – privileges now replaced with the fulfillment of living as her true self.

**Michelle Popkov**

Michelle “The Tall” Popkov is a long-time presenter at many of the TG Conferences and has given clinics both in the US and the UK. Michelle is from Las Vegas, NV and supports novice discovery and social presence. She is a 8-year member of the Vanity Club, VC 517.

**Dr. Wayne Popowski**

Wayne Popowski is a licensed psychologist and works in a leadership position within the Centralized Services Division of SCI Graterford. He has over 40 years of DOC experience and supervises nearly 30 psychological services specialists including post-doctoral students and psychology interns. He is the senior psychologist within the Bureau of Health Care Services serving as the LGBTQI specialist. He also chairs the psychiatric review teams, oversees the treatment plans of inmates with diagnosed mental illness and/or behavioral issues, and manages the sex offender treatment programs, to name a few. As the Department’s LGBTQI specialist, Wayne has worked closely educating and counseling inmates to ensure their needs are being met and they remain safe in confinement settings. He has created various educational materials for local and executive staff and is consistently relied upon by Central Office Bureau Directors as a subject matter expert concerning LGBTQI and PREA Compliance. Wayne was the lead author of a presentation and educational awareness program titled LGBTQI “Behind the Walls,” which was presented to staff, specifically PREA compliance managers. Wayne previously worked in the private sector as the Chief Psychologist at Bensalem Youth Development Center. Wayne is currently an adjunct professor at Holy Family University where he teaches Correctional Psychology, an advanced graduate course.

**Amanda Porter**

Amanda Porter is a retired teacher and coach who is presently Vice President of the Lehigh Valley chapter of the Renaissance Transgender Association. Through her company, “Diversity Training and Education” she is actively working to inform the public about Transgender issues by giving short presentations on Transgender Equality, Gender Dysphoria and transgender inclusion in the workplace to community groups and corporate Human Resource departments. She has a 5th degree black belt in Taekwon-Do and has taught Personal Protection to adults, children and community groups for over 15 years.

**Monica Prata**

Monica Prata is a GG who works as a Feminine Image Consultant for those who are transgendered, transitioning or integrating their genders. Services include makeup application and lessons, wardrobe consulting, styling and accessorizing and lessons in modern feminine deportment. Monica gained much of her makeup experience working as a professional artist for M.A.C Cosmetics and is certified through the company. She also worked for...
Nordstrom’s where because of her innate understanding and friendly disposition she acquired many clients shopping for their “girlfriends.” In addition to her wardrobe consulting and cosmetic experience, Monica worked as a model and is skilled in the art of feminine posing for photography and daily life. Monica continues her work within the community, traveling nationally and internationally to work with clients, she is dedicated in helping you to achieve your most natural look.

David Radziewicz
David Radziewicz is the Prison Rape Elimination Act (PREA) Coordinator for the Pennsylvania Department of Corrections and previously served as the PREA Compliance Manager at the State Correctional Institution at Camp Hill. As the statewide PREA Coordinator, David oversees designated PREA Compliance Managers for each State Correctional Institutions and Bureau of Community Corrections Centers. In 2016, Dave was certified as a DOJ PREA Auditor. Dave is responsible for ensuring agency compliance and creating a sexually safe environment for all Pennsylvania’s inmates. David’s many responsibilities include facilitating the Administrative-Gender Review Committee meetings and monthly state-wide transgender support group meetings, to name a few. Dave previously served as the Mental Health Court coordinator and as a probation officer for York County, Pennsylvania. Throughout his career, David has worked to improve the quality of outcomes and services delivered to criminal justice populations.

Seth Rainess
Seth Rainess is a speaker, author, Jersey Shore PFLAG facilitator and board member, Board member CHOP Gender Development and Sexuality Clinic, WPATH member, & GLSEN volunteer. He has spoken on many national radio shows and TV. Educationally, he holds many degrees including an M.S. in psychology and rehab counseling. He’s conducted seminars for trans youth, school assemblies and professional development for faculty in high schools and universities. He also provides workshops for corporations. Combining his 30+ years of experience working in the business sector and nonprofit organizations with his passion for helping trans youth, he is able to offer wisdom from his own life in discussing the surprises, worries, joys and rewards of transitioning for youth today. In his book, REAL TALK FOR TEENS: Jump-start Guide to Gender Transitioning and Beyond, Seth offers trans teens a foundation for transitioning and a unique perspective on what it takes to be successful in today's world. He draws on his rich life history, to offer youth and parents and professionals an emotional road-map and physical timeline through gender transition and the exciting life that can lay beyond. After all, what good things can you accomplish with your life when you are done with transitioning? www.sethainess.com

Kelli Reilly
Kelli Reilly is a 32 year old transgender female who transitioned at the age of 22. Kelli grew up in Harrisburg and spent several years living in Rhode Island. She has presented at First Event in Peabody, MA as well as at the Keystone Conference. Kelli is the first preoperative transgender female to be transferred from a male DOC facility to a female facility. She was an inmate at SCI Muncy's from February 2016 to February 2017 and is currently writing a book about her experience.

Amanda Richards
Amanda Richards is a very successful and sought after makeup artist. She is an expert in the artistry of makeup, whether it is to subtly enhance a face or completely transform it. Amanda is a master of her craft, and her exceptional talent and passion have elevated her to the top of her field. She has worked with the transgender community for over a decade. Beyond the transgender community, Amanda has had her work published in several magazines, and catalogues. She works with some of the finest photographers, and models in the northeastern U.S. on various commercial projects. She has recently been working with contestants in the Miss Teen USA pageant system. She has taught & mentored many clients, and aspiring makeup artists. She has been a guest speaker at The Keystone Conference, Southern Comfort, First Event, The Be-All Conference, and many transgender support groups. She is also on the professional support boards for several cosmetology schools in northeastern Pennsylvania.

Susannah Robinson
I've always enjoyed learning how to make new things, and then putting my new knowledge into practice, whether it was boat-building as a teen, or more recently, making outfits for the Keystone Gala.

Dr. Jeanine Ruhsam
Dr. Jeanine Ruhsam is a professor in the Women, Gender and Sexuality Studies department at the University of Massachusetts Amherst, where she teaches courses in Transgender Studies, LGBT Studies, Gender Studies and Queer Theory. She is a founder of the Keystone Conference, one of its co-chairs and was an eight term past President of TransCentralPA.

Dr. Kathy Rumer
Dr. Kathy L. Rumer is a Board Certified Plastic and Reconstructive Surgeon who specializes in cosmetic and reconstructive surgery for Trans-identified individuals. She is the founder of Rumer Cosmetic Surgery, where she works with other specialists to provide the best possible healthcare for her patients. She is on staff at a
number of the best hospitals in the Philadelphia area and has been named a Main Line "TOP DOC" in 2008, 2009, 2010, and 2011. She was also named a Philadelphia Magazine "TOP DOC" for 2011. She also serves as a fellowship site director for the Philadelphia College of Osteopathic Medicine, one of the only residency programs that trains surgeons in the art of gender variant cosmetic and reconstructive surgery. Finally, she is an active member of WPATH and has served as an advocate for transgender individuals at a local and national level. Most recently, Dr. Rumer opened a facility that will offer state-of the-art gender confirming surgical and non-surgical procedures. This facility also provides a soothing and calming environment for patients during their post-operative recovery.

Naiymah Sanchez
Naiymah Sanchez joined the ACLU-PA in January 2017 as the transgender advocacy coordinator. She is a proud trans Latina and community activist. Naiymah previously worked as the coordinator of the Trans-Health Information Project, where she provided education and advocacy services for transgender individuals in Philadelphia, including those who are incarcerated.

Dr. Jarrett Sell
Dr. Jarrett Sell is a family medicine doctor practicing and teaching family medicine at Penn State Milton S. Hershey Medical Center and is also Medical Director at Alder Health Services where he also serves the LGBT community. He received his medical degree from University of Virginia School of Medicine and has been in practice for 14 years. Dr. Sell's clinical interests include teaching, working with the under served population, and providing care to those living with HIV.

Stephanie Shostak
Stephanie Shostak, who resides in Edmonton, Alberta, Canada, is a Transgender Advocate, who is a Director/Board Member on the Trans Equality Society of Alberta (TESA), who has a mandate to be a witness to and a voice for matters concerning trans Albertans. Stephanie is also certified as a National level volleyball referee. She transitioned while she was a former Manager in the Government of Alberta and a Volleyball Referee. Stephanie travels across Canada and the United States to referee all levels of volleyball up to and including College and University in Canada and Collegiate Club, USA Volleyball National Qualifiers, and the USA Volleyball Junior Women's Championships in the United States. She is a Referee Clinician; a Referee Evaluator; a Referee Supervisor; a Referee Assignor; and a mentor to other referees across Canada and in the United States. Stephanie is also the current President of the Volleyball Alberta Officials (responsible for all the volleyball referees in the Province of Alberta) and was re-elected last June, to another term that expires in June 2020. Outside of volleyball, and advocacy, Stephanie is a health sector privacy professional with 16+ years of experience and a Senior and Regional Management health sector professional within Alberta's health sector. Stephanie is a two-time recipient of a Premiers' Award of Excellence and is a parent of two wonderful children.

Dr. Graciela Slesaransky-Poe
Graciela Slesaransky-Poe, Ph.D., is a Professor and the former Founding Dean of the School of Education at Arcadia University, Glenside, Pennsylvania. Her teaching, research, and service are focused on diversity, inclusion, equity, and social justice, and the role that education, self-knowledge, and self-renewal could play to foster these values.

Her teaching and consulting are grounded in the recognition that the differences and gifts that each student, family, and educator offer enrich the school culture in valuable and meaningful ways. Building on her extensive experience on inclusion of students with significant disabilities, disproportionate representation of students of color receiving special education services, and educating school communities on gender and sexual diversity, Dr. Slesaransky-Poe is helping educators and leaders engage in the exploration of their implicit biases. By becoming aware of the lenses we use to look at, and experience the world, we understand the ways in which we see ourselves in relation to others, as well as how we see others in relation to ourselves.

Dr. Slesaransky-Poe is the proud mom of two children who do not fit squarely in any identity box. Informed by her national and international professional expertise coupled with her personal experiences raising a gender, religious, culturally and linguistically diverse family, Dr. Slesaransky-Poe is becoming a prominent local and national expert on creating welcoming, inclusive, and safe schools, for all students. She is a dynamic speaker. Her presentations, workshops, and publications are widely sought after, cited, and disseminated.

Dr. Slesaransky-Poe is the recipient of several awards and recognitions including the Patricia C. Creegan Award on Excellence on Inclusive Practices, Arcadia's Ally Award, and the Steinbrucker Endowed Chair. She received her Ph.D. in Special Education from Temple University.

Tara Stark
Tara joined PYC's staff in June 2016. She serves as both the Executive Assistant and a Policy Associate. Born and raised in Norristown, Tara has called York home for nearly five years. She is involved in many local LGBTQ community efforts in York County.

“A Celebration of Gender Diversity”
Sandra Stewart
Sandra holds a BA in anthropology and a BSW in Social Work which she obtained after she retired. Over the last eighteen years she has been involved extensively in the transgender movement as an author of numerous articles and doing original research. She has made numerous class presentations at the University of Michigan and the University of Toledo including her own classes. She also presented at the Council on Social Work Education. Sandra has been married for 44 years.

Cassandra Storm
Cassandra Storm has been a trusted photographer the LGBT community for many years. Since 2012, has served as the official staff photographer and exclusive portrait photographer for the Keystone Conference and this past January served in the same capacity at the First Event Conference in Boston, MA. Cassandra established her studio, Cassandra Storm Photography, in 2004 after receiving a BS from the University of Pittsburgh in Business Management, minor in International Business and studied photography at Pittsburgh Filmmakers. Since then, she has lectured extensively on lighting and posing techniques with tips for being photographed candidly as well as posing professionally. Her clients have sought her out for her transformative gender posing and ability to highlight her subjects’ greatest features. As a portrait, event and commercial photographer, Cassandra has photographed around the world but takes up residence in South Central Pennsylvania. Portraiture by Cassandra Storm is available throughout the conference. Her conference studio location in the Day Room just outside of the Commonwealth Ballroom where everyone gathers for Lunch and the Gala. Look for her, her mother Pat and the rest of her team as they photograph candid shots throughout the hotel and at all of the major conference events. Cassandra Storm is available for portrait and event photography year round in addition to the Keystone Conference. You can call, text or email her to discuss your portrait and event photography needs at 717-887-3124 and Cass@CassandraStorm.com

Sheri Swokowski
Sheri Swokowski is a retired Army Colonel with 22 years active and 34 years total service. As such, she is the highest ranking, out, transgender veteran in the country.

COL Swokowski holds a Bachelor’s degree in Business, and a Master’s Degree in Management and Organizational Behavior. She is a graduate of the US Army Command and General Staff College at Ft Leavenworth, KS and the Army War College Strategic Defense Strategy Course, Carlisle, PA. Sheri is a career infantry officer, has commanded a light infantry company, deployed twice, served on battalion, brigade, state and Department level staffs. She retired in Dec 2004 as the J1 (Dir of Personnel and Manpower) for the Wisconsin National Guard. Other assignments included Organizational Force Integration Officer, Strategic Planner, Mobilization Planner and Army ROTC Instructor/Executive Officer at University of WI-Stevens Point.

Post retirement, COL Swokowski was a lead course instructor at the US Army Force Management School (USAFMS) Ft Belvoir, VA. Post transition, she was a Senior Analyst for the Assistant Chief of Staff for Installation Management (ACSIM) at the Pentagon, and a Regional Human Resource Director for the US Forest Service in Golden, CO before leaving federal service in Aug 2013. She has been an advocate for transgender rights and Trans military service since she was fired from her government contracted position at USAFMS when she transitioned in 2007. She has advocated for transgender rights on Capitol Hill and worked with National Center for Transgender Equality and Service Members, Partners, Allies for Respect and Tolerance for All (SPART*A) and the Human Rights Campaign. In 2015, she became the first female to wear an infantry uniform at the Pentagon and White House.

COL Swokowski has been featured on CNN, MSNBC and Al-Jazeera America. She has been published in the NY Times, LA Times, Huffington Post and Washington Blade. Sheri has spoken at Army and Navy Pride events from coast to coast. She currently serves as Vice Chair of Fair WI Education Fund and as a member of ACLU-WI Board of Directors. COL Swokowski is single, resides in the Madison, Wisconsin area near her son and daughter and is Oma to three adorable grandchildren.

Elizabeth Taylor
Elizabeth (Beth) Taylor specializes in total makeovers, feminization and transformations for MtF crossdressers, bigender women, transgender women, and transsexual women and has transformed over 250 girls. Beth loves working with first-timers and helping girls to embrace their femininity and beauty. She helps girls grow their confidence and get involved in the DC Metro Area trans-women online and in-person communities if and when they are ready.

Geeta Tg
Active member of the community since 1989. Have attended 50+ conferences in that time ( Scc/22 row, IFGE, Cal Dreaming, Texas T, Colorado Gold Rush, First Event, Be All (favorite), Keystone. Active member in NYC transgender and bi communities for 25 years. Heavily experienced technical instructor and motivator hi-technology field. I definitely know to make for a exciting presentation. Professional career work includes assignments in 60 countries in past 38 years
Presenter Bios

Sheryl Trower
Sheryl Trower, President of The Etiquette School of Central Pennsylvania began her business in 2006. She holds a BA in Communications from Penn State University and holds etiquette certifications from The American School of Protocol and The Etiquette Institute. Sheryl is an active volunteer in her community of Lancaster County and is the proud mother of three grown children and three grandchildren. Duffy Johnson, Consultant with The Etiquette School of Central Pennsylvania, earned her BBA in Marketing from the University of Miami, attended graduate school at Harvard University, and received etiquette teaching certification from the Protocol School of Washington. Duffy is a also a proud mother of two grown daughters, an avid tennis player, and involved in many community organizations.

Duffy Johnson
Duffy Johnson, Consultant with The Etiquette School of Central Pennsylvania, earned her BBA in Marketing from the University of Miami, attended graduate school at Harvard University, and received etiquette teaching certification from the Protocol School of Washington. Duffy is a also a proud mother of two grown daughters, an avid tennis player, and involved in many community organizations.

Thomas Ude
Thomas W. Ude, Jr., Esq., is the Legal and Public Policy Director of Mazzoni Center, overseeing Mazzoni’s provision of direct legal services to LGBTQ individuals and families as part of its mission to provide comprehensive health and wellness services to the LGBTQ community. The two most frequent legal issues that people contact Mazzoni for assistance with are discrimination and transition-related matters like name changes and correcting identification documents. Mr. Ude is an attorney with has more than 25 years of experience, including nearly 10 years working to advance LGBTQ rights at Mazzoni Center and, previously, Lambda Legal.

Brenda Vulpes
Brenda Vulpes is a professor of biology at a major state university. After earning a Ph.D. in genetics, she held research fellowships at two Ivy League universities. She is the author of over 30 peer-reviewed research publications. Her research focuses on the relationship between genotype and phenotype. This involves the molecular and physiological mechanisms that link particular sets of genes with the form and function of body structures and behaviors.

Lilia Weber
Lilia Weber is a 9-year veteran of the Keystone Conference attending every year. She has been out in the T & LGB community for over a decade. She is a Software Engineer working for a large corporation and last year completed her professional transition in place. She and her spouse are active members of their Unitarian Universalist congregation.

Rev. Kelly Wiant
Kelly Wiant is a PC(USA) pastor currently serving Market Square Presbyterian Church in Harrisburg, PA. She grew up in El Paso, TX which taught her to love the desert, big open skies, and spicy salsa. She moved to Harrisburg over 16 years ago in order to accept the call at Market Square Presbyterian Church after graduating from Union Presbyterian Seminary in Richmond, VA. She shares her home and heart with her wife, Kristen, their six month old daughter, Cora, and three dogs and two cats.

Julie Zaebst
Julie Zaebst is a senior policy advocate at the ACLU of Pennsylvania working on reproductive freedom and LGBTQ rights. A social worker by training, Julie brings 15 years of non-profit and higher education experience to her role. She most recently served as the policy director at the Coalition Against Hunger and the associate director of the Civic Engagement Office at Bryn Mawr College.
The following individuals, businesses and entities are offering information and special services during the Keystone Conference. Visit them in the Vendor Area, located in the Pennsylvania Ballroom on the main floor of the hotel across from the hotel’s front desk. Please contact these individuals directly to schedule their services.

Alder Health Services
Alder Health Services is dedicated to improving the health of South Central Pennsylvania with a emphasis upon the unique needs of individuals living with HIV/AIDS, members of the lesbian, gay, bisexual and transgender community and those struggling with addiction in the South Central Pennsylvania region. The organization provides residents of the community with Family Medicine, Mental Health Services, Psychiatric Services, Support Services and HIV Case Management, STD Screening and Treatment, HIV Testing, Community and Individual Wellness Programs. Many of our community-based programs are offered at no-cost to the participant. While many insurance plans are accepted for Medical, Mental Health and Psychiatric Services, insurance is not necessary to access the services of Alder Health. For members of the community who are uninsured, services are available on a sliding fee based upon your household income. For more information call: 717-233-7190 or email us at: info@alderhealth.org

Arbonne
Arbonne is a botanically based personal care and holistic wellness company that goes by the strictest European standards for purity, and pure, safe and beneficial results. Everything Arbonne manufactures is free of toxic chemicals commonly found in personal care in the United States, and is a combination of herbs and botanicals combined with advanced, green chemistry. All products are vegan, gluten free. These products are the best of science and nature. Talking points: What is Arbonne, Vegan-based Cosmetics, Health and Wellness, How you can support the Transgender Community and Supporters. For more information call: 443-903-7172 or email us at: dr6222@yahoo.com

Bradbury-Sullivan LGBT Community Center
Bradbury-Sullivan LGBT Community Center provides arts & culture, health promotion, and youth programs as well as supportive services and a Training Institute to strengthen and support the LGBT community across the Greater Lehigh Valley. Our community center is conveniently located at 522 West Maple Street, adjacent to the Community Parking Deck at Sixth and Walnut streets (which also provides free bicycle parking) and within close walking distance to LANta’s Allentown Transit Center. We host frequent events and services at the center, and are open on Tuesdays and Wednesdays from 1-6 PM for drop-in visits to our library and fine art galleries. To meet with a member of our team, please call 610-347-9988 for an appointment.
Cassandra Storm Photography
Professional portrait sessions available during the Keystone Conference. Email Cassandra at Cass@CassandraStorm.com or call 717-887-3124 with questions.

Classic Curves International
Welcome to Classic Curves International, the world's leading custom made body-enhancer company for crossdressing. All of our garments are custom fitted for the end user. We are tgirl specialists, and help each client one at a time. Tgirl or GG (genetic female), we are here to provide, with total confidentiality, for your visual requirements. For more information, email cci@fws.net.

Cookie Lee Jewelry
Cookie lee is affordable fashion jewelry. Gift yourself or a friend while staying within your budget! For more information call: 717-965-2251 or email us at: msbuyrite@comcast.net

Dignity USA
DignityUSA works for respect and justice for people of all sexual orientations, genders, and gender identities. For more information, call 800-877-8797 or email info@dignityusa.org.

Donna's Hair Studio and Spa
DONNA’S HAIR STUDIO & SPA was founded more than 35 years ago and has been at its current location for over 25 years. The salon is now a Paul Mitchell Focus Salon carrying the full line of John Paul Mitchell Systems hair products and styling tools, a full line of exclusive Bodyography Super Natural Cosmetics, 2 fully-equipped manicure stations, a private skin care room featuring full body waxing, facials and massage, a private pedicure room, and seven hair stations. For more info call: 609-540-1812 or email us at: donna@donnashair.com

Edward Jones
Edward Jones is a different kind of investment firm. To us, face time and think time make sense. We meet with you to learn your individual needs so we can develop a strategy to help you achieve your long-term financial goals. So, whether you want to plan for retirement, save for college, reduce your tax bills or ensure you have income to cover your expenses, you can expect personalized service and long-term investing strategies instead of the latest investment fads. Join the nearly 7 million investors who know. Contact me today to help develop an investment strategy that makes sense for you. For more information call: 717-671-9835 or email us at: john.desanto@edwardjones.com

Equality PA
Equality Pennsylvania is the commonwealth’s leading organization advancing equality and opportunity for lesbian, gay, bisexual, and transgender (LGBT) Pennsylvanians. As the only equality organization based in Harrisburg — we advocate for policy change at the municipal, state, and federal level; we organize grassroots supporters to engage in the political process; we educate the public about the experiences, values, and needs of LGBT people; and we endorse candidates who are committed to being champions for equality. Equality Pennsylvania is the political voice for LGBT Pennsylvanians — and we’re moving the Keystone State forward. For more information call: 717-319-5210 or email us at: info@equalitypa.org

Everyday Beautiful
Discover new levels of well-being wherever you are on your journey by empowering yourself with the tools and know how you need to see the image in the mirror reflect who you really are. Depending on your unique needs, you can have one or multiple sessions to implement your plan to achieve your desired results. Just as a personal trainer can help you achieve fitness goals, style coaching can help you transition the image in the mirror to the one you have always wanted to see. Where ever you are at in your journey I can help you get to the next level. For more information call: 727-600-2249 or email us at: laurie@lauriechism.com
Hahnemann University Hospital

Hahnemann University Hospital’s Transgender Surgical Program, led by board certified plastic surgeon Kathy L. Rumer, DO, FACOS, offers the Male to Female (MTF) and Female to Male (FTM) gender confirming surgeries. Patients also have access to face, breast, and chest, body contouring and other related procedures. Dr. Rumer is the director of the Transgender Surgical Program. Hahnemann University Hospital is dedicated to providing our patients with the highest quality of care. Their 496-bed tertiary care institution strives to provide excellent care and personal service to our patients. As an academic medical center, we are partnered with Drexel University College of Medicine in providing medical education to students and providers in Philadelphia. They work to create a welcoming and comfortable environment for those who are undergoing gender confirmation. Located in the heart of Philadelphia, Hahnemann is here to care for you, your family and all of your health needs. Form more information, call 215-792-7000.

Just You

Come and Visit Amy From JUST YOU...The Person You Always Wanted to Be... For more information call: 702-697-1800 or email us at gb2amy@aol.com

Lee Nails

Once again, Lee Nails is offering a discount on nail services to our attendees. They are located in the High Point Commons Shopping Center, just down the hill from the Sheraton. To make an appointment, call 717-564-0690.

LGBT Center of Central Pennsylvania

The LGBT History Project started in August 2012. The LGBT History Project collects and presents the stories of LGBT history in central PA as told by those who lived them, through written accounts, and video interviews. We also collect and present the photographs, documents and artifacts that illustrate and support these stories. We will weave these stories and materials together to create a historical timeline and narrative context for LGBT history in central PA. We will present this material on-line as a virtual archive, through exhibits and in presentations. We will also establish a permanent archive of the recordings and other materials. For more information call: 717-920-9534 or email us at: history@centralpalgbtcenter.org.

Makeovers by Mia

Mia will show you how to apply your make-up. Please call for appointments and leave a voicemail with name and phone number. Call 717-712-5987 to make an appointment.

Makeovers with Elizabeth Taylor

Based in the Washington, DC metro area, Elizabeth (Beth) Taylor specializes in photography, makeup artistry, and MtF transformations. Beth will be providing makeup makeovers in her room at Keystone and have a vendor booth to show off her latest makeup line, Younique, and to accept bookings for 2017. You can meet Beth at the evening dinners, the hotel pub, and the Saturday Night Gala. See you at Keystone! For more information call: 202-803-3231 or email us at: elizabeth.taylor.makeover@gmail.com

Dr. Marci Bowers

Marci Bowers, MD is a Pelvic and Gynecologic Surgeon with over 25 years experience. She is a former Department Chairperson at Swedish Medical Center (Providence) in Seattle, where she practiced as Obstetrician/Gynecologist, delivering more than 2200 babies while there. She served on the Washington State Board of Midwifery from 2001-2003. In 2003, Dr. Bowers relocated to Trinidad, Colorado, following in the footsteps of legendary surgeon Stanley Biber, MD. As the only gynecologist in the area, she faithfully served the local women of Southern Colorado for nearly 8 years. During her time in Trinidad, she also acted as overseeing physician for the Trinidad Planned Parenthood, a much needed resource in the small town for low cost mammograms, birth control, and cancer screening. Dr. Bowers then relocated to the Bay Area of San Francisco in October 2010, where she practices general gynecology and surgery. She is a recognized expert in her field of specialty. For more information call 650-570-2270 or email mail@marcibowers.com.

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“A Celebration of Gender Diversity”
Michele Angello, PhD
Michele Angello, Ph.D. works with gender-variant and transgender youth and adults. She offers individual, group and family therapy, as well as corporate education and training on a variety of issues of sexuality and has presented internationally on her work with transgender youth and working with children of transitioning parents. She facilitates several monthly support groups for transgender adults, youth and parents. Dr. Angello is often called on to speak as an expert on transgender youth issues to universities, corporations and the media. She has appeared on Larry King Live, the Tyra Banks Show, and various documentaries on transgender issues. She also developed the first graduate course in the U.S. that focused on clinical issues in transgender communities. Call 610-917-8561 for more information.

Modern Nails
Want to look your VERY BEST during the Keystone Conference? Whatever your nail and polish requirements are, Luna can make it happen for you! Need a Full Set, Polish Change, Design, Manicure or Pedicure? She's got you covered. And, you don't even have to leave the hotel! Luna, owner of Modern Nails, is on site at the Sheraton Hotel from Wednesday 2:00 pm until Sunday at noon in Room 302. She is available from 6:00 am to 1:00 am on Thursday, Friday & Saturday. Need to have your nails removed on Sunday? Join her and others for the ‘Soak Off’ on Sunday morning (available other days as well). Luna will be working her nail magic in room 302 of the Sheraton Hotel. During the conference, call her at (443) 226-4757. SCHEDULE YOUR APPOINTMENT NOW!

National Center for Transgender Equality
The National Center for Transgender Equality is the nation’s leading social justice advocacy organization winning life-saving change for transgender people. NCTE was founded in 2003 by transgender activists who recognized the urgent need for policy change to advance transgender equality. With a committed board of directors, a volunteer staff of one, and donated office space, we set out to accomplish what no one had yet done: provide a powerful transgender advocacy presence in Washington, D.C. Today, NCTE has grown to a staff of ten and works at the local, state, and federal level to change laws, policies and society. For more information call: 202-642-4542 or email us at: ncte@transequality.org

Pennsylvania Youth Congress
Founded in April 2011 by Pennsylvania students, the Pennsylvania Youth Congress is Pennsylvania’s first and only statewide LGBTQ youth advocacy organization. As young Pennsylvania leaders, we work to empower ourselves through meaningful community engagement and effective advocacy. The Pennsylvania Youth Congress was initially established as The Pennsylvania Student Equality Coalition. Our name was changed in May 2015 to better reflect our work on state-level public policy. Our framework and values come directly from the Student Nonviolent Coordinating Committee (SNCC), the leading youth arm of the civil rights movement of the 1960s. PYC explicitly works to support an inclusive and affirming youth community for all young leaders to efficiently communi-
cante and collaborate. For more information call: 717-743-1035 or email us at: info@payouthcongress.org

**Philadelphia Center for Transgender Surgery**
Sherman N. Leis, D.O., F.A.C.O.S. is Professor and Chairman of Plastic and Reconstructive Surgery at The Philadelphia College of Osteopathic Medicine. He is Board Certified in General Surgery and Plastic and Reconstructive Surgery and specializes in all types of transgender surgery. He is Director and Chief Surgeon at The Philadelphia Center for Transgender Surgery. In addition to surgical services, The Center provides referrals to a team of professionals who have expertise in servicing the surgical and non-surgical needs of transgender individuals and is one of the few comprehensive centers of its type in the United States. For more information call: 855-782-5665 or email us at: iDrShermanLeis@DrShermanLeis.com

**Rumer Cosmetic Surgery**
At Rumer Cosmetic Surgery, from the moment you schedule your first consultation, to your final post-procedure visit, our focus is on YOU. By carefully listening, understanding and respecting your needs, we partner with you to make your dreams come true.
Dr. Rumer will be offering personal consultations while at the Keystone Conference. We believe that transitioning is a journey that is touched on by a myriad of factors: surgical, psychological, hormonal, aesthetic, legal, and more. Each transition is an intimate, distinct experience, so our patients will have many unique questions and concerns throughout the process. Therefore, we have created a more personalized experience. For more information call: 855-782-5665 or email us at: info@rumercosmetics.com.

**Mrs. Ruth’s Time Bomb**
Miss Ruth has been the sole owner and operator of Miss Ruth’s Time Bomb, the website, for over five years. However, in the winter of 2008 she decided she would like to see her dream of opening a vintage boutique come true. Two of her obstacles were location and time, enter Peanut and Bender. Peanut, Miss Ruth’s daughter and her boyfriend, Bender decided they would join Miss Ruth in her dream. They both lived in Carlisle, PA and knew that the area would be perfect for a vintage store. So, in April of 2008, the trio found a great location and got to work. Today, you can find them in the store and all over the state hunting vintage finds and bringing them back to you. Call 717-241-BOMB.

**Scarlett’s Makeovers**
Scarlett is excited to return back to Keystone for 2016! She will be providing makeovers all three days; to make an appointment please call/text at (860) 965-5125 or email her at scarlettssexymakeovers@gmail.com. Information and examples of her work can be found at www.scarlettsmakeovers.com.

**Dr. Toby Meltzer, MD**
Dr. Toby Meltzer graduated from LSU Medical School in 1983 and is board certified in both General and Plastic Surgery. He is also an active member of the American Society of Plastic and Reconstructive Surgeons. He started practicing at Oregon Health Sciences University in 1990 and in 2003 he moved to Scottsdale, Arizona to expand his practice. Dr. Meltzer performs approximately 200 Genital Reconstruction Surgery (GRS) cases per year. He performs both MtF and FtM genital reconstruction surgery. He works with a team for FtM GRS which includes both a Urologist and an OB/Gyn. In addition, Dr. Meltzer performs surgery to feminize the face and body as well as standard cosmetic procedures. For more information call: 866-876-6329 or email us at: info@tmeltzer.com.

**Transgender Resource, Education, and Enrichment Services**
Bringing Transgender Education to Rural America. Trees, Inc. was started in January 2015 and driven by the need to do our part to stem the rash of transgender suicides and murders. For more information, call 219-331-4665 or email info@webetrees.org
Vishka Electrolysis and Skin Care
Vishka Electrolysis and Skin Care, is owned and operated by Fay Irani, a Master Esthetician and Electrologist and is working her magic in Arlington, Virginia. With her assistant, Naser Ovisy they can provide expert hair removal and skin care. For more information, call 202-706-4848 or email ffay80@aol.com.

The Zukowski Center
Zukowski Center for Cosmetic Plastic Surgery is an international center of excellence dedicated exclusively to cosmetic plastic surgery of the face, breast and body as well as micrograft hair restoration for men and women. Our philosophy is to individualize each surgical procedure to your unique needs and anatomy using the latest state of the art techniques. As much time as necessary is devoted to your concerns by Dr Zukowski and his staff. Dr. Zukowski’s goal is to make you the most informed patient that you can be. We are not just satisfied to make you look better – but to look absolutely stunning in a natural and refreshed manner. You can choose to have your surgery performed in a hospital or fully accredited office-based surgicenter setting. Your safety, confidentiality and comfort are of the utmost concern. Dr. Zukowski will not be at Keystone this year. For more information, call 847-853-8869 or email contactus@mlzukowskiffs.com.

Need more information about the Providers?
Visit our website www.Keystone-Conference.org for their website, contact information, etc.

Best Wishes for a Successful Conference!

LGBT Community Center of Central Pennsylvania
1306 N. Third Street
Harrisburg, PA 17102
(717) 920-9534
www.centralpalgbtcenter.org

“A Celebration of Gender Diversity”
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TransCentralPA is committed to providing advocacy and caring support for transgender individuals, their significant others, families, friends and allies.

TransCentralPA also provides gender education and information to businesses, organizations, educational institutions and governmental agencies.

Pick up a membership application at the Keystone Registration Desk and join TransCentralPA today!

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For more information or to volunteer, please call 717-233-7190 or visit www.alderhealth.org.

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